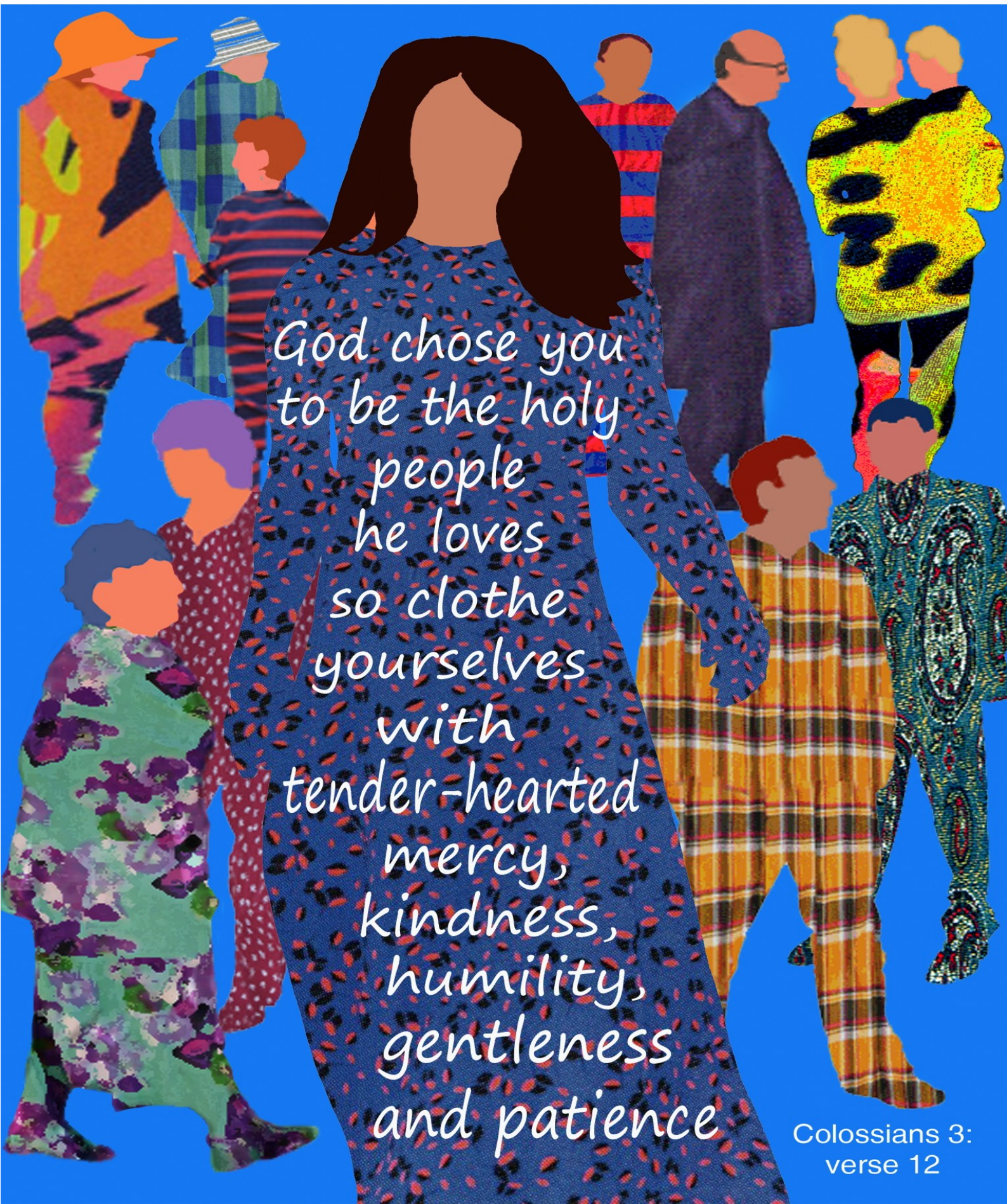
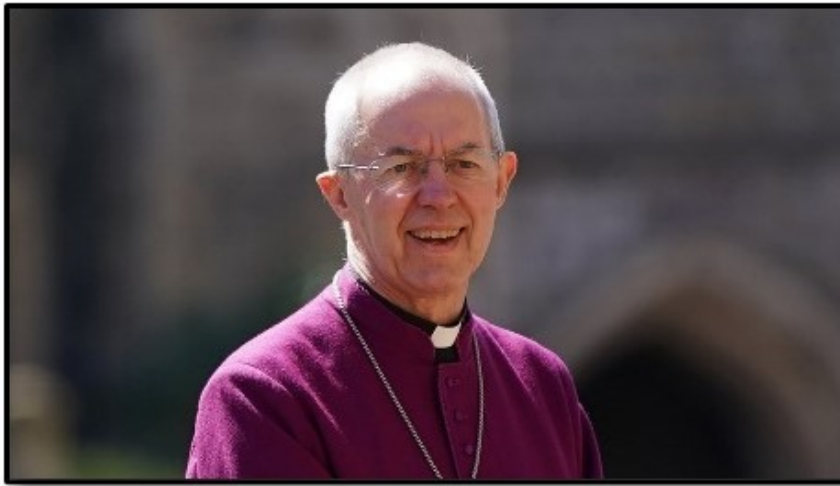


The monthly publication for the Parish of Capel & Ockley



God chose you  
to be the holy  
people  
he loves  
so clothe  
yourselves  
with  
tender-hearted  
mercy,  
kindness,  
humility,  
gentleness  
and patience

Colossians 3:  
verse 12



## **The Archbishop of Canterbury's Visit to the Guildford Diocese 24th-27th September 2021**

In late September, Archbishop Justin Welby will be visiting the Guildford Diocese. **From 24th-27th September the archbishop will be attending various events to which any members of our congregations are invited, and for us to invite guests to hear a message about faith in Jesus Christ.**

There are two different events. *One is for church members, and one is for guests, so please read carefully.*

### **An Evening with Justin Welby**

All church members are invited to come to an event on:

**Friday 24th September 8pm at the Lakeside Centre, Camberley**

where he will speak on the future of the local church and take part in an extended Q and A session. This will be a time of encouragement, support and thanksgiving for all that parishes have been doing during the pandemic. This event is aimed first and foremost at existing church members.

You can book now: [www.eventbrite.co.uk/e/an-evening-with-justin-welby-tickets-160856571335](http://www.eventbrite.co.uk/e/an-evening-with-justin-welby-tickets-160856571335)

### **The Big Questions Event**

The archbishop will be visiting each deanery for a Big Questions Event, to which we can invite guests who we feel may like to hear about the Christian faith in a 'non-churchy' way. This is a time of great opportunity as people emerge from a pandemic which has shaken the foundations of our worldly security. They are wrestling with uncertainty, asking big questions and increasingly open to faith. The archbishop will spend most of his time responding to questions, which he does with candour and humour, and we are confident that this will engage our audiences and encourage them to explore the source of his hope, faith in Jesus Christ. No question will be 'off limits'.

