

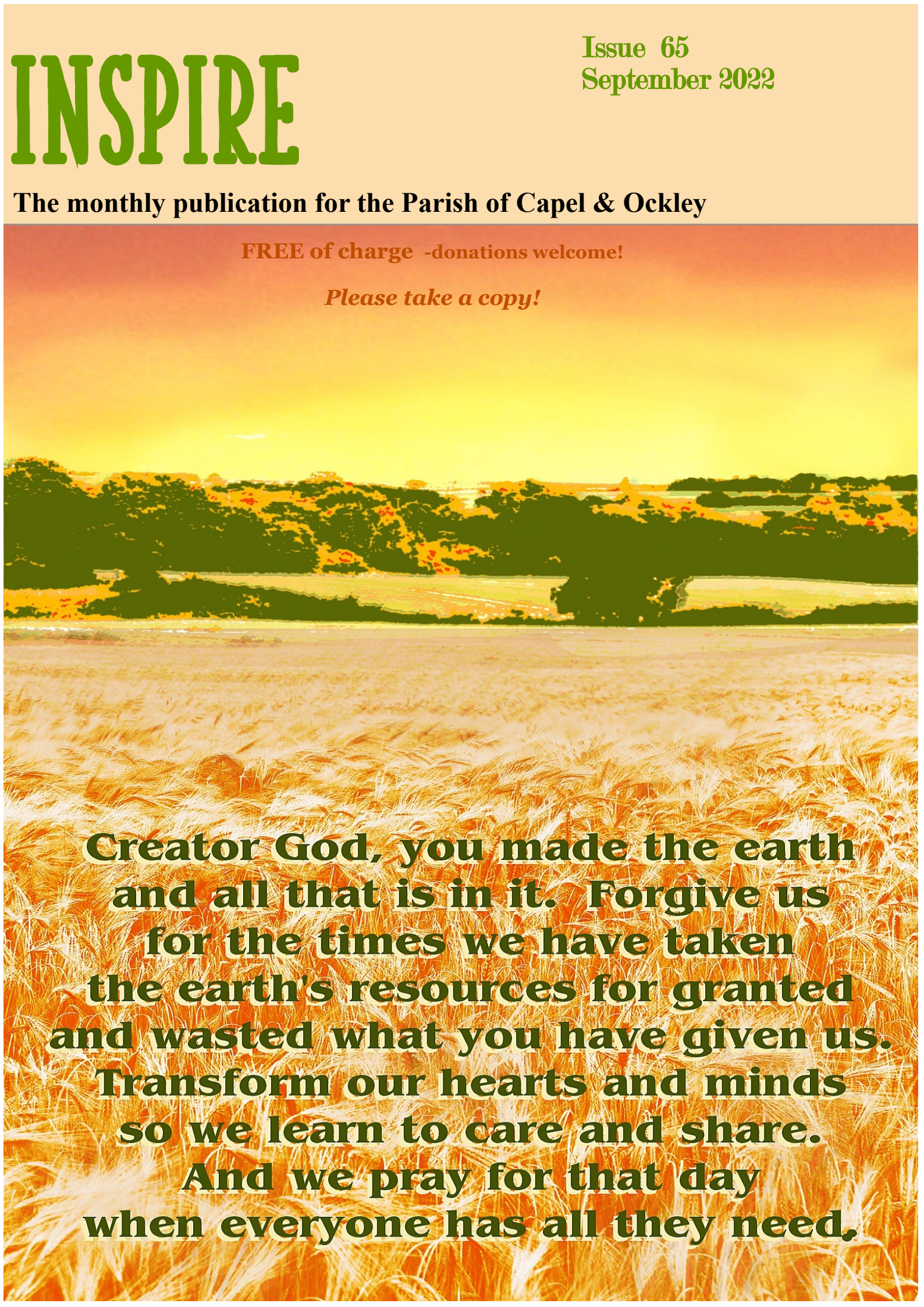
# INSPIRE

Issue 65  
September 2022

The monthly publication for the Parish of Capel & Ockley

FREE of charge -donations welcome!

*Please take a copy!*



**Creator God, you made the earth  
and all that is in it. Forgive us  
for the times we have taken  
the earth's resources for granted  
and wasted what you have given us.  
Transform our hearts and minds  
so we learn to care and share.  
And we pray for that day  
when everyone has all they need.**





# Capel Christmas fair

**Saturday 19th November 2022**

**12.00 noon until 4.00 pm**

**At Capel's Parish and Memorial Halls,  
The Street, Capel RH5 5LD**

**Lots of lovely stalls: The Country Dog Barn \* Annie with Alex bags \* KM Stained glass \* Lavender & Lime clothing and accessories \* Tropic skincare \* Love Little Gem baby gifts and giftware \* The Potting Shed Loxwood \* Olivia Rose Jewellery \* Miri Artist \* French Soap Store \* Wicked London candles and diffusers \* The Wonder of Books (Usborne) \* Surrey Hills Candle Co \* The Weald Workshop \* Little Sundry cards \* Charlie Chas Teas \* Silent Pool Distillery \* Dorking Brewery \* Ray Fusion Eats (Caribbean food) \* Surrey Hills Café \* King's Ice creams \***

**In aid of The Parish Churches of Capel & Ockley and The Motor Neurone Disease Association (MNDA)**



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Please note that there will be no October 2022 issue of InSpire. The Editor for details see page 6

*"Don't judge each day by the harvest you reap But by the seeds that you plant".*

### *Don't want a paper copy ...*

You can register to receive **InSpire** via email each month OR download individual issues!

[www.capelandockleychurch.org.uk/inspire-magazine](http://www.capelandockleychurch.org.uk/inspire-magazine)

This issue is kindly sponsored by

Tina & Peter Fairbrother  
and  
Margaret & John Dale

Who are all celebrating their 55th Wedding Anniversary in September 2022. Congratulations to them and thank you for your sponsorship!

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*Dear Friends,*

September and our thoughts here at church turn to Harvest. Both of our churches will be holding special Harvest services. St Margaret's traditionally hold theirs at the end of September and then St John the Baptist follow at Capel the following week, the first Sunday in October. It is a wonderful time of the year isn't it and our churches certainly always look splendid festooned with harvest flowers and of course the harvest gifts so generously donated by many of you. We also have another one of our very popular murder mystery plays and suppers returning to both Ockley and to Capel this year. Following a break of at least a couple of years we have a stellar cast for you and the drama this year is set in the world of fashion. 'Murder on the Catwalk' written by Janet Smith will once again be a murder mystery to be solved by our audiences and I understand that there will be a sense of secrecy as in that long running play 'The Mousetrap' as to who did it!! An excellent two course supper will be included in your ticket so do book early as places are limited. Details for booking are elsewhere in this magazine but I can tell you performances are on Friday 23rd and Saturday 24th September.



For those who would prefer a slightly more genteel approach to Harvest we are looking forward to a ploughman's harvest lunch at St Margaret's on Sunday 25th September. The traditional Harvest teas will then be at Capel on Sunday 2nd October. We will once again be looking to collect donations of appropriate foodstuffs for Dorking Foodbank and Leatherhead Start so if you would like to contribute please leave your donations inside church clearly marked that it is for Harvest. We will also be taking a monetary collection at both Harvest services to assist those in need at home or abroad. More details will be available shortly.

September is one of those times of new beginnings isn't it. Lots of young people will be making new starts as they return to or start new schools or colleges and many leaving home to continue their education. We will be praying for them and also for others we know who are moving away to other parts of the country. Someone who we have had to say farewell to is one of our wonderful Treasurers, Debbie von Bergen, as she and Hugh move westwards. Debbie took on the role of Hon Treasurer a few years ago which is a big enough job for anyone these days but has also given her commitment and dedication to everything that we as a parish have been involved in in recent years. As someone noted recently 'not many people are irreplaceable but Debbie is a pretty good contender on that one'! I personally shall miss them both and thank them both for their presence and wisdom in all they have been involved with, in and for our church and community. We send them off with all God's blessings as they begin this new chapter in their lives.

As always my love and prayers,

*Revd Liz*

**Revd Liz Richardson**

[liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk)

01306 711260 Vicar St John the Baptist Capel and St Margaret's Ockley

### **The situation in Ukraine**

We and the national church continue to watch and pray for Ukraine and are here to offer help and support to any refugee families when they start to arrive in our country, especially if they are resettling near us. We are liaising with Capel Parish Council also, so that we as a community can seek to do the best for our Ukrainian friends.

# CHURCH SERVICES AND EVENTS FOR St John the Baptist, Capel & St Margaret's, Ockley SEPTEMBER 2022

## SEPTEMBER

|                       |               |  |
|-----------------------|---------------|--|
| <b>SUNDAY</b>         | <b>4th</b>    | <b>Trinity 12</b>  |
|                       | 9.30am        | Matins at Ockley   |
|                       | 10.30am       | Family Communion at Capel  |
|                       | 3-5pm         | Teas at St Margaret's Ockley   |
| <b>SUNDAY</b>         | <b>11th</b>   | <b>Trinity 13</b>  |
|                       | 9.30am        | Holy Communion CW at Ockley  |
|                       | 10.30am       | Cafe Church at the Crown Capel                                       |
|                       | 3-5pm         | Church Teas at Capel   |
|                       | 6.00pm        | Choral Evensong at St Peter's Newdigate                              |
| <b>SUNDAY</b>         | <b>18th</b>   | <b>Trinity 14</b>  |
|                       | 9.30am        | Matins at Ockley   |
|                       | 10.30am       | Family Communion at Capel  |
| <b>Friday</b>         | <b>23rd</b>   | <b>Murder Mystery Play and Supper</b>                                |
|                       | <b>7.00pm</b> | Ockley Village Hall  |
| <b>Saturday</b>       | <b>24th</b>   | <b>Murder Mystery Play and Supper</b>                                |
|                       | <b>7.00pm</b> | Capel Memorial Hall  |
| <b>SUNDAY</b>         | <b>25th</b>   | <b>Trinity 15</b>  |
|                       | 9.30am        | Harvest Festival at St Margaret's Ockley                             |
|                       | 10.30am       | Family Communion at Capel  |
|                       | 12-2pm        | Ockley St Margaret's Harvest Lunch                                   |
| <b><u>OCTOBER</u></b> |               |  |
| <b>SUNDAY</b>         | <b>2nd</b>    | <b>Trinity 16</b>  |
|                       | 9.30am        | Matins at Ockley   |
|                       | 10.30am       | Harvest Festival, Capel - * Traidcraft available after the service * |
|                       | 3-5pm         | Harvest Teas at Capel Church   |

CW - service is from Common Worship 2005

### Guidelines for your safety and comfort in church

**At both churches** the wearing of masks inside places of worship is encouraged.  
Hand sanitiser will be available for use by the entrance door.  
Holy Communion is given in both kinds and the consecrated wine will be served in individual glasses whilst we are still at risk from the pandemic.

