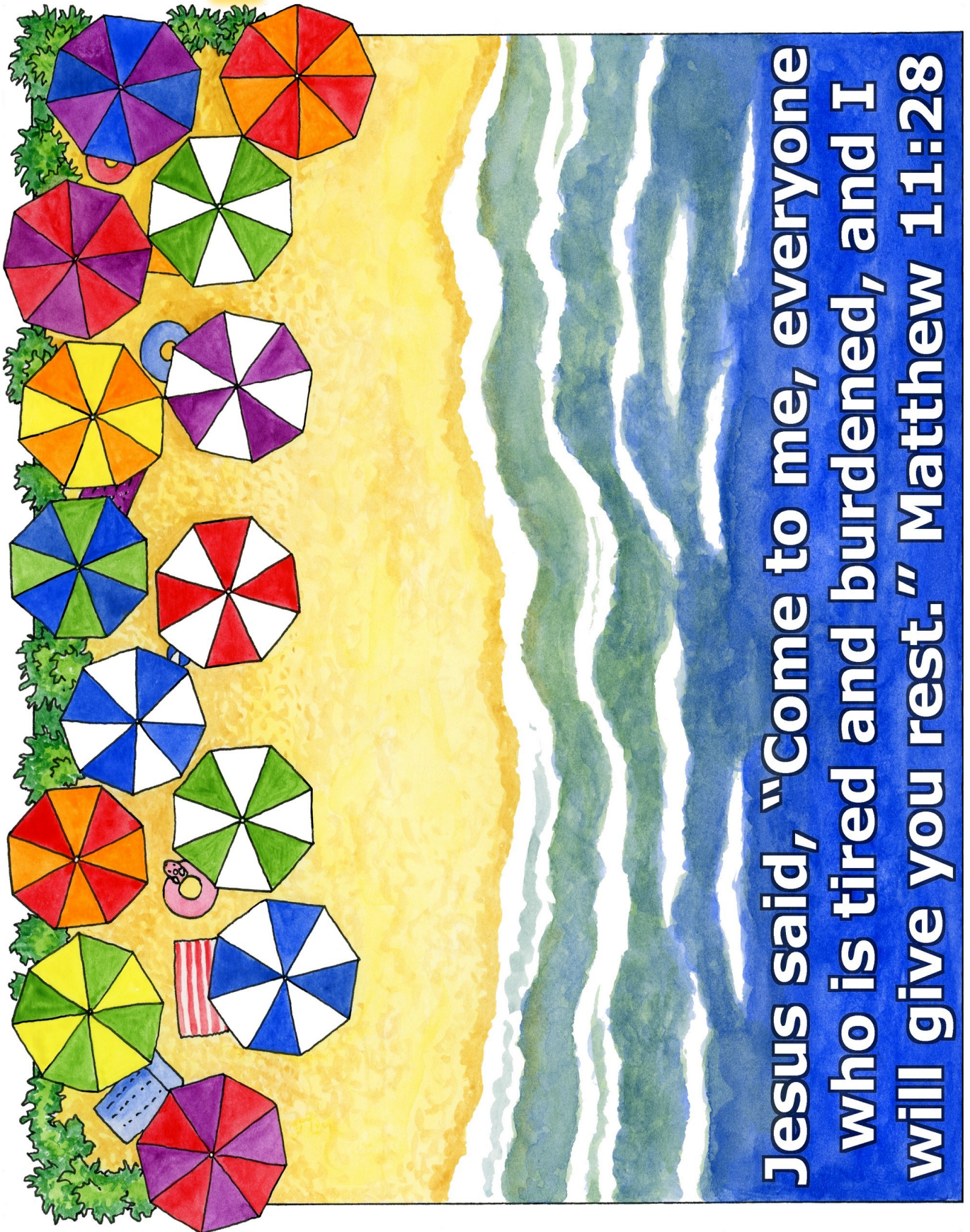


Inspire

Issue 75

August 2023



Cafe Church is moving over to the show marquee at Okewood recreation ground on Sunday August 13th to lead a local churches coming together for worship. We hope many from Capel, Ockley, Forest Green, Okewood and Walliswood will come and join us.

St. John's, Capel

C H A
C H U

invites you to

F É
R C H

SUNDAY
13th August
10.30am

Join the band
and the team
for a service that's.....

Informal
Inclusive
Inspiring

Okewood Hill
Cricket Ground,
RH5 5PU

Free Coffee
& refreshments

www.capelandockleychurch.org.uk

Issue 75 August 2023

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Hebrews 10:24-25

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.”

Don't want a paper copy ...

You can register to receive **InSpire** via email each month OR download individual issues!

www.capelandockleychurch.org.uk/inspire-magazine

This issue is kindly sponsored by

Liz & Doug

In memory of Lucy's birthday

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Rev Liz writes

Dear Friends,

In recent days I seemed to have definitely turned into a 'grumpy old woman' as life events have meant I have had to do a lot of tasks online. These involved using banking services, using an online conveyancing portal, supplying ID and bank statements again and again, along with my own email playing up. All were individually seemingly simple tasks but bunched together under pressure it would have been so much easier had I been able to sit down with a real person and sort it all out!! Even contacting the bank or any online retailer of size requires one to enter into those online chat boxes or enter lots of numbers into your phone before the automated system gives up on you and decides to pass you to one of their advisors. At last - Hallelujah!! When I shared my misery with our tech savvy son, he said that I had such a 'boomer attitude' - baby boomer I think he means!!



Well, rant over but I really don't know how older people cope who may lack dexterity in their fingers or don't do online stuff. Don't even get me started on car parks!! There is a lot of discussion about all of this and how technology, great as it is, is not always accessible for everyone.

Thankfully in our village community we have lots of opportunities to be with other people, to share our joys and our sorrows, and we at church are always here to be a listening ear and comforting presence if so needed. Fund raising for us began in earnest with our popular refreshment stall at Capel Military Show. A huge success, we didn't stop serving teas, cakes and other refreshments for nearly three days!! We are so grateful for the opportunity our local shows give us to fundraise and we are looking forward to the Capel Show where we will be serving salad wraps as a fresh alternative to the ever popular burgers on site. (Love a burger!) Do come and visit our stall.

Looking ahead to this month's church calendar, it seems seasonally summery. We have two more baptisms to look forward to in August and do look at our 'registers' alongside here to see we have had three in the recent past. Such a joy to welcome the children. We also have a lovely wedding to look forward to as well! As it is something of a show month the local churches have been offered the use of the Okewood Hill Show marquee in their recreation ground on the Sunday following their show. We will be transporting our full Cafe Church team, Bob and the band, to lead us in some summer worship Cafe Church style. We hope that many from Capel, Ockley, Forest Green, Okewood Hill, Walliswood and Ewhurst will join us!

I am hoping apart from all these exciting events August will be somewhat of a restful month, a slower pace perhaps, and relatively tech free! Us baby boomers need it!!

Wishing you God's peace and love with all my prayers as always.

Liz

Revd Liz Richardson

liz@hostmyserver.co.uk

01306 711260 Vicar St John the Baptist Capel and St Margaret's Ockley

CHURCH SERVICES AND EVENTS - AUGUST 2023
at St John the Baptist, Capel & St Margaret's, Ockley

August

Sunday	6th	Transfiguration of Our Lord
	9.30am	Morning Worship with Baptism - Ockley
	10.30am	Family Communion - Capel
	3-5pm	Ockley Church Teas - St Margaret's
Sunday	13th	Trinity 10
	10.30am	Summer Cafe Church at Okewood Hill Recreation Ground
		Okewood Hill, RH5 5PU -A combined local churches event
	3-5pm	Capel Church Teas - St John the Baptist
Sunday	20th	Trinity 11
	9.30am	Matins - Ockley
	10.30	Family Communion with Baptism - Capel
	3-5pm	Capel Church Teas - St John the Baptist
Thursday	24th	Holy Matrimony
	12pm	Wedding of David Capsey and Amy Johnson - Capel
Sunday	27th	Trinity 12
	9.30am	Holy Communion BCP - Ockley (BCP - Book of Common Prayer)
	10.30	Family Communion at Capel
	3-5pm	Capel Church Teas - St John the Baptist
Monday	28th	August Bank Holiday
	3-5pm	Capel Church Teas - St John the Baptist

SEPTEMBER

Sunday	3rd	Creation Tide
	9.30am	Matins - Ockley
	10.30am	Family Communion - Capel
	3-5pm	Ockley Church Teas - St Margaret's

At a glance ...
Teas in August ...