The Big Questions event for the Dorking Deanery will be on:

**Saturday 25 September at 11.30 at Dorking Halls**

You can book a place here: <https://www.eventbrite.co.uk/e/big-questions-with-the-archbishop-of-canterbury-dorking-tickets-162238043355>

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## Church Teas in August

Ockley - Sunday 1st  
2—5 pm

Capel - Sundays 15th, 29th and  
Monday 30th All 3—5pm



*Don't want a paper copy ...*

You can register to receive **InSpire** via email each month OR download individual issues!

[www.capelandockleychurch.org.uk/inspire-magazine](http://www.capelandockleychurch.org.uk/inspire-magazine)

This issue is kindly sponsored by

Hugh & Debbie von Bergen

To celebrate their Grandson  
Thomas Jacob's birthday.  
Happy Birthday Thomas!

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**Parish Eco Team** [ecoteam@capelandockleychurch.org.uk](mailto:ecoteam@capelandockleychurch.org.uk)

*Dear all,*

The so called 'Freedom Day' has been and gone and I wonder what if anything that means for you? For us at our churches I don't think anything much will change at our regular Sunday worship week by week. The law may have changed but I get the sense that most people wish to proceed with caution, especially as the infection rate continues to climb. By the time you read this our PCC (Parochial Church Council) will have met to discuss in more detail as we now have the Church of England 'take' on managing churches following the lifting of government restrictions on July 19th. All is now possible but is it wise? This is the fine line we have to try to walk so that we can play our part in keeping others safe inside our buildings. For those who are acquainted with St Paul, he wrote to the church at Corinth "All things are lawful" but not all things are beneficial! Words for us today perhaps?! Anyway be assured that we will be considering how to proceed so that all people can feel safe and protected, particularly the vulnerable in our community. For what we call the occasional offices, baptisms, weddings and funerals, these may well have to be considered on an event by event basis. It will be interesting to see how the next few weeks go as the country adjusts to the end of lockdown rules.



We certainly live in an age of uncertainty at the moment so I am pleased to be able to tell you about an event happening in Dorking on Saturday 25th September - 11.45 - 12.45pm at the Dorking Halls. The Archbishop of Canterbury is coming to visit us and this will be a unique opportunity to put questions to Archbishop Justin and hear him speak on how to find security and hope in uncertain times. It is a free event and you can book free places at [BigQuestions-Dorking.eventbrite.co.uk](http://BigQuestions-Dorking.eventbrite.co.uk). For further details please do email me at [liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk) especially if you have a question to put forward and I will help you with that. Also please contact me if you would like someone to take you, book you a place especially if you are not online. For non online please contact me on 01306 711260.

It has been wonderful to have welcomed many of you back to teas again on Sundays and congratulations to St Margaret's for their first tea afternoon which was a huge success last month. You will see that there is another one at the beginning of this month and the beginning of September too. Capel continues to hold teas twice a month and of course on bank holiday Mondays.

We have had to say farewell to some more old friends in our parish in the last month. Many of you will know Bernie Osborne from her days in the Holmwood and Capel, no doubt lending a helping hand. We will be holding a thanksgiving service to honour her life later this month on Saturday the 28th August. Tony Judge for whom the little animals in the hedge outside his home amused many sadly died and there was a wonderful send off for David Markham, a much loved member of the farming community and surrounds as he was laid to rest in the churchyard recently. We also said farewell to Lt. Col. Douglas James, described by his family as 'a true, officer and gentleman to the end'. What a privilege it is to do these services for these and many more from different walks of life but all with one thing in common, loving Capel and this area, and contributing much to the lives of others through their lives. At the other end of the scale we have welcomed several young children to be baptised this last month. I had to really brush up my skills as it has been a long time since we have been allowed to baptise anyone apart from in an emergency situation. Again such a privilege to welcome these young lives starting out on their journeys of faith.

So wherever you find yourself during this traditional holiday month, whether your days are mapped out for you as duty calls or as the opening prayer of the Church of England Morning Daily Office describes; 'the night is passed and the day lies open before us', we are all on a journey of some kind or another. I pray that you will find rest and refreshment knowing that God's love surrounds you.

With my love and prayers,

*Revd Liz*

**Revd Liz Richardson** [liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk) 01306 711260

Vicar St John the Baptist Capel and St Margaret's Ockley

# CHURCH SERVICES AND EVENTS FOR THE PARISH OF CAPEL AND OCKLEY - AUGUST 2021

Page 5

## AUGUST

**SUNDAY 1st**                      **TRINITY 9**  
9.30 am                      Morning Worship at St Margaret's Ockley  
10.30 am                      Morning Worship at St John's Capel  
2.00 pm                      Teas at St Margaret's church Ockley (2 - 5pm)

**SUNDAY 8th**                      **TRINITY 10**  
9.30 am                      Holy Communion CW at St Margaret's Ockley  
10.30 am                      CAFE CHURCH at The Crown Capel

**SUNDAY 15th**                      **TRINITY 11**  
9.30 am                      Matins at St Margaret's Ockley  
10.30 am                      Family Communion CW at St John's Capel  
3-5pm                      Teas at Capel Church

**SUNDAY 22nd**                      **TRINITY 12**  
9.30 am                      Matins BCP at St Margaret's Ockley  
10.30 am                      Family Communion CW at St John's Capel

**SATURDAY 28th**                      **Service of Thanksgiving -**  
3.00 pm                      For the life of Bernie Osbourne

**SUNDAY 29th**                      **Trinity 13**  
9.30 am                      Holy Communion BCP at St Margaret's Ockley  
10.30 am                      Morning Worship CW at St John the Baptist Capel  
3-5pm                      Teas at Capel Church

**Bank Holiday Monday**                      3-5pm                      Teas at Capel Church

## SEPTEMBER

**SUNDAY 5th**                      **Trinity 14**  
10.00 am                      Matins St Margaret's Ockley  
10.00 am                      Family Communion Capel  
2.00 pm                      Teas at St Margaret's church Ockley (2 - 5pm)

BCP - service is from The Book of Common Prayer 1662

CW - service is from Common Worship 2005

### Updated guidelines as agreed at PCC 26th July 2021 following the relaxation of legal restrictions

#### At both churches:

- ◆ We encourage all our congregations to wear masks during our services, if they can, and to maintain appropriate distance from each other
- ◆ Hand sanitiser will be available for use by the entrance door.
- ◆ Holy communion will for the moment continue in one kind only.

#### At Capel:

- ◆ We have designated the front pews for those who would like to sing during the service. These pews will have hymn books and kneelers available. Please leave the hymn books in the pew when you leave.
- ◆ Please continue to wear your masks when singing.
- ◆ The back pews are available for those who would prefer not to sing and maintain more social distance.
- ◆ One of the hymns will be designated as an offertory hymn. The bag will be passed round by the sidesperson but should not be handled by others.

#### At Ockley:

- ◆ We have taken the decision to have no congregational singing at present, this will be reviewed in September.
- ◆ Prayer books will be available, please leave them in the pews at the end of the service.
- ◆ The collection plate will be on the table at the back of the church for donations.

