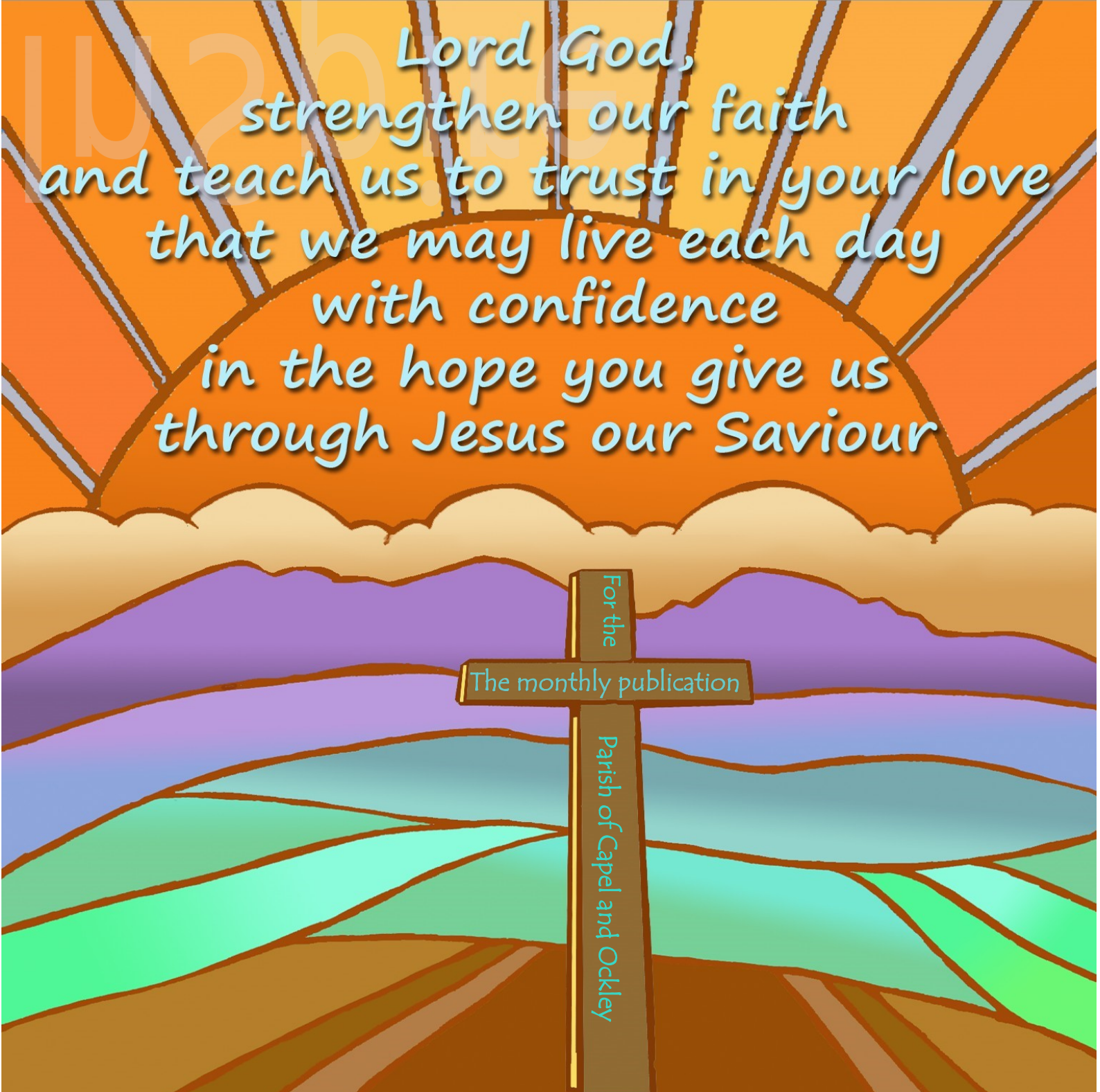


InSpire

Issue 64 August 2022

FREE of charge - donations welcome!

Please take a copy!



Lord God,
strengthen our faith
and teach us to trust in your love
that we may live each day
with confidence
in the hope you give us
through Jesus our Saviour

For the
The monthly publication
Parish of Capel and Ockley

Coming up soon ... Okewood, Ockley & Forest Green Summer Fair, Flower Show and Dog Show
13th August * Capel Show Saturday 20th August * National Allotment Week 9—15th August *

Thank you to our generous sponsors Debbie & Hugh von Bergen for this issue and wishing them every blessing in their new home. Farewell Debbie & Hugh!



OKEWOOD, OCKLEY & FOREST GREEN SUMMER FAIR & FLOWER SHOW

**WE ARE LOOKING FORWARD TO SEEING YOU ALL ON SHOW DAY
SATURDAY 13TH AUGUST 2022**

WE ARE OPEN TO THE PUBLIC FROM 12 UNTIL 5PM

Some of the attractions at this year's show are:

Swing Ela Jazz Trio, Rampant Rooster Morris Dancers, Surrey Hills Birds of Prey, Tractors Through the Ages and Traditional Craft demonstrations



WHERE

Okewood Hill Recreation Ground
Okewood Hill
Surrey, RH5 5PU

Free Parking
(follow the signs from the A29)



ENTRANCE

Adults £5.00

Children (under 16) Free

Pets, of course, are welcome
(cash and card)



EVENTS

Road Races
Dog Show
Face Painting
Competitions
and **much more...**



For details of the Capel Show please see the back page

Issue 64 - August 2022

Contents:-

- 4 Rev Liz's letter
- 5 Services & Events for July
- 6 News from the Pews
- 8 Traidcraft news
- 9 Letter from the Editor
- 10 News
- 12 God in the Sciences
- 13 Aidan: The man who brought Christianity to England
- 14 High Days & Holy Days—August
- 15 Working from Rest
Being Brave
- 16 More Facts about the Queen's Reign
- 18 Colouring in Page
- 19 Activities for Children
- 20 The Story of Yellow Ribbons
- 21 Christian Basics: No 8— Prayer
Miscellaneous Observations
about the Christian Faith
- 22 Grace: It really is amazing
- 23 Christian YouTube channel for
primary school aged children
Book Reviews
- 24 Prayers & Poems
- 25 Reflected Faith Series: the
Awesomeness of God
- 26 Around the World with
Charities
- 28 Puzzle page
- 29 Remembering Enid Blyton
Visit Guildford Cathedral
- 30 Puzzle solutions
- 31 Mouse Makes—Junior InSpire
- 32 Capel Show

Whatsoever things are true,
whosoever things are honest,
whosoever things are just,
whosoever things are pure,
whosoever things are lovely,
whosoever things are of good
report,
Think on these things.

Phil. 4:8

New perils

A child was trying to memorise the Lord's Prayer: "...and lead us not into temptation but deliver us from email..."

Don't want a paper copy ...

You can register to receive **InSpire** via email each month OR download individual issues!

www.capelandockleychurch.org.uk/inspire-magazine

This issue is kindly sponsored by
Debbie & Hugh von Bergen
in celebration of
the engagement of Hamish von Bergen and Emily Rutter
Congratulations!
* * *

We would all like to thank Debbie & Hugh for their commitment and dedication to church and village life in Capel. We wish them well in their move to Somerset shortly.

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leighdesouza@yahoo.com

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07918 559387
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Rev Liz writes

Dear Friends,

If I had one word to describe this last month it would be cake, cake and more cake! In fact the last few weeks has been a showcase of amazing team work and organisation. A huge thank you to all who have given their time, skills, ovens and enthusiasm as you will see! It all began with the annual Vicarage Fete returning after a two year hiatus due to the pandemic - and what a return it was. It was wonderful to host this traditional garden fete once more and to welcome a record number of families and friends to enjoy the many interesting stalls and entertainment put on by our schools. A traditional fairground organ on our front lawn welcomed everyone in, the weather stayed dry, the barbecue sizzled and I was impressed by how much the children loved holding John Dales snakes and other wonderful creatures! We raised over £2,000 for our local schools.



The following week we ran a tea and cake stall at Capel Military Show for both days. Many, many cakes were baked by our volunteers in readiness for this event which was planned and thought out months in advance. A team of 8 people cut cake, managed 6 urns of boiling water (which was a very hot, full time job), served cake, poured drinks, took money and generally kept the stall running efficiently all day long. It was also great fun to be a part of! This was a much needed fund raising event for our parish - one which contributes to the cost of ministry in Capel and Ockley, and also a percentage of our profits goes to the military charities the Show supports. The whole Show was so incredibly efficient and well run and it was a pleasure to be a part of it. We felt very blessed by the amount we raised that weekend and huge thanks to all those who have helped in any way. As I write this, we are looking forward to being able to now give back by offering more tea and cakes (!) to Mark Sugden-Best and his family for his very popular charity event at Treetops in aid of Myeloma UK. Thank you for asking us.

So now to this month - August. I cannot believe how hot it has been recently and hope by the time you read this temperatures have returned to more normal figures! A quieter time lies ahead for us at church and for me some annual leave. There is more cake though! As I prepared the list of services and events for our parish this month, I think every week bar one, there are teas at either Ockley or Capel in and outside our lovely church buildings. We hope very much you might join us. Can you ever have too much cake I wonder?! Well, whatever your thoughts are on that, you can never have too much of friendship and hospitality, a place to be able to catch your breath, relax and soak up some of the wonderful atmosphere that our beautifully cool, ancient buildings offer. Buildings that have been filled for centuries with worship and prayer. We are so blessed here that our churches are always open all day and I know many pop in for a bit of quiet time. Long may that continue and may God bless you and yours in this traditional holiday month for many.

As always my love and prayers,

Revd Liz

Revd Liz Richardson

liz@hostmyserver.co.uk

01306 711260 Vicar St John the Baptist Capel and St Margaret's Ockley

The situation in Ukraine

We and the national church continue to watch and pray for Ukraine and are here to offer help and support to any refugee families when they start to arrive in our country, especially if they are resettling near us. We are liaising with Capel Parish Council also, so that we as a community can seek to do the best for our Ukrainian friends.