Services & Events on website: <https://www.capelandockleychurch.org.uk/>

# NEWS from the Pews

## NO OCTOBER INSPIRE

There will be no **OCTOBER 2022** issue of InSpire as the Editor is away for most of September in Canada. This is a long awaited trip which has been delayed by Covid!

You will find details of services and events in the weekly sheets.

See you on our return!

Suzanne, Editor

A note for your diaries ...

**Capel Christmas Fair** returns for it's second year on  
**SATURDAY 19th NOVEMBER 2022.**

To be held in Capel's Parish & Memorial Halls,  
The Street, RH5 5LD

**12 noon until 4.00 pm**

In aid of our United Parish of Capel and Ockley and  
The Motor Neurone Disease Association

Can you help with Raffle prizes and/or  
Can you help for an hour or two on the day?  
If so, please let Suzanne know on 01306 711449  
or 07923 517202 [slc@ansford.me.uk](mailto:slc@ansford.me.uk)

## Church Mailing List

**Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.**

If so, please get in touch with Debbie von Bergen:-  
[debbievonbergen@icloud.com](mailto:debbievonbergen@icloud.com)

*We must have their permission before adding them to the list. Thank you.*

## SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns please contact our Safeguarding Officer:

Leigh Smith 07732825908  
[leighdesouza@yahoo.com](mailto:leighdesouza@yahoo.com)

or Revd Liz Richardson 01306 711260  
[liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk)

***This notice will appear each month in InSpire and the contact details for our Safeguarding Officer and the Diocesan Safeguarding Advisor Jackie Broadfoot will be published in our weekly pew sheets as well as in the Church Contacts section in each issue of Inspire.***

**Don't forget to recycle your**

## **STAMPS AND OLD PRINTER CARTRIDGES**

Don't forget that you can drop off your used printer cartridges in the box in the church porch at Capel. These are sent to a recycling firm who give a small amount towards our church funds.

Also, don't forget to keep bringing your used stamps to church - again a box is in the porch at Capel.

Thank you





25th September 2022

## Harvest Festival celebration lunch

at Ockley 12.30pm.

Please let



Shirley Dean-Webster  
know if you would like  
to come 01306 320488.

Tickets £5



**\* NEXT AT CHURCH ON SUNDAY 2ND OCTOBER  
after the 10.30am Harvest service at Capel \***

Don't forget you can order at any time! Catalogues  
in church or see the online catalogue:

<https://www.traidcraftshop.co.uk/traidcraft-catalogue>

We will happily order for you! You can reach us on  
01306 711449 or

email: [traidcraft@ansford.me.uk](mailto:traidcraft@ansford.me.uk)  
Suzanne & Stuart Cole

## FROM THE REGISTERS

### Holy Baptism

We welcome into the family of the church

**Eliza May Bromham**

on  
23rd July 2022

at  
St John the Baptist Capel

**Rose Willow Dowling**

on 31st July 2022  
at  
St John the Baptist Capel

### In Memoriam

We mourn the loss of

**Barbara Jean Lawrence**  
27th June 2022

May she rest in peace and rise in glory



## The Pavilion Café

We are open every Wednesday morning from 9 to 12 in the Cricket Pavilion on the green in Ockley. We serve homemade cakes and savouries and offer a range of teas and fresh coffee. On the last Wednesday of the month we also serve bacon butties which are very popular. We ask for donations and, after expenses, the money goes to charity. We like to donate to our local churches, local amenities and charities and also national ones. We have become very popular over the years and there is plenty of parking and disabled access to the building.

**IMPORTANT UPDATE:** There are plans to *resume the Post office at the Pavilion in Ockley on a Wednesday morning starting at 11.15am.* Please share this news as it will go if we don't use it! Thank you.



## Global Anglican Communion given more choice of future Archbishops of Canterbury

The global Anglican Communion will have a greater voice on the body which nominates future Archbishops of Canterbury, as a result of changes recently approved by the Church of England's General Synod.

Until now the wider worldwide Anglican Communion, outside of England, has been represented by just one of the 16 members of the Crown Nominations Commission (CNC) for the See of Canterbury.

But under recent changes to the Standing Orders of the General Synod, there will now be five representatives of other churches of the Anglican Communion – one each from Africa; the Americas; Middle East and Asia; Oceania and Europe.

The new rules will also ensure the inclusion of laity and clergy as well as bishops; a balance of men and women and that at least half of the five will be of Global Majority Heritage.

All diocesan bishops of the Church of England, including the archbishops, are appointed by Her Majesty the Queen following a nomination by the Crown Nominations Commission for the see. Under the changes the Canterbury CNC will now have 17 voting members, with the number of representatives from the Diocese of Canterbury reducing from six to three.

The Archbishop of Canterbury, Justin Welby, said: "Anglicans worldwide have a profound and historic relationship with the See of Canterbury, and the Archbishop of Canterbury has the great privilege of serving as a focus of unity for Anglican churches across the globe.

"It is only right that this international family of churches is given a voice in the process of selecting the 'first among equals' of the bishops of our global communion. I pray that this significant step will bind us more closely together as disciples of Jesus Christ, called to share His good news with a world in need."

© Parish Pump

## September 1967 - The month our Sponsors got married ...

2 September – Paddy Roy Bates proclaims HM Fort Roughs, a former World War II Maunsell naval fort off the Suffolk coast, as an independent sovereign state, the Principality of Sealand.

6 September – *Myrina* was launched from the slipway at Harland and Wolff in Belfast, the first supertanker and (at around 192000 DWT) largest ship built in the UK up to this date.<sup>[18]</sup>

9 September – Former UK Prime Minister Clement Attlee, 84, was hospitalised with an illness reported as a "minor condition".<sup>[19]</sup>

10 September – In a Gibraltar sovereignty referendum, only 44 out of 12,182 voters in the British Crown colony of Gibraltar supported rejoining Spain.

20 September – The RMS Queen Elizabeth 2 (the *QE2*) was launched at Clydebank by Queen Elizabeth II, using the same pair of gold scissors used by her mother and grandmother to launch the Queen Elizabeth and Queen Mary respectively.<sup>[20]</sup>

21 September – The Conservatives gained Cambridge and Walthamstow from Labour in by-elections.

27 September – The RMS *Queen Mary* arrived in Southampton at the end of her last transatlantic crossing.

29 September – Cult television series *The Prisoner* was first broadcast in the UK on ITV.

30 September – BBC Radio completely restructured its national programming: the Light Programme was split between new national pop station Radio 1 (modelled on the successful pirate station Radio London) and Radio 2; the cultural Third Programme was rebranded as Radio 3; and the primarily-talk Home Service became Radio 4



## LETTER FROM THE EDITOR

Dear friends,

Wow what a hot summer we have had! I'm sure people having holidays in the UK have had different dilemmas to 'normal' UK summers with plenty of rain! I do hope that by the time this edition is published that Rev Liz and Doug are refreshed from their summer break, as with everyone else who has taken a holiday. It's lovely that we all have the freedom to travel once more, either here at home or abroad. We are off to the West coast of Canada shortly for a delayed trip which was to celebrate our 30th Wedding anniversary! It will be an adventure like no other we have had before and we are very much looking forward to everything it has to offer! On the topic of wedding anniversaries - I congratulate our sponsors **Tina & Peter** and **Margaret & John** for their kind sponsorship this month in celebration of their **Emerald (55th) wedding anniversaries!** We celebrate with them and hope that they have very happy memories of both their wedding days and married life so far! We also celebrate our wedding anniversary in September and chose to marry on my parents' wedding anniversary. We had many wonderful years of joint celebrations, for which I am very grateful. This year it would have been their Diamond (60th) wedding anniversary. My love and prayers will be with my Mum on that day.



By the time you are reading this, we will have enjoyed the first Capel Show in three years! I'm sure it will be a huge success as always and I understand they already have 700 vehicles booked in to attend! Well done to the team organising the day! Plans are going ahead nicely for the Capel Christmas Fair on 19th November and I have some lovely stalls booked once more! There are a few changes in the line-up and will be each year going forward, so that I can keep it fresh and inviting for visitors! This year, we have some new stalls which include a stained glass one with two local ladies 'KM Stained Glass', a local gardening stall 'The Potting Shed Loxwood', a card stall 'Little Sundry' with Amy from Newdigate and an additional candle/diffuser stall with local lady Virginie 'Surrey Hills Candle Co'. Some favourites from last year will be there once more and Debbie and I were delighted that every stall wanted to come back if it was possible! This was a lovely reflection on our very first Fair.

**Seeking helpers!** I will be putting a list in church for people to sign up if they can help at the Christmas Fair. A large number of you helped last year and it really helped the event run smoothly! I need helpers for the Front desk/entrance, Raffle, helping Stallholders unload, parking and refreshments! *If any of you helped last year and you still have your **badges**, could you let me know as I'm not sure how many to order this year!*

In the meantime, we will of course be having the Harvest Festivals at both churches and the return of the Murder Mystery 'Murder on the Catwalk', in aid of our Parish churches will be on **23 September at Ockley** and **24 September at Capel**. Some members of our congregation are involved as always and there are dining options if you want to eat too! I'm sure it will be great fun as always!