Please also note that St John's is open during the week and at weekends but *St Margaret's is only open at weekends.*

**Services & Events info on our website: [www.capelandockleychurch.org.uk](http://www.capelandockleychurch.org.uk)**



August 2021

## “You’ll never walk alone.”

What comes to mind when you see those words? For many, it will be the sound of thousands of football fans doing their best to “sing” at the top of their voices to fire up their beloved team prior to a devastating defeat by the visiting club! Or maybe it’s the iconic hit single by Gerry and his Pacemaker from 1963. Those with an even longer memory will know that the song originates from the Rogers and Hammerstein musical, Carousel.

So, what brought that simple phrase to my mind this month? A combination of two different yet very similar scenarios. The first was that of watching my two young grandchildren attempting to take their first steps. That wide-eyed uncertainty as they try to clumsily put one foot in front of the other and stumble a couple of paces into the arms of their waiting parents. That moment when, as parents, we see the look of joy and achievement on the faces of our children and realise, in the same instant, that our lives are about to be turned upside down by a fiercely independent toddler racing towards the nearest flight of stairs!

The second scenario was much closer to home. Loyal readers will remember last month’s column talking about the care and love I received during my recent COVID-related health issues. One of the consequences of the illness has meant having physiotherapy to, effectively, help me to learn to walk again. I find myself trying to make those same faltering, unsteady steps that my grandchildren are attempting; the same “furniture-walking” technique I see them employing to get from one side of the room to the other. It’s all rather surreal!!!!

So, as a Christian and as someone tasked with leading St. John’s Café Church each month, I want to be able to tell you about the mighty and miraculous healing power of God. You know, like all those stories in the bible about blind men seeing, dumb men speaking and, especially, lame men walking. But the truth is that, in spite of the prayers of many people across the country (for which I am truly grateful, by the way) I have not seen that instant, divinely-inspired return to full mobility. And that’s OK. If there is one thing that I’ve learned over 40 years of trying to know and understand God better it’s that, whatever the circumstances are that we find ourselves in, He is there with us. Yes, I truly believe that He is able to heal me in an instant. But I also know that God has much to teach and show me through the current situation – not least of those being patience!!!!

Maybe some of you are saying, “But you’re just making excuses for this so-called, miracle-working God that you think exists!” Not at all. As Julian of Norwich, the celebrated Christian mystic of the 14<sup>th</sup> Century put it: “First the fall, and the recovery from the fall, and both are the mercy of God.” And then there is the famous section in Psalm 23, perhaps the best known of all the psalms, that begins; “The Lord is my shepherd”. Verse 4 of that psalm reads; “Even though I walk through the darkest valley, I will fear no evil, for you are with me.” Words recorded maybe 2,000 years or more before the writings of Julian. The promise from God that, whatever the circumstances we find ourselves in, however dark and bleak things appear, He is with us. And with each uncertain step I take towards recovery I find myself putting my feet in the footprints of a God who knows and understands and has already walked that path before.

*Bob Cranham*

Café Church meets at  
The Crown, Capel  
on Sunday August 8<sup>th</sup> at 10.30am  
when Bob Cranham will be leading  
the service.

Free coffee & croissants, a band,  
possibly some poetry, definitely lots  
of laughter and, hopefully, plenty to  
think about!

## Miscellaneous observations on life as a Christian ...

One day we stand to lose everything – except those qualities that have eternal value. – *David Watson*

The weaker we feel, the harder we lean on God. And the harder we lean, the stronger we grow. – *Joni Eareckson Tada*

Never make the blunder of trying to forecast the way God is going to answer your prayer. – *Oswald Chambers*

In commanding us to glorify Him, God is inviting us to enjoy Him. – *C S Lewis*

We may pray most when we say least, and we may pray least when we say most. – *Augustine*

God has nothing to say to the self-righteous. – *D L Moody*

For every act of kindness and compassion done by any man for his fellow Christian is done by Christ working in him. – *Julian of Norwich*

It used to irritate a friend of mine that when he went to confession, he never got the chance to tell the priest the good things he had done. – *Monica Furlong*

The cross is the ladder to heaven. – *Thomas Draxe*

Death is but a path that would be trod, if man would ever pass to God. – *Thomas Parnell*

A rumour is about as hard to unspread as butter. – *Anon*



Don't forget you can download our recent services at our Parish website:

<https://www.capelandockleychurch.org.uk/services/services-on-line/>

## Rainbows in the Cathedral

28 July 2021

Page 8

Rainbows and children's artwork and prayers are decorating Guildford Cathedral for the next five weeks. The Rainbow project has been created by children from ten Diocesan Schools including two secondary schools. The mix of art work and prayers is a response to specially written Collective Worship, used in the diocese across the summer term, which featured in turn, each colour of the rainbow as its theme.



"Combined with the Cathedral's Diamond Anniversary and the easing of coronavirus restrictions, it seems fitting to use this symbol of hope and promise in the Cathedral," says Becki Hartley the Head of Family Engagement and Schools. "The rainbow is also a significant symbol for diversity and became the short hand signature of our incredible NHS and frontline workers during the pandemic. Rainbows tie in to so many positive messages," she says.

The 12 pillars of the Cathedral will be decorated with a rainbow supported by the children's colour contributions. "I wasn't expecting so many lovely pieces," says Becki who has been working hard staging the exhibition for the last week. "We just want to welcome everybody back to the Cathedral," says Becki. "We've missed them and we really want to bring people back together. The pandemic has been difficult, particularly for school children. Yet they have so many positive messages, that they are going to take forward. The Christian church has a message of hope and the rainbows are just a lovely symbol of the central message."

**Come and see the Rainbow Project for free at the Cathedral from anytime between 10.30am -3.30pm from Tuesday 27 July until Friday 3 September.**

<https://www.cofeguildford.org.uk/whats-on/news/detail/2021/07/28/rainbows-in-the-cathedral>

### STAMPS AND OLD PRINTER CARTRIDGES

Don't forget that you can drop off your used printer cartridges in the box in the church porch at Capel. These are sent to a recycling firm who give a small amount towards our church funds.

Also, don't forget to keep bringing your used stamps to church - again a box is in the porch at Capel.

Thank you

### Covid Guidelines for Church updated

Following a meeting of the PCC on 26th July 2021, the Covid guidelines for our churches have been reviewed following the lifting of restrictions on 19th July 2021.

Details can be found on page 5 'Services and Events' of this issue.



Yet another of the vicar's money-raising wheezes, I see

Read details of a new 'sponsored' walk on Holmwood Common on Sunday 12th September on page 22



# NEWS from the Pews

## The Pavilion Café

We are open every Wednesday morning from 9 to 12 in the Cricket Pavilion on the green in Ockley.

We serve homemade cakes and savouries and offer a range of teas and fresh coffee. On the last Wednesday of the month we also serve bacon butties which are very popular. We ask for donations and, after expenses, the money goes to charity. We like to donate to our local churches, local amenities and charities and also national ones. We have become very popular over the years and there is plenty of parking and disabled access to the building.

The cafe was started in 2012 by a team of local church-going women called 'Kindred Spirits'.