- Sunday 6th - Ockley
- Sunday 13th - Capel
- Sunday 20th - Capel
- Sunday 27th - Capel
- Monday 28th - Capel

Don't forget you can find details of all events & services on our website!
<https://www.capelandockleychurch.org.uk/events-calendar/>



Holy Baptism

We welcome into the family of the Church

Aurelie Zetti Rose Everill

4th June 2023

Leonardo Peter Joseph D'Ambrosio

11th June 2023

Mason Noah Cornelis

18th June 2023

The Pavilion Café



We are open every Wednesday morning from 9am to 12 o'clock in the Cricket Pavilion on the green in Ockley.

We serve homemade cakes and savouries and offer a range of teas and fresh coffee. On the last Wednesday of the month we also serve bacon butties which are very popular.

We ask for donations and, after expenses, the money goes to charity. We like to donate to our local churches, local amenities and charities and also national ones.

We have become very popular over the years and there is plenty of parking and disabled access to the building.



Capel's Military Show

Thank you to our wonderful team of organisers: Norman, Leigh and Helen and to all the volunteers that helped on the church refreshments stall. We raised over £7,000 for our churches after donations to the Military Show charities and the deduction of expenses.

A wonderful result!

SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns please contact our Safeguarding Officer:

Leigh Smith 07732825908
leighdesouza@yahoo.com

or Revd Liz Richardson 01306 711260
liz@hostmyserver.co.uk

This notice will appear each month in InSpire and the contact details for our Safeguarding Officer and the Diocesan Safeguarding Advisor Jackie Broadfoot will be published in our weekly pew sheets as well as in the Church Contacts section in each issue of InSpire.

Church Mailing List

Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.

If so, please get in touch with Dineke van den Bogerd:

editor@capelandockleychurch.org.uk

We must have their permission before adding them to the list. Thank you.

Harvest Supper – The Murder Mystery Play Returns Again

The time has come to buy your tickets for the Harvest Supper entertainment, which will once again be a murder mystery play. Never Say Dy written by Mo Speller and directed by Sylvie Beckett.

There will be performances at will be performed in Ockley Village Hall on **Friday 13th October** (box office Helen Burt on 07990 597553) and in Capel Memorial Hall on **Saturday 14th October** (box office Corinne Jay on 07718 346294 and capeleditor@gmail.com).

Tickets cost £14 for adults, £7 for children and there is a family ticket for £35.

Doors open at 7pm for curtain up at 7.30pm and a two-course supper will be served on both evenings. There will also be a bar at both venues.

Get your team together and book your tickets so that you can come along and see people you know taking on roles as the ex-pupils attending a reunion of Stonehouse School and other characters. Don't leave it too late and be disappointed!

This amateur production is presented by arrangement with Scripts for Stage.

UN Security Council adopts Bishop's recommendations on Freedom of Religion or Belief

The Bishop of Truro, Philip Mounstephen, has welcomed the UN Security Council's recent adoption of a joint UK / UAE Government resolution highlighting threats to Freedom of Religion or Belief.

The steps taken by the UK Government followed a review authored by Bishop Philip at the invitation of the then Foreign Secretary, Jeremy Hunt, the implementation of which has since become Government Policy.

In a vote, the Security Council adopted the proposal, which will see the UN Secretary General produce an oral report on Freedom of Religion or Belief related threats to international peace and security. The initial deadline is 14th June 2024, with the intention of such a statement becoming an annual event.

Bishop Philip welcomed the vote, saying: "I'm delighted by this news. That it's happened is huge credit to the UK's UN team and speaks volumes of the UK's commitment to this vital human right. This, along with other recent actions, puts this issue firmly on the international geo-political table."

The Rt Hon Jeremy Hunt said: "I'm proud and delighted to see this key recommendation of Bishop Philip's report implemented and send my warm congratulations to the UK team at the UN on their very impressive work."

The action taken by the British government is the first time a Security Council Resolution has been passed on Freedom of Religion or Belief, and puts in place Recommendation 20 of the Truro Independent Review.

© Parish Pump

Café Church August 2023

The truth, the half-truth and anything but the truth.

The overwhelming influence of fake news; of leaders who find it impossible to tell the truth to those who have elected them to a position of trust; of the insidious creep of stories, images and videos created by Artificial Intelligence are completely undermining any notion of trust. It begs the question of not only *who* can we trust but *how* can we trust in a world where lying has become the acceptable face of democracy?

I found this quote from the Christian writer, Lynn Baber: “In our day, lies repeated often enough begin to qualify as truth. “Being accepted as true” now qualifies as the definition of truth in more than one dictionary. *Truth* and *opinion* will soon be wholly interchangeable.” How depressing is that! The world seems happy to be led down a path where truth is the casualty of convenience. It’s easier to just let people, politicians and organisations lie because we feel powerless, or can’t be bothered, to do anything about it. “Anything for an easy life”, becomes our motto.

In the past, in what some would say was a “less enlightened” time, the majority of people would turn to God as their source of truth. What the bible said was the guiding principle in their lives and God was the ever-present, ever-trustworthy rock who gave a sense of security and love that was difficult to find in their everyday existence. But today, we in Britain have become more “sophisticated” and the majority now seem to think that, while the bible is an interesting historical document, it is mostly myth. You’d need some pretty compelling evidence to convince these people that the bible is accurate - particularly when it comes to Jesus, the person who is the ultimate reason for having the bible in the first place.

Perhaps that evidence already exists - and within the pages of the bible itself. A book written over hundreds of years by many different authors. For example, the Old Testament is full of prophecies about who Jesus, the Messiah, would be and what he would have to do to prove it. The last books of the Old Testament were written 400 years before the birth of Jesus. Opposite are just eight of the many prophecies written hundreds of years before the birth of Jesus that came true.

If I’m going to put my faith in someone or something that it completely trustworthy then I need to see some proof of that. Faith, after all, is not a blind hope that something that may or may not be true. Faith is trust based on evidence. I believe I have that in the person of Jesus and I also believe that in these times of “flexible facts” and “acceptable lies” that He represents the immovable and eternal truth that we all crave.

Bob Cranham



Old Testament Prophecy	New Testament Fulfilment
The Messiah will be born in Bethlehem. Micah 5:2 Written 700 B.C.	John 7:42 – "... the Messiah will be born in Bethlehem." Fulfilled 27 A.D.
The Messiah will be born of a virgin. Isaiah 7:14 Written 735 B.C.	Matthew 1:20-23 –'The virgin will conceive a child! She will give birth to a son, and He will be called Immanuel.' Fulfilled 30 A.D.
Jesus would be from the lineage of King David. Jeremiah 23:5 Written 600 B.C.	"Jesus ... the son of David ..." Luke 3:23, 31 Fulfilled 30 A.D.
The Messiah would be betrayed for 30 pieces of silver. Zechariah 11:13 Written 487 B.C.	"They gave him thirty pieces of silver." Matthew 26:15 Fulfilled 30 A.D.
The Messiah would have his hands and feet pierced. Psalm 22:16 Written 1000 B.C.	"All three were crucified there-Jesus on the centre cross, and the two criminals on either side." Luke 23:33 Fulfilled 30 A.D.
People would cast lots for the Messiah's clothing. Psalm 22:18 Written 1000 B.C.	"The soldiers ... took his robe and said, 'Let's not tear it but throw dice to see who gets it.' " John 19:23-24 Fulfilled 30 A.D.
The Messiah would appear riding on a donkey. Zechariah 9:9 Written 500 B.C.	"They brought the animals to him and threw their garments over the colt, and he sat on it." Matthew 21:7 Fulfilled 30 A.D.
A messenger would be sent to herald the Messiah. Malachi 3:1 Written 500 B.C.	John told them, "I baptize with water, but right here in the crowd is someone you do not know." John 1:26 Fulfilled 27 A.D.

***Café Church meets at The Okewood Hill Recreation Ground, RH5 5PU
for a very special***

'Churches Together' service

on Sunday 13th August at 10.30am.

Expect music, discussion, poetry, laughter and free refreshments!

Do you love your smartphone too much?

How much time a day do you spend on your smartphone? According to one app monitoring firm, App Annie, we can spend an average of 4.8 hours a day on it.