**Debbie von Bergen's Farewell** - There is a thank you note from Debbie on page 17 with some photos of her presentation in church. It was a day of mixed emotion for us all I'm sure, wanting Debbie and Hugh to be happy in their new home, but also selfishly wishing they weren't going! As mentioned before, they will be an asset wherever they go and we wish them a safe move on 1st September.

As a new Academic year begins, I do hope that the return to school for pupils, students and staff goes smoothly in September and that those that are starting at new places will soon settle in. Somehow I think that the words of this Student's prayer can resonate with us all with the ability to grab every chance to start 'afresh'.

"Bless us as we start this new year with our friends and teachers.  
*Help us to make the most of every chance we have to start afresh.*"

With my very best wishes,

Suzanne

# NEWS

## **Synod votes to condemn Russian invasion**

Russia's illegal invasion of Ukraine was recently condemned by the General Synod in a debate where members heard of the suffering and terror experienced by ordinary Ukrainians because of the conflict.

Members backed a call for prayer for an end to the war in Ukraine and for parishes and dioceses to work towards providing long term refuge and hospitality for people fleeing the war.

The Bishop of Leeds, Nick Baines, said: "Russia's invasion of Ukraine constitutes an act of evil that cannot go unchallenged. Ukraine has a legitimate right to self-defence and a right to seek assistance from others in doing so.

"The Government and the wider international community must stand with Ukraine and provide financial, humanitarian, military, and diplomatic support as part of its broader efforts to uphold international law.

"Yet, as the MOD suggested, such support cannot realistically be unlimited, and this war cannot be waged without restraint. The focus of our efforts must be bringing this conflict to an end in a way that respects Ukraine's independent sovereign status."

## **Archbishop meets head of the Orthodox Church in Ukraine**

The Archbishop of Canterbury recently welcomed the head of the Orthodox Church of Ukraine, Metropolitan Epifaniy, to Lambeth Palace.

"We heard the most heart-breaking stories of atrocities against civilians and against Orthodox clergy in occupied territory, yet amidst it all the Patriarch spoke of love for all, especially enemies," he said.

"Of course, like all Ukrainians, he feels passionately about the terrors and horrors visited on his country, the lies told and the remorseless fear and attack, but the passion is not showing itself in hatred, nor is it showing itself in weakness, but in faith and determination and a plea for support for the church in its humanitarian work and for Ukraine. Let us give that support as a church as best we can."

So far, the appeal organised by USPG and the Diocese in Europe has raised more than £300,000 for humanitarian work in Ukraine and amongst Ukrainian refugees.

## **Protecting freedom of religion or belief protects everyone, says Archbishop**

Restrictions on freedom of worship often go hand-in-hand with other forms of repression including against women and minorities, the Archbishop of Canterbury Justin Welby has warned government ministers from around the world.

He recently told a recent global summit on Freedom of Religion or Belief (FoRB) that: "When people are free to worship and express themselves, faiths work with others to bring flourishing: they answer the needs of development and reconciliation, and bring grassroots community transformations that are the golden hope of the soft power of diplomats and development NGOs."

On the other hand, "We know that, when freedoms of expression and worship are restricted, other freedoms and opportunities are limited too," he said. "Women, minorities, many other people miss out."

The archbishop also cautioned against marginalising freedom of religion. "When national leaders pursue freedom of religion and belief, they have an opportunity to bring a wealth of wisdom around the table, harnessed to the common good," he said.

## **Synod endorses plan to reach net zero carbon by 2030**

The Church of England's General Synod has endorsed detailed plans designed to help the Church to reach net zero carbon by 2030.

The Routemap to Net Zero Carbon by 2030, published this Summer, encourages cathedrals, churches, schools and theological education institutions to make changes to their daily activities to reduce carbon emissions.

The Bishop of Norwich, Graham Usher, the Church of England's lead Bishop for the Environment, said: "The 2030 target is hugely ambitious, but the process is as important as the target. I see it as a key part of our obedience to God's call to be stewards of creation."

The Routemap, he said, "has been refined in consultation. It's a pragmatic, step-by-step approach." It focuses first on "simple steps that every church community can take": such as changing to LED lighting on a renewable energy tariff, reducing draughts, good maintenance, and heating people, rather than the angels carved on church roof bosses.

The Routemap is not legislative and does not obligate any part of the Church but is the basis of the road to net zero carbon by 2030.

## **General Synod welcomes £3.6bn investment in mission and ministry**

The Church of England's General Synod recently welcomed the Church Commissioners' and Archbishops' Council's long-term spending plans.

The Archbishop of York said that the plans, which cover £3.6bn over the next nine years, amounted to the Church "putting our money where our missional mouth is."

The spending would "underpin transformation towards being a 'Simpler, Humbler and Bolder' Church." Money will be invested in local ministry as part of diocesan strategies.

Priorities for the spending include £190m to help the Church of England transition to net zero, £20m on work to promote Racial Justice and £400m over the next three years towards achieving the outcomes and priorities that flow from the Church's Vision and Strategy for the 2020s.

The Archbishop of York said: "We will be simpler, more responsive to dioceses and more accountable about how we distribute money across the whole eco-system of the Church - rural and urban, all church traditions, with the single purpose of making Christ known and building God's kingdom in the world."

## **More funding needed for palliative care, General Synod hears**

The General Synod recently called on the Government to allocate more money for palliative care, as members voted to reaffirm the Church of England's opposition to a change in the law on Assisted Suicide.

Following a debate, members backed a Private Member's Motion (PMM) paying tribute to the 'enormous and untiring' efforts of health professionals working in palliative and end of life care.

They called on the Government to guarantee adequate funding and resourcing of palliative care services to ensure the highest possible standards of care for all. Members further affirmed that the law on Assisted Suicide should remain unchanged.

All above articles ©Parish Pump



## ***Observations on daily life***

We were not put on this earth to see through each other.... But to see each other through. – *Peter de Vries*

The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment. – *Dorothy Nevill*

It's easier to fight for one's principles than to live up to them. – *Alfred Adler*

For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with knowledge that you are never alone. – *Audrey Hepburn*

A smile is an inexpensive way to improve your looks. - *Charles Gordy*

The older one gets the more one finds the present must be enjoyed; it is a precious gift, comparable to a state of grace. - *Marie Curie*

Happiness sometimes comes through doors you didn't even know you left open. - *Anon*

Afflictions should be the spiritual wings of the soul. - *Richard Sibbes*

Many lovely things pass out of life when jealousy comes in. – *Anon*

Birthdays are good for you; the more you have, the longer you live. - *Larry Lorenzoni*

© Parish Pump



## **Did you know?**

**23<sup>rd</sup> September - When the sun goes edgewise, and daytime equals night**

23<sup>rd</sup> September is the autumnal equinox (if you live in the northern hemisphere) or the vernal (Spring) equinox (if you live in the southern hemisphere). The equinoxes occur in March and September, when the Sun is 'edgewise' to the Earth's axis of rotation, so that everywhere on earth has twelve hours of daylight and twelve hours of darkness.

© Parish Pump

# High Days & Holy Days

## **2<sup>nd</sup> September      The New Guinea Martyrs of 1942**

The Anglican Church in Australia still honours the New Guinea Martyrs of 1942. These brave men and women, 10 Australians and two Papuans, refused to leave their missionary work on the island as the Japanese military forces advanced. As one tribute to them put it: *'They knowing full well the risk, elected to stay with their flock.'*

The missionaries were serving the people of Papua New Guinea as Christian priests, teachers, workers and medical nurses. All twelve were unarmed as they were going about their normal missionary work. They were probably killed for no reason at all, other than to pre-empt any possibility that they might be a danger to the Japanese in the future. Or perhaps they were killed out of some vague Japanese hatred of Australian Christians, who were poles apart from the then fanatical Emperor-worship that enveloped the whole military strategy of Japan.

The martyrs were:

In Gona, on the NE coast of Papua: May Hayman (medical sister), and Mavis Parkinson (teacher): both bayoneted to death.

In villages inland from Gona: Vivian Redlich (priest), Margery Brenchley (medical sister), Lillar Lashmar (teacher), Henry Holland, (priest), John Duffill (carpenter): all beheaded. Also, Lucian Tapiedi, an indigenous Papuan: axed to death. (A statue of Tapiedi now stands as a memorial above the West Door of Westminster Abbey.)

Outer islands: John Barge (priest), Bernard Moore (priest), boat sunk.

In open sea: Henry Mathews (priest), Leslie Gariadi (Papuan assistant): boat sunk and men machine-gunned in water.

Today the Church also remembers the more than 300 church workers of all churches who were killed in 1942, during the Japanese occupation of Papua New Guinea.

## **4<sup>th</sup> September      St Birinus, apostle of Wessex**

Did you ever feel that God was calling you to do something big for Him, even though you were not quite sure of the details? If so, Birinus is the saint for you.

He was a French Benedictine monk who in 634 was made a bishop at Genoa and sent by Pope Honorius 1 to extend the evangelisation of England. (Augustine had arrived in Canterbury about 35 years before.)

Birinus landed at Hamwic, near Southampton. His original plan was to evangelise Wessex and then penetrate up into the Midlands, where no preacher had ever yet reached. But Birinus soon found the West Saxons so pagan that he decided to concentrate just on them.

Birinus had little to help him become the apostle to Wessex. So, he simply used what he did have: his own two feet and his voice. He wandered around preaching at every opportunity, trusting in God to help him. And He did: Birinus became known and respected, and soon a big breakthrough occurred: for political reasons the King of Wessex, Cyneigils, wanted to convert to Christianity, and he asked Birinus to help him.

So Birinus instructed and baptised King Cyneigils, who was then able to marry the Christian king of Northumbria's daughter, Cyneburg, and in due course Birinus baptised their family as well.

In return, Cyneigils gave Birinus the town of Dorchester (upon Thames) to be his diocesan see. It was a perfect location: a Romano-British town right on a road and a river, in the midst of a populated area.

During his 15 years as Bishop of Dorchester, Birinus baptised many people and built churches all over the area, with the king's blessing.