## Capel Fortnightly Market

Next one is this  
**Saturday 1st August**  
**8.30 - 11.30 am**  
outside **The Crown pub in Capel.**

Any questions please contact:

Dineke van den Bogerd  
01306 710087

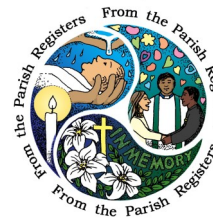
**Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.**

If so, please get in touch with Debbie von Bergen:- [debbievonbergen@icloud.com](mailto:debbievonbergen@icloud.com)

*We must have their permission before adding them to the list. Thank you.*

Let's stay  
**connected**

## FROM THE REGISTERS Capel and Ockley



### Holy Baptism

We welcome into the family of the church

**Elsie Carol and Emily Susan Tottman - Kidd**  
11th July 2021

**Theodore David Stratford**  
17th July 2021

**Ivy Coomber**  
25th July 2021

**In Memoriam**  
We mourn the loss of

**Berniss Bula Priscilla Osbourne**  
30th June 2021

**Lt. Col Douglas Keith James**  
5th July 2021

## SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns contact our Safeguarding Officer [Leigh Smith 07732825908 leighdesouza@yahoo.com](mailto:leighdesouza@yahoo.com)  
or [Revd Liz Richardson 01306 711260 liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk)

*This notice will appear each month in InSpire  
and the contact details for our Safeguarding Officer and the Diocesan Safeguarding Advisor  
Jackie Broadfoot will be published in our weekly pew sheets as well as in  
the Church Contacts section in each issue of Inspire.*



# PRAYER DIARY

**AUGUST 2021**

Compiled by Belinda Kerry

**'I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.'** John 15:5

## **CONFIDENCE..... continued**

### **SUNDAY 1<sup>st</sup>**

*Father of us all, we thank You for people of faith who have inspired us and lead us to believe in You and Your promises. May our faith journey bring confidence and assurance that You will always be with us.*

### **SUMMER BREAKS/REST**

**'Come to me, all you who are weary and burdened, and I will give you rest.'** Matthew 11:28

### **MONDAY 2<sup>nd</sup>**

*Heavenly Father, we thank You for the promise of rest in You. We pray for daily rest from the troubles of this world and the difficulties we face. We humbly put our trust in Your power to complete Your good and perfect work in us.*

### **TUESDAY 3<sup>rd</sup>**

*Father God, we pray for all families during the holiday period. May the weeks be filled with fun, laughter and activity. We think of those unable to go away and pray that they will find rest and peace at home.*

### **WEDNESDAY 4<sup>th</sup>**

*Loving Father, You never leave us. May we not forget You when we are away from our normal routine. Keep us close, Lord, and remind us that our relationship with You should never take a break.*

### **THURSDAY 5<sup>th</sup>**

*God of wisdom, we pray for all teachers, assistants, helpers, carers and volunteers who teach and nurture young people. It has been a difficult, confusing and demanding year for all in education and so we pray that Your peace will be with them over the summer holidays.*

### **FRIDAY 6<sup>th</sup>**

*Father God, be our companion, guide and protector during all holiday journeys. Protect us all from danger, temptation and misfortune and grant us a successful, peaceful journey and safe arrival.*

### **SATURDAY 7<sup>th</sup>**

*Dear Lord, draw close to those who are alone and lonely over this holiday time. May they hand their sorrows and their fears over to You who promised to carry all our cares and difficulties. Bring them companions and neighbours who can offer comfort and love.*

### **SUNDAY 8<sup>th</sup>**

*Heavenly Father, we pray for all who work in hospitality during the summer months. We pray for all who work in the emergency services and the travel industry. May they find peace and rest with You despite busy schedules.*

## **BEAUTY**

**'Your beauty should not come from outer adornment..... Rather it should be that of your inner self...'** 1 Peter 3:3-4

### **MONDAY 9<sup>th</sup>**

*Lord, we pray that we would stop trying to grasp perfection for ourselves. We pray that we would be good stewards of the temples You have given us and that our hearts would remain focused on You. May our flaws and scars not defeat us, but rather, add to the joy and hope of what You have promised for us in eternity.*

### **TUESDAY 10<sup>th</sup>**

*King of Glory, help us to recognise what is eternal and what is temporary. Our bodies and faces will be altered by circumstance and time, but with our eyes fixed on You, a deeper beauty can shine through. We pray that You would help us see where You find beauty and teach our children to do the same.*

### **WEDNESDAY 11<sup>th</sup>**

*Loving Father, forgive us when we conform to a world constantly striving for its own definition of beauty. Forgive us when we forget the truth that You created each one of us. Help us to see our bodies as You do, wonderful and marvellous.*

### **THURSDAY 12<sup>th</sup>**

*Creator God, we thank You for the beauty of Your creation in every plant, every rock and every animal. We thank You for the beauty we see when we look into the eyes of a believer and see Your face. We thank You for the beauty of living with You every hour of every day.*

### **FRIDAY 13<sup>th</sup>**

*Almighty God, help us to accept that You created each one of us uniquely and with a purpose. Father, help us not only to be content with our bodies, but to celebrate them - the differences, the disabilities, the flaws, the beauty and the imperfections.*

### **SATURDAY 14<sup>th</sup>**

*Lord Jesus, we thank You for the beauty expressed in art, nature, music and architecture. May the beauty of the things of this world inspire us in our praise and worship of You, encourage us to find love and connection with others and fill our souls with joy and peace.*

### **SUNDAY 15<sup>th</sup>**

*Gracious God, thank You for the beauty of this world. Sometimes we can get wrapped up in its pain and brokenness so much that we miss its wonders. Today we pause to thank You for the beauty of Your creation.*

## LONELINESS

**'As I was with Moses, so I will be with you; I will never leave you nor forsake you.'**

**Joshua 1:5**

### MONDAY 16<sup>th</sup>

*Lord, comfort those who are lonely, and have no one to talk to day by day. Be close, draw near and bring them loving and faithful companions.*

### TUESDAY 17<sup>th</sup>

*Loving Father, we pray for those who feel alone. Bring the warmth of relationships into the lives of lonely people. Cover their thoughts with hope and send Your love into their hearts.*

### WEDNESDAY 18<sup>th</sup>

*Lord Jesus, the restrictions of lockdown brought loneliness to many people and now the easing of those restrictions may bring worry and fear to those on their own. We pray for Your grace to fill each hurting, lonely and frightened person that they might find their comfort and succour in You.*

### THURSDAY 19<sup>th</sup>

*Dear Lord Jesus, You came to earth to carry our burdens, heal our brokenness, and set us free from life's bondage. Thank You that You have promised to give Your precious rest and perfect peace to all who look to You.*

### FRIDAY 20<sup>th</sup>

*Father, even though we may struggle with loneliness, help us to turn away from ourselves and look to You to provide perfect fellowship and intimacy. Thank You for being our Comforter and Counsellor. We pray that Your comfort and grace may flow through us to others who are going through a similar loneliness.*