And so much time is not doing us any good.

As one writer has put it, our smartphone “removes us from the present moment and wastes time that could be more profitably and purposefully spent. Imagine, at the end of your life, receiving a balance sheet stating the number of your hours on Earth lost to scrolling.”

Scientists explain the attraction of smartphones in this way: responding to the ‘push notification’ rewards you with dopamine, the brain chemical that makes you happy. “The smartphone is the modern-day hypodermic needle, delivering digital dopamine 24/7 for a wired generation,” Dr Anna Lembke, professor of psychiatry and behavioural sciences at Stanford University, California, wrote in her book *Dopamine Nation* in 2021.

Dr Lembke warns: “The scrolling and visual stimuli release dopamine in our brain’s reward pathways, and the way our brain compensates for overstimulation is [by entering] a dopamine deficit state. Once we’re in that state we continue scrolling to try and bring those dopamine levels back up to baseline, so we get into a place where we’re chasing our tail. We’re chasing dopamine.”

What are you drinking?

Cold drinks in hot weather are great, but if you head for the high-sugar fizzy drinks, you are putting yourself at risk of heart disease and type-2 diabetes. Fizzy drinks are full of sugar, but no vitamins, minerals or antioxidants. Instead, try serving water with ice and pieces of fresh orange, lemon or lime to add flavour. Or dilute a pure fruit juice with sparkling mineral water. Or go for herbal tea or fruit tea. For more ideas visit <https://heartresearch.org.uk/eating-better/>

Being bored is good for you

This will cheer you up this summer, when your children mope around the house saying that they are bored: apparently a bit of boredom is *good* for them.

So says a senior educationalist, Julia Robinson, who has encouraged parents NOT to force their children into too many activities. Instead, they must be allowed to become bored, so that they can have time to be reflective and calm. Too many pursuits such as music lessons, sport and online learning could result in a generation of manic, anxiety-ridden adults, she warns. She points out that happiness does not come from a “regime of unrealistic multitasking, running oneself ragged with an exhausting programme of endless...activities.”

Another educationalist urged that children need “downtime.... They have the right to be bored, to give them the stimulus to be inventive, resourceful and self-reliant – all important life skills.”

How to build the perfect sandcastle – in 9 easy steps!



If you are going to the beach this month, first pay a visit to :

<https://www.english-heritage.org.uk/visit/inspire-me/blog/blog-posts/how-to-build-the-perfect-sandcastle/>

Photo copyright: English Heritage

Editor: Canon Paul Hardingham continues his new series on the spiritual disciplines that help us to grow and deepen our faith. It will run throughout this year.

The Spiritual Disciplines: Rest

'Come to me, all you who are weary and burdened, and I will give you rest.' (Matthew 11:28).

Today, the spiritual discipline of *rest* is a challenging one. We are pressured to cram more and more activities into fewer hours. This has been described as '*hurry sickness*' and is an enemy of our spiritual life. August is a month for resting, and so is a good time to look at this discipline.

God instituted the discipline of rest in the creation of the world. He created everything in six days and rested on the seventh (Gen 2:3). He instituted the Sabbath, a weekly day of rest (Lev 23:3). However, it is helpful to draw a distinction between *busyness* and being *hurried*. Busyness is an outward condition, while hurry is about our inner state, resulting from too many competing priorities. Jesus was often busy but never hurried! What questions should we be asking about getting more rest?

Balancing Rest and Work:

What is a helpful rhythm of work and rest in our lives? How can we take seriously the Sabbath principle of having one day a week to rest and not work? How might we use our time differently eg taking a long walk or having an unhurried conversation with a friend?

Using Our Leisure Time Creatively:

When we actually take a break we often end up simply watching TV, surfing the net, shopping unnecessarily or eating when we are not hungry! Can we choose leisure activities that really refresh us? It's not a case of more leisure time, but using the time we have more creatively.

'The solution to an over busy life is not more time. It's to slow down and simplify our lives around what really matters.' (The Ruthless Elimination of Hurry: John Mark Comer).

© Parish Pump

Just as we go to print, we received this important NEWS from Guildford Diocese!

Announcing the sixth Bishop of Dorking

The Venerable Paul Davies, Archdeacon of Surrey is to become the next Bishop of Dorking.

Paul says; *"Whilst I am slightly daunted by the responsibility to be entrusted to me, my heart is full of joy at the prospect of continuing to serve a diocese and people I have grown to love. For the past six years, I have been constantly inspired by the faith, hope and love that pours out of our churches, schools and chaplaincies in the work of transforming lives. I feel immensely blessed to have been called to serve alongside Bishop Andrew in leading and caring for this diocese and, with the help of God, will do that to the very best of my ability."*

Paul will be ordained as a bishop in **Westminster Abbey on 29th September**. A service of welcome will be held at **Guildford Cathedral on 8th October at 6.00pm**. More details will be available shortly.

You can watch the following message from the new Bishop of Dorking, The Ven Paul Davies.

<https://www.youtube.com/watch?v=1YdzeOGILVY>



Church of England sets out hopes for Flourishing Schools System

The Church of England has launched a [new publication](#) outlining its hopes for students, teachers and educators to flourish across the schools system.

Underpinned by the Church's 2016 Vision for Education, the new document, entitled 'Our Hope for a Flourishing Schools System' makes recommendations including a once-in-a-generation re-imagining of Special Educational Needs and Disabilities (SEND) funding, provision, training and development, wise and compassionate accountability systems for school inspections, and performance measures and steps to ensure teaching is again regarded as a vocation in which adults can flourish and commit long-term.

The document sets out the importance of collaboration in different local contexts, particularly between schools in smaller rural areas, to ensure every child in every community receives an effective provision.

It concludes with recommendations for four leadership levels: Schools, School Trusts, Dioceses and Government, and invites dialogue and engagement across the sector to develop flourishing partnerships.

At the School Leadership level, the document includes encouragement of further development of young leaders, while alleviating negative pressures on work-life balance for all staff.

School Trust Leaders are encouraged to prioritise formation of character and spiritual, moral, social and cultural development, focusing on the needs of particular communities and supporting those schools in need of the greatest support.

For Diocesan Leaders, there is encouragement to provide pastoral and wellbeing care to leaders, focussing on the sustainability of schools within the mission of the wider diocese. Dioceses should encourage continuous improvement with particular regard to RE, collective worship and with support for SIAMS inspections, and recruit and retain governance leaders. Children and Young People should be at the heart of the diocesan vision and strategy.

Lead bishop for housing backs Prince of Wales homelessness project

The Church of England's lead bishop for housing Dr Guli Francis-Deqhani, has welcomed the launch of the five-year *Homewards* project by the Prince of Wales to end long term homelessness.

"The leadership of the Prince of Wales will undoubtedly have a tangible impact; his determination to address this crisis will be welcomed by churches up and down the country.

"The *Coming Home* report from the Archbishops' Commission on Housing, Church and Community set out the role that the Church can play in addressing a lack of truly affordable and high quality housing - a major factor behind homelessness.

"Good homes provide a foundation for communities where everyone can flourish. Together we have substantial resources to bring to bear, and so we look forward to adding our support to the Prince of Wales as he leads on this vital issue."

Church Commissioners and Church of England Pensions Board announce fossil fuel disinvestment

The Church Commissioners and the Church of England Pensions Board have announced that they will independently disinvest from fossil fuels.

The Church Commissioners and Church of England Pensions Board have recently each announced they will independently disinvest from fossil fuels this year.

The announcement came as the Church of England's National Investing Bodies (NIBs) reported back to the General Synod on progress against a 2018 Synod motion, which set out a five-year strategy to invest in climate solutions, engage with high carbon emitting companies, and disinvest from fossil fuel companies not aligned with the Paris Agreement.

The Archbishop of Canterbury, Justin Welby, said: "We have long urged companies to take climate change seriously, and specifically to align with the goals of the Paris Climate Agreement and pursue efforts to limit the rise in temperature to 1.5°C above pre-industrial levels. In practical terms that means phasing out fossil fuels, investing in renewables, and plotting a credible path to a net-zero world.

Some progress has been made, but not nearly enough. The Church will follow not just the science, but our faith – both of which call us to work for climate justice."