CHURCH SERVICES AND EVENTS FOR THE PARISH OF CAPEL AND OCKLEY AUGUST 2022

LOTS OF OPPORTUNITY FOR TEAS IN AUGUST!

Sunday 7th Ockley
Sunday 14th Capel
Sunday 28th Capel
Monday 29th Capel (Bank
Holiday)



AUGUST

SUNDAY	7th 9.30am 10.30am 3-5pm	Trinity 8 Matins at Ockley Family Communion at Capel Ockley teas
SUNDAY	14th 9.30am 10.30am 3-5pm	Trinity 9 Matins at Ockley Cafe Church at the Crown Capel Church Teas at Capel
SUNDAY	21st 9.30am 10.30am	Trinity 10 Matins at Ockley Family Communion at Capel - with TRAIDCRAFT after the service
SATURDAY	27th 2.30pm	Holy Baptism Baptism at St Margaret's Ockley
SUNDAY	28th 10.30am 3-5pm	Trinity 11 Parish Communion at Capel Church Teas at Capel
MONDAY	29th 3-5pm	Summer Bank Holiday Church Teas at Capel

SEPTEMBER

SUNDAY	4th 9.30am 10.30am 3-5pm	Trinity 12 Matins at Ockley Family Communion at Capel Teas at St Margaret's Ockley
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CW - service is from Common Worship 2005

Guidelines for your safety and comfort in church

At both churches the wearing of masks inside places of worship is encouraged.
Hand sanitiser will be available for use by the entrance door.
Holy Communion is given in both kinds and the consecrated wine will be served in individual glasses whilst we are still at risk from the pandemic.

Services & Events on website: <https://www.capelandockleychurch.org.uk/>



We are delighted to say that **£2,374.66** was raised at the Vicarage Fete and this will be shared by Capel Pre-School, Scott-Broadwood Infant School and The Weald Primary.

Thank you everyone for your support!

Debbie & the Fete team



Weeks after the Pet's Service, nobody had claimed the monkey

Church Mailing List

Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.

If so, please get in touch with Debbie von Bergen:-
debbievonbergen@icloud.com

We must have their permission before adding them to the list. Thank you.

SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns please contact our Safeguarding Officer:

Leigh Smith 07732825908
leighdesouza@yahoo.com

or Revd Liz Richardson 01306 711260
liz@hostmyserver.co.uk

This notice will appear each month in InSpire and the contact details for our Safeguarding Officer and the Diocesan Safeguarding Advisor Jackie Broadfoot will be published in our weekly pew sheets as well as in the Church Contacts section in each issue of Inspire.

Don't forget to recycle your

STAMPS AND OLD PRINTER CARTRIDGES

Don't forget that you can drop off your used printer cartridges in the box in the church porch at Capel. These are sent to a recycling firm who give a small amount towards our church funds.

Also, don't forget to keep bringing your used stamps to church - again a box is in the porch at Capel.

Thank you

NEWS from the Pews

FROM THE REGISTERS

Holy Baptism

We welcome into the family of the church

Poppy Campbell Phillips

on
3rd July 2022

at
St Margaret's Ockley

Ivy Sewell

on 17th July 2022
at
St John the Baptist Capel



*** NEXT AT CHURCH ON SUNDAY 21st AUGUST
after the 10.30am service at Capel ***

Don't forget you can order at any time! Catalogues
in church or see the online catalogue:

<https://www.traidcraftshop.co.uk/traidcraft-catalogue>

We will happily order for you! You can reach us on
01306 711449 or

email: traidcraft@ansford.me.uk

Suzanne & Stuart Cole

National Allotment Week - 9th to 15th August

What creepy crawlies are lurking in your allotment? This year, National Allotment Week has teamed up with the Big Bug Survey to try and find out.

The theme of the week is Bugs, Bees and Broccoli, and the aim is to acknowledge the importance of gardening with nature in mind.

As the National Allotment Society (NAS) says, allotments are "a complex web of plants, micro-organisms, fungi, insects and animals that not only produces food but also supports eco-system services such as pollination and offers a refuge for wildlife in urban areas."

And Bugslife points out: "Bugs are so important to the healthy functioning of our allotments. We tend to focus on the 'pests' and ignore all the great work the other bugs are doing for us. They are pollinating our fruit and veg, controlling our pests and improving our soil."

So if you have an allotment, why not take the survey, and so contribute to the monitoring of allotments and bugs? Go to: <https://www.nsalg.org.uk/news-events-campaigns/national-allotments-week/>

For details of Allotments in Capel please contact the following:-

For Temple Lane Allotments: Viv Taylor
vivtaylor4@gmail.com 07788 494 429

For Capel Rec Allotments: Janet
clerk@capelparishcouncil.ork.uk 01306 712 447

The Pavilion Café

We are open every Wednesday morning from 9 to 12 in the Cricket Pavilion on the green in Ockley. We serve homemade cakes and savouries and offer a range of teas and fresh coffee. On the last Wednesday of the month we also serve bacon butties which are very popular. We ask for donations and, after expenses, the money goes to charity. We like to donate to our local churches, local amenities and charities and also national ones. We have become very popular over the years and there is plenty of parking and disabled access to the building.

IMPORTANT UPDATE: There are plans to *resume the Post office at the Pavilion in Ockley on a Wednesday morning starting at 11.15am.* Please share this news as it will go if we don't use it! Thank you.



NEW PRODUCTS FROM TRAIDCRAFT!



Lots of lovely new products!

New biscuits ... **All Butter Salted caramel** biscuits and **All Butter shortbread**

Curry Pastes ... We have **Korma** and a **Veggie Curry paste**

New Just5 bar ... date and walnut

Some new **chocolate bars** (100g)
70% Cocoa and **Muscovado White** Chocolate!

In addition to our normal stock of pasta, rice, coconut milk etc. we now stock **Earl Grey tea bags** too.



NEXT in Church on Sunday 21ST August 2022 after the 10.30am service at Capel.

Orders taken any time!

Suzanne & Stuart Cole
01306 711449 or
email: traidcraft@ansford.me.uk



The ecumenical dimension of a crisis

During a recent ecumenical gathering, a secretary rushed in shouting, "The building is on fire!"

The Methodists gathered in the corner and prayed.

The Baptists cried, "Where is the water?"

The Anglicans formed a procession and marched out.

The Quakers quietly praised God for the blessings that fire brings.

The Lutherans posted a notice on the door declaring the fire was evil.

The Roman Catholics passed the plate to cover the damage.

The Jews posted symbols on the door hoping the fire would pass over.

The Congregationalists shouted, "Every man for himself!"

The Fundamentalists proclaimed, "It's the vengeance of God!"

The Charismatics praised God for another falling of the Holy Spirit.

The Christian Scientists concluded that, actually, there was no fire.

The Presbyterians appointed a chairperson who was to appoint a committee to look into the matter and submit a written report.

The secretary grabbed the fire extinguisher and put the fire out.

LETTER FROM THE EDITOR

Dear friends,

It's been a while since my last letter but finally I have managed to do one! Stuart and I finally got caught by Covid and are just resurfacing! We were extremely grateful that we caught it just after our younger son William's graduation and that we were able to attend that! His graduation, like so many others, had been delayed due to the pandemic.

We had had a busy weekend before I tested positive for Covid and I felt it was pretty likely that we would catch the virus! On the Saturday, we had attended a very special service to celebrate 50 years since Fr Andrew Wilson had been ordained. Fr Andrew had married us in 1990 and shared the highs and lows in the six years beforehand when we met at church as two of his servers! All the dithering was entirely my fault until I finally saw sense! Fr Andrew was there with us through the highs and lows with empathy and a lot of humour! Now, here he was celebrating a major milestone of service to God and it was very moving to be a part of. We amongst many others in the congregation, were part of his history, and were all delighted to be gathered together to share in his celebrations. He has gone on to do a huge amount for those suffering with mental health since being a parish priest and there are surely many people that owe him and those like him, a huge personal debt of gratitude.

On the Sunday, we then helped at the Capel Military Show — me on the church refreshments stall and Stuart on the Royal British Legion stall as he is ex-Army. It felt pretty inevitable, mixing with so many people, that we were likely to contract Covid! But we both very much enjoyed our time on the stalls at the show and I have to congratulate Norman Ede for organising such an incredibly slick and efficient operation. You could certainly tell that he and George have experience of organising such things before! The whole operation was like a well-oiled machine with everyone having a role and knowing exactly what to do for the duration! Well done to Norman and to Debbie for organising the helpers and thanks also to Leigh for organising all the cakes! It was an incredible fundraising opportunity and I believe the total will be revealed in a while, once expenses are deducted and the percentage payable to the Military Show.

There are even more local events coming up in August if you're thirsting for more! There is the **Okewood, Ockley & Forest Green 'Summer Fair, Flower show and Fun Dog Show'** at Okewood Hill on Saturday 13th August—see inside front cover for more details. Also, don't forget there is the **Capel Show** on Saturday 20th August 12-5pm—see back cover of this issue for more details!

I'd like to thank our sponsors of this issue, **Debbie & Hugh von Bergen** for their continued sponsorship and support of InSpire. Sadly from our point of view, Debbie & Hugh are leaving Surrey for new adventures in Somerset and hope to move on September 1st. Debbie has done an enormous amount for our Parish in recent years. She is surely going to be a hard act to follow and many of us will miss her enormously. She is both committed, generous, dedicated and loyal and if you want someone reliable to do a job—she's the one! It's hard to detail every thing she has done for our Parish churches. She has been a very pro-active Treasurer for us in Capel, helped Joy to do the Sunday afternoon teas on many occasions, assisted Joy with the coffees every week, Chaired the Vicarage fete committee for several years, helped establish the fundraising Capel Christmas Fair and much more! There are so many unseen things that she quietly does that it is very hard to pay tribute to her sufficiently. Speaking personally, I have had the honour of organising some events with Debbie and I will miss her a great deal. I know that Hugh too has been a wonderful Chair of Governors at Scott-Broadwood and has always been a willing pair of hands to both help set up and dismantle church related events, for which we thank him! Also, we know that without his blessing and support, we wouldn't have been lucky enough to have so much of Debbie's time. However, I know that we now all join together to wish them both well in their new life in Somerset. How lucky those villagers are where they are moving to! Farewell Debbie and Hugh, thanks for everything you've done for our church and village and we wish you every happiness in your new life! Please do keep in touch!