### SATURDAY 21<sup>st</sup>

*Holy Father, we pray for those who discover themselves to be lonely, unloved or even rejected in their marriages. Restore what has gone sour in such marriages we pray, heal the brokenness and isolation and comfort each aching heart.*

### SUNDAY 22<sup>nd</sup>

*Father God, we pray for those who feel lonely even in the midst of a crowd. We pray for those who are lonely in their family home, in a busy city or community and in their churches. Open our eyes to see them Lord as You do so that we may bring comfort and healing in Your Name.*

## WORLD LEADERS

**'I have been your leader from my youth until this day. Here I stand. Testify against me in the presence of the Lord and his anointed.'** 1 Samuel 12:2-3

### MONDAY 23<sup>rd</sup>

*Dear Father, we lift up to You the members of the Government of our country. We pray that they will govern with wisdom and integrity. We pray that they carry out their responsibilities with honesty and for the benefit of the people of this nation.*

### TUESDAY 24<sup>th</sup>

*Loving Father, thank You for the men and women who serve our country in leadership roles. Provide our leaders with reminders each day of why they decided to dedicate their lives to public service, and use that commitment to encourage them.*

### WEDNESDAY 25<sup>th</sup>

*God of all, thank You for leaders who care about issues impacting the most vulnerable. We ask that You help all leaders to care for people in need, especially children. Press on the hearts of us all a desire and drive to reach out to government leaders on issues surrounding global poverty, and soften leaders' hearts towards these issues.*

### THURSDAY 26<sup>th</sup>

*Holy Father, we grieve for those who are living in war-torn countries where there is much blood-shed, corruption and unrest in their governments. We pray that in Your grace You would bring leaders of integrity.*

### FRIDAY 27<sup>th</sup>

*Holy God, we pray for all the leaders of the world: that they may make just decisions and use their power wisely, so that everyone may receive a fair deal and an equal share in the wealth that God has given us.*

### SATURDAY 28<sup>th</sup>

*Heavenly Father, we pray for those in power who have influence over the choices made about climate change: that they may think of those communities already feeling the effects of climate change and make the difficult decisions needed to combat the problem.*

### SUNDAY 29<sup>th</sup>

*God of hope, in these times of change, unite our nation and guide our leaders with your wisdom. Give us courage to overcome our fears, and help us to build a future in which all may prosper and share.*

## COMMUNITY

**'And let us consider how we may spur one another on towards love and good deeds, not giving up meeting together...'** Hebrews 10:24-25

### MONDAY 30<sup>th</sup>

*Father God, help us to create an awareness in our community of our need for You. May we be salt and light to our neighbours so that they may thirst and hunger for Your presence in their lives. And as we emerge cautiously from lockdown, may we be alert to the needs of others and pray for those who are vulnerable or sick, isolated or housebound.*

### TUESDAY 31<sup>st</sup>

*Loving Father, we thank You for teaching us to love others regardless of differences. May our community be known for love and fairness. Help us to love as You love.*

## Bible Bite

A short story from the Bible

It can be read in the Bible in  
2Sam 15, 16:15-19, 17:4-22, 18:1-12, 33, 19:1-8

King David had many wives and children. He loved his sons so much that he never punished them or told them off if they did wrong.

Also David had not said who would be king after him.



His son Absalom was very handsome, and he made friends with everyone.



People began to prefer him to David.



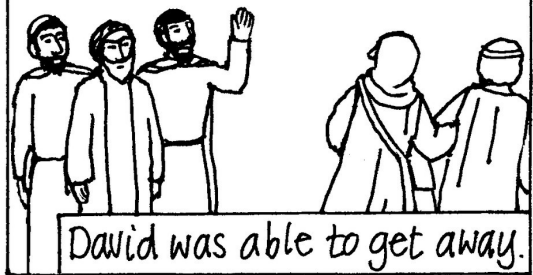
Absalom gathered an army of supporters and they headed for Jerusalem.



David and his supporters had to flee.



A few stayed behind to be spies and to give bad advice.



David was able to get away.

The two armies fought in a rocky wooded place.



Absalom was riding through it when his hair got caught in a tree.



Joab and his men killed him.

When David heard Absalom was dead, he was so upset...



..his soldiers were ashamed they had won.



Joab came back from the battle and found David crying



You should be ashamed! You care more for your disloyal son than for those who risked their lives for you!



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Enjoy your summer holidays!