Church Commissioners for England to exclude oil and gas companies over failure to align with climate goals

The Church Commissioners for England, which manages the Church of England's £10.3bn endowment fund, has decided to exclude all remaining oil and gas majors from its portfolio, and will exclude all other companies primarily engaged in the exploration, production and refining of oil or gas, unless they are in genuine alignment with a 1.5°C pathway, by the end of 2023.

In 2021, the Church Commissioners excluded 20 oil and gas majors from its investment portfolio. It is now also excluding BP, Ecopetrol, Eni, Equinor, ExxonMobil, Occidental Petroleum, Pemex, Repsol, Sasol, Shell, and Total, after concluding that none are aligned with the goals of the Paris Climate Agreement, as assessed by the Transition Pathway Initiative (TPI).

The Most Revd Justin Welby, Archbishop of Canterbury and Chair of the Church Commissioners for England, said: "We have long urged companies to take climate change seriously, and specifically to align with the goals of the Paris Climate Agreement and pursue efforts to limit the rise in temperature to 1.5°C above pre-industrial levels. In practical terms that means phasing out fossil fuels, investing in renewables, and plotting a credible path to a net zero world. Some progress has been made, but not nearly enough. The Church will follow not just the science, but our faith – both of which call us to work for climate justice."

Church of England Pensions Board disinvests from Shell and remaining oil and gas holdings

The Church of England Pensions Board has recently announced its intention to disinvest from Shell plc and other oil and gas companies which are failing to show sufficient ambition to decarbonise in line with the aims of the Paris Agreement.

The new investment restriction will apply to all oil and gas companies that do not have short, medium and long term emissions reduction targets aligned with limiting global warming to 1.5°C, as assessed by the independent Transition Pathway Initiative. The exclusion will apply to equity and also debt investments.

John Ball, Chief Executive Officer of the Church of England Pensions Board, said: “There is a significant misalignment between the long term interests of our pension fund and continued investment in companies seeking short term profit maximisation at the expense of the ambition needed to achieve the goals of the Paris Agreement. Recent reversals of previous commitments, most notably by BP and Shell, has undermined confidence in the sector’s ability to transition”.

Church of England’s national Redress Scheme

Proposed details of the Church of England’s national Redress Scheme for survivors of Church-related abuse have recently been published. As we go to press, they were due to be presented and debated at the Church’s General Synod.

It is hoped that legislation will progress through Synod in forthcoming sessions after which it will need Parliamentary approval. The Church remains committed to implementing a scheme specifically for people who have experienced abuse in the Church of England.

The Church’s national proposals for redress are about more than money; financial payments will be offered alongside therapeutic, spiritual and emotional support, acknowledgment of wrongdoing on the part of the Church, and apology and support for rebuilding lives.

Where possible apology will be from the institution where the abuse took place (or from a part of the Church appropriate to the survivor’s needs) in a format which is most appropriate to the survivor.

All survivors of sexual, physical, psychological, and emotional abuse (including spiritual abuse) relating to the Church will be eligible to apply for redress.

The Project Board has agreed the Redress Scheme will run for at least five years, and the contract between the Archbishops’ Council and the third-party supplier will reflect this delivery period.

Church of England awards £16.3 million for mission including outreach to young people

Apprentice youth workers, youth ministers, children and family workers, as well as chaplaincy aimed at students in further education, are to be funded as part of major awards to dioceses recently announced by the Church of England.

A total of £16.3 million has been awarded by the Strategic Mission and Ministry Investment Board to five programmes. The money will support parishes and clergy as they spread the Christian faith and increase the Church of England’s engagement with young people.

The plans reflect the Church of England’s goal of doubling the number of children and young active disciples in the Church of England by 2030. The aim is that churches more fully reflect the age and diversity of their communities.

Harvest Supper – The Murder Mystery Play Returns Again

The time has come to buy your tickets for the Harvest Supper entertainment, which will once again be a murder mystery play. *Never Say Dy* written by Mo Speller and directed by Sylvie Beckett will be performed in Ockley Village Hall on Friday 13th October (box office Helen Burt on 07990 597553) and in Capel Memorial Hall on Saturday 14th October (box office Corinne Jay on 07718 346294 and Capeleditor@gmail.com).

Tickets cost £14 for adults, £7 for children and there is a family ticket for £35.

Doors open at 7pm for curtain up at 7.30pm and a two-course supper will be served on both evenings. There will also be a bar at both venues.

Get your team together and book your tickets so that you can come along and see people you know taking on roles as the ex-pupils attending a reunion of Stonehouse School and other characters.

Don't leave it too late and be disappointed!

This amateur production is presented by arrangement with Scripts for Stage.

A.S.A.P.

Have you ever considered the abbreviation A.S.A.P. (As Soon As Possible)? Generally, it brings even more hurry and stress into our lives. Yet there is another way to think of A.S.A.P, a way which might help us deal with those difficult times in our daily lives.

When there's work to do, and deadlines to meet, and your colleagues are rushing around, here's what you can do to help: A.S.A.P. – *Always Say a Prayer*. When your worries mount up and you don't know how you are ever going to cope with what is coming at you: A.S.A.P. – *Always Say a Prayer*.

God knows how stressful our lives can be, and He wants to ease our cares. In the Bible He promises to respond to our calls for help. So – call Him! A.S.A.P.!

Editor: Canon Paul Hardingham considers a dramatic story from the gospels.

The Transfiguration

This month we celebrate Jesus' transfiguration, when Jesus took Peter, John and James with Him up a mountain to pray (Luke 9:28-36). Jesus was transfigured alongside Moses and Elijah: 'As He was praying, the appearance of His face changed, and His clothes became as bright as a flash of lightning.' (29).

Jesus' Transfiguration: Watch!

The disciples' eyes were opened, as Jesus' hidden divinity was revealed. The presence of Moses and Elijah confirmed Him as God's promised Messiah, who fulfilled God's plan and purposes. By foreshadowing the cross, resurrection and ascension, this event powerfully calls us to entrust our lives into Jesus' hands to experience His presence and power.

The Father's Word: Listen!

There came a voice from the cloud covering them: 'This is my Son, whom I have chosen; listen to Him.' (35). God affirmed His love and call on Jesus, as His beloved and chosen Son. This is the second time God spoke audibly about Jesus (cf Luke 3:22), but on this occasion He was speaking for the benefit of the disciples. Do we hear God speaking these same words to us? We listen to what Jesus says to us, knowing that like Him we are deeply loved and accepted by God.

The Disciples Response: Learn!

'The disciples kept this to themselves and did not tell anyone at that time what they had seen' (36). They were impacted by this experience and needed time to reflect on what they had seen and heard about Jesus. Eight days before they were asked by Jesus: 'Who do you say I am?' (Luke 9:20). In the transfiguration their understanding of Jesus was being transformed. As we reflect on Jesus' ministry, to encounter the real Jesus, we are also transformed.

'No one who meets Jesus ever stays the same.' (Philip Yancey)

Editor: The Revd Dr Jo White continues her series.

Reflecting faith – the Pulpit pt. 2

When you last heard a sermon given from a pulpit, what was your reaction? Whilst pulpits can of themselves be beautiful and stately, intricately carved and decorated, they can also be places of separateness. Rather than ending up helping the congregation to hear and see the preacher better, they can sometimes become a block to doing just that.

And it is not just pulpits. There are other things that can diminish our paying attention to the sermon.

For one thing, in some churches the individual appearance of the minister may be distracting. This is one reason why robes and vestments are worn - to keep 'personality' out of worship; to enable people to concentrate on God, not the person up front.

Then again, there is the increased use of electronic devices in worship. Seeing the preacher preach from an 'electronic' tablet can take some getting used to.

Or what about flower arrangements at the pulpit? Some may be so spectacular that people hardly see or hear the preacher, in the midst of all those blooms.

But the good news is that the dominance of the pulpit can give authority to what is said from it. And as the preacher climbs into it, they can feel a renewed assurance and confidence that they are about to speak God's words and He is with them.

This month

See if you can hear a sermon preached *not* from a pulpit. Does it feel more or less important, connected and/or personal? What other things distract you from hearing and taking on board what the preacher is saying?

LETTER FROM THE EDITOR

Dear friends,

Yet another month gone by in the blink of an eye! I hope that those who have been on holiday have enjoyed the rest and joys of visiting somewhere new! To those who are still looking ahead to holidays - I do hope you have a wonderful time! As I write, Rev Liz and Doug are on a break and I hope they return refreshed. I'd like to thank them for sponsoring this issue. Without our sponsors, I wouldn't be able to produce the monthly magazine and enable it to be offered free of charge to our readers. So to all sponsors, past and present, THANK YOU!

