We pray for the work of The Children's Society as we celebrate Christingle at Capel today, giving thanks for the impact their work makes with children and young people who are experiencing serious life challenges. We join with the Children's Society by supporting their aim that all children and young people deserve a safe and happy childhood.

We pray for all who have asked for our prayers as named on this sheet or written up on our prayer board asking for comfort and healing for Jennifer, Sally, Nicky, Simon, Eddie, Mark, Peter, Tessa, Judy, Doreen, Dan, Claire, Sandy, Sharon, Nick, Bill, Charlie, Mike, Chris, Margaret, Pete, Shirley, Michael and Jane. We remember those who have recently died praying for the families of Daniel Turrell, Sheila Barnes and Eileen Saunders who we remember with great love.

#### Please sign the sheets in churches if you would like to join us at:

<u>A Parish Quiet Day</u> We are planning a parish quiet day to learn more about prayer as we prepare for an early Lent. The day will be led by Revs Jo and Liz and will take place on Saturday 17th February at Micklepage Farmhouse and Barn, Nuthurst Road, Nuthurst, Horsham, West Sussex RH13 6RG. We have plans for an exciting day looking at Benedictine spirituality using Lectio Divina with lots of time for quiet prayer and reflection amongst friends with a lovely lunch included.

## AND/OR

**Lent Course** - **Be Still:** a course which explains that we don't need to be static for our hearts to be still, and how even in the midst of a full, busy life, we can spend quiet time with God. **Be Still** will change the way you think about prayer and devotion and equip you with all the tools you need to deepen your relationship with God. Monday evenings or Tuesday afternoon options.

<u>Coming soon....</u>following great success last year, St John's in Capel will be holding soup lunches again in Lent in order to raise money for the Bishop of Guildford's Lent appeal. Come in for a bowl of hot soup or take away on 6 Wednesdays in Lent all for a donation to the Lent appeal Lent lunches with delicious soup, bread and fruit. This year's appeal is to help those impacted by the cost of living crisis and Covid pandemic. First lunch will

be Wednesday 21st March 12pm onwards.

Vicar:Rev Liz Richardson	liz@hostmyserver.co.uk 01306 711260
	vicar@capelandockleychurch.org.uk
Pastoral Assistant	Sylvie Beckett 07711 849338
Church Wardens:	Capel: Norman Ede 01306 713247
	Joy Harman 01306 711482
	Ockley: James Lee-Steere 07766 466656
Parish Safeguarding Officer	Leigh de Souza 07732 825908
AND New diocesan contact number for reporting safeguarding concerns: safeguarding@cofeguildford.org.uk	
www.capelandockleychurch.org.uk	

Parish of Capel and Ockley

# Sunday 4th February 2024 Second Sunday before Lent

Welcome to your Church



## Sunday 4th February - Second Sunday before Lent

9.30am	Matins BCP - Ockley
10.30am	Christingle service - Capel

## Sunday 11th February Sunday next before Lent

9.30am	Holy Communion CW - Ockley
10.30am	Cafe Church - Capel

#### Wednesday 14th February - Ash Wednesday

9.45am Service of Holy Communion with imposition of Ashes St Peter's Church Newdigate

## Saturday 17th February - Parish Quiet Day

10 - 4 Micklepage Farmhouse and barn (please sign sheet)

#### Sunday 18th February - First Sunday of Lent

9.30am Parish Communion - Ockley

Monday 19th February - Lent Course commences

Every Wednesday 9 - 12 Pavilion Café in Ockley, Cricket Pavilion

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth.

John 1.14

In case of changes to events in these notes, the latest information can be found on: www.capelandockleychurch.org.uk/events-calendar/