Why not have a go at some of these activities

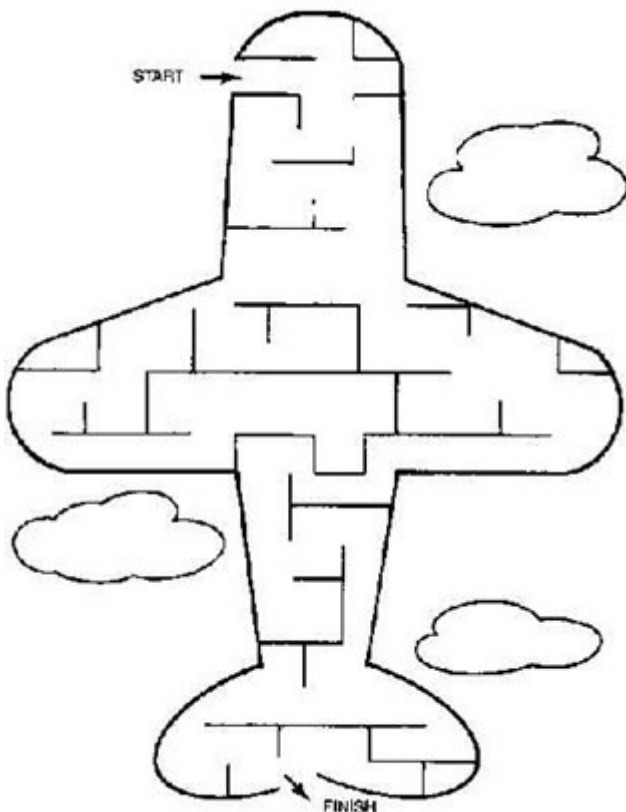


sons  
crying  
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children  
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punished  
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Jerusalem  
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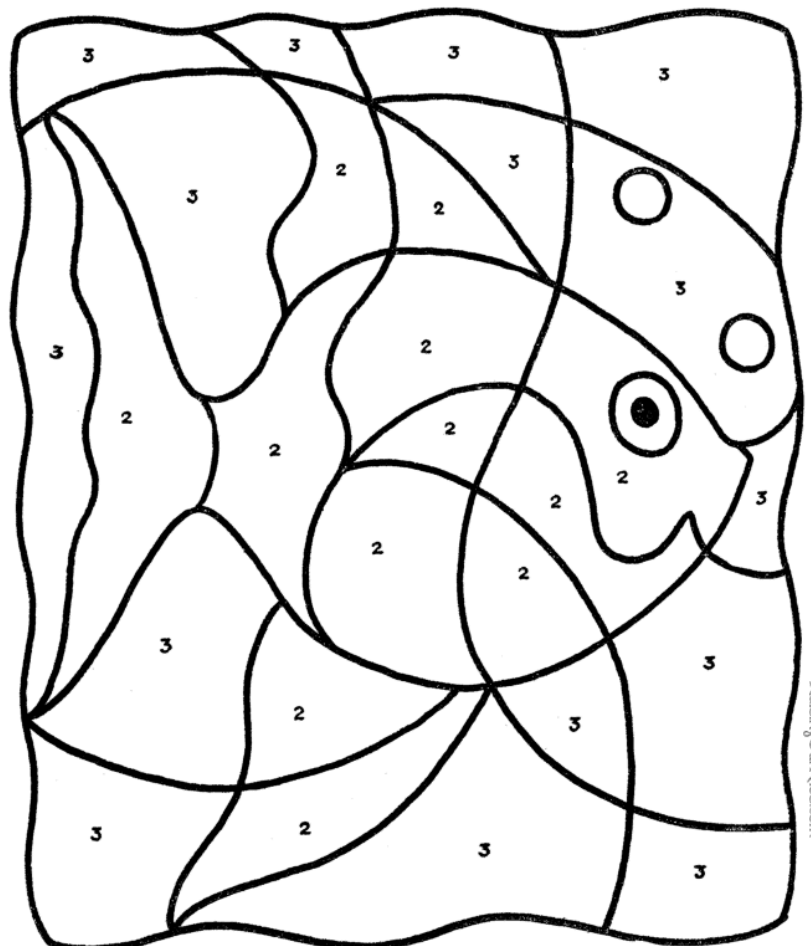
battle  
Joab  
ashamed  
heard  
friends  
wooded  
David  
riding

COLOR THE 2'S RED — COLOR THE 3'S BLUE



7. AMAZING PLANE

Find your way through this airplane-shaped maze.



# TRADCRAFT'S GUIDE TO ATTRACTING POLLINATORS TO YOUR GARDEN

Pollination is essential for the survival of many things, including around one third of crop production.

Climate change is contributing to the rapid decline of pollinators, such as bees, wasps and beetles, which is having a devastating effect on the planet and the 7.9 billion people and thousands of unique species who call it home.

It's time to step up. What can we do to attract these pollinators to our gardens this summer, giving them a helping hand with the important role they play? Read on for advice, ideas and inspiration...

## CONSIDER WEEDING LESS

Put that hoe down! Many plants which we consider pesky weeds, are actually a pollinator's dream. Dandelions and lawn clover, for example, provide vital pollen for many species of bee. Some households even decide to dedicate a certain area of their garden to let nature roam free; letting weeds grow, undisturbed by the gardener's vigilance. You don't have to tell us twice...

## GROW PLANTS AND FLOWERS WHICH POLLINATORS LOVE

Let us throw some big hitters for summer out there – we're talking foxgloves, lavender and sunflowers, which are going to attract no end of pollinators, all season long. Plants like fennel and dill are also good to have in your garden, as butterfly larvae feed on them. Not only will your garden be a blaze of colour, but those pollinators are going to love you for it!



?



### DID YOU KNOW?

Research suggests that bees are more attracted to yellow, white and blue blooms

### AVOID USING PESTICIDES AND INSECTICIDES

We get it. It can be very frustrating when a plant, shrub or tree you've either grown yourself, or spent good money on, falls victim to pests. Rather than using traditional, chemical-filled pesticides or insecticides, which are detrimental to wildlife and soil, you could consider a more natural solution. Having plants which attract 'good bugs' to your garden – i.e., the creatures whose diet includes the pests and larvae that are feeding on your plants, is the perfect way to combat the problem and take care of the planet at the same time.

#### An example...

Lacewings dine on aphids, mites and other small insects. Dandelions, cosmos, coriander and dill are examples of plants which attract lacewings. Consider planting them close to any plants you have pest problems with, for a chemical-free remedy!

Discover how to make your own bee hotel on page 84



### CREATE A BEE HOTEL

Having a bee-safe structure, or 'bee hotel' as they're fondly known, is a great way to attract solitary species of bee to your garden. Where honeybees typically live in hives, solitary bee species prefer nesting in cavities, where they can breed and lay their eggs. Remember to position your bee hotel in a full sun position if possible.





## Support Safeguarding Sunday

The Church of England is supporting this year's Safeguarding Sunday, on 10<sup>th</sup> October, by encouraging local churches to use their regular Sunday service to think about what safer places look like.

The ecumenical initiative from the specialist safeguarding charity [thirtyone:eight](#) provides bespoke resources, including films and animations, prayers, preaching notes, children's activity sheets, hymns and songs and a safeguarding pledge. A short sermon for use on the day will be provided by Bishop Jonathan Gibbs, the Church of England's lead safeguarding bishop.

Bishop Gibbs said: "Whether churches can give just a few minutes or dedicate their whole service, Safeguarding Sunday is a really helpful and important way of focusing on all the work that goes on 365 days a year in our churches to make them safe places.

"From our children's and young people's activities to clubs for the elderly and foodbanks, our churches are involved in every community. Protecting vulnerable people is at the heart of the Christian message.

"Safeguarding Sunday is all about creating an opportunity for churches to show their communities that they take this responsibility seriously."

## The Queen on York Minster

York Minster is to mark the Queen's Platinum Jubilee next year with a statue of the monarch, placed in a niche high on its medieval west front.

The figure of the queen will be slightly larger than life, and she will be holding the historic symbols of monarchy: the orb and sceptre. She will be the first British monarch to have reigned for 70 years.

The statue will be the centre point of a makeover of the open space in front of the Minster, where a new Queen Elizabeth Square is to be created. More details are expected in the autumn.

## Key role for faith communities

Faith communities in the UK have played a critical role in supporting many disadvantaged and vulnerable groups of people during the pandemic. And the Government is going to need their active support if it is to speed up the process of recovery. So says a recent report, *Stepping Up and Stepping Out*, from the Good Faith Partnership.

The report calls for a social covenant for the post-Covid recovery phase that would strengthen partnerships between faith communities and the Government, local authorities and government agencies.

A key recommendation is the appointment of a Faiths Commissioner, on the model of the Children's Commissioner, together with an expert panel of faith leaders, with the aim of seeking ways of working which are more integrated. The partnership's survey identifies mental health and well-being, unemployment, and poverty as three special areas of concern.

The Bishop of London, the Rt Revd Sarah Mulally, writes in the foreword to the report about the importance of creating positive connections and collaboration between faith groups, government and local authorities.

## The new way of choosing candidates for ordination

From this autumn, if you want to go for ordination, you will be assessed against a new framework. The C of E is aiming to broaden the range of people who may have a ministerial vocation in the C of E.

No longer will you be evaluated against criteria, but instead you will need to demonstrate that you have 'six qualities to be inhabited'. Candidates will also now attend two national discernment events rather than one, and spend time preparing for both at diocesan level.

The changes are due to concerns that the existing framework risks missing the vocations of people of 'the unseen-and-excluded called'. Diocesan bishops, diocesan directors of ordinands (DDOs) and others have warned that the existing framework favours middle-class candidates.