We now have further details to share of how you can get your tickets for the **Murder Mystery play** in the autumn - see pages 15 and 31. This month sees an exciting 'first' with **Café Church taking place in the Okewood show marquee** on Sunday 13th August at 10.30am. We are hoping that worshippers from Capel, Ockley, Forest Green, Okewood and Walliswood will join Bob and the team for a very special Café Church. Full details on the poster on the inside cover of this issue.

There are several pages of News articles including '**Church of England sets out hopes for Flourishing Schools System**', '**Lead bishop for housing backs Prince of Wales homelessness project**' and '**Church Commissioners and Church of England Pensions Board announce fossil fuel disinvestment**'. Bob Cranham shares a two page Café Church article on pages 8 & 9 '**The truth, the half-truth and anything but the truth**'.

Canon Paul Hardingham continues his new series on the spiritual disciplines that help us to grow and deepen our faith. This month's **Spiritual Discipline is 'Rest'** on page 11. With so much need in our world, it's no surprise that two charities have appeals on and there are details of two from **Tearfund and Christian aid** on page 21 to aid those in Ukraine following the flooding and the famine in Ethiopia.

There is a heartwarming piece on **Bumblebees** on page 22. They were the insects most seen during a recent survey of churchyards and burial grounds in England. *'It all shows "how valuable, when managed sensitively, many of our churchyards are for bumblebees," said a spokesman for Caring for God's Acre, a conservation charity for UK burial grounds. Such places often offer unique habitats for nature.'*

There is an interesting piece on page 18 entitled '**Be still and know**' where Norma Murrain asks *'Have you ever thought of taking some time out of daily life, to simply 'be still' with God? To hear His voice, enjoy His presence, and perhaps receive His direction for your future?'*

I hope therefore to take in the advice from Norma's article and Canon Paul Hardingham's one on 'Rest' where he says that our modern day busy lives 'have been described as *'hurry sickness'* and is an enemy of our spiritual life. August is a month for resting, and so is a good time to look at this discipline'. I hope you find time in August too, whether it be on a holiday or at home, to be still and know the Lord and to hear His voice.

I leave you with the words of Norma Murrain:

The blue sky says; "Always Look Up", the Sun says; "Shine," the birds say; "Sing", the trees say; "be fruitful", the flowers say; "consider the Lilies", The open road ahead says; "Go into all the world and preach the Gospel". The gentle rustle of the wind in the trees says; "Though you can't see My face, you can hear Me, see reflections of Me, feel Me, touch Me and know me through all I create, if you just take the time to be still!"

With my best wishes,

Suzanne

editor@capelandockleychurch.org.uk



Editor: Norma Murrain describes the joy of stillness...

Be still and know...

"Be still and know that I am God" Psalm 46:10

Have you ever thought of taking some time out of daily life, to simply 'be still' with God? To hear His voice, enjoy His presence, and perhaps receive His direction for your future? When one lady was told that her friend was "taking some time out to 'be still' and listen to God", she responded with curiosity: "What does His voice sound like?"

For many Christians, the response would be this: "His voice for me is always calming, always reassuring, it always makes me feel overwhelmingly loved. It always gives me a sense of peace, which is deeper than any pain and stronger than any fear. No wonder the Scriptures talk of a 'peace that passes all understanding!'"

God speaks to us individually, through His Word, the Bible. And sometimes, when we are outside, He can also speak to us through His beautiful world.

The blue sky says; "Always Look Up", the Sun says; "Shine," the birds say; "Sing", the trees say; "be fruitful", the flowers say; "consider the Lilies", The open road ahead says; "Go into all the world and preach the Gospel". The gentle rustle of the wind in the trees says; "Though you can't see My face, you can hear Me, see reflections of Me, feel Me, touch Me and know me through all I create, if you just take the time to be still!"

Norma Murrain is a jewellery designer at www.silverfishjewellery.co.uk

Free speech

We live in a free country where a man can say what he thinks, as long as he isn't afraid of his wife, his neighbours, his employer, his customers or the government.

Sleep

"How is it that you are late again?" the choir master demanded of the little boy.

"I overslept."

"What? Do you sleep at home as well?"

Baptism

A minister was officiating at the baptism of the youngest son of a Duke and asked for what the baby's name would be. The answer came: "His name is George Edward David Anthony Carrington-Smyth de Winters Cunningham Digby Cecil Barrington...."

"One minute please," interrupted the minister, "I'll go fetch another bucket of water!"

Blessings

The student was writing to the head of the mission in England who had founded his local school in the African bush. He wanted to end with a blessing, 'May heaven preserve you.' Not being quite confident of his English, he looked up the word 'preserve'. When the letter reached the head of the mission, it ended with the words: 'And may Heaven pickle you.'

PRAYERS, PROSE & POEMS

I am your ship

Lord, I am your ship.
Fill me with the gifts of your Holy Spirit.
Without you I am empty of every blessing,
And full of every sin.

Lord, I am your ship.
Fill me with a cargo of good works.
Without you, I am empty of every joy,
And full of vain pleasures.

Lord, I am your ship.
Fill me with love for you.

*By John Sergieff (a priest in Russia; lived
1829 – 1908)*

© Parish Pump

Giving Thanks For Summer

Father, Creator of all, thank You for
summer!
Thank you for the warmth of the sun
and the increased daylight.
Thank You for the beauty I see all
around me
and for the opportunity to be outside
and enjoy Your creation.
Thank You for the increased time I
have to be with my friends and
family,
and for the more casual pace of the summer season.
Draw me closer to You this summer.
Teach me how I can pray
no matter where I am or what I am doing.
Warm my soul with the awareness of Your presence
and light my path with Your Word and Counsel.
As I enjoy Your creation, create in me
a pure heart and a hunger and a thirst for You.

Dear Lord,

We celebrate the dawning of the Summer
holiday breaks from schools, colleges and
universities, together with our Government's
summer recess.

We give thanks for the gift of time with our
families to relax and spend time together
before the regular routines begin again in
September. We pray that Rev Liz and Doug will
have a relaxing break.

We give thanks for those who are to be married
and those who have been baptised in our
church recently: *Aurelie Everill, Leonardo
D'Ambrosio and Mason Cornelis.*

We remember those who ask for our prayers:
*Jennifer, Sally, Nicky, Simon, Eddie, Gia, Charlie,
Mark, Betty, Peter, Tessa, Judy, Doreen, Dan,
Bill, Claire and Sandy,* together with any others
who are known to us.

We remember those who have gone before us
and those whose anniversaries fall at this time.

In the name of Christ.

Amen

A Summer Blessing

May you walk with God this summer in
whatever you do and wherever you go.
May you talk to God this summer and
every day and in every situation.
May you talk with God every day.

Clergy struggle in cost-of-living crisis

Is the C of E paying its clergy enough? The amount of the stipend is determined by dioceses, but they use national stipend benchmarks which are set by the Archbishops' Council each year.

A guiding principle in setting these benchmarks is that "clergy should be paid at a level that gives them a standard of living that is between poverty and affluence."

But now the Clergy Support Trust has suggested that, in the current economic crisis, recent stipend increases have not achieved this stable balance for clergy homes, at a time when there is a growing need for pastoral care.

The Trust says that it has never been busier. Almost one fifth of the beneficed and licensed clergy received support from the Trust during 2022. And the Trust's charitable spend has risen by 51 per cent since 2021. Much of the support was due to clergy requesting help in order to cover household energy bills and other basic living expenses.

The Trust has also spoken of a worrying trend where ordinands begin their curacy with a significant amount of debt. It is also concerned at the seemingly growing acceptance among clergy that living in debt is just a part of life for those in ministry.

Cumulatively, since April 2021, national stipend levels have fallen behind inflation by about 6.5 per cent. In response, the C of E Employee and Clergy Advocates (CEECA) union has proposed a 9.5-per-cent increase in national stipend levels, from April 2024. That would make the national average stipend about £31,600, and no less than £29,340.

The Revd Sam Maginnis, chair of the CofE Employee and Clergy Advocates union warns that if clergy families are under constant financial strain, "the increased likelihood of stress and burnout can push personal and pastoral relationships to breaking point."