Before he died in 650, Birinus dedicated a church at Winchester. It was a glimpse of the future: for Winchester's growing importance made it inevitable that in time it would also become the ecclesiastical centre of the kingdom.

# HIGH DAYS AND HOLY DAYS

## **\*NEW 19<sup>th</sup> Sept Theodore of Tarsus, Archbishop of Canterbury in troubled times**

Theodore had several things in common with Justin Welby: despite living in troubled times, and in the aftermath of a severe national plague, he made extensive tours of his archbishopric, spoke at many Synods, and worked tirelessly to unite the bickering factions of the Church in England.

But, unlike Justin Welby, Theodore did not start off as English. He was a Greek living quietly in a Roman monastery when in 664, after Archbishop Deusdedit died, the Pope began looking for a new Archbishop of Canterbury. Theodore was recommended as a good candidate, even though he was not even ordained at the time.

The Pope moved quickly: Theodore was ordained deacon, and four months later (when his hair had grown long enough) he was ordained priest and immediately consecrated bishop. Then he was sent, with some companions, off to Canterbury to be Archbishop. It was a very long journey, but Theodore used the weeks on the road well: by the time he arrived in Canterbury he could at least speak English.

Theodore arrived in Britain in May 669, and soon set about strengthening the leadership of the Church through appointing more bishops, improving administration and order, and setting up a yearly meeting for the whole church.

His main challenge was settling the areas with Celtic tradition, and bringing them gently but firmly into the Roman Church. He wisely allowed a blending of Roman and Celtic traditions, which went well, and which began to give a common and unique identity to the church in Britain.

Theodore's legacy was immense: he is regarded as being the principal force behind the common Church in Britain. He was a gifted theologian and teacher, teaching science, astronomy, law, Latin and Greek. Above all, Theodore was an astute church politician and a visionary leader. Little wonder he is credited with having overseen one of the most fruitful periods of the church in Britain.

### **Take Time**

Take time to THINK  
It is the source of power  
Take time to PLAY  
It is the secret of perpetual youth  
Take time to READ  
It is the fountain of wisdom  
Take time to PRAY  
It is the greatest power on earth  
Take time to LOVE  
and BE LOVED  
It is a God-given privilege  
Take time to BE FRIENDLY  
It is the road to happiness  
Take time to LAUGH  
It is the music of the soul  
Take time to GIVE  
it is too short a day to be selfish  
Take time to WORK  
It is the price of success  
Take time to DO CHARITY  
It is the key to heaven.



"Finally, we're still waiting for someone from last week's Parent & Toddler Group to come and claim this lost property..."



Editor: Canon Paul Hardingham consider what we will 'do' this autumn

## **Back to School**

September is that time of year when we get back to school after the summer break, along with our other routines. As disciples (lit: *learners*) we are all called to learn from Jesus and live like Him. God wants us to make a difference as disciples in our school and workplace, family and friends. As Paul writes:

*'And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.'* (Colossians 3:17).

*'WHATEVER you do'*: God is at work in every aspect of our lives. He can use whatever we do to make a difference to those around. Do we believe this? Our lives shouldn't be like an orange, segmented into the sacred and secular, but more like an apple, in which the whole is available to God.

*'Whatever YOU do'*: God wants to use us to share God's love with the people around us, wherever we spend time. We can trust Him for the resources we need hour by hour, day by day, year by year. What do we need from Him?

*'Whatever you DO'*: Our work is for God alone, as a response to God's love for us. How does this perspective make a difference when what we do seems hard, unrewarding, or unappreciated by others?

A man standing on a train platform was asked one day: *'Who are you?'* He replied, *'I am a Christian thinly disguised as an accountant.'* If we were asked the same question I wonder what we would say. As disciples of Jesus Christ, our identity is rooted in God and His call upon our lives. For each of us, September represents going back to school with Jesus, to learn how we can live for Him.

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## **Happy Birthday to Hadrian's Wall**

*by Tim Lenton*

It was 1900 years ago, from 13<sup>th</sup> September 122 to 128, that Hadrian's Wall was built in northern England. It ran for nearly 80 miles from coast to coast and marked the northern limit of the Roman Empire. The Roman Emperor, Hadrian, wanted to separate the Romans from 'the barbarians'.

In pre-Christian England the Picts – from Scotland, or Caledonia – were a real threat, often raiding Roman territories, using what we would call guerilla warfare to steal cattle and capture slaves in a province far from the centre of the empire. But the Wall also served to encourage trading with those outside, and enable the Romans to tax anyone who entered their territory.

Hadrian had a mixed reputation as Emperor. Described by historian Edward Gibbon as one of the "five good emperors", he was regarded by many as a benevolent dictator but by others as remote (he did spend a great deal of time away from Rome) and authoritarian, sometimes generous and sometimes cruel. He was certainly ambitious.

He was responsible for putting down the Bar Kokhba revolt in Judea (132-136) in an almost genocidal way. More than half a million Jews perished, and many more died of starvation or disease. This is a critical event in the history of the Jewish people.

Today the Wall remains the largest surviving archaeological feature from Roman Britain, and an amazing feat of engineering through difficult country – though only 10 per cent of it remains still visible. It is sometimes mistakenly thought to mark the English-Scottish border, but in fact most of Northumberland – an English county – is north of the wall.

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## Being grateful

**World Gratitude Day (yes, it really does exist!) is on 21<sup>st</sup> September.**

It may not be widely observed this year, for these have not been easy times in which to feel grateful. Coronavirus turned our lives upside down, and now we have the war in Ukraine, and the alarming rise in the cost of living. Add to that the heatwaves, the wildfires, and the widespread drought of this past summer, and what is there to be particularly thankful *about*?

To put it another way, how, as Christians, can we be grateful during disasters? Should we even *try* to be grateful? The letters of St Paul give us some pointers.

First of all, he says that we are not to be terrified when bad things happen. Instead, "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." Then, "let the peace of God rule in our hearts, to which also you were called in one body; and be thankful ...." (Colossians 3:15)

Again, in 1 Thessalonians 5:18 Paul urges: "In everything give thanks; for this is the will of God in Christ Jesus for you." It is not that we should thank God for losing our jobs or other disasters; it is rather that we need to keep our eye on the bigger picture, and never forget what God has blessed us with in Jesus Christ.

Giving thanksgiving to God is a sure sign of the fruit of His Spirit in our lives. In fact, a thankless attitude is abnormal for a Christian! It goes against everything that is in our new life. No wonder that the NT continually calls us back to thankfulness.

And there is good reason for this. Romans 8:28 assures us: "We know that all things work together for good to those who love God, to those who are the called according to his purpose." So even when things are bad, Paul assures us that we can be sure that God has not abandoned us, but instead will stand by us through the hard times.

The early church, whenever they gathered, gave thanks together. Whenever we meet for fellowship with believers, it is good to include a time of giving thanks.

But even when we are on our own, each day we can make time to be "singing and making melody in your heart to the Lord." (Eph 5:18). We can be "giving thanks always for all things to God the Father in the name of our Lord Jesus Christ." (Eph 5:20)

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### Remembering Mother Teresa, 25 years on

Some 25 years ago, on 5<sup>th</sup> September 1997, Mother Teresa died. She was an Albanian nun who was born Anjezë Gonxhe Bojaxhiu in what is now Skopje, North Macedonia, and spent most of her life in India, founding and running the Missionaries of Charity. She was winner of the 1979 Nobel Peace Prize.

Mother Teresa, who took Indian citizenship, received several honours. She was beatified in 2003 and [canonised](#) on 4<sup>th</sup> September 2016. The anniversary of her death is her [feast day](#). At the time of her death, the Missionaries of Charity had over 4000 sisters. By 2020, it had grown to 5167.

Anjezë became convinced she should live a religious life by the age of 12. She left home six years later to join the Sisters of Loreto in Dublin. She saw neither her mother nor her sister again. By 1929 she was in India, beginning her novitiate in Darjeeling, in the Himalayas. She took the name of Teresa after Thérèse de Lisieux, the patron saint of missionaries.

She then moved to Calcutta, where for 20 years she was a teacher and head teacher. She became concerned for "the poorest of the poor" and in 1952 opened her first hospice – an abandoned Hindu temple – with help from Calcutta officials and from a group of young women assistants. The aim was to help people die "a beautiful death" with dignity, whatever their faith.

Mother Teresa, who was fluent in five languages, was widely admired but also came in for criticism, partly for her views on abortion and contraception. She said: "By blood, I am Albanian. By citizenship, an Indian. By faith, I am a Catholic nun. As to my calling, I belong to the world. As to my heart, I belong entirely to the Heart of Jesus."

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## Thank you from Debbie von Bergen

'I'm writing to say an enormous thank you for all your kind contributions to the wonderful presents I received at church in August. I was completely overwhelmed by everyone's generosity and love the picture of Capel Church which will have a special place in our new house. The Sarah Raven vouchers will help us create our new garden which I will start working on this Autumn and winter.

I have loved being part of this community and will miss you all enormously, but I have many happy memories to look back on, especially attending both the weekly and monthly bible groups, helping at the vicarage fete, Christmas Fair and military show and of course singing all those wonderful hymns in church.'

Debbie



Debbie with her watercolour painting of St John the Baptist, Capel.



Looking back ... the spectacular flowers around the church entrance for the wedding of Debbie and Hugh's daughter Annabel and son-in-law James in 2018.



Rev Liz and Joy presenting Debbie with some beautiful flowers



# Queen Anne's Bounty

By Stuart Cole

In last month's InSpire there was an article which discussed Queen Anne's Bounty's links to the slave trade. Whilst I have heard of the Bounty before and knew that there was a link with the Church Commissioners, I did not know what it was.

The Governors of the Bounty of Queen Anne for the Augmentation of the Maintenance of the Poor Clergy was set up by a charter in 1704 to invest the revenue of first fruits and tenths payable to the Crown and previously administered by the Exchequer. First fruits were the first year's profit on income of a cleric newly appointed to a benefice and the "tenths" were the subsequent tenth of the income which had been paid to the Pope. Collectively these were known as annates monies. At the Reformation Henry VIII decided to receive this money and specified the amount to be raised annually. This was initially paid to the Crown but from 1704 was paid to the Governors of the Bounty. Annually this raised over £15,000 but was never reviewed and remained at this level until the collection of the first fruits and tenths was abolished in 1926. By that time the Bounty had a portfolio worth many millions from investments and collection of first fruits and tenths.