With my very best wishes,

Suzanne

“Truly great friends are hard to find, difficult to leave, and impossible to forget.”

NEWS

General Synod approves Routemap to Net Zero Carbon by 2030

Last Friday afternoon, General Synod Motion was passed for the Routemap to Net Zero Carbon by 2030.

Introducing the motion, Graham Usher, the Church of England's lead Bishop for the Environment, said: "The 2030 target is hugely ambitious, but the process is as important as the target. Contributions to this significant work were also acknowledged to *"record our admiration for our DEOs, our parishes, schools and chaplaincies"*.

The [Routemap to Net Zero Carbon by 2030](#) identifies that there are existing technological solutions that could make every one of our buildings net zero carbon, that we know more about the costs and practical challenges involved, and that the bulk of the work is needed in the biggest places: secondary schools, cathedrals, offices and major churches. The summary is worth a read.

We are reminded of this quote, "Take the first step in faith. You don't have to see the whole staircase. Just take the first step." Martin Luther King, Jr.

Here is the press release: [Synod endorses plan to reach net zero carbon by 2030 | The Church of England](#)

Source: Diocese of Guildford weekly 'Parish Brief'

Church Commissioners' research identifies historic links to transatlantic chattel slavery

The Church Commissioners for England has learned from research it commissioned that Queen Anne's Bounty, a predecessor fund of the Church Commissioners' £10.1 billion endowment, had links with transatlantic chattel slavery.

The Church Commissioners has said it is "deeply sorry for its predecessor fund's links with transatlantic chattel slavery".

In the 18th century, Queen Anne's Bounty invested significant amounts of its funds in the South Sea Company, a company that traded in enslaved people. It also received numerous benefactions, many of which are likely to have come from individuals linked to, or who profited from, transatlantic chattel slavery or the plantation economy.

The Church Commissioners in 2019 decided to conduct research into the source of its endowment fund to gain an improved understanding of its history. It worked with forensic accountants to review early ledgers and other original source documents from Queen Anne's Bounty. That research is now complete, and a final report of the findings will be published later this year.

The Church Commissioners is forming a group to consider the research and how to respond to these findings. Further information will be shared in due course.

The Archbishop of Canterbury, the Most Reverend Justin Welby, who is also Chair of the Church Commissioners, said:

"I am deeply sorry for the links with transatlantic chattel slavery that the Church Commissioners has identified. This abominable trade took men, women and children created in God's image and stripped them of their dignity and freedom. The fact that some within the Church actively supported and profited from it is a source of shame. This is a moment for lament, repentance and restorative action. I pray for those affected by this news and hope that we may work together to discern a new way forward."

© Parish Pump

Conflict in the Church “inevitable”

There will always be fights within the Church. It is inevitable.

So says the Archbishop of Canterbury, Justin Welby. “The Church is full of people, people are full of conflict, and so the Church is full of conflict”.

But Justin Welby says he has learned that the Church need not shy away from this. Rather, Christians should aim to “stick with each other, listen to each other, try and find out about each other.” This knowledge, he said, is the only key to reconciliation.

“The Church at its best is full of people who quite often wouldn’t be seen dead together, but who are very pleased to be seen in the life of Christ together, because of the transformation that Jesus brings through the cross, which is the ultimate reconciliation.”

Archbishop Welby was speaking about conflict because it is the subject of his new book, *The Power of Reconciliation*.^{*} He calls it “an attempt to set out the principles I’ve been developing and working with over the previous 20 years.”

He says that people in the Church need to ask: “How can we see a way forward in which we can perhaps go on disagreeing vehemently, but can do so and remain united in love for one another?’ Loving one another isn’t always about agreeing. In fact, reconciliation isn’t about common agreement: it is about learning to love one’s neighbour as oneself. It’s deeply based in the gospel.”

(*Bloomsbury, £13.35)

The builders move in on Church House

Have you started any home improvements this summer? So has the Church of England. It has launched a complete renovation of Church House Westminster and won’t finish until sometime next year.

Church House will upgrade its 22,000 square feet of office space, create hybrid working arrangements, and offer new opportunities to increase income from outside tenancies. It will also improve the building’s carbon footprint. It also plans to create a new entrance at the north door, to let in more light. The ceremonial entrance on Dean’s Yard will not be touched.

Church House dates from 1940 and is adjacent to Westminster Abbey. It houses the C of E’s central administration, including the Church Commissioners, the Archbishop’s Council, and the Pensions Board. It also offers space for conferences and a home to offices of the diocese in Europe and Church House Bookshop.

Good news for musical young people

Children and young people have been the focus of this year’s grants from the Cathedral Music Trust (CMT). A total of £400,000 has been awarded to choral foundations in the UK to enable young people to participate in cathedral music. The individual attention from an experienced vocal trainer, as well as the change to build their confidence with repertoire and performance challenges could well become life-changing for some young people.

All above articles ©Parish Pump

God in the Sciences

Editor: Dr Ruth Bancewicz is based at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Keeping Calm in the Storm

One of the most famous stories about Jesus is the calming of the storm (Luke 8:22-25). Of course, anyone could say that the wind stopped suddenly of its own accord, but the disciples were not fooled. They had seen a number of these 'coincidences' in Jesus' ministry, and they weren't about to ignore this one. Jesus had calmed the waves with only His words. Wasn't this an act of God? Who else could be in complete control of creation?

Jesus dealt graciously with the very pressing and practical issue of the raging storm before He did a bit of teaching, asking His followers "Where is your faith?" It's not surprising that they were scared, given the circumstances, but clearly Jesus expected better of them. He had already been teaching them for some time, and clearly knew they were ready to trust Him.

In similar circumstances, Christians often do several things in quick succession. We start by panicking and being afraid. After a while we might remember what we know about God's character and pray for help, trusting that whatever happens He will help us to handle it. Most often, we don't get the storm-calming effect when we ask for it, but battling on with faith and God's help is much easier than trying to keep going in a panic.

'Peace' in this kind of situation is a very active holding on to what we know about God. The difference between trusting and not trusting can be like night and day in terms of stress levels. I have found that it can make the difference between unmanageable stress and something that stretches me and teaches me something new.

Knowing some science can help us to trust God. A Being who created the whole universe, sustaining the wonderfully creative processes that produced diverse life on earth, must be both extremely powerful and extremely wise. The God who can both calm the waves and walk on them must be in complete control of the things He made. When this knowledge goes hand in hand with experience of God's intimate love for us and care for us in every situation that we find ourselves in, I am reassured that He's got things in hand. I will always need help from others to pray faithfully in stormy situations, but hopefully I've seen enough now not to panic for too long.

Time (and my closest friends) will tell!

© Parish Pump

As you enjoy your children during the holidays, remember ...

You spend the first two years of their life teaching them to walk and talk. Then you spend the next 16 telling them to sit down and be quiet.

Mothers of teens now know why some animals eat their young.

Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said.

The main purpose of holding children's parties is to remind yourself that there are children even more awful than your own.

© Parish Pump

High Days & Holy Days

Aidan, the man who brought Christianity to England

31st August is the feast of St Aidan, who brought Christianity to northern England. He is a strong contender for the title of the first English bishop. Not that honours meant a great deal to this austere but captivating character.

In 635 he came to Northumbria at the invitation of the local ruler, Oswald. Oswald had spent several years of his childhood on Iona, and when he succeeded to the throne of his northern kingdom he was shrewd enough to realise that the Christian faith would be an ideal unifying force to pacify rival tribes of warlords.

Oswald's invitation was not immediately successful. The first missionary from Iona returned in despair, claiming that the barbarity of the Northumbrians made them unconvertible. But as Aidan listened, he felt the unmistakable call of God to try again.

"Perhaps you were too harsh on them," he found himself suggesting to the travel-stained missionary. Shortly afterwards, Aidan found himself at the head of a party of brothers heading for Northumbria. He was never to see his beloved Iona again.

The monks made the long journey to Northumbria on foot, singing psalms as they went. Their need to ward off the powers of evil with prayer was genuine, for these were dangerous times to travel through remote country unarmed. They arrived safely at Oswald's castle in Bamburgh, where he offered them lavish hospitality and assumed that they would 'found' their community there.

However, the brothers realised that to live under the king's protection would make it difficult to avoid the world's temptations and establish a rapport with the local people. They saw the tidal island of Lindisfarne on the horizon and chose it as their base. The rest, as the saying goes, is history.

Aidan was much loved as a teacher and evangelist; though stern in his own self-discipline, he was prepared to travel to the most inaccessible villages, where he cared for the local people with compassion and gentleness. In time, his influence grew, and noble people joined the stream of visitors to Lindisfarne.

After Oswald's death in 642, his brother Oswin succeeded him as king. Oswin was concerned about Aidan's habit of walking everywhere. The saint was ageing rapidly, his body weakened by years of harsh fasting and exposure to the elements. Oswin wondered what would happen to him one day on the road, and also he felt that such a lowly means of travel was not appropriate for a bishop. So, he gave Aidan one of his finest horses, complete with a beautifully worked saddle and bridle.

Aidan did not feel able to risk offending the king by spurning his generosity, but he rode out of the palace with a heavy heart. He knew that people would relate to him differently now that he had the trappings of affluence, and that it would be dangerous to stop and rest with such valuable belongings beside him.

The king had intended to give him comfort, but his gesture had had the opposite effect. Aidan had learnt that possessions, and the need to protect them, make it more difficult to follow God with an undivided heart. The story goes that he gave the horse, complete with saddle, to the first beggar he met outside the palace gates.

A more pragmatic Christian might have reasoned that keeping on the right side of Oswin would lead to opportunities that were too valuable to risk. Indeed, the king was angry when he heard what Aidan had done. "That horse was fit for a king, not for some vagabond," he protested. "I could have found you an old nag if you wanted to give it away." Aidan's reply was simply, "What do you think, O King? Is the son of a mare worth more in your eyes than that the Son of God?"