Instead, Mr Maginnis believes that clergy "should be provided with enough money to support a stable, happy home life, and the emotional capacity to minister effectively to the needs of their community."

Ecumenics of a crisis

During a recent gathering of local faith leaders, the church caught fire.

The Methodists gathered in the corner and prayed.

The Baptists cried, "Where is the water?"

The Anglicans formed a procession and marched out.

The Quakers silently praised God for the blessings that fire brings.

The Lutherans posted a notice on the door declaring the fire was evil.

The Roman Catholics passed the plate to cover the damage.

The Jews posted symbols on the door hoping the fire would pass over.

The Congregationalists shouted, "Every man for himself!"

The Fundamentalists proclaimed, "It's the vengeance of God!"

The Charismatics praised God for another falling of the Holy Spirit.

The Christian Scientists concluded that, actually, there was no fire.

The Presbyterians appointed a chairperson who was to appoint a committee, to look into the matter and submit a written report.

The secretary grabbed the fire extinguisher and put the fire out.

Appeals from around the world

Christian Aid warns thousands at risk after Ukraine floods

Christian Aid has been working “around the clock” with its partners in Ukraine to make sure fresh water supplies are reaching survivors, after the Nova Kakhovka dam was recently destroyed. It is also providing humanitarian supplies to people who are displaced across, or who had to leave, the affected areas of southern Ukraine.

Iryna Dobrohorska, Christian Aid's Ukraine Response Director, said: "The scale of the challenge is huge, especially with the danger of coming under artillery fire."

In its efforts to respond, Christian Aid has renewed its emergency appeal for Ukraine. Funds will go to the charity's partners in Ukraine.

Meanwhile, the full impact of the destruction of the dam is still to be assessed. The UN fears it could be an environmental as well as humanitarian disaster.

More details at: www.christianaid.org.uk/appeals

Tearfund campaign to help victims of drought in Ethiopia

More than 20.1 million people across Ethiopia are without the food they need to survive.

They are in crisis because of the prolonged drought, caused by the failure of five rainy seasons. And because the land is now so dry, the recent brief rains only caused flash flooding, that destroyed more farmland and drought-weakened livestock.

As one herder explains: "I lost all my cows years ago and our daily life is full of hopelessness... I am worried about what to feed my child every day."

Working through its local church partners, Tearfund has been identifying the most vulnerable families, and supporting them by providing emergency cash grants. The charity is also training local people in business skills, to help them reduce their vulnerability to future crises.

In its current Appeal, the charity says: "A gift of £102 could provide a cash grant for a family to buy what they need most urgently, such as enough food to last them a month."

More details at: www.tearfund.org/campaigns/ethiopia



Life-changing Audio Bibles for people with sight loss

At the end of 2021, Torch took “a leap of faith” and ordered 1,000 Pathway audio Bible players containing the New Testament and Psalms read by the actor David Suchet.

Knowing the power of Scripture to change lives, they planned to “give these Bibles for free to anyone in the UK losing their sight. 16 months later, all of these Bible players have been sent out and the stories coming back are so amazing that Torch has ordered 1,000 more.”

Gayle-Ann told us “It is my friend...with me wherever, it is just so convenient. I have read the New Testament, but the way this is read is just easily understood”.

Kenneth wouldn't have called himself a Christian, and hasn't enjoyed audio books, but 'I like listening to the Pathway. I'm really listening to the New Testament now, not just odd verses. I'm realising what it all means.'

Losing sight can be a time of real questioning and searching, so what better gift can a newly blind person receive than the Word of God?

Torch is encouraging anyone who is living with sight loss to contact them for a free audio Bible at www.torchtrust.org/pathway , or by calling 01858 438260.

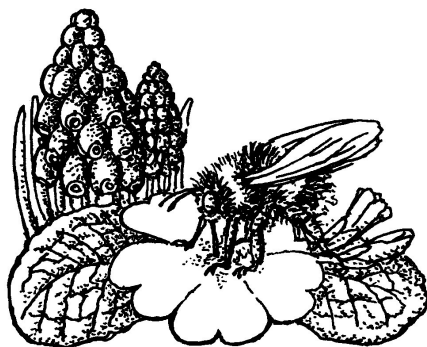
Most of the first 1,000 players were sponsored by individuals, churches or trusts. Torch is also seeking people to donate £20 to cover the cost of sending out one of the new audio Bibles.



Bumblebees are happy near churches

Bumblebees like churchyards. At least, they were the insects most seen during a recent survey of churchyards and burial grounds in England.

It all shows “how valuable, when managed sensitively, many of our churchyards are for bumblebees,” said a spokesman for Caring for God's Acre, a conservation charity for UK burial grounds. Such places often offer unique habitats for nature.



The survey was part of the Churches Count on Nature, an opportunity for communities to record plants, insects and animals found in burial grounds and churchyards. After bumblebees, ladybirds and aphids took second and third place.

60 years since “I Have a Dream”

by Tim Lenton

Sixty years ago, on 28th August 1963, Dr Martin Luther King Jr delivered his famous “I Have a Dream” speech from the steps of the Lincoln Memorial during the March on Washington for Jobs and Freedom. The civil rights rally was attended by about 200,000 supporters, including many A-list film celebrities released temporarily by their studios.

His words influenced the Federal government to take more direct action to create racial equality, in for instance the Civil Rights Act of 1964, Voting Rights Act of 1965 and the Fair Housing Act of 1968.

King had been advised not to use the Dream format at Washington. He had used the idea before, and his adviser, the Revd Wyatt Tee Walker, described it as “hackneyed and trite”. The idea was to use a new speech with the theme “normalcy never again”. But King was prompted by gospel singer Mahalia Jackson to re-use the Dream idea, and he went ahead with it, much to Walker’s dismay. But it had a huge impact and is now regarded as perhaps one of the most influential speeches in American history.

Martin Luther King Jr, born in 1929, was an American Baptist minister who became one of the most prominent leaders in the American civil rights movement from 1955 until his assassination, apparently by James Earl Ray, on 4th April 1968, in Memphis, Tennessee.

The autopsy revealed that although he was only 39 years old, King “had the heart of a 60-year-old”. He had said shortly before being shot that he was not afraid of dying.

On 14th October 1964, King had won the Nobel Peace Prize for combating racial inequality through non-violent resistance.

© Parish Pump



Allotments come of age as 2023 marks the 21st year of National Allotments Week

Much beloved by gardeners across the UK, allotments are cherished for the space they provide to grow one’s own fresh vegetables, among other things.

This year the theme is Soil Health. As National Allotments Week explains: “Good soil health is widely accepted as way to improve yield when growing edibles, but also contributes positively to biodiversity and the environment as the world faces more climate challenges. The NAS hope that this National Allotments Week will inform and educate gardeners old and new about the benefit of caring for the soil and the creatures that inhabit it.”

More info at: <https://www.nsalg.org.uk>

Junior InSpire

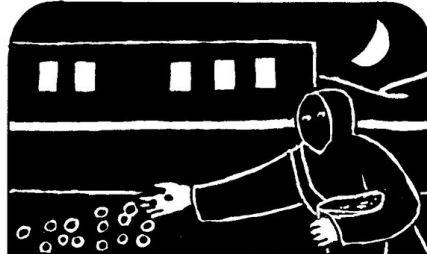
Bible Bite

A short story from the Bible

It can be read in the Bible in Matthew chapter 13:24-30,36-43

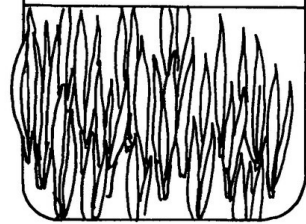
Jesus told this story to help explain what his Kingdom, the Kingdom of Heaven, is like...

A farmer's workers sowed good wheat seed in his field.

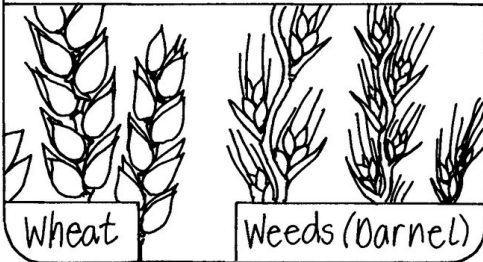


At night an enemy came and scattered weed seeds

When the seeds sprouted they looked the same



When the plants grew bigger the workers spotted the weeds



Wheat

Weeds (Darnel)

They asked the farmer



How did this happen?

