

### COLLECT

Almighty God,  
whose Son Jesus Christ fasted forty days  
in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in  
obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### FIRST READING Deuteronomy 26:1-11

*A reading from the book of Deuteronomy.*

Moses spoke to the people, saying:  
When you have come into the land that  
the LORD your God is giving you as an  
inheritance to possess, and you possess  
it, and settle in it, you shall take some  
of the first of all the fruit of the ground,  
which you harvest from the land that the  
LORD your God is giving you, and you  
shall put it in a basket and go to the place  
that the LORD your God will choose as a  
dwelling for his name. You shall go to the  
priest who is in office at that time, and  
say to him, "Today I declare to the LORD  
your God that I have come into the land  
that the LORD swore to our ancestors to  
give us." When the priest takes the basket  
from your hand and sets it down before  
the altar of the LORD your God, you shall  
make this response before the LORD your  
God: "A wandering Aramean was my  
ancestor; he went down into Egypt and  
lived there as an alien, few in number, and  
there he became a great nation, mighty  
and populous. When the Egyptians  
treated us harshly and afflicted us, by  
imposing hard labour on us, we cried  
to the LORD, the God of our ancestors;  
the LORD heard our voice and saw our  
affliction, our toil, and our oppression.  
The LORD brought us out of Egypt with  
a mighty hand and an outstretched arm,  
with a terrifying display of power, and  
with signs and wonders; and he brought  
us into this place and gave us this land, a  
land flowing with milk and honey. So now  
I bring the first of the fruit of the ground  
that you, O LORD, have given me." You  
shall set it down before the LORD your  
God and bow down before the LORD  
your God. Then you, together with the  
Levites and the aliens who reside among  
you, shall celebrate with all the bounty

that the LORD your God has given to you  
and to your house.

### PSALM Psalm 91:1-2. 9-end

[or 91:1-11]

**R** *Keep me as the apple of your eye.*  
Whoever dwells in the shelter of the Most  
High  
and abides under the shadow of the  
Almighty,  
Shall say to the Lord, "My refuge and my  
stronghold,  
my God, in whom I put my trust." **R**

For he shall deliver you from the snare of  
the fowler  
and from the deadly pestilence.  
He shall cover you with his wings  
and you shall be safe under his feathers;  
his faithfulness shall be your shield and  
buckler. **R**

You shall not be afraid of any terror by  
night, nor of the arrow that flies by day;  
Of the pestilence that stalks in darkness,  
nor of the sickness that destroys at  
noonday. **R**

Though a thousand fall at your side  
and ten thousand at your right hand,  
yet it shall not come near you.  
Your eyes have only to behold to see the  
reward of the wicked. **R**

Because you have made the Lord your  
refuge  
and the Most High your stronghold,  
There shall no evil happen to you,  
neither shall any plague come near your  
tent.  
For he shall give his angels charge over  
you,  
to keep you in all your ways. **R**

### SECOND READING

**Romans 10:8b-13**  
*A reading from the letter of Paul to the  
Romans.*

What does scripture say? "The word  
is near you, on your lips and in your  
heart" (that is, the word of faith that we  
proclaim); because if you confess with  
your lips that Jesus is Lord and believe in  
your heart that God raised him from the  
dead, you will be saved. For one believes  
with the heart and so is justified, and  
one confesses with the mouth and so is  
saved. The scripture says, "No one who  
believes in him will be put to shame." For

there is no distinction between Jew and  
Greek; the same Lord is Lord of all and  
is generous to all who call on him. For,  
"Everyone who calls on the name of the  
Lord shall be saved."

### GOSPEL Luke 4:1-13

*Hear the gospel of our Lord Jesus Christ  
according to Luke.*

Jesus, full of the Holy Spirit, returned from  
the Jordan and was led by the Spirit in  
the wilderness, where for forty days he  
was tempted by the devil. He ate nothing  
at all during those days, and when they  
were over, he was famished. The devil  
said to him, "If you are the Son of God,  
command this stone to become a loaf of  
bread." Jesus answered him, "It is written,  
'One does not live by bread alone.'" Then  
the devil led him up and showed him in  
an instant all the kingdoms of the world.  
And the devil said to him, "To you I will  
give their glory and all this authority; for it  
has been given over to me, and I give it to  
anyone I please. If you, then, will worship  
me, it will all be yours." Jesus answered  
him, "It is written, 'Worship the Lord your  
God, and serve only him.'" Then the devil  
took him to Jerusalem, and placed him  
on the pinnacle of the temple, saying to  
him, "If you are the Son of God, throw  
yourself down from here, for it is written,  
'He will command his angels concerning  
you, to protect you,' and 'On their hands  
they will bear you up, so that you will not  
dash your foot against a stone.'" Jesus  
answered him, "It is said, 'Do not put the  
Lord your God to the test.'" When the  
devil had finished every test, he departed  
from him until an opportune time.

### POST COMMUNION

Lord God,  
you have renewed us with the living bread  
from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is  
the true and living bread,  
and enable us to live by every word that  
proceeds from out of your mouth;  
through Jesus Christ our Lord.



Keep me as the ap - ple of your eye.