The Bounty was used to help finance the poorer benefices. Incumbents were not paid directly by the Church, but were expected to live off the income from glebe land, tithes and funds from the patron. In 1705 a survey was undertaken to identify those whose value was less than £80 per annum, the size of benefice population, and if their incumbents held more than one living. It was later extended to include chapelries and curacies, and to identify more closely the potential income from a benefice. These details were used to identify which benefices were to be exempt from the collection of first fruits and tenths and which would benefit from grants. These surveys were completed by the Bishops and also included details of the wealth of the clergy. By 1823 there were 541 benefices that were potentially eligible for help, but only 390 received help by a selection of lots. It was therefore useful for clergy to remain on good terms with their Bishop. Even then, the benefice had to be very poor for help to be given. In 1836 about 25% of all benefices out of the 20,000 had less than £200 (£16,000 in 2021) in annual income. Three hundred of these had less than £50 (£4,000 in 2021) compared to 4,000 in Queen Anne's reign.

The grants given by the Bounty were intended to make the benefice self supporting. If a benefice was selected for a grant, the incumbent was informed through his bishop, and was told that it was his duty to look for a suitable purchase of land or tithes. When a suitable purchase was available the Bishop appointed some persons of standing in the neighbourhood and tasked them with inspecting the land regarding its suitability, and a local lawyer to draw up title deeds. This land became glebe land for the benefit of the incumbent.

As an incumbent was not allowed to enter into mortgages, the Bounty was used to provide loans for providing or repairing parsonage houses. By 1838 an incumbent, with consent, was allowed to sell the parsonage house with the proceeds returning to the Bounty who would then provide another house either by purchase or by building. During Victoria's reign the Bounty provided over 4,000 houses in addition to those provided by rich patrons and incumbents. It also carried out much work to bring houses up to an acceptable state of repair, carrying out surveys during interregnums. During the early part of the 20<sup>th</sup> century the Bounty set about extinguishing the tithes that it had previously invested on behalf of benefices by allowing landowners that paid tithes to buy them out.

From its earliest inception the Bounty were based in Dean Yard Westminster. They were merged in 1947 with the Ecclesiastical Commissioners to form the Church Commissioners. In June 2022 the Church Commissioners published an interim report on research into links between Queen Anne's Bounty and the Atlantic slave trade. It said that the Bounty had invested significant sums in the South Sea Company, which transported 34,000 slaves to the Spanish Americas in the 18th century, and had received donations from people with links to slavery.

**I** of \_\_\_\_\_ in consideration of [state the Consideration], do hereby give and grant unto the Governors of the Bounty of Queen Anne for the Augmentation of the Maintenance of the Poor Clergy, and their Successors, [or to the Rector, Vicar, Curate, or Incumbent of the Rectory, Vicarage, Curacy, &c. of \_\_\_\_\_, and his Successors, by the Direction of the said Governors, testified by their affixing their Common Seal to this Grant], the clear Rent-charge or annual Sum of \_\_\_\_\_ to be issuing out of and charged upon all [describe the Premises charged], to hold the said clear Rent-charge or annual Sum of \_\_\_\_\_, free from all Charges and Deductions now payable or hereafter to be made payable, unto the said Governors, their Successors and Assigns, to be by them applied to the perpetual Augmentation of the Maintenance of the Rector, Vicar, Curate, or Incumbent (as the Case may be), of, &c. [or unto the Rector, Vicar, Curate, or Incumbent of, &c., (as the Case may be), for the perpetual Augmentation of the said Rectory, Vicarage, Curacy, or Benefice], such clear Rent-charge or annual Sum to be paid yearly for ever, by Four equal quarterly Payments, on the Days and Times following, [specify the Days and Times and the Place at which the Payments are to be made,] the first Payment to be made on such of the said Days as shall first happen next after the Date hereof. In witness whereof, &c.

Queen Anne's Bounty Act 1938  
©Picture: legislation.gov.uk

## Thoughts on biblical government

<sup>13</sup> Submit yourselves for the Lord's sake to every human authority: whether to the emperor, as the supreme authority, <sup>14</sup> or to governors, who are sent by him to punish those who do wrong and to commend those who do right. 1 Peter 2:13-14

Most politicians, whether at local or national level, want to do the best for society. However, on occasions things can go wrong! Sometimes very badly.

Unhappy with Prime Minister Neville Chamberlain's efforts at the start of the Second World War, the Conservative backbencher Leo Amery delivered a speech to the House of Commons attacking Chamberlain's half-hearted defence of Norway when it was invaded by Hitler. Amery quoted another great parliamentarian,

*"This is what Cromwell said to the Long Parliament when he thought it was no longer fit to conduct the affairs of the nation: 'You have sat too long here for any good you have been doing. Depart, I say, and let us have done with you. In the name of God, go.'"*

Sometimes we can feel like that, and that we deserve better.

In our country religion and politics do not mix. "We don't do God," Alastair Campbell is reputed to have said when the then Prime Minister, Tony Blair, was asked about his faith. Yet the Bible tells us to respect and pray for people in authority. The verses from 1 Peter are amazing, as they were written when the authorities were persecuting Christians.

Democracy is not mentioned in the Bible at all. Winston Churchill once said that: "democracy is the worst form of government – except for all the others that have been tried."

Democracy exists to prevent misuse of authority. We should expect high standards in public life. Perhaps the church should pray more often for people in authority and for people actively involved in politics.

## Gardening could save your life – but only if you really get stuck in

A recent study has found that just an hour a week of digging and shovelling could be enough to cut your risk of dying. Such 'muscle strengthening exercises' has been found linked to a 10 to 20 per cent lower risk of death from all causes.

The study, recently published in the *British Journal of Sports Medicine*, also found that if you combine that hour a week of strength-training with regular aerobic exercise, you may even reduce your overall risk of an early death by as much as 40 per cent.

So brisk walking and cycling are great – but add in a bit of muscle building, too. Sadly, the growth in online shopping means we are not even carrying our shopping bags home from the supermarket as much as we used to do.



## **Reflecting Faith: a special place for a special purpose**

Last month I mentioned altar rails as being the visible barrier separating the Sanctuary where the Altar or Table is placed and the Chancel; where the choir may be seated.

But there is more to the rails than simply separating these two areas in a church.

In the early days churches did not have such rails, but rather there was such a clear separation between the Chancel and the Nave that they were not required.

The Nave was used by the local community for many different community activities including the work of lawyers, accounts, indoor festivals and so on as well as people just meeting together as we would use our local community centres today. There would even be people sleeping in that part of the building overnight if they were homeless or travelling.

Hence the need for a Chancel screen of some sort to keep out the running around children, their ball games, dogs etc etc.

Originally the altar would have been in the Chancel so the activity there could be seen by the people through the screen.

However, during the Restoration, many of the chancel screens that separated the whole of the chancel from the rest of the church had been removed or destroyed and this left the altar table 'open' to everyone and everything – including the dogs. Afterwards, altar tables were removed from the middle of the chancel and placed against the East wall of the church.

Archbishop Laud (1573-1645) 'invented' altar rails to help protect the sanctuary from dogs and keep it a special area accessible only to clergy and servers.

These days many churches are turning full circle and moving their altar to be nearer the people to the front of the Chancel. But this is because largely, the activities in the church building have significantly changed and dogs, in particular, are rarely loose in the building.

### *This month*

Where would you place the altar table today in your church if it were moveable?

Would you have something surrounding it?

Would you continue to use the 'original' altar rail to receive the bread and wine?

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### **Deliver us**

I had been teaching my four-year-old daughter the Lord's Prayer. Then one evening at bedtime she attempted it solo. I listened with pride as she carefully enunciated each word, right up to the end of the prayer. "And lead us not into temptation," she prayed, "but deliver us some e-mail. Amen"

## Christian Basics: No 9:

Canon Paul Hardingham continues his series on the very fundamentals of Christianity.

### Christian Basics No 9: Why Belong to the Church?

Many people are struggling to connect with church today following the pandemic. However, we should '*not give up meeting together, as some are in the habit of doing*' (Hebrews 10:25). The church is not simply a building or services, but a shared friendship with Jesus, as the NT makes clear.

#### 1. The Family of God

The church is a community united by their love for God and readiness to sharing this love with others: '*a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light*' 1) Peter 2:9). It is in the life of the church that people can connect with God's love.

#### 2. The Body of Christ

The church is also Christ's body on earth, '*The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ*' 1) Cor 12:12). We all have a unique contribution to make, using our different gifts, experience and passion. However, beware of those attitudes that stop us representing Christ: *inferiority* ('*I have nothing to offer*' (or *superiority* ('*I don't need you*' ).(

#### 3. A Holy Temple

In the OT the temple, was God's home on earth; now the church has become His home: '*In Him the whole building is joined together ... in Him you too are being built together to become a dwelling in which God lives by His Spirit.*' ) Ephesians 1: 21,22). Church is a place where people can be loved, accepted and welcomed home. Is this our experience of church and what changes would make it more as God intends?

Don't forget: '*The local church is the hope of the world*' (Bill Hybels).

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### Miscellaneous observations about the Christian Faith ...

To pray is to lie in the sunshine of God's grace. - Ole Hallesby

Prayer is the breath of the new-born soul, and there can be no Christian life without it. - Rowland Hill

Freedom comes by filling your mind with God's thoughts. - Erwin Lutzer

God works in us and with us, not against us or without us. - John Owen

Mountains can only be climbed with the knees bent. - Anon

When we have given God all that we have and are, we have simply given Him His own. - William Plumer

I neglect God and His angels for the noise of a fly, for the rattling of a coach, for the whining of a door. - John Donne

When Christ calls a man He bids him come and die. - Dietrich Bonhoeffer

The living Church, though never neat, keeps God's world from complete disaster. - George MacDonald

Christ moves among the pots and pans. - Teresa of Avila

If you don't want to reap the fruits of sin, stay out of the devil's orchard. - Anon

Are you wrinkled with burdens? Come to the church for a facelift. - Harold Darck

Some are atheists only in fair weather. - Thomas Fuller

Prevent truth decay. Brush up on your Bible. - Anon

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## **New resource to help churches become more ‘fruitful in evangelism’**

The Church of England has launched an online resource to help churches to become more ‘fruitful in evangelism’. *Leading in Evangelism* will support church leaders in developing a culture for evangelism in their local context.