There was an awkward silence; then the King removed his sword, knelt at Aidan's feet and asked his forgiveness. When he returned to the banqueting table, it was with a beaming smile. Sadly, he too was to perish in battle shortly afterwards; these were violent times. Yet Oswin, whose culture demanded that he should appear all-powerful in the eyes of his followers, had been publicly humbled by the integrity of a simple monk who had challenged his values.

HIGH DAYS AND HOLY DAYS IN AUGUST

1st August

Ethelwold, Wessex saint who founded the first monastic cathedral

St Ethelwold (c.912 - 84) did great things for the church at Winchester, which in those days was the principle town of Wessex. He began as a simple monk, eager to restore the Rule of Benedictine in England, a major reform for the church of the time. So, after serving at the abbey in Glastonbury, he was sent on to restore the old abbey at Abingdon. The king thought highly of him, and used him to teach his son, the future king, Edgar.

When in 963 Ethelwold became Bishop of Winchester, he replaced the cathedral canons with monks, thus founding the first monastic cathedral in the land. This was a uniquely English institution, which remained until the Reformation. The monastic reform quickly gained momentum: with the King's support, Ethelwold restored old monasteries such as Milton (Dorset), New Minster and Nunnaminster in Winchester, while new monasteries were founded and richly endowed at Peterborough (966), Ely (970) and Thorney (972).

Ethelwold was austere, able and dynamic. Under his leadership, the monks excelled at music, illumination and writing. When Ethelwold set the monks to work with the masons in the cathedral at Winchester, he built the most powerful organ of its time in England: it was played by two monks and had 400 pipes and 36 bellows. In music, Ethelwold's Winchester had the distinction of producing the first English polyphony in the Winchester Troper.

Ethelwold's monasteries also produced a surpassing new style of illumination, and his school of vernacular writing was the most important of its time: with accurate, linguistically significant translations. A major event of his episcopate was the consecration of Winchester Cathedral in 980.

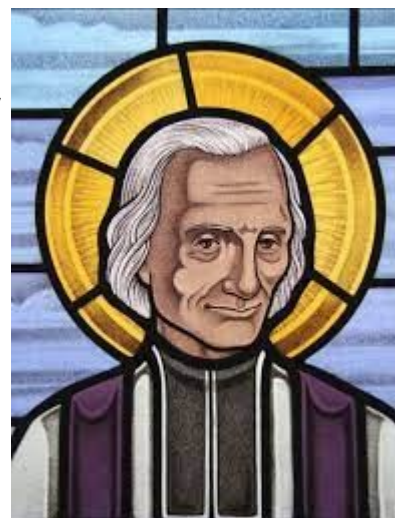
***New 4th August** **Jean-Baptiste Vianney Curé d'Ars, spiritual guide**

Jean-Baptiste Vianney is the saint for those whose passion is to help people find peace with God.

Vianney was born near Lyons in 1786, the son of a peasant farmer. With no money for schooling, he first became a shepherd. But, like David in the Bible, his deep personal faith and zeal soon drew him away from guiding sheep to guiding people.

It took Vianney nine long years to become a priest. For one thing, he just couldn't learn Latin, but also he had to hide for a year to avoid being conscripted into Napoleon's army. But eventually, in 1815, at the age of 29, he was ordained, and after a curacy, was sent to the tiny village of Ars-en-Dombes near Lyons. Here he remained for the next 40 years, becoming known simply as the 'Curé d'Ars'.

Vianney soon proved that it did not take Latin to be an excellent parish priest. His ability to preach with simplicity and passion, and his gifts as a truly outstanding spiritual director soon had the people flocking to him for help.



At one stage in Vianney's ministry, he was spending up to 16 hours a day hearing confessions and counselling people. He seems to have had a God-given ability to discern the real issues in a person's life, and to put his finger on the real causes of their problems.

As the years went by, Vianney's fame spread, and tens of thousands of people came to the Curé of Ars-en-Dombes. (20,000 in 1855 alone.). The rich, poor, famous and obscure, all of them were welcomed and prayed with and helped by this extraordinary parish priest – sometimes up to 300 of them a day.

It was an exhausting routine, but Vianney felt he could not retire. And so eventually he died at work in his parish, on 4th August 1859. By then he was widely loved and respected not only by Roman Catholics, but also by the Protestants.

[Image: https://anastpaul.com/2017/08/04/saint-of-the-day-4-august-st-jean-baptiste-marie-vianney-t-o-s-f-the-cure-of-ars/](https://anastpaul.com/2017/08/04/saint-of-the-day-4-august-st-jean-baptiste-marie-vianney-t-o-s-f-the-cure-of-ars/)

Editor: Canon Paul Hardingham considers the link between rest and work.

Working from Rest

August sees many of us taking holidays to get some well-earned rest from working. But what is the biblical relationship between rest and work? The Bible shows us that **we are to work from rest, not rest from work**. How is this working out in our current experience?

When God created human beings on the 6th day, the next full day was a day of rest before the work began: *'Then God blessed the seventh day and made it holy, because on it He rested from all the work of creating that He had done.'* (Genesis 2:3). Sunday is a day of rest at the beginning of the week.

Jesus lived out this rhythm of rest and work in His own ministry: *'Very early in the morning, Jesus got up and went off to a solitary place, where He prayed'* He then told His disciples: *'Let us go somewhere else so that I can preach there also. That is why I have come.'* (Mark 1:35-38).

Here is a rhythm for our own lives: 'I am the vine; you are the branches. If you remain in Me and I in you, you will bear much fruit' (John 15:5). Our work/fruitfulness arises out of the time we abide/rest in Jesus. He will then show us what aspects of our lives need pruning: *'while every branch that does bear fruit He prunes so that it will be even more fruitful.'* (2).

Let's use this month to reflect on how this pattern is working in our lives:

Are we spending enough time 'abiding' in Jesus?

Are we putting our energies into the right balance of rest and work?

Are there unproductive areas of our lives and churches that need pruning?

Remember God created us as *human beings* not just *human doings*!!

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Editor: The Revd Tony Horsfall, a former missionary in East Malaysia and then retreat leader based in West Yorkshire, considers the slow and steady type of Christian.

Being brave?

Some time ago I was helping my grandson George into his car seat in the back of my car, when I accidentally banged his head. He started to cry. "Come on, George, be brave," I said.

"But I *don't* want to be brave!" he wailed.

I guess we all know that feeling. Sometimes life is hard, and we know we have a need for courage, but somehow, we just don't want to be brave. We would rather give in, surrender to the difficulties, and wallow in self-pity.

The Bible seems to constantly exhort us to be brave, to be strong, to take heart, to be courageous. And life during a pandemic and a war certainly calls for us to make a courageous response. But occasionally we may feel overwhelmed and ready to give in or give up.

Perhaps you are reading this at just such a moment. Maybe this comes as a message to you from God so that you do not lose heart. He knows you, and He sees your situation. And He speaks to encourage you, as He did to the church at Philadelphia: "I know that you have little strength (Revelation 3:8)."

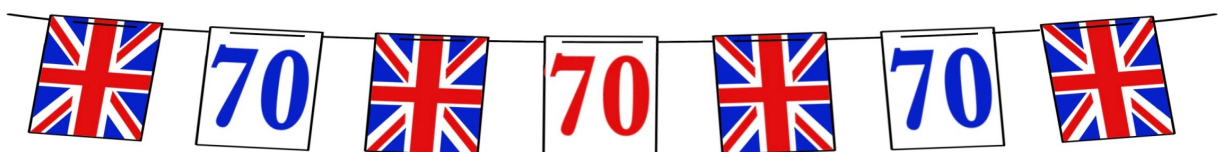
He is the compassionate and understanding God who draws alongside us, to give strength to the weary and power to the weak (Isaiah 40:29). You don't have to do anything, simply turn to Him in your need and ask for help. You will discover, as the apostle Paul did, that when you are weak, then you are strong. His power will be demonstrated through your weakness. You can then do whatever is required of you, because He will give you strength.

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70 Facts to mark the Queen's Platinum Jubilee

Part 3 - Final instalment

51. On the evening of the Coronation, The Queen made a radio broadcast in which she stated: "Throughout all my life and with all my heart I shall strive to be worthy of your trust".
52. During her reign, Her Majesty has received many gifts including a variety of live animals. The more unusual animals were placed in the care of zoos, among them jaguars and sloths from Brazil, an elephant from Cameroon and two black beavers from Canada.
53. There has been a Trooping the Colour Parade every year of The Queen's reign, apart from 1955, which was cancelled due to a railway strike. In 2020 and 2021 a smaller ceremony took place at Windsor Castle due to the Covid-19 pandemic.
54. Windsor Castle, currently Her Majesty's main residence, is the oldest and largest occupied palace in the world.
55. The Queen was born at 2.40am on 21st April 1926 at 17 Bruton Street in Mayfair, London, and was the first child of The Duke and Duchess of York, who later became King George VI and Queen Elizabeth.
56. Her Majesty's first pony was given to her by her grandfather, King George V. The Shetland pony was called Peggy.
57. As British passports and driving licences are issued in The Queen's name, she is not required to have either – a privilege held by her alone.
58. Her Majesty speaks fluent French and has often used the language during audiences and State Visits.
59. Almost 70 forest conservation projects across the Commonwealth have joined The Queen's Commonwealth Canopy initiative since its launch in 2015, representing more than 100 million trees preserved for future generations as part of the fight against deforestation.
60. Sir Winston Churchill, Her Majesty's first Prime Minister, became a Member of Parliament during the reign of The Queen's great-great grandmother, Queen Victoria.
61. The Queen (then Princess Elizabeth) became a Girl Guide in 1937 aged 11, learning how to pitch tents, cook on campfires and administer first aid. At 16, she joined the Sea Rangers: a separate unit of the Girl Guides created for those with a strong naval interest. She was made a Sea Ranger Commodore in 1945.
62. In 1969 The Queen was given a black mare, named Burmese, by the Royal Canadian Mounted Police. The former Service horse was ridden by Her Majesty for Trooping the Colour for eighteen consecutive years from 1969 to 1986.



