

## PRAYERS

God of peace and justice,  
we pray for the people of the Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace.  
Amen

Heavenly Father, we lift up all those who are facing illness today. We place our sick under Your care and humbly ask that You restore them to health again. We particularly pray for **Jennifer Morshead, Eileen and Peter Bennett, Sally Calvert, Nicky, Sandy, Beryl, John Dendy, Spencer Thorpe, Claire Boothby, Margaret Dale, Eileen Steeden, Simon, Pat White, and Margaret.**

We particularly remember all those who have been recently bereaved and offer our love and support to the families of **Finley Relf, Ellie Treanor-Smith, Judith Edwards, Tim Pryke and Belinda Crabb** whose funeral is at Okewood Hill on 12 March at 11am. May they rest in peace and rise in glory.

**Evening Prayer** is said every Friday at 5.30pm in Capel, do join us for this lovely calm occasion, it's a great way to start the weekend after a hectic week.

**Lent course:** St Peter's Newdigate are running an online Lent course entitled 'Unanswered prayer' starting on Monday 7 March and continuing on Monday evenings for 5 weeks, from 8-9pm. Please email David Newbery ([newberyda@gmail.com](mailto:newberyda@gmail.com)) if you would like to be included.

**Lent:** For those who would like to know a little more: Historians generally agree that the 40-day period before Easter, known as Lent, emerged shortly following the Council of Nicea in 325 AD. Earliest observances of Lent seem to have focused particularly on the practice of fasting. Council records suggest that the fast applied at first mainly to new converts as a period of repentance and reflection before baptism at Easter. In any case, Lent quickly became a general practice churchwide. The actual 40-day period varied region-to-region, even church-to-church; some including weekends, some not; some fasting Sundays, others not. But in every case, the fast was strict: one meal a day after 3 PM with no meat, fish, or dairy. It was [Pope Gregory I \(590 - 604\)](#) who finally regularized the period of the fast churchwide, to begin on a [Wednesday 46 days](#) before Easter with a ceremony of ash, and not to include Sundays, which were perennial days of celebration.

**Saturday 12 March 8pm:** Clive Carroll in Concert at Capel church "probably the best and most original acoustic guitarist/composer in Britain". A wonderful event the first of the Capel Cottage Concerts for 2022. Book your tickets at [www.capelboxoffice.co.uk](http://www.capelboxoffice.co.uk)

**2/3 July: Capel Military Show.** This year the church and WI will be running the coffee and cake stall at the Military show. A wonderful chance for us to make new friends, show off our wonderful cake baking skills and raise some funds. Please mark the day in your diary and let Norman Ede [norman@nightlesscopse.co.uk](mailto:norman@nightlesscopse.co.uk) know if you can help.

## Parish of Capel and Ockley

### Sunday 6 March 2022

### First Sunday of Lent

### Welcome to your church



**Sunday 6 March:** First Sunday of Lent

9.30am	Matins	Ockley
10.30am	Family Communion	Capel

**Wednesday 9 March:**

9-12noon	Pavilion Café	Cricket Pavilion, Ockley
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**Saturday 12 March:**

8pm	Clive Carroll in Concert	Capel church
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'Probably the best and most original acoustic guitarist/composer in Britain'

**Sunday 13 March:** Second Sunday of Lent

9.30am	Holy communion CW	Ockley
10.30am	Café Church	St John's, Capel

**Wednesday 16 March:**

9-12noon	Pavilion Café	Cricket Pavilion, Ockley
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**Sunday 20 March:** Third Sunday of Lent

9.30am	Matins	Ockley
10.30am	Family communion	Capel

**'Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.'**

James 1:12

**Please observe the following guidelines whilst in church:**

**At both churches:**

The wearing of masks inside places of worship is encouraged.

Hand sanitiser will be available for use by the entrance door.

Holy communion is now available in both bread and the wine. Consecrated wine will be served in individual glasses whilst we are still at risk from the pandemic.

**At Capel:** One of the hymns (usually the 3<sup>rd</sup>) will be designated as an offertory hymn. The bag will be passed round by the sides person

**At Ockley:** The collection plate will be on the table at the back of the church for donations.

**VICAR** Revd. Liz Richardson

PARISH PASTORAL ASSISTANT  
CHURCH WARDENS:

Capel

Ockley

SAFEGUARDING OFFICER:

Diocesan Safeguarding Officer

**vicar@capelandockleychurch.org.uk**

01306 711260

Sylvie Beckett 07711 849338

Norman Ede 01306 713247 and

Joy Harman 01306 711482

James Lee-Steere 07766 466656

Leigh de Souza 07732 825908

leighdesouza@yahoo.com

Jackie Broadfoot 07918 559387

Jackie.broadfoot@cofeguildford.co.uk