*Leading in Evangelism* consists of a series of one hour video-supported sessions which can stimulate conversation and action, and thereby help local churches to increase their confidence in sharing their faith with others.

The Archbishop of Canterbury, Justin Welby said: “The local church is God's primary tool for the transformation of society. Evangelism is best done by those familiar with their local context. I long for every church to engage in it – not to grow our numbers, but so that people come to know the love of God in the uncertainty, unpredictability, uncontrollability of the world.

The Archbishop of York, Stephen Cottrell, said: "If somebody comes up to you and they've got a great plan for how you evangelise in the Church of England, I would give them a wide berth. There is no formula. If there was, we would've discovered it by now and we would be applying it, but there isn't.

“That's because it's the work of God. And that's because it must be different in every context. It begins with prayer and the renewal of our own lives and the overflowing of that Good News, but it proceeds through service in our local communities. And you are the expert on your local community. You know what are the needs and issues and questions that people are facing in your community.

© Parish Pump

## **Be social**

If you go to church and/or volunteer for local good causes, the good that you do to others will come back to you. A recent study has found that having a rich social life can help older people retain normal brain functions, and slow down any onset of dementia.

The research, done at the University of Utah, was recently presented to an Alzheimer's UK Research Conference in Brighton.

## **Be kind to hedgehogs**

The latest State of Britain's Hedgehogs report warns that between 30 per cent and 75 per cent of the UK's population of hedgehogs has been lost in rural areas in the last two decades. The largest falls are in the eastern half of England.

However, there is some evidence that in our towns and cities, a more stable population may be establishing itself, thanks to the constant help from considerate gardeners and animal-lovers. If you have a garden, and would like to help hedgehogs this coming winter, please visit: <https://www.rspca.org.uk/adviceandwelfare/wildlife/animals/hedgehogs/garden>

## Book Reviews by Parish Pump

### Social Sanity in an Insane World

By Sarah Eekhoff Zylstra, 10ofthose, £11.24

Why do I feel so irritated after being on social media? I just spent way too much time scrolling Instagram! Why is everyone on Facebook having more fun than I am? Should I delete all my accounts? Social media can be both a delight and a disaster for women who want to love God and love their neighbour. The industry has grown so fast that it's been hard to figure out how to handle it wisely: in less than 20 years, more than 75 percent of American women have signed up for an account. The latest surveys show Americans spend more than two hours a day scrolling, posting, and liking. How can we navigate this area of our lives with grace and discernment?

Join nine authors as they explore social media's potential and pitfalls—along with the biblical principles we need to honour the Lord online.

### Blessings for your Baptism

By Kenneth Steven and Katie Rewse, Lion Children's books, £8.99

This book could be a good baptism gift for a godparent, grandparent, or family member to give to a young child, as it is full of blessings for their life ahead. Inspired by sensing God's presence through the natural world around us, the book includes space to write your own words of blessing.

### Rhythms of Grace: finding intimacy with God in a busy life

By Tony Horsfall, BRF, £9.99

This book has emerged from a personal exploration of contemplative spirituality. Coming from an evangelical and charismatic background, Tony Horsfall felt an increasing desire to know God more deeply. At the same time, he felt an increasing dissatisfaction with his own spiritual life, as well as concern at the number of highly qualified and gifted people involved in Christian ministry who experience burn-out.

### Jesus Through the Eyes of Women – how the first female disciples help us know and love the Lord

By Rebecca McLaughlin, 10ofthose, £9.74

If the women who followed Jesus could tell you what He was like, what would they say? Jesus's treatment of women was revolutionary. That's why they flocked to Him. Wherever He went, they sought Him out. They came to Him for healing, for forgiveness, and for answers. So what did women see in this first-century Jewish rabbi and what can we learn as we look through their eyes today?

This book explores the life-changing accounts of women who met the Lord. By entering the stories of the named and unnamed women in the Gospels, this book gives readers a lens to see Jesus as these women did and marvel at how He loved them in return.

### God Among the Ruins: trust and transformation in difficult times

By Mags Duggan, BRF, £8.99

Where do we turn when our world is falling apart? It takes courage to hope; to stand in our confusion and grief and still to believe that 'God is not helpless among the ruins'.

Guided by Habakkuk and his prophetic landmarks, we are drawn on a reflective journey through the tangled landscape of bewildered faith, through places of wrestling and waiting, and on into the growth space of deepened trust and transformation. As you read, discover for yourself the value and practice of honest prayer, of surrender, of silence and listening, and of irrepressible hoping.



### A Good Friend

By Gemma Hunt, SPCK, £8.99

This book will help the parents of young children to help them explore what makes a good friend, and to learn how to love, to share, to be kind and helpful, and to put others first.

The selection of fun and lively Bible stories have been retold in a modern everyday context, with real-life good examples from adults.

Written by TV presenter and children's entertainer, Gemma Hunt, who is also one of the hosts of Alpha and Songs of Praise, the book is good for that end-of-day reading time with children, providing them with encouragement and reassuring words.

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# PRAYERS

My dearest Lord,  
be thou a bright flame before me,  
be thou a guiding star above me,  
be thou a kindly shepherd behind me,  
today and for evermore.

St Columba 521—597

## For those starting new schools or colleges/universities

Loving God, let me be strong today  
as I meet new people in new places.  
Make me brave when I am worried,  
show me how to learn from everyone  
around me,  
and help me to do my very best.

Amen.

## Belonging to God

How good You are, Lord, and how near  
You are to us –  
so near that we may always talk to You,  
be comforted by You,  
breathe through You,  
be enlightened by You,  
find peace in You,  
and gain spiritual nourishment from You.  
Grant that my fellowship with You  
may never be polluted by malice, pride,  
envy, greed, gluttony or falsehood.  
Grant that I may belong wholly to you.

*By John Sergieff (1829 – 1908) a Russian  
priest of humble family, who became  
renowned for his prayers which ordinary  
people could use.*

Dear Lord,

We give thanks for our friends' safe return from their  
holidays over the summer and thank you for the gift of  
relaxation and time spent together. We welcome Rev Liz &  
Doug back from their travels.

We think of everyone going back to schools, colleges and  
universities, whether they be students or teachers. We pray  
particularly for any of them who are starting somewhere  
new, including young children beginning school for the first  
time. Bless and keep them in your care Lord.

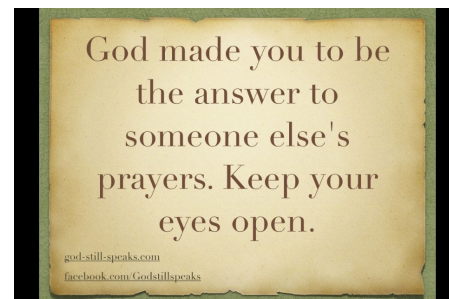
We give thanks for those who have been baptised in our  
church recently, particularly **Poppy Cambell Phillips** and  
**Ivy Sewell**. We pray for God's blessing on them.

We remember all who are sick in mind, body or spirit,  
praying for God's comfort and healing upon them. We think  
of all who are named in our weekly sheets and anyone  
known to us.

We remember all those who have died recently or whose  
anniversaries fall at this time. We pray for their family and  
friends, that they may know comfort in their time of sorrow.

We bring before you Lord all those who are known to us  
personally and those who request our prayers in our two  
churches.

Amen



## Daily Prayer podcast celebrates 1,000th episode

A free service bringing the ancient monastic cycle of daily prayer to millions of modern listeners has recently broadcast its 1,000th episode.

The Daily Prayer podcast\* brings listeners together twice a day for the short traditional services of Morning and Evening.

The podcast, available both via the Daily Prayer app as well as all major podcasting platforms, was launched in March 2021. It has now been streamed more than four million times, with a monthly audience of 60,000 people.

The Archbishop of York, Stephen Cottrell, said: "Reaching 1,000 episodes of Daily Prayer is an impressive milestone. Being able to participate in Daily Prayer through the app has been of great help and encouragement for many to begin, sustain or develop their life of prayer."

Many people say they have found a rhythm of prayer by using it. <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer/daily-prayer-app-and-podcast>

## General Synod Presidential Address by the Archbishop of York

*Here is an edited version of Stephen Cottrell's recent speech...*

Following Jesus isn't easy.

In the public square our words will often be misunderstood, misinterpreted and misquoted. People will think we're woke, naïve, misguided, too left wing, too right wing, too liberal or too conservative. We will be applauded for taking a moral stand, and pilloried for getting involved in politics. At the same time. On the same issue. But, knowing very well that we will sometimes get it wrong, what we are trying to be, is faithful to Jesus.

In personal witness we will sometimes meet scorn, apathy, even hostility. That which means most to us, will be considered trivial, laughable and neanderthal by some. But when we do share the gospel, we will find ourselves standing on the holy ground of other people's stories - and their pain - and often we won't have the words to say, such as when we're ministering to those whose lives are cut short, or when taking the funeral of a child.

Our hearts will be pierced, and like Mary standing at the foot of the cross, our witness will be a silent vigil and a determination to abide.

We will carry a towel, not a flag. We will issue an invitation, not a summons. We will, wherever possible, roll away stones.

In overseeing and resourcing the church for ministry, a responsibility that we all share, we will have to make painful and difficult decisions. In facing up to mistakes, we will be humbled, especially by our failings to safeguard the Church or to root out racism or even just to communicate well, and show kindness to each other, in these things, we will be pierced and broken.

Yet the sight of the Most High gladdens and sustains us. For me, that is around the table of the Lord and in the daily slog and diet of prayer and the comfort of scripture.