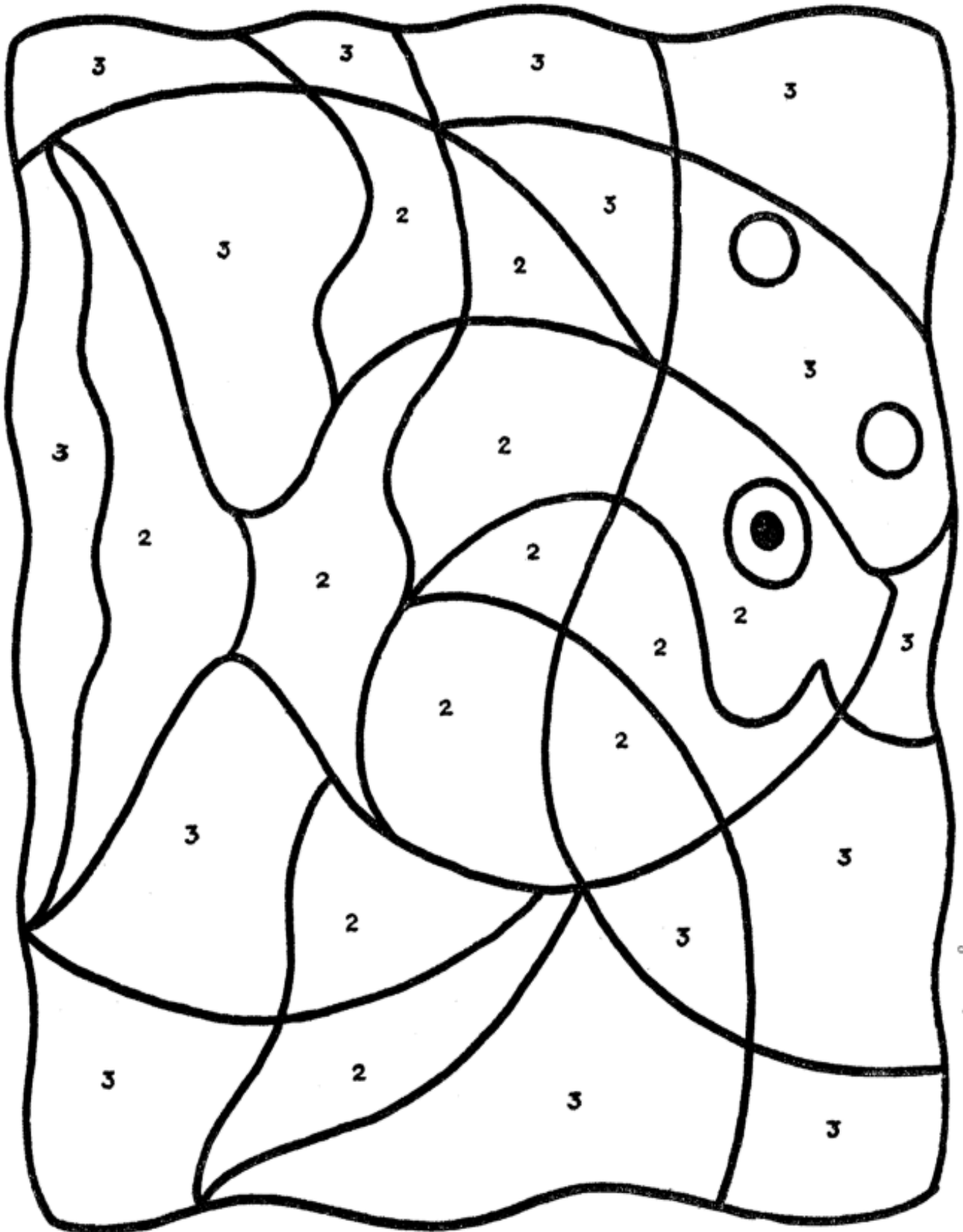
63. Her Majesty, then 11 year-old Princess Elizabeth, attended her parents' Coronation at Westminster Abbey in 1937 and wrote about it for the King and Queen in an essay entitled, To Mummy and Papa, In Memory of Their Coronation. From Lilibet, by Herself. "I thought it all very, very wonderful and I expect the Abbey did, too," she wrote. "The arches and beams at the top were covered with a sort of haze of wonder as Papa was crowned, at least I thought so".
64. The Queen's Coronation dress was designed by British couturier Sir Norman Hartnell. He submitted nine different designs and Her Majesty accepted the eighth.
65. Her Majesty's Coronation ceremony was the first to be broadcast on television, as a result of which people purchased television sets in their millions. 27 million people watched in the UK alone, and television was ushered in as a mainstream medium.
66. On 8th May 1945, Victory in Europe Day, The Queen (then Princess Elizabeth) and her sister Princess Margaret, aged 19 and 14 respectively, joined the crowds in London incognito, Princess Elizabeth with her ATS uniform cap pulled down over her face. She later said of the day, "I remember lines of unknown people linking arms and walking down Whitehall, all of us just swept along on a tide of happiness and relief".
67. The Queen Elizabeth Diamond Jubilee Trust has enabled over 100,000 people to have sight-saving surgery; treated over 22 million people with antibiotics to reduce the spread of trachoma; built or upgraded over 81,000 latrines and washing facilities to prevent the spread of infection; screened over 13,000 babies for retinopathy of prematurity; and screened over 200,000 people for diabetic retinopathy.
68. Her Majesty has conducted over 650 investitures throughout her reign.
69. The Queen has awarded the George Cross – given for "acts of the greatest heroism or of the most courage in circumstances of extreme danger" - collectively to just two groups over the course of her reign: officers and families of the Royal Ulster Constabulary for their bravery during the Troubles in Northern Ireland and, most recently, to NHS staff for their work during the Coronavirus pandemic.
70. As part of the London 2012 Olympics opening ceremony, secret agent James Bond escorted The Queen from Buckingham Palace to the Olympic Stadium by helicopter before they both parachuted into the event.

<https://www.royal.uk/70-facts-mark-queens-platinum-jubilee>



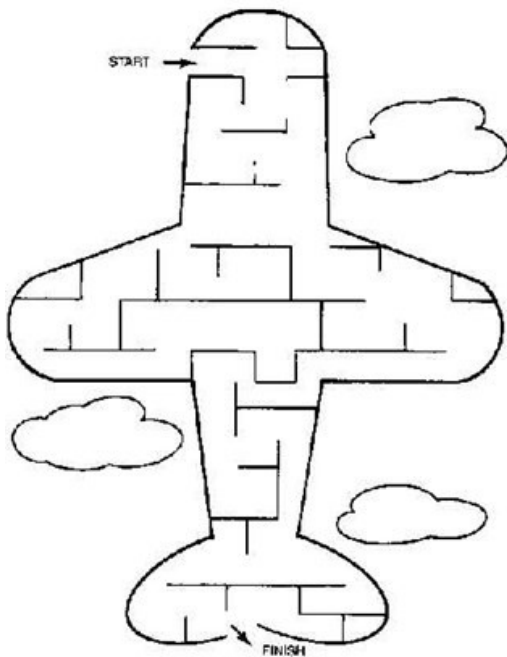
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COLOR THE 2'S RED — COLOR THE 3'S BLUE



RaisingOurKids.com

JUNIOR INSPIRE
Is on page 31



7. AMAZING PLANE
Find your way through this airplane-shaped maze.

Things to do this Summer



- ⇒ Have a Picnic
- ⇒ Go for a walk
- ⇒ Play Eye Spy
- ⇒ Go on a Scavenger Hunt
- ⇒ Hunt for bugs
- ⇒ Plant some seeds
- ⇒ Paint a bird house
- ⇒ Go on a bike ride
- ⇒ Go for a swim
- ⇒ Make a cake or biscuits
- ⇒ Learn a new board game
- ⇒ Paint a picture
- ⇒ Invite a friend to come and play
- ⇒ Put on a puppet show
- ⇒ Build a Fairy garden
- ⇒ Blow bubbles
- ⇒ Learn a new song
- ⇒ Have a walking backwards race
- ⇒ Go roller skating

CRAFT: Make "binoculars" out of two empty toilet paper rolls:

- Glue or tape the rolls together.
- Punch holes on the outside edges of each roll at one end, threading in thread to make a neck strap.
- Decorate the binoculars.
- Take a walk and use the new binoculars to look at God's beautiful world!

More things to do this Summer!

- | | |
|---|---|
| ⇒ Make a puppet | ⇒ Skip |
| ⇒ Watch a new film | ⇒ Go bowling |
| ⇒ Read a book | ⇒ Roll down a hill |
| ⇒ Write a poem | ⇒ Make a card for someone special |
| ⇒ Make salt dough | ⇒ Learn to play an instrument |
| ⇒ Take a treat to a neighbour | ⇒ Learn to sew |
| ⇒ Make suncatchers | ⇒ Build with Lego |
| ⇒ Learn a dance | ⇒ Make a new friend |
| ⇒ Go on a swing | ⇒ Write a short story |
| ⇒ Learn to whistle | ⇒ Make postcards and send them |
| ⇒ Play in the sprinkler | ⇒ Make some jewellery out of buttons and other things you can find! |
| ⇒ Make a sign for your door | ⇒ Build something with recycled material |
| ⇒ Build a house for dolls | ⇒ List things to do to be kind and do them |
| ⇒ Make a cardboard box car | |
| ⇒ Do some chalk art on the ground (ask permission first!) | |

See how many of these things you can do this Summer!
Happy holidays!

Editor: Some stories just seem made for summer. Here the Revd Dr Herbert McGonigle, tells the story behind a well-loved and well-known old song.

The story of the yellow ribbons



One of the greatest doctrines in the Bible is the love of God for His people. Both Old Testament and New Testament tell us what God said to His people through Jeremiah: "I have loved you with an everlasting love" (31:3).