The 'qualities' that the selectors will be looking for are: Love for God; Call to Ministry; Love for People; Wisdom; fruitfulness; potential. A seventh quality – 'trustworthiness' will be also looked for.



## Are clergy paid enough?

Clergy are getting enough money, and their pay will stay at its current level. That is the conclusion of a review of the remuneration package for stipendiary clergy officeholders in parochial ministry.

But the review did call for targeted support for a minority of clergy who face hardship. And the review acknowledges that the “pandemic has brought additional challenges to affordability.”

The review was requested by the House of Clergy in 2018, as there had been no review of the clergy package, which currently equates on average to £50,000, since 2001.

## Christian Aid launches emergency Global Hunger Appeal

Christian Aid has launched an emergency appeal, warning that more than 30 million people in 20 countries are “teetering on the brink of famine”.



The Covid health pandemic, climate crisis, and continued conflict has exacerbated hunger and food insecurity in 20 countries. Countries like South Sudan, Ethiopia, Burkina Faso, Nigeria (in the North East) and Afghanistan are particularly affected.

In South Sudan, 60% of the population are struggling to get enough food to eat, and 82% are living in extreme poverty. According to the Integrated Food Security Phase Classification, six of the country's counties are already categorised as being in IPC Phase 5 Catastrophe - which means people face starvation, death, destitution and debilitating levels of acute malnutrition. 34 states are in the emergency acute food insecurity phase as people experience very high acute malnutrition and excess deaths. The most food insecure states are Jonglei, Unity, Upper Nile, Lakes, Warrap and Northern Bahr el Ghazal. 7.2 million people are now affected during this lean season, expected to be the worst on record.

James Wani, Christian Aid's South Sudan Country Director, based in Juba, said: “Floods, drought, conflict and Covid -19 have joined forces to deliver devastation and fuel the food crisis in South Sudan - the combined result is the destruction of crops, livelihoods, houses and dwellings, while roads have become impassable, markets have stopped, supply chains have been crippled, and food prices have soared.”

## Conflict growing in Ethiopia

“It is more than words and it is even unspeakable!” a Christian from Ethiopia's Tigray region has told Barnabas Fund.

He was struggling to express the horrors that Christians have suffered in seven months of conflict: deaths of pastors, of other Christians in ministry and of ordinary believers; rape of Christian women including Christian workers; destruction and looting of churches and monasteries; deliberate violation of church services. Some Ethiopian church leaders are calling it a genocide.

The conflict in Ethiopia is creating suffering at a level not seen for decades. An international roundtable meeting last week warned urgently of “human rights atrocities and the full-blown humanitarian crisis” in Tigray.

“We are seeing wide-scale human suffering that is entirely preventable,” said the roundtable statement. “Systematic violence is being inflicted upon civilians, including widespread sexual violence, and extra-judicial and ethnically motivated killings. The population's essential livelihood assets and health services are being destroyed.”

Huge numbers of Tigrayan people are now displaced. Some have fled over the border to Sudan, but there is no humanitarian assistance for them there. Others have taken shelter in church compounds, but how can they be fed?

If you would like to help via Barnabas Fund, please go to: <https://barnabasfund.org>

*Editor: True story sent to Parish Pump from another church magazine editor!*

### **The purpose of the font**

That Sunday our Family Service included two baptisms and many young children were there. In his talk, the Vicar asked the children if any of them knew what the font was for – and the answer came back: “For washing babies’ hair”!

### **Children’s Kitchen Terms**

**BOIL:** The point a parent reaches upon hearing “Yuck” before a food is even tasted.

**CASSEROLE:** Combination of favourite foods that go uneaten because they are mixed together.

**DESSERT:** The reason for eating a meal.

**EVAPORATE:** Magic trick performed by children when it comes time to clear the table.

**FRUIT:** Something that is never to be confused with dessert.

**REFRIGERATOR:** A very expensive and inefficient room air conditioner when not being used as an art gallery.

**TABLE LEG:** Percussion instrument.

### **Miscellaneous observations on daily life...**

The main thing is to make sure that the main remains the main thing. – *Anon*

The lazier a man is, the more he plans to do tomorrow. – *Anon*

A good newspaper and Bible in every home, a good schoolhouse in every district, and a church in every neighbourhood, all appreciated as they deserve, are the chief support of virtue, morality, civil liberty, and religion. – *Benjamin Franklin*

Indecision is the key to flexibility. – *Anon*

There is no stronger test of a man’s character than power and authority. – *Plutarch*

Young at heart. Slightly older in other places. – *Anon*

Time is Nature’s way of making sure that everything doesn’t happen all at once. – *Anon*

All would live long, but none would be old. – *Anon*

The man who lives only for himself runs a very small business. – *Anon*

*All above articles ©Parish Pump*

*Editor: Canon Paul Hardingham considers our need to find rest.*

## 'On Holiday with Jesus'

August is the month when schools are off and many of us go on holiday. This year will be very different, with many opting for a 'staycation'! The good news is that Jesus offers us a true rest:

'Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.' (Matthew 11: 28-29). Are you feeling tired or burdened and in need of a holiday? Jesus invites you to spend it with Him!

**The Invitation:** Our holiday destination is Jesus Himself: 'Come to me, all you who are weary and burdened.' We can come just as we are, with all the burdens and sadness we carry from the last 18 months. Jesus doesn't offer a 'quick fix' to deal with our issues; He simply offers Himself!

**The Promise:** Jesus promises us the gift of refreshing, sustaining and everlasting rest. When we go on holiday, we usually look forward to doing very little and yet this is not the kind of rest Jesus offers. His rest involves taking up His yoke and learning from Him! A yoke was the wooden collar that ran across the shoulders of a pair of oxen to enable them to work the fields. Jesus says: 'My yokes fit well. They do not rub your neck and shoulders. Come to Me and get yoked to Me. Make an act of loyal obedience and trust in Me. And you will find a deep peace and satisfaction that you could never find anywhere else. I have come for you!'

What's so amazing about this holiday is that you can get rest by simply staying at home!

*Editor: The Revd Dr Jo White considers our need for quiet and space.*

## Reflected Faith Series: Who is in the building?

In England, hopefully by the time you read this, all the lock-down and social isolation measures will have been relaxed. Church buildings and services will be 'back to normal'. Working folk will be back in their workplaces, and all will be well with us all.

I live in hope – but I am well aware that the reality will probably be different. It's the difference between a switch that turns the light fully on or fully off and a dimmer switch that allows the brightness to increase or decrease slowly. All of us will need time to 'rest' before we get our mojo and energy levels back up again. This last 16 months or so have been hectic and traumatic for everyone in different ways. That's why coming into the quietness and space of a church building can be so uplifting.

*This month:*

Listen out for / read the opening words of the service. Most often they will be the following or very similar: 'The Lord be with you'. And the congregation replies, 'And also with you'. It's a simple acknowledgement that we have come together with the same intention – to meet with God. And that He is with us. With all of us. We are encircled by His love and grace.