And for all of us, laity, priests and bishops, the whole people of God, we must, as our first priority and the first call upon our lives, pay attention to those sources of replenishing grace that are given us in word and worship, in sacrament and fellowship, enabling us to persevere, to get better, to make amends, to love one another.

So this is what I say to myself each day: Stephen, know your need of God; know that you need resources outside yourself; don't believe your own publicity; own up to your mistakes; don't think you're in charge or this is your church. It isn't. And seek out those places of prayerful contemplation and replenishing where you will know God's love for you.

© Parish Pump

### **Hearing is not believing**

A wise schoolteacher sent this note to all parents on the first day of school: "If you promise not to believe everything your child says happens at school, I'll promise not to believe everything he or she says happens at home."



## Church of England unveils strategy to help rural churches thrive

*By the Revd Peter Crumpler*

The Church of England has launched a 10-point strategy to help its thousands of rural churches survive and thrive.

The CofE has published *How Village Churches Thrive*, a practical guide to help the churches – many of them historic listed buildings with small congregations – have a sustainable future.

The strategy sets out 10 key areas “where applying relatively small changes can make a big difference to the revitalisation, recovery and renewal of our village churches, amplifying the efforts that may well be happening already.”

The ten key recommendations set out in the strategy are:

**Extend a warm welcome.** Think carefully and objectively about who your welcome is aimed at.

**Make the most of life events – weddings, baptisms and funerals.** Many people’s first contact with church begins through the church being there for them at life’s big moments.

**Use buildings creatively.** With thought and planning, your buildings can provide opportunities for people to connect with the community.

**Care for ‘God’s Acre.’** Engage the whole community in loving and caring for the churchyard.

**Be the ‘heartbeat’ of a village community.** Your church could affect positive change in village life. Leading a community audit could be an important place to start.

**Celebrate your heritage.** The history of the church buildings presents an opportunity for churches to connect with new people of all ages and backgrounds.

**Cultivate fruitful festivals.** Festivals across the year provide ideal opportunities to celebrate, be innovative and creative, and – in partnership with schools, businesses and local groups – to welcome others of every age group.

**Welcome more children.** Engaging with younger people is a priority for the CofE nationally – and village settings can offer great opportunities for creative ministry with children. Projects formed in partnership, especially with local schools, are most likely to thrive.

**Reach the isolated and lonely.** Village churches are in ‘the perfect position’ to make a positive impact on isolation and loneliness.

**Communicate effectively.** Focused communication supports your parish vision and strategy and ensures that all your efforts have more chance of being effective.

Church House Publishing, who published the new guide, describe it as “Packed with practical advice and inspiring case studies to encourage and increase confidence in all who work or worship in a village church.”

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## A Seasonal Recipe!

*Editor: Originally shared in the September 2019 issue. Thanks to George Ede for this recipe and happy baking everyone!*

Blackberries contain a wide array of important nutrients including potassium, magnesium and calcium, as well as vitamins A, C, E and most of our B vitamins. They are also a rich source of anthocyanins, powerful antioxidants that give blackberries their deep purple colour. Around 10 blackberries count towards one of your five-a-day. So why not get out and pick some and try this recipe as a change to the traditional crumble.

### **Blackberry and Apple Loaf**

#### **Ingredients**

250g self-raising flour  
175g butter  
175g light muscovado sugar  
½ tsp cinnamon  
2 rounded tbsp demerara sugar  
1 small eating apple, such as Cox's, quartered (not cored or peeled)  
2 large eggs, beaten  
1 orange, finely grated zest  
1 tsp baking powder  
225g blackberries



#### **Method**

Preheat the oven to 180C/gas 4/fan 160C. Butter and line the bottom of a 1.7 litre loaf tin (see tip below). In a large bowl, rub the flour, butter and muscovado sugar together with your fingers to make fine crumbs. Measure out 5 level tbsp of this mixture into a small bowl for the topping, and mix in to it the cinnamon and demerara sugar. Set aside.

Coarsely grate the apple down to the core and mix in with the eggs and the zest. Stir the baking powder into the rubbed-in mixture in the large bowl, then quickly and lightly stir in the egg mixture until it drops lightly from the spoon. Don't overmix.

Gently fold in three quarters of the berries with a metal spoon, trying not to break them up. Spoon into the tin and level. Scatter the rest of the berries on top. Sprinkle over the topping and bake for 1¼ -1 hour 20 minutes. Check after 50 minutes and cover loosely with foil if it is browning too much. When done the cake will feel firm, but test with a skewer.

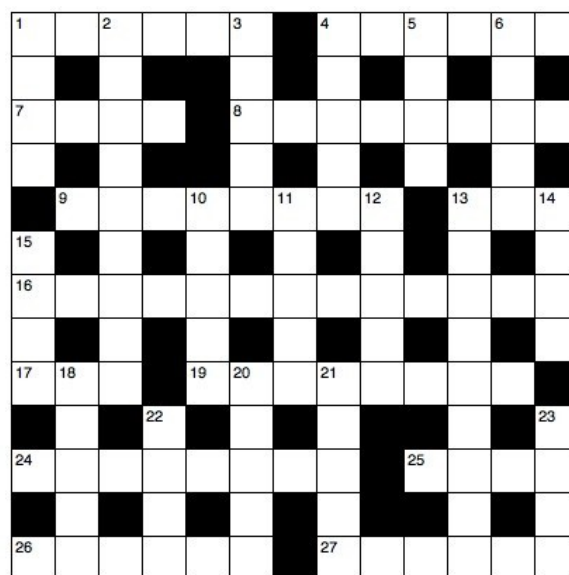
Leave in the tin for 30 minutes before turning out, then cool on a wire rack. Peel off the paper before cutting. Will keep wrapped in foil or in a tin for up to 2 days.

*Do you have a seasonal recipe or favourite recipe you'd like to share?*

If so let the Editor, Suzanne know by email: [editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk)

## Across

- 1 'Unless the Lord builds the house, its builders — in vain' (Psalm 127:1) (6)  
 4 Season of the year (Psalm 84:6) (6)  
 7 'My soul is overwhelmed with sorrow to the point of death. here and keep watch with me' (Matthew 26:38) (4)  
 8 It came over the whole land from the sixth to the ninth hour the first Good Friday (Luke 23:44) (8)  
 9 Paul invariably did this in the synagogues he visited on his missionary journeys (Acts 17:2) (8)  
 13 'It is God who works in you to will and to — according to his good purpose' (Philippians 2:13) (3)  
 16 Members of the Church of Scotland (13)  
 17 'Now when he saw the crowds, he went up on a mountain side and — down' (Matthew 5:1) (3)  
 19 Mock(Luke14:29)(8)  
 24 Disgrace(Psalm44:13)(8)  
 25 First month of the Hebrew calendar (Exodus13:4)(4)  
 26 Christianity of the Britons before Augustine arrived from Rome(6)  
 27 Mean (Numbers 35:23)(6)



## Down

- 1 'Whoever finds his life will — it' (Matthew 10:39) (4)  
 2 'My lord the king, let the — — on me and on my father's family, and let the king and his throne be without guilt' (2 Samuel 14:9) (5,4)  
 3 O raid (anag.) (5)  
 4 'If two of you on earth — about anything you ask for, it will be done for you by my Father in heaven' (Matthew 18:19) (5)  
 5 Take care of (1 Samuel 17:15) (4)  
 6 What the older son heard as he came near the house the day his prodigal brother came home (Luke 15:25) (5)  
 10 'Do not think of yourself more highly than you ought, but rather think of yourself with — judgment' (Romans 12:3) (5)  
 11 Do ten(anag.)(5)  
 12 Architectural style first used in Greek temples in the sixth century BC (5)  
 13 Capable of being used(1Kings7:36)(9)  
 14 'Each one should — his own actions'(Galatians6:4)(4)  
 15 Among the items imported by Solomon's fleet of trading ships (1 Kings 10:22) (4)  
 18 'But I am afraid that just — — was deceived by the serpent's cunning, your minds may somehow be led astray' (2 Corinthians 11:3) (2,3)  
 20 Outstanding 18th-century hymn writer, — Watts(5)  
 21 One of the four sons of Asher(Genesis46:17)(5)  
 22 Be distressed(Proverbs24:19)(4)  
 23 He was the father of Gaal, who threatened rebellion against Abimelech (Judges 9:28) (4)

## Easy Soduko

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   |   | 4 | 8 | 9 |   | 2 |
|   |   | 8 |   | 3 |   |   | 1 | 5 |
|   |   | 5 |   |   | 7 |   | 8 |   |
| 1 | 7 | 2 | 4 |   |   |   | 5 |   |
| 4 |   |   |   |   |   |   |   | 8 |
|   | 8 |   |   |   | 3 | 2 | 9 | 4 |
|   | 5 |   | 8 |   |   | 6 |   |   |
| 3 | 6 |   |   | 5 |   | 8 |   |   |
| 8 |   | 4 | 3 | 7 |   |   | 2 |   |

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## Medium Soduko

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
|   | 3 |   |   | 2 |   |   | 6 |
| 7 | 9 |   |   | 8 |   | 2 |   |
| 8 |   |   |   |   |   |   |   |
|   |   | 5 |   |   |   | 2 |   |
|   |   | 8 | 2 |   | 3 | 9 |   |
|   | 6 |   |   |   |   | 7 |   |
|   |   |   |   |   |   |   | 9 |
|   |   | 1 |   | 4 |   | 6 | 8 |
| 6 |   |   | 1 |   |   | 5 |   |

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## I know what you meant, but it's not what you said....

*Some real life extracts from church announcements that didn't come out quite right...*

\* *Announcement in the church bulletin for a National PRAYER & FASTING Conference:* The cost for attending the Prayer & Fasting conference includes meals.

\* *Report in a church magazine:* Miss Charlene Mason sang *I will not pass this way again*, giving obvious pleasure to the congregation.

\* *From a pew-sheet:* Ladies, don't forget the jumble sale. Now's your chance to get rid of all those things not worth keeping around the house. Don't forget your husbands.