It was that love that moved the Father to send His Son into the world (John 3:16). Paul writes glowingly of "that great love with which He loved us" (Ephesians 2:4). John emphasises the same great truth in a magnificent creed of just three words: 'God is love' (1 John 4:8). Quite simply there is nothing in all creation more reassuring, more comforting, more encouraging, more uplifting than to know that God loves us. And we can even put it in personal terms as Paul did. 'He loved me and gave Himself for me' (Galatians 2:21).

The following true story, from the life and ministry of John Wilbur Chapman, is a good illustration of such love.

Back in 1893, Chapman was a Presbyterian minister from Richmond, Indiana, who had moved into full-time evangelistic ministry. Chapman told of how one evening he was travelling by train in a rural part of the state of Kansas. The only other passenger in the carriage was a young man and Chapman noticed that he was becoming very agitated. He kept glancing out of the window and then covering his face with his hands. Finally, Chapman asked if he could help.

The young man was a bit reluctant, but finally opened up. Many years before he had run away from home and 'sown his wild oats.' He had not contacted his parents for many years and now he was afraid they wouldn't want him back. He had written home some weeks before and told them he would be travelling on this train. At a certain point it passed very close to his home. In the letter he had begged his parents' forgiveness and asked if they wanted him to come home. If so, they were to tie a yellow ribbon on the old apple tree that grew right beside the railway lines.

"Sir," he said to Chapman, "the train will soon pass my home but I'm afraid to look. If there's a yellow ribbon on the tree, I'll get off at the next station and go home. If there's no ribbon, I'll just travel on. But I'm too afraid to look out for the tree." So Chapman offered to look for him. The young man hid his eyes and Chapman kept watch.

"You can open your eyes now," he said a few minutes later. The returning prodigal looked at Chapman with tears and quivering lips. "All is well," said the evangelist. "There is a yellow ribbon on the apple tree. In fact, there's far more than one. Every branch is hanging with yellow ribbons, scores and scores of them. Your parents love you so much and want you to come home."

If parents can love their wayward children like that, how much greater is the love of God! Truly, we are loved with everlasting love.

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Christian Basics: No 8: Prayer

Most of us identify with the disciples' request: *'Lord, teach us to pray'* (Luke 11:1); having seen Jesus pray, they wanted to know *how* to pray!

A Loving Relationship

Jesus begins with *father*: *'When you pray, say: Father'* (2). Prayer is like a child asking their parent for help. This reflects Jesus' own intimate relationship with His Father. He invites us to share this relationship using the Lord's Prayer, as way into His presence (2-4). Imagine using this prayer as a child sitting on your parent's lap. God delights to hear us!

A Loving Readiness

Jesus' parable makes the point that God is always ready to hear our prayer. When the man turns up at midnight asking for bread, his friend inside gives him whatever he needs because of his *'shameless boldness' (lit)* (v.8). If the man answers despite all his family being asleep, *how much more* will our Father in heaven respond to our prayers. We should never give up!

A Loving Richness

Jesus concludes with a threefold promise: *'ask and it will be given to you; seek and you will find; knock and the door will be opened to you.'* (9). Does this mean that God will give us whatever we ask for? As earthly parents only give good things to their children, *how much more* is this true of our heavenly Father: *'Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion?'* (11,12). He doesn't give us everything we want, but what is best for us.

'If God were to say to me, 'I want to give you a special love gift, what would you like?' I would say: 'you choose'' (SD Gordon).

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Miscellaneous observations about the Christian Faith ...

To wish to pray is a prayer itself. - *Georges Bernanos*

Learn to distinguish between trying and training. Without training I may try to win a marathon race, but I will only fail. That is because without training there will be no ingrained habits that have restructured my body for the marathon. Training builds holy habits. - *Anon*

All the storehouses of God are open to the voice of faith in prayer. - *D M McIntyre*

Prayer is often conceived to be little more than a technique for self-advancement, a heavenly method for achieving earthly success. - *A W Tozer*

On preaching: If you shoot over the heads of your congregation, you don't prove anything except that you don't know how to shoot. - *James Denney*

There are times when God asks nothing of His children except silence, patience and tears. - *Charles Seymour Robinson*

I asked the earth and it answered me: "I am not it", and all things whatsoever made the same confession. I asked the sea and the deeps, and the creeping things, and they answered me: "We are not thy God; seek beyond us." - *Augustine of Hippo*

© Parish Pump

Grace – it really is amazing

Most of us will know the hymn, *Amazing Grace*, by John Newton. Grace is an essential element of our faith, but what is it, exactly?

In everyday life the word 'grace' has many uses: in the courts, a pardoned person has been 'shown grace'; in the arts, an exquisite dancer moves with beauty and grace; if someone undertakes an unpleasant task cheerfully and willingly, it is done with 'good grace' and composers sometimes add 'grace notes' to their music to enhance the playing of their music.

The biblical use of the word 'grace' is quite different! The New Testament describes grace as God doing something for us that we could not do for ourselves. That 'something' is the free and unearned favour of God towards us. It is God's goodness which removes human inferiority and worthlessness and which raises our status. It pays the debt of sin. Grace welcomes the wretched, the weak and the wayward. It adopts us – homeless orphans – into God's family.

The story of King David and Mephibosheth is a remarkable example of grace. (see 2 Samuel 9:1-13) When David discovered a disabled relative of a former friend, he opened the way for this person to be brought into the royal household. He was accepted into David's family and given the same status as one of his sons.

Similarly, God accepts the unacceptable into His Heavenly Family. He accepts us as we are, regardless of status, health - or any objections we may have! Our gracious God loves us even though we are unlovely, undesirable and unholy.

We must see God's love in the gift of His Son. We can only be thankful that through Christ we have a new relationship with God. It is by His grace we are saved.

In John Newton's famous hymn, he wrote 'grace will lead me home'. Through the grace of God we can be assured of eternal life, joy, peace and security with Christ.

© Parish Pump

Did you know?

Walnuts

A handful of walnuts may help reduce your feelings of hunger. Walnuts are unique among nuts in that they are mainly comprised of polyunsaturated fats, which help decrease ghrelin, a hormone that increases hunger. They also seem to increase peptide YY (PYY), a hormone that increases fullness or satiety.

As appetite hormones play an important part in regulating how much you eat, this could be good news. As one scientist says, walnuts "may favourably change appetite hormones so that we can feel fuller for longer."

How many hours of sleep do you really need at night?

Margaret Thatcher famously thrived on four hours a night. These days, 40 per cent of us struggle to nod off at all, while the hoped for 'ideal' is eight hours a night. But how much do we *really* need?

Recent research at the University of Cambridge and Shanghai's Fudan University looked in depth at sleeping patterns, mental health and wellbeing, cognitive tests, brain-imaging and genetic data.

The scientists concluded that the ideal is to aim for exactly *seven* hours' sleep a night, from our thirties to old age. Getting too much more sleep than that, as well as too much less, may cause mental health problems and worse cognitive performance.

Christian YouTube channel for primary school aged children

The team who distributed nearly half a million free storybooks to schools for the Platinum Jubilee with the Church of England have now released a series of cartoons and songs for primary school aged children, on the *Fruit of the Spirit*. Thousands of families have been using them during the summer holidays!

The *Cheeky Pandas* is an online cartoon series created by Christian charity Swell Revolution, which has previously featured contributions from people including Archbishop Justin Welby, and CBeebies' Gemma Hunt. With catchy pop songs and prayers, the stories are on love, joy, patience, faithfulness and kindness. *God Suit* is one of their most popular action songs. The episodes are all available with British Sign Language options too.

Songwriter Pete James says: "Cheeky Pandas is all about helping children have fun while they grow in their faith. The free storybook that went out before the Jubilee was on the theme of faithfulness, in honour of Her Majesty the Queen's 70 years of faithful service."

Songs and episodes are created by the makers of CBBC's 'Andy and the Band' and CBeebies' 'The Baby Club', with voiceovers from Gemma Hunt. Previous guests on the free online show have included Nicky Gumbel, Guvna B and the Archbishop of Canterbury.

YouTube is used by 86% of children aged 3-7, according to Ofcom. They watch for an average of a few hours a day, but this may be more during the summer holidays. Parents are often concerned about what their children are watching. The charity behind *Cheeky Pandas* wanted to create something which children will enjoy, and parents can know is helping them discover the love of God for them. Churches also use the resource, so there are free assembly plans, Sunday school downloads and activity sheets too, with recipes, crafts and games.

The Cheeky Pandas might be an answer to prayer for some young families this summer! Find out more at www.cheekypandas.com or find Cheeky Pandas TV on YouTube.

Book Reviews by Parish Pump

In Every Corner Sing – the Diary of a Country Vicar by Timothy Biles, Canterbury Press, £9.99

In the literary tradition of Parson Woodforde and Georges Bernanos, here is the moving, wise and funny diary of a country vicar. It raises profound questions about the nature of ministry and the future of the church through its gentle yet acutely observed portraits and stories. A good summer read.

Pilgrim at Tinker Creek by Annie Dillard, Canterbury Press, £12.99

This much-loved classic won the Pulitzer Prize for Literature in 1975. It is a passionate and poetic reflection on the mystery of creation, with its beauty on the one hand and cruelty on the other. It has become a modern American literary classic in the tradition of Thoreau. Living in solitude in the Blue Ridge Mountains near Roanoke, Virginia, and observing the changing seasons, the flora and fauna, the author reflects on the nature of creation and of the God who set it in motion. The language is memorably beautiful and poetic, and

insistently celebratory. Just pay attention, Dillard urges throughout, and you will find yourself 'sailing headlong and breathless under the gale force of the spirit'.

Living Well as a Parent by Susan Sayers, Kevin Mayhew, £6.99

Parenting is a great honour, but it is never easy! This book offers encouragement, reassurance, and support to help parents cope with the daily ups and downs of parenting and to remind them that God's love surrounds them.

Out of the Black Shadows by Stephen Lungu and Anne Coomes, 10 Publishing, £7.99

Stephen Lungu was abandoned by his parents and grew up in a black township near Salisbury, Zimbabwe. To survive, he slept under bridges and scavenged food from white folks' dustbins. As a teenager he was recruited into one of the urban gangs, called the Black Shadows. When a travelling evangelist came to town, Stephen decided to firebomb the event, carrying his bag of bombs and mingling with the crowd. Instead of throwing bombs he stayed to listen ... what followed was better than fiction.