An enemy did this



We'll pull up the weeds!

No, you might pull up some wheat with them. Wait until harvest time



You will be able to sort them out, and put the wheat in the barn... and burn the weeds



People asked



What does this story mean?

The field is the world and the good seeds are the good people



The weed seeds are the evil people. At the end of time they will be separated.

The angels will bring the good people to me in heaven.



Word search

g	f	n	p	w	d	f	i	e	l	d	o
j	e	v	i	l	o	d	a	r	n	e	l
b	b	v	r	g	a	r	c	r	p	y	p
u	h	o	p	x	h	n	k	s	m	p	b
j	w	a	s	c	a	t	t	e	r	e	d
k	s	l	p	j	r	g	n	s	r	o	r
p	o	p	r	p	v	e	w	o	w	p	s
d	r	u	o	w	e	v	s	e	h	l	e
j	t	l	u	t	s	n	p	s	e	e	e
w	c	l	t	o	t	e	h	g	a	d	d
d	o	h	e	a	v	e	n	j	t	m	s
g	o	o	d	g	l	a	d	n	v	a	e

worker

heaven

evil

pull

spotted

weeds

world

angels

good

happen

sort

wheat

same

field

seeds

harvest

scattered

farmer

enemy

plants

people

darnel

night

sprouted

WORD SEARCH SOLUTION on page 33



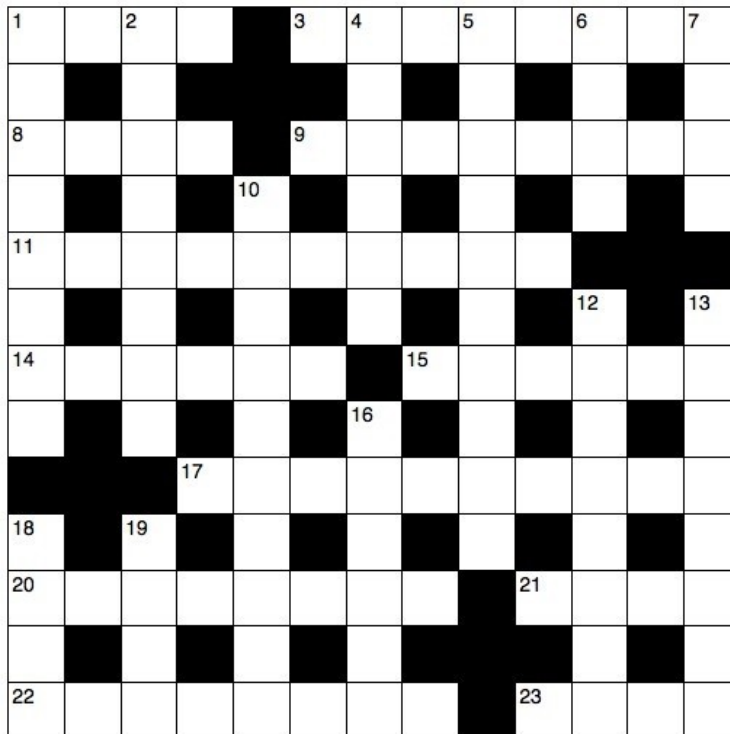
CROSSWORD CLUES

Across

- 1 and 3 Two of the disciples who witnessed the transfiguration of Jesus (Luke 9:28) (4,3,5)
- 3 See 1 Across
- 8 'Let us draw — to God with a sincere heart in full assurance of faith' (Hebrews 10:22) (4)
- 9 O Simon is (anag.) (8)
- 11 Form of government under the direct rule of God or his agents (10)
- 14 How Jesus found his disciples when he returned to them after praying in Gethsemane (Luke 22:45) (6)
- 15 In The Pilgrim's Progress, the name of the meadow into which Christian strayed, which led to Doubting Castle (2-4)
- 17 Glad sin rat (anag.) (10)
- 20 Spinal column (Leviticus 3:9) (8)
- 21 Valley of the Balsam Tree with a reputation of being a waterless place (Psalm 84:6) (4)
- 22 'The oracle of Balaam son of Beor, the oracle of one — — sees clearly' (Numbers 24:3) (5,3)
- 23 Adam and Eve's third son (Genesis 4:25) (4)

Down

- 1 David's great friend (1 Samuel 20:17) (8)
- 2 'The Lord... will bring me safely to his — kingdom' (2 Timothy 4:18) (8)
- 4 'I, Daniel, mourned for three weeks. I ate no choice food; — — or wine touched my lips' (Daniel 10:3) (2,4)
- 5 Seeking to vindicate (Job 32:2) (10)
- 6 Female servant (Isaiah 24:2) (4)
- 7 'For Christ died for — once for all' (1 Peter 3:18) (4)
- 10 'Offering spiritual sacrifices — to God through Jesus Christ' (1 Peter 2:5) (10)
- 12 Jesus said that some people had renounced this 'because of the kingdom of heaven' (Matthew 19:12) (8)
- 13 One of the three men thrown into the furnace for refusing to worship Nebuchadnezzar's golden image (Daniel 3:20) (8)
- 16 'You have — of good things laid up for many years. Take life easy; eat, drink and be merry' (Luke 12:19) (6)
- 18 'There before me was a white horse! Its rider held — — , and he was given a crown' (Revelation 6:2) (1,3)
- 19 Equipment to Charity Hospitals Overseas (1,1,1,1)



Wordsearch - The Transfiguration
August 2023

In August the church calendar commemorates the Transfiguration. The story is told in Matthew (17:1-9), Mark (9:1-9) and Luke (9:28-36). Jesus took Peter, James and John, his closest disciples, up a high mountain. It may have been Mount Tabor, or else one of the three spurs of Mount Hermon.



Suddenly, Jesus is transfigured. His face shone, his garments became white and dazzling. Elijah and Moses appeared, and a bright cloud overshadowed the disciples. A voice spoke out of the cloud, saying that Jesus was His beloved son, whom the disciple should 'hear'.

Then, just as suddenly, it is all over. What did it mean? Moses represented the Law, and Elijah the Prophets of the Old Covenant. But now the Law and the Prophets have found their fulfilment in Jesus, the Messiah. The written Word and the spoken Word have handed over to the Living Word.

S	T	A	N	M	G	J	E	O	F	T	C	E	F	E
S	P	A	T	P	H	P	E	T	E	R	G	G	N	J
A	D	P	B	A	E	R	A	S	E	A	C	I	O	E
M	U	H	J	O	P	J	A	H	U	N	H	H	M	R
N	O	I	T	A	R	U	G	I	F	S	N	A	R	T
G	L	L	A	R	O	H	E	G	M	F	M	A	E	W
E	C	I	B	R	S	T	E	H	P	O	R	P	H	A
G	J	P	J	Z	E	K	D	G	U	R	S	I	L	L
L	N	P	J	D	N	I	K	N	A	M	T	E	E	O
O	F	I	M	I	J	R	T	I	F	E	A	R	S	W
R	I	O	L	F	A	A	E	L	H	D	C	S	A	P
Y	C	J	A	Z	I	L	M	L	W	G	O	A	T	U
N	L	E	P	N	Z	T	E	E	A	P	J	U	F	H
L	U	L	R	N	D	A	U	W	S	I	L	L	S	N
H	D	F	G	A	K	H	D	D	J	D	A	M	S	H

Transfiguration
 Jesus
 Mountain
 Tabor
 Hermon

High
 Shine
 Face
 Written
 Living

Cloud
 Transformed
 White
 Dazzling
 Elijah

Moses
 Dwelling
 Mankind
 Law
 Prophets

Peter
 James
 John
 Fear
 Glory

Easy Soduko

5					2			8
	8	3	1			9		4
9			8			1	5	
			9				8	3
	6	9	7	4	8	5	2	
8	1				6			
	9	2			4			6
6		4			9	2	1	
1			6					5

Medium Soduko

7				2	1			3
		8	3	5				
		4						
	9	1			4			
	6						2	
			8			1	5	
						6		
				3	8	7		
3			2	9				4

Musings on the Christian walk

Make sure it is God's trumpet you are blowing - if it is only yours it won't wake the dead, it will simply disturb the neighbours. - *W Ian Thomas*

God does not keep office hours. - *A W Tozer*

When considering your future: give God what's right - not what's left. - *Anon*

When praying, don't give God instructions - just report for duty. - *Anon*

As summer continues... This church is prayer-conditioned. - *Anon*

Comfort for new curates - When God ordains, He sustains. - *Anon*

WARNING: Exposure to the Son may prevent burning.