\* *From a pew-sheet:* The sermon this morning is entitled 'Jesus Walks on the Water'. The sermon tonight will be: 'Searching for Jesus'.

\* *From a pew-sheet:* Next Thursday there will be try-outs for the choir. Do go along if you can sing at all. They need all the help they can get.

\* *From an announcement:* Sadly, Barbara remains in the hospital. She is having trouble sleeping, and so has requested tapes of the minister's sermons.

© Parish Pump

### When all else fails

My colleague and I delivered a large refrigerator to the local priest's home. With difficulty we had managed to get the fridge into the porch, but then struggled for over 20 minutes to make the 90-degree turn through the narrow door. The priest, seeing our difficulty, asked what we usually did when confronted with such a situation. Rubbing some badly skinned knuckles, I replied, "Well, Father, at this point we usually start swearing."

"That's fine, gentlemen," Father replied, "just allow me time to move out of earshot, so you can continue your work."

### First day back

It was the first day of school. As the new Head made his rounds, he heard a terrible commotion coming from one of the classrooms. He rushed in and spotted one boy, taller than the others, who seemed to be making the most noise. He seized the lad, dragged him to the hall, and despite his protests, told him to wait there until he was excused.

Returning to the classroom, the Head restored order and lectured the class about the importance of good behaviour. "Now," he said, "are there any questions?"

One girl stood up timidly. "Please sir," she asked, "May we have our teacher back?"

### Back to school

Young James finished his summer holidays and went back to school. Two days later his teacher phoned his mother to tell her that James was misbehaving. "Wait a minute!" protested his mum. "I had him here for weeks and I never once called YOU when he misbehaved!"





# Puzzle Solutions

## Easy Soduko solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 | 3 | 1 | 5 | 4 | 8 | 9 | 6 | 2 |
| 6 | 4 | 8 | 9 | 3 | 2 | 7 | 1 | 5 |
| 9 | 2 | 5 | 1 | 6 | 7 | 4 | 8 | 3 |
| 1 | 7 | 2 | 4 | 8 | 9 | 3 | 5 | 6 |
| 4 | 9 | 3 | 6 | 2 | 5 | 1 | 7 | 8 |
| 5 | 8 | 6 | 7 | 1 | 3 | 2 | 9 | 4 |
| 2 | 5 | 7 | 8 | 9 | 4 | 6 | 3 | 1 |
| 3 | 6 | 9 | 2 | 5 | 1 | 8 | 4 | 7 |
| 8 | 1 | 4 | 3 | 7 | 6 | 5 | 2 | 9 |

## Medium Soduko solution

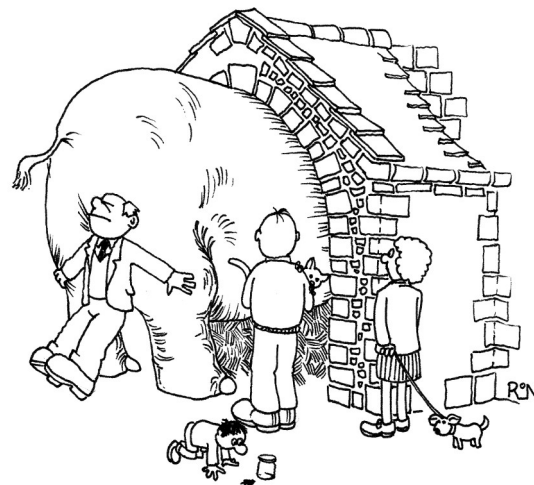
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| 7 | 9 | 6 | 3 | 8 | 5 | 2 | 1 | 4 |
| 8 | 1 | 2 | 6 | 9 | 4 | 5 | 3 | 7 |
| 3 | 4 | 5 | 9 | 7 | 8 | 6 | 2 | 1 |
| 1 | 7 | 8 | 2 | 6 | 3 | 9 | 4 | 5 |
| 2 | 6 | 9 | 4 | 5 | 1 | 7 | 8 | 3 |
| 4 | 5 | 3 | 8 | 2 | 6 | 1 | 7 | 9 |
| 9 | 2 | 1 | 5 | 4 | 7 | 3 | 6 | 8 |
| 6 | 8 | 7 | 1 | 3 | 9 | 4 | 5 | 2 |

## Crossword Solution

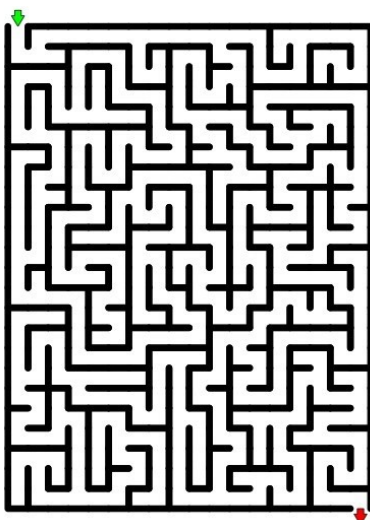
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| L | A | B | O | U | R |   | A | U | T | U | M | N |
| O |   | L |   |   | A |   | G |   | E |   | U |   |
| S | T | A | Y |   | D | A | R | K | N | E | S | S |
| E |   | M |   |   | I |   | E |   | D |   | I |   |
|   | R | E | A | S | O | N | E | D |   | A | C | T |
| A |   | R |   | O |   | O |   | O | V |   | E |   |
| P | R | E | S | B | Y | T | E | R | I | A | N | S |
| E |   | S |   | E |   | E |   | I |   | I |   | T |
| S | A | T |   | R | I | D | I | C | U | L | E |   |
|   | S |   | F |   | S |   | S |   |   | A |   | E |
| R | E | P | R | O | A | C | H |   | A | B | I | B |
|   | V |   | E |   | A |   | V |   |   | L |   | E |
| C | E | L | T | I | C |   | I | N | T | E | N | D |

**ACROSS:** 1, Labour. 4, Autumn. 7, Stay. 8, Darkness. 9, Reasoned. 13, Act. 16, Presbyterians. 17, Sat. 19, Ridicule. 24, Reproach. 25, Abib. 26, Celtic. 27, Intend.

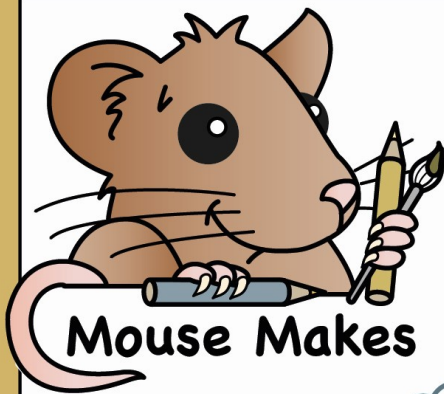
**DOWN:** 1, Lose. 2, Blamerest. 3, Radio. 4, Agree. 5, Tend. 6, Music. 10, Sober. 11, Noted. 12, Doric. 13, Available. 14, Test. 15, Apes. 18, As Eve. 20, Isaac. 21, Ishvi. 22, Fret. 23, Ebed.



Eventually they decided to hold the  
pets' service outdoors



# Junior InSpire



## Mouse Makes



Everyone who hears Jesus' words and **does** them will be like a



Everyone who hears Jesus' words and does **not** do them will be like a

The \_\_\_\_\_ fell,  
The floods came and the  
\_\_\_\_\_ blew.

Matthew 7:25



On what did he build  
his house?

Matthew 7:24

On what did he build  
his house?

Matthew 7:26



Matthew 7:24-27  
and  
Luke 6:46-49

What  
happened  
to the  
houses?

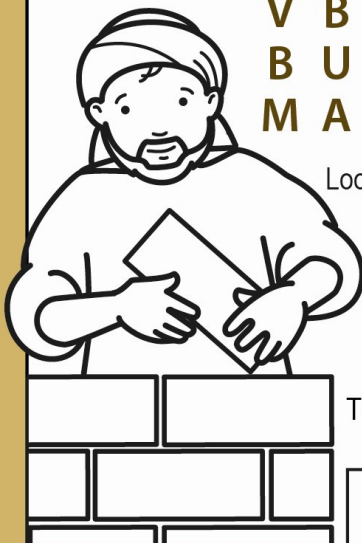
Read  
Matthew  
7:25 and 27

R J E S U S W I N D S D  
O O W R H T O R R E N T  
C R I V E R F E F S I L  
K A S T A E O O L T S G  
R I E D R A U W O R D S  
U N A F I M N U O O U O  
I G R O U N D G D Y G L  
N S C O L L A P S E D I  
F E L L I S T E N D E D  
V B U I L T I W K O E E  
B U R S T H O U S E P B  
M A N H S A N D W S J I



What was  
the reaction  
of the crowd  
to Jesus'  
teaching?

Read  
Matthew  
7:28-29



Look up the Bible references to find the missing words then look for them and the words below in the word search

JESUS • HEAR • LISTEN • WORDS  
DOES • BUILT • FOUNDATION • MAN  
DUG • DEEP • SOLID • GROUND  
STREAM • RIVER • BURST • FLOODS  
TORRENT • HOUSE • FELL • COLLAPSED  
RUIN • DESTROYED

How many other words can you make from the word

**FOUNDATIONS**



Sep22 © deborah noble

# **MURDER on the CATWALK**

**Light hearted play written by Janet Smith**



**OCKLEY VILLAGE HALL - FRIDAY 23 SEPTEMBER**

**CAPEL VILLAGE HALL - SATURDAY 24 SEPTEMBER**

**in aid of the United Parish of Capel & Ockley**

**DOORS OPEN 7PM – CURTAIN UP 7.30PM**

**ADULTS £12 – CHILDREN UNDER 13 £6 – FAMILY £30  
INCLUDES TWO COURSE SUPPER – PAY BAR.**

**TICKETS FROM  
07718346294 - Capeleditor@gmail.com**

**This amateur production is presented by arrangement with  
Scripts for Stage**

Your contributions would be most welcome and any copy for this publication should be sent to  
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[www.capelandockleychurch.org.uk/inspire-magazine](http://www.capelandockleychurch.org.uk/inspire-magazine)