PRAYERS

For anyone going on a long journey over the summer

For a long journey

Be to us, O Lord,
a support in our setting out,
a comfort by the way,
a shadow in the heat,
a covering in the rain and cold,
a conveyance in weariness,
a protection in adversity,
a staff in unsteady ways,
and a port in shipwreck;
that, with you being our Leader,
we may reach the place we seek,
and at length we may return again to
our home in safety.
Amen

A poem for Summer

'Summer'

by Walsham How

Summer suns are glowing
Over land and sea,
Happy light is flowing
Bountiful and free.
Everything rejoices
In the mellow rays,
All earth's thousand voices
Swell the psalm of praise.

© Grace magazine Summer 2009

HOLIDAY PRAYERS

Prayer for August

Dear Heavenly Father,

In this month of August, thank you for your presence. Whether we're at home or on holiday, in one place or travelling, working or resting, happy or sad, young, middle-aged or elderly, you are with us.

As we journey through the different stages of this life on earth, help us to know that wonderful assurance of your presence, by putting our trust in Jesus now.

No matter what ups and downs come our way, we will never be alone. You are with us, sharing it all day by day - and leading us home.

Thank you, Lord of all our journeys, In Jesus' name.
Amen.

By Daphne Kitching

© Parish Pump



A Prayer for those awaiting their exam results

As thousands of students across the country await exam results that will determine the next stage in their life's development, the Church of England has issued a prayer to support them through the anxious moments of waiting.

The prayer, written by a gap-year student when receiving her own results was still fresh in her mind, will be issued on social media on Wednesday, the day before this year's A Level results are released.

Jesus,

Keep reminding me of the bigger picture over the next few weeks,
Keep me in your hands when all other hands disappear,
For I am convinced that neither entry requirements nor exam results,
neither anticipation nor doubts, neither success nor failure, nor any expectations,
neither last minute fears nor anxieties, nor anything else in life, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Please, don't let me forget it!

Amen

Editor: The Revd Dr Jo White continues her series on aspects of Christianity.

Reflected Faith Series: the Awesomeness of God

Church buildings come in all shapes and sizes, and yet they can all be traced back to one of three basic designs.

They all have a Sanctuary which is the main altar or table area, and a Nave where the people stand or today, more usually sit. (We thought about the nave last month.)

The simplest plan will have just these two areas.

The next would have a Chancel which is an area between the nave and the sanctuary, often marked by a step or a wooden screen and most often where the choir sits.

The third basic plan is the shape of a cross – cruciform. These churches often have a tower where the four arms meet, rather than it being at one end.

Church plans grew and changed when new worship styles were introduced; e.g. if you want to do processions you will need some space for them, and so aisles were brought about.

Every part of the building reflects something of the faith and thinking about God and the practicalities of worshipping Him.

This month

If you can, have a look around the inside of a church building near you. What shape is it?

In particular go up close to the sanctuary. In a Church of England building this area is likely to be grander, more highly decorated and even carpeted! The only people ‘allowed’ into this area are those directly involved in ‘celebrating’ the Communion or Eucharist.

This remembrance or celebration of Christ’s body and blood taking place here makes it the most ‘holy part’ of the church: hence the area is separated from the chancel by a step or an altar rail to alert everyone that this is ‘holy ground’.

Many years ago, when I was part of a church visit to India, I had the privilege of preaching – translated by the Bishop! – and was invited to act as his deacon in the sanctuary. As such we were the only two people in the building who removed our shoes on entering the building.

What does this space say to you about how awesome God is?

© Parish Pump

Edinburgh Festival - 5th – 28th August

This year marks 75 years of the Edinburgh International Festival.

It was in 1947 that the first Edinburgh Festival was held. It was the idea of the then General Manager of Glyndebourne Opera, Henry Harvey Wood, as well as the Head of the British Council in Scotland and leaders from the City of Edinburgh. Their aim was to establish “a world class cultural event” that would bring together audiences and artistes from around the world. Over the past 70 years, it has done just that, featuring performers from the worlds of dance, opera, music and theatre.



If you would like to see this year’s programme, please go to: <https://www.eif.co.uk>

Around the world with Charities

Hunger forces Ethiopian girls into marriage

A prolonged drought in Ethiopia has killed untold numbers of livestock and brought millions of people to the brink of famine. And as the crisis escalates, more and more girls are at risk of child marriage.

Tearfund has warned that Ethiopia now has one of the highest rates of child marriage in the world, with an estimated 40 per cent of girls marrying before the age of 18.

It happens because in areas where families don't have enough food or water for their children, they may resort to marrying their daughters off to wealthier families.

Simba Nyamarezi, who oversees Tearfund's work in Ethiopia, explains: "They often believe their daughters will have better chances of survival this way, and they can also use the money from the daughter's dowry to feed their other children."

Sabine Nkusi, who leads Tearfund's gender unit, explains that as girls must walk farther and farther each day to find water, they are dropping out of school. "And again, they immediately become more vulnerable to child marriage."

In an effort to help, Tearfund has supported the construction of more than ten water pumps in and around schools. Its local partners have also dug wells in drought-affected areas.

"Your organisation came to us with compassion and provided us with water," says Liya, a local woman, whose life has been transformed by the new well. "Before, I spent all my time carrying water. The river is a seven hour walk away from my village."



If you can help people such as Liya to gain access to closer clean water, please go to: <https://www.tearfund.org>

Help Christians in Lebanon survive

The Barnabas Fund has launched an appeal to help Christians suffering in Lebanon's deepening financial crisis.

As one of the project partners to Barnabas said: "You can't imagine how many requests I have for people in need. Especially the elderly, who cannot find work or leave the country. They still must eat and pay medical bills. Yet Lebanon is a nation mired in economic catastrophe, with inflation at an all-time high, making fuel, medicine and even food unaffordable."

Lebanon used to rely heavily on Ukraine for imported wheat, as well as vegetable oil and canned meat. Since the onset of the Ukrainian war, these items have become even costlier. The Consumer Price Index for food in Lebanon has risen by over 3,000 percentage points since 2020. Meanwhile, the Lebanese government has been steadily cutting subsidies for fuel and medicine.



If you can help, please go to:
<https://www.barnabasfund.org/gb/>



Middle East and Africa facing a “toxic” crisis of conflict, climate change and Covid-19



Compassion, the humanitarian aid organisation, is very worried about the rising cost of living in the developing world.

As a spokesman explains, there are already 365 million children worldwide living on less than £1.45 a day. No wonder that the UN has recently declared that social conditions in many developing countries are now “at a breaking point”.

Compassion is especially concerned about the millions of people across the Middle East and North Africa. Many people in this region are “already struggling to access enough food because of a toxic combination of conflict, climate change and the economic aftermath of Covid-19,” says Corinne Fleischer WFP regional director for the Middle East and North Africa.

She warns: “This crisis is creating shock waves in the food markets that touch every home in this region. No one is spared.”

Russia and Ukraine are two of the top three countries that export wheat to Africa. Rwanda relies on Russian wheat imports for 89% of its wheat. In Kenya, wheat prices are rocketing, but millers have very little access to funds.

Beatrice, one market vendor, in Kenya, admits: “Sometimes, we go to bed hungry because life has become so expensive...bread, especially, is something I can no longer afford to buy.”

More on Compassion’s work at www.compassionuk.org

Six months into the war, the Ukrainians need our help more than ever.

DEC Ukraine Humanitarian Appeal



In this month of holidays and summer travel, it is awful to think that the crisis in Ukraine simply goes on. More than 13 million people have fled their homes. Millions of families have been separated, people have been injured and killed, and their homes blown up. Critical infrastructure such as health facilities, water supplies and schools have been damaged or destroyed.

The UN estimates over five million people have now fled Ukraine. The refugees have fled to Poland, Romania, Hungary and Moldova, often arriving with only what they could carry.

Another eight million people are displaced within the country. Many older people, and those with disabilities, have no option but to remain in their homes. They are now isolated, unable to access food and basic necessities.

In such a crisis, the DEC charities in Ukraine and neighbouring countries are working hard to meet the needs of people affected by the conflict. They say:

£30 could provide essential hygiene supplies for three people for one month

£50 could provide blankets for four families

£100 could provide emergency food for two families for one month

If you can help, please go to: www.dec.org.uk

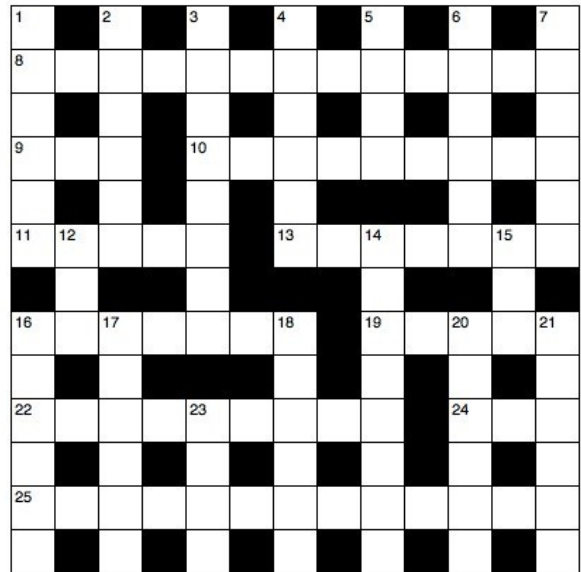


Across

- 8 One of the titles given to the Messiah in Isaiah's prediction (Isaiah 9:6) (6,2,5)
- 9 International Nepal Fellowship (1,1,1)
- 10 Single(1Corinthians7:27)(9)
- 11 Aleksandr Solzhenitsyn's seminal book about Soviet prison camps, The — Archipelago (5)
- 13 Treachery(2Kings11:14)(7)
- 16 Of India(anag.)(2,3,2)
- 19 'God has put us apostles on display at the end of the procession,like men condemned to die in the — ' (1 Corinthians 4:9) (5)
- 22 Follower of a theological system characterized by a strong belief in predestination (9)
- 24 'Put these old rags and worn-out clothes under your arms to—the ropes' (Jeremiah 38:12) (3)
- 25 They brought together all the elders of the Israelites in Egypt (Exodus 4:29) (5,3,5)