It is easier for the generous to forgive, than for the offender to ask forgiveness. - *James Thomson*

There was a man, though some did count him mad,
The more he cast away, the more he had.
- *John Bunyan*

International Bat Night: 26th-27th August

Did you know that there are 18 species of bat in the UK?

And did you know that these bats make up almost a quarter of ALL our mammal species?

So, our UK bats are well worth celebrating. And International Bat Night brings together bat groups and the Bat Conservation Trust, to provide many opportunities for bat walks and talks at dusk in local neighbourhoods across the UK.

As the bat groups explain: "We aim to encourage thousands of people across the country to see bats in their natural environment by taking part in a range of events organised by local bat groups, wildlife trusts, countryside rangers and other organisations across the country."

More information at:

<https://www.bats.org.uk/support-bats/international-bat-night>

Remembering Ralph Vaughan Williams

by Tim Lenton

It was 65 years ago, on 26th August 1958, that the British composer Ralph Vaughan Williams died. Among his most famous compositions are *The Lark Ascending*, *Fantasia on a Theme by Thomas Tallis* and *A Sea Symphony*.

Despite increasing deafness, brought on by exposure to gunfire when he served in the Second World War, Vaughan Williams was still composing into his 80s. He died, aged 85, the night before recording sessions began on his Ninth Symphony.

The son of a vicar, the composer – himself an agnostic, although he edited the English Hymnal in 1904 and wrote several hymn tunes – was born in Down Ampney, Gloucestershire, and was related to Charles Darwin and to the potter Josiah Wedgwood. He played violin and piano and was a keen collector of folk songs, the tunes of which he included in many of his compositions.

Vaughan Williams was married twice: first to Adeline Fisher and after her death in 1951 to the poet Ursula Wood, who was an occasional collaborator on his compositions. He was also a lifelong friend of the composer Gustav Holst.

The Lark Ascending – probably Vaughan Williams' most famous piece – was written in 1914, but its premiere was delayed by the First World War. It was eventually given in 1921 by the violinist Marie Hall – for whom Vaughan Williams had written it.

His ashes are interred in Westminster Abbey. His work was almost unique in the variety of music types he employed. It included nine symphonies, concertos for piano, violin, oboe and tuba, five operas, chamber, ballet and film music and songs and song cycles – among other things.

Editor's Note: Most, if not all of you will know that Leith Hill Place nearby was the childhood home of Ralph Vaughan-Williams and it is now with the National Trust. It opened in July 2013 and is well worth a visit—the house has some interesting displays and they do delicious teas there and there are some wonderful far reaching views!

Above article © Parish Pump

Leith Hill Place

“If I had to decide what trees were to be cut, what vegetables planted, what cows sold, I should lose all pleasure in the place—and if I ran the place properly I shouldn't have any time for my own work.”

Vaughan Williams 1944

Leith Hill Place was the childhood home of Ralph Vaughan Williams who gave it to the National Trust in 1944. His grandparents, Josiah Wedgwood III and Caroline (née Darwin) moved there in 1847 and his great uncle, the famous naturalist Charles Darwin, conducted experiments in the grounds.

In July of 2013 the house was opened to the public for the first time since the 1960s and welcomed over 8,000 visitors. As a work in progress there is still a lot of work to be done but the house is starting to feel loved again and the National Trust is breathing life back into it.

(Wording from The Ralph Vaughan-Williams Society - <https://rvwsociety.com/leith-hill-place/>)

Puzzle Solutions

Easy Sudoku solution

5	7	1	4	9	2	3	6	8
2	8	3	1	6	5	9	7	4
9	4	6	8	7	3	1	5	2
4	2	7	9	5	1	6	8	3
3	6	9	7	4	8	5	2	1
8	1	5	2	3	6	7	4	9
7	9	2	5	1	4	8	3	6
6	5	4	3	8	9	2	1	7
1	3	8	6	2	7	4	9	5

Medium Sudoku solution

7	5	9	4	2	1	8	6	3
6	2	8	3	5	7	9	4	1
1	3	4	6	8	9	2	7	5
2	9	1	5	7	4	3	8	6
8	6	5	9	1	3	4	2	7
4	7	3	8	6	2	1	5	9
9	1	2	7	4	5	6	3	8
5	4	6	1	3	8	7	9	2
3	8	7	2	9	6	5	1	4

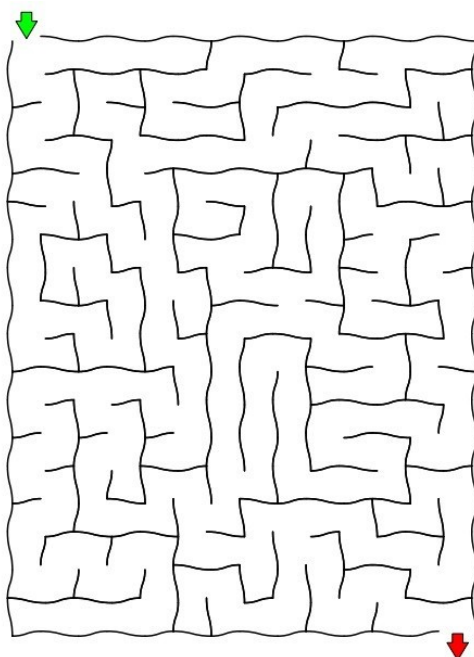
J	O	H	N		A	N	D	J	A	M	E	S		
O		E			O		U		A			I		
N	E	A	R		O	M	I	S	S	I	O	N		
A		V		A		E		T		D		S		
T	H	E	O	C	R	A	T	I	C					
H		N		C		T		F		M		S		
A	S	L	E	E	P		B	Y	P	A	T	H		
N		Y		P		P		I		R		A		
					S	T	A	L	I	N	G	R	A	D
A		E		A		E		G		I		R		
B	A	C	K	B	O	N	E			B	A	C	A	
O		H		L		T				G		C		
W	H	O	S	E	E	Y	E			S	E	T	H	

CROSSWORD ANSWERS

ACROSS: 1, John. 3, And James. 8, Near. 9, Omission. 11, Theocratic. 14, Asleep. 15, By-path. 17, Stalingrad. 20, Backbone. 21, Baca. 22, Whose eye. 23, Seth.

DOWN: 1, Jonathan. 2, Heavenly. 4, No meat. 5, Justifying. 6, Maid. 7, Sins. 10, Acceptable. 12, Marriage. 13, Shadrach. 16, Plenty. 18, A bow. 19, ECHO.

July's Maze



Junior InSpire Wordsearch solution

g	f	n	p	w	d	f	i	e	l	d	o
j	e	v	i	l	o	d	a	r	n	e	l
b	b	y	r	g	a	r	c	r	p	y	p
u	h	o	p	x	h	n	k	s	m	p	b
j	w	a	s	c	a	t	t	e	r	e	d
k	s	l	p	j	r	g	n	s	r	o	r
p	o	p	r	p	v	e	w	o	w	p	s
d	r	u	o	w	e	v	s	e	h	l	e
j	t	l	u	t	s	n	p	s	e	e	e
w	c	l	t	o	t	e	h	g	a	d	d
d	o	h	e	a	v	e	n	j	t	m	s
g	o	o	d	g	l	a	d	n	v	a	e

St John's & St Margaret's Harvest Supper

NEVER SAY DY

by Mo Speller

**A murder mystery to be solved by the audience
plus a two course supper
in aid of the combined parish of Capel and Ockley**

Friday 13th October in Ockley Village Hall

Saturday 14th October in Capel Memorial Hall

Doors open at 7pm for curtain up at 7.30pm

Tickets

Adults £14

Children £7

Family £35



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Corinne Jay

07718 346294

Capeleditor@gmail.com

Box Office Ockley

Helen Burt

07990 597553

Make a group booking with your friends to ensure that you sit together and form a team with the other people on your table

This amateur production is presented by arrangement with Scripts for Stage



**A lovely new photo of Rev Liz
with her lovely dog Ruby!**

Your contributions would be most welcome and any copy for this publication should be sent to
Suzanne Cole editor@capelandockleychurch.org.uk **By 20th of each month please.**
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