

Sunday

19 July 2026

Seventh Sunday after Trinity

COLLECT

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Either **Wisdom of Solomon 12:13. 16-19**
A reading from the book of Wisdom.

There is not any god besides you, Lord,
whose care is for all people, to whom you
should prove that you have not judged
unjustly; for your strength is the source
of righteousness, and your sovereignty
over all causes you to spare all. For you
show your strength when people doubt
the completeness of your power, and you
rebuke any insolence among those who
know it. Although you are sovereign in
strength, you judge with mildness, and with
great forbearance you govern us; for you
have power to act whenever you choose.
Through such works you have taught your
people that the righteous must be kind,
and you have filled your children with good
hope, because you give repentance for sins.

Or **Isaiah 44:6-8**

*A reading from the book of the prophet
Isaiah.*

Thus says the LORD, the King of Israel,
and his Redeemer, the LORD of hosts:
I am the first and I am the last; besides
me there is no god. Who is like me? Let
them proclaim it, let them declare and set
it forth before me. Who has announced
from of old the things to come? Let them
tell us what is yet to be. Do not fear, or be
afraid; have I not told you from of old and
declared it? You are my witnesses! Is there
any god besides me? There is no other
rock; I know not one.

Or **Genesis 28:10-19a**

PSALM Psalm 86:11-end

R *All nations you have made shall
come and worship you, O Lord.*

Teach me your way, O Lord, and I will
walk in your truth;
knit my heart to you, that I may fear your
name.
I will thank you, O Lord my God, with all
my heart,
and glorify your name for evermore; **R**

For great is your steadfast love towards
me,
for you have delivered my soul from the
depths of the grave.

O God, the proud rise up against me
and a ruthless horde seek after my life;
they have not set you before their eyes. **R**

But you, Lord, are gracious and full of
compassion,
slow to anger and full of kindness and
truth.

Turn to me and have mercy upon me;
give your strength to your servant
and save the child of your handmaid.
Show me a token of your favour,
that those who hate me may see it and
be ashamed;
because you, O Lord, have helped and
comforted me. **R**

SECOND READING Romans 8:12-25

*A reading from the letter of Paul to the
Romans.*

Brothers and sisters, we are debtors,
not to the flesh, to live according to the
flesh – for if you live according to the
flesh, you will die; but if by the Spirit you
put to death the deeds of the body, you
will live. For all who are led by the Spirit
of God are children of God. For you did
not receive a spirit of slavery to fall back
into fear, but you have received a spirit of
adoption. When we cry, “Abba! Father!” it
is that very Spirit bearing witness with our
spirit that we are children of God, and if
children, then heirs, heirs of God and joint
heirs with Christ – if, in fact, we suffer with
him so that we may also be glorified with
him. I consider that the sufferings of this
present time are not worth comparing with
the glory about to be revealed to us. For
the creation waits with eager longing for
the revealing of the children of God; for
the creation was subjected to futility, not
of its own will but by the will of the one
who subjected it, in hope that the creation
itself will be set free from its bondage
to decay and will obtain the freedom
of the glory of the children of God. We
know that the whole creation has been
groaning in labour pains until now; and
not only the creation, but we ourselves,
who have the first fruits of the Spirit, groan
inwardly while we wait for adoption, the
redemption of our bodies. For in hope we
were saved. Now hope that is seen is not
hope. For who hopes for what is seen?
But if we hope for what we do not see, we
wait for it with patience.

GOSPEL Matthew 13:24-30. 36-43

*Hear the gospel of our Lord Jesus Christ
according to Matthew.*

Jesus put before the crowd another
parable: “The kingdom of heaven may be
compared to someone who sowed good
seed in his field; but while everybody was
asleep, an enemy came and sowed weeds
among the wheat, and then went away.
So when the plants came up and bore
grain then the weeds appeared as well.
And the slaves of the householder came
and said to him, ‘Master, did you not sow
good seed in your field? Where, then, did
these weeds come from?’ He answered,
‘An enemy has done this.’ The slaves said
to him, ‘Then do you want us to go and
gather them?’ But he replied, ‘No; for in
gathering the weeds you would uproot
the wheat along with them. Let both of
them grow together until the harvest;
and at harvest time I will tell the reapers,
Collect the weeds first and bind them
in bundles to be burned, but gather the
wheat into my barn.’” Then Jesus left the
crowds and went into the house. And his
disciples approached him, saying, “Explain
to us the parable of the weeds of the
field.” He answered, “The one who sows
the good seed is the Son of Man; the field
is the world, and the good seed are the
children of the kingdom; the weeds are
the children of the evil one and the enemy
who sowed them is the devil; the harvest
is the end of the age, and the reapers are
angels. Just as the weeds are collected
and burned up with fire, so will it be at
the end of the age. The Son of Man will
send his angels, and they will collect out
of his kingdom all causes of sin and all
evildoers, and they will throw them into
the furnace of fire, where there will be
weeping and gnashing of teeth. Then the
righteous will shine like the sun in the
kingdom of their Father. Let anyone with
ears listen!”

POST COMMUNION

Lord God, whose Son is the true vine and
the source of life,
ever giving himself that the world may
live:

may we so receive within ourselves the
power of his death and passion
that, in his saving cup, we may share his
glory and be made perfect in his love;
for he is alive and reigns, now and for
ever.