Down

- 1 The season when kings 'go off to war' (2 Samuel 11:1) (6)
- 2 Simon Peter's response to Jesus by the Sea of Galilee: 'Go away from me, Lord; I am a — man' (Luke 5:8) (6)
- 3 Beaten with whips (1 Kings12:11) (8)
- 4 'You shall not — adultery' (Exodus 20:14) (6)
- 5 Encourage (Hebrews 10:24) (4)
- 6 Service of morning prayer in the Church of England (6)
- 7 'Take and eat this in remembrance that Christ died for you, and — — him in your heart by faith with thanksgiving' (4,2)
- 12 Run(anag.)(3)
- 14 Member of 17th-century party that denied the right of autonomy to the Church (8)
- 15 'We will triumph with our tongues; we—our lips'(Psalm12:4) (3)
- 16 Earnings(1Corinthians16:2)(6)
- 17 'I rejoice greatly in the Lord that— —you have renewed your concern for me' (Philippians 4:10) (2,4)
- 18 How Paul described Philemon (Philemon 1)(6)
- 20 Multiple territories under the rule of a single state(Daniel11:4)(6)
- 21 'You have been unfaithful; you have married foreign women,—to Israel's guilt' (Ezra 10:10) (6)
- 23 This month(abbrev.)(4)



Easy Soduko

9	4	8	5	7	6	3	1	2
1	2	5	4	8	3	9	7	6
6	3	7	2	9	1	8	4	5
7	5	9	8	6	4	1	2	3
3	8	2	1	5	7	6	9	4
4	6	1	3	2	9	5	8	7
5	9	6	7	4	8	2	3	1
8	7	3	6	1	2	4	5	9
2	1	4	9	3	5	7	6	8

Medium Soduko

7	5	6	3	1	9	8	4	2
8	4	1	5	6	2	9	3	7
2	3	9	7	8	4	5	6	1
9	8	3	2	4	7	1	5	6
1	6	2	9	5	8	4	7	3
5	7	4	6	3	1	2	8	9
4	9	8	1	7	3	6	2	5
3	1	5	8	2	6	7	9	4
6	2	7	4	9	5	3	1	8

Remembering Enid Blyton

by Tim Lenton

It was 125 years ago, on 11th August 1897, that Enid Blyton was born in East Dulwich, South London. This enormously popular British children's writer created Noddy, the Famous Five, and the Secret Seven. She is among the world's bestselling writers, selling more than 600 million copies of her books.

Enid was the daughter of a nature-loving clothing wholesaler, to whom she was very close. He once sat up with her when she was expected to die of whooping cough, determined that she would survive. Her mother was less solicitous. Enid was bright, popular at school and a talented musician, but decided against it as a profession, going into teaching instead.

She married twice – first Hugh Pollock, an editor at a publishing firm who helped her to become established as a writer. They moved to Buckinghamshire and had two daughters, but then divorced in 1942. The following year she married surgeon Kenneth Waters, and they moved in the 1950s to Manor Farm in Dorset, which inspired much of her later work.

Blyton's mystery and adventure stories have clearly defined good and bad characters and are easy to read. They have been criticised for being too simplistic, and more recently for some of the now outdated social attitudes and language. But they remain popular worldwide for their sense of joy and wonder at life.

Several of her books are based on biblical stories, but she had a general rather than personal belief in God. She was brought up as a Baptist, and her children were baptised in the Church of England: towards the end of her life she became interested in Roman Catholicism. She put much energy into charity work, encouraging children to do the same. She died in 1968.

© Parish Pump

Editor's note: *My Mum passed on her love of Enid Blyton stories and I read them avidly as a child and got completely hooked! The Famous Five were my absolute favourites and the stories felt so real at times, I really felt I was with them! Happy days!*

When did you last visit our Cathedral?

We have something for everyone.

Whether you need time to reflect, some time out of the hustle and bustle, or want a chilled lunch and a little browse in our gift shop, there is plenty to do at the Cathedral.

Inside the calming cool interior of the Cathedral, you will really appreciate the vast space and light that the Cathedral offers. Whilst there, enjoy the eye-catching art exhibition installed, 'Mountain Paths' by Fi Photos, a stunning collection of photography taken in the Alps.

Our gift shop has plenty of unique and gorgeous gifts and cards for any occasion and Seasons café has a selection of delicious lunches and refreshments. It is worth [checking our website](#) before visiting.



Puzzle Solutions

Easy Sudoku solution

9	4	8	5	7	6	3	1	2
1	2	5	4	8	3	9	7	6
6	3	7	2	9	1	8	4	5
7	5	9	8	6	4	1	2	3
3	8	2	1	5	7	6	9	4
4	6	1	3	2	9	5	8	7
5	9	6	7	4	8	2	3	1
8	7	3	6	1	2	4	5	9
2	1	4	9	3	5	7	6	8

Medium Sudoku solution

7	5	6	3	1	9	8	4	2
8	4	1	5	6	2	9	3	7
2	3	9	7	8	4	5	6	1
9	8	3	2	4	7	1	5	6
1	6	2	9	5	8	4	7	3
5	7	4	6	3	1	2	8	9
4	9	8	1	7	3	6	2	5
3	1	5	8	2	6	7	9	4
6	2	7	4	9	5	3	1	8

Crossword Solution

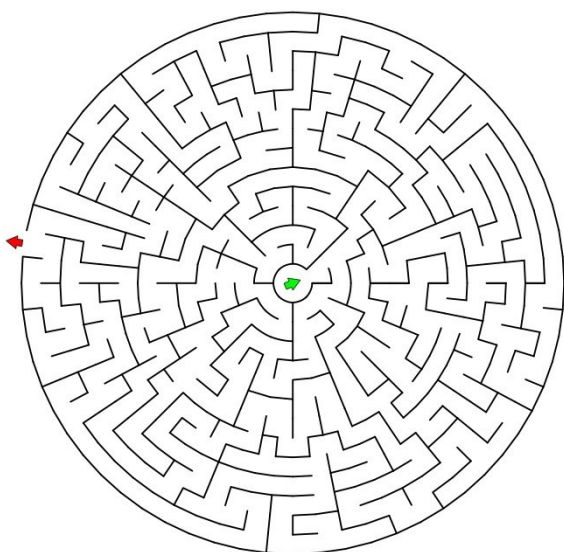
S	S	S	C	S	M	F								
P	R	I	N	C	E	O	F	P	E	A	C	E		
R	N	O	M	U	T	E								
I	N	F	U	N	M	A	R	R	I	E	D			
N	U	R	I									N	O	
G	U	L	A	G	T	R	E	A	S	O	N			
R	E											R	W	
I	N	A	I	D	O	F	A	R	E	N	A			
N	T											S	M	D
C	A	L	V	I	N	I	S	T	P	A	D			
O	A	N	E	I	I									
M	O	S	E	S	A	N	D	A	A	R	O	N		
E	T	T	D	N	E	G								

ACROSS: 8, Prince of Peace. 9, INF. 10, Unmarried. 11, Gulag. 13, Treason. 16, In aid of. 19, Arena. 22, Calvinist. 24, Pad. 25, Moses and Aaron.

DOWN: 1, Spring. 2, Sinful. 3, Scourged. 4, Commit. 5, Spur. 6, Matins. 7, Feed on. 12, Urn. 14, Erastian, 15, Own. 16, Income. 17, At last. 18, Friend. 20, Empire. 21, Adding. 23, Inst.



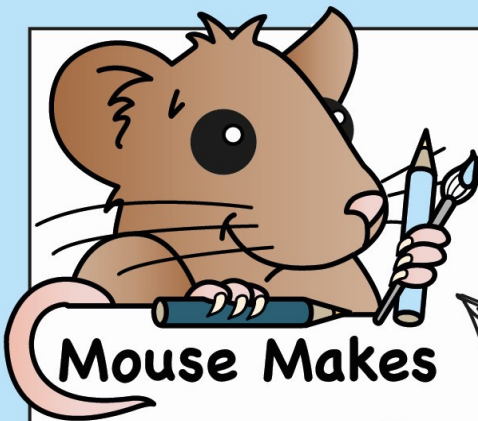
"Due to our failure to secure a holiday-relief organist, the next hymn will also be sung to the tune, *Chopsticks*."



While the vicar's away...

A church newsheet contained the following typo:

The vicar is away on holiday for two weeks. Massages can be given to the curate.



Mouse Makes

READ the full story
in the book of Jonah



What swallowed Jonah?

A big _____

How long was he there?

three _____ and
three _____
Jonah 1:17

JONAH'S JOURNEY

Which city did **God**
tell **Jonah** to go to?

_____ and why?
Jonah 1:12



Where did Jonah
try to go instead?

What did he travel in?

Jonah 1:3



What did God send to stop him?

A great _____

What did Jonah tell the **sailors**
to do to make the sea **calm**?

him into the **sea**
Jonah 1:4-16



What did Jonah do?

then what did the fish do?
Jonah 2:1-10

DID YOU KNOW?

In Bible
times wearing itchy
sackcloth made from
goat's hair was a sign of
grief and repentance



S W A L L O W E D H F
A D E M E S S A G E A
C R E L E N T E D S S
K D B V J G H B O A T
C A L M O O R N F I N
L Y W I N D O I I L G
O S P R A Y W G S O S
T A R S H I S H H R E
H T B N F O R T Y S A
N I N E V E H S H I P

Find the missing words. Look up the Bible references then
look for them and the words on this page in **bold** in the word search

When Jonah reached Nineveh
he proclaimed God's **message**...

_____ days
Jonah 2:1-10

What did the people do?

F _____
What did they put on?

Jonah 3:1-9

What did God do?

R _____
Jonah 3:10



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20

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Your contributions would be most welcome and any copy for this publication should be sent to
Suzanne Cole editor@capelandockleychurch.org.uk By 20th August 2022 please.
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