Just pause for a moment and drink in those words and the huge meaning contained in those short phrases. God is not just here for some of us, but for all of us. We are not only with those we can see, but with God Himself. How amazing is that! May those words enable you to stand up straighter again and give you strength for the days ahead.

©Parish Pump



## Planet Protectors – 52 Ways to Look after God’s World

By Paul Kerensa and Ruth Valerio, SPCK, £6.91

This is a good book for summer reading. It is a fun, fact-filled book for 7-to-9-year-olds that offers 52 ‘empowering’ ways to become Planet Protectors that look after God’s world.

The book is a blend of interesting facts, Christian theology and practical tips on how to help the environment by living sustainably. The ideas for looking after the world include cycling more, choosing fair-trade, taking shorter showers, and recycling. Children will love taking up a different challenge each week.

## Candles in the Dark – Faith, Hope and Love in a Time of Pandemic

By Rowan Williams, SPCK £9.99

Rowan Williams offers comfort, hope and encouragement for the troubled times of coronavirus. He considers how “the foundations have been already laid for whatever new opportunities God has for us on the far side of this crisis.” The book brings together the 26 weekly Christian meditations originally posted online from March to September 2020, during lockdown in the first wave of the Covid-19 pandemic, for the congregation of his local parish church.

## On Retreat with Henri Nouwen – Engaging Life’s Big Questions

By Chris Pritchett and Marjorie Thompson, Canterbury Press, £12.99

To mark the 25th anniversary of the death of Henri Nouwen, one of the most beloved spiritual writers of contemporary times, this retreat companion offers a guide for spiritual transformation and growth based on Nouwen’s own writings and experience.

Nouwen’s own spiritual journey, marked by a restless quest and yearning for an experience of the divine, led him down paths familiar to many spiritual seekers today. The questions he wrestled with are the same that speak to our own hearts: Who am I? Who is God? How do I know God loves me? Where is God when suffering surrounds me? How can I find interior peace in anxious, troubled times?

The book offers connections to contemporary life, points for reflection, prayer pauses for contemplation and prompts for engaging in one’s own spiritual quest.

## Dorothy L Sayers: a Biography – Death, Dante and Lord Peter Wimsey

By Colin Duriez, Lion Hudson, £10.99

Dorothy L. Sayers was a woman of contrasts. A strong Christian, she had a baby – out of wedlock – by a man she did not love. Possessing a fierce intellect, she translated

Dante and also created one of the most popular fictional detectives ever in Lord Peter Wimsey.

Drawing on material often difficult to access, particularly her collected letters, Colin Duriez reassesses Sayers’ life, her writings, her studies, and her faith to present a rich and captivating portrait of this formidable character.

## The Art of Peace: Life lessons from Christian Mystics

By David Cole, BRF, £8.99

Deep inner peace and peace of mind with spiritual balance is something everyone wants, but how does one attain it? More importantly, how does one maintain it in the midst of everyday life?

With sections on Stillness, Silence, Solitude and Sanctuary, this book draws on the lived experience of the author, as well as wisdom of Christian contemplatives and mystics from the past, to help people walk the mystic path of peace through life.

## Changing the Climate: Applying the Bible in a climate emergency

By Debbie Hawker and David Hawker, and Jamie Hawker, BRF, £9.99

This book considers a series of Bible passages, unpacked to show the Bible’s relevance to environmentalism, and how we can all play our part in limiting the negative effects of climate change.

The climate crisis is one of the most important issues of our time, threatening lives and livelihoods. The Bible teaches us that God the creator put humans on the Earth to take care of it; to show love to all, and to care for the poor and vulnerable.

Book Reviews  
©Parish Pump



## Grace Filled Marriage

By Claire Musters, Authentic, £9.99

Marriage is a beautiful expression of love. Yet it can also sometimes cause us pain. We need God's help and grace to navigate this most precious of relationships well.

Interwoven with biblical teaching and practical application, Claire and Steve Musters share their own story of rebuilding a marriage after loneliness, betrayal and separation. They also tell stories of other couples who have faced specific challenges such as infertility, physical and mental ill health.

Whether you want to lay good foundations in your marriage, or feel you are struggling and need help, this book may encourage you.

## No Visible Scar

By Richard Littledale, Authentic, £1.99

This comforting book gently helps people navigate their way through the pain of losing a loved one during the pandemic restrictions.

Losing a loved one can be a lonely, isolating, and disorientating experience. This has perhaps been felt even more keenly in the time of a global pandemic.

This past year many have experienced the traumatic situation of losing someone with no one there to hold their hand or hear their cry. Mourning has been done quietly and unobserved. Loved ones have been laid to rest with few to witness it.

As the pandemic recedes and people talk about returning to normal life, how do you navigate your way through grief when your life will never be the same again? This honest and gentle book may help you understand your feelings and find hope in this strange land called grief.

## Scott Broadwood School has a NEW CLOTHES RECYCLING BIN!

It is for everyone to use. It's just by the school gate so if you've been wondering what to do with all your old clothes that aren't good enough for the charity shop the answer is right here! The school will benefit from all our donations so get decluttering!

*NB. Please remember this donation point cannot take duvets, cushions or pillows.*



## Handmade cards & a request for old cards to recycle!

Thank you for your continued support. Another batch have gone into church today, 25th July so do take a look when you're passing church!

A small request ... could you please put any cards you've received for occasions such as birthdays into a box in church for me to re-use and 'upcycle'! Not all will work, but many will and it enables me to make a quick and inexpensive card which fits in nicely with our eco-church ethos and raises money for church at the same time! Thank you in anticipation!

*If anyone has any requests for special cards, please do ask! I have plenty of materials at home and am happy to discuss bespoke cards!*

Best wishes,  
Suzanne  
01306 711449



# THE CAPEL BLUES FESTIVAL

AT THE CROWN INN, CAPEL

93 THE STREET, CAPEL, SURREY. RH5JY

FRI 27TH - SAT 28TH - SUN 29TH AUGUST 2021



ADVANCE TICKETS ONLY

WWW.CAPELBOXOFFICE.CO.UK

The Capel Blues Festival is a three-day event of toe tapping, good time R&B music featuring some of the U.K.'s finest exponents of blues in the lovely garden surroundings of the Crown Inn, Capel.

**FRIDAY 27TH AUGUST - 8PM**

**"Timeless" TIM HAIN'S JAM SIDE UP**

The brainchild of singer/guitarist Tim Hain, JAM SIDE UP play blues fused with the rhythms of Reggae from Jamaica. You are guaranteed to leave with a smile on your face.

**SATURDAY 28TH AUGUST - 8PM**

**ALAN GLEN'S BLUES PUPPIES**

**(The Yardbirds - Nine Below Zero)**

Saturday features blues harmonica legend Alan Glen and his band.

**Alan Glen** started playing harmonica after seeing Muddy Waters when he visited London in the late 1960s and early 1970s. Early bands he was involved with were Crowjane Bluesband, The Radical Sheiks and Brothers Grimm, before going on to join Nine Below Zero and The Yardbirds.

**The Blues Puppies will also be joined by two special guests - Paul Cox and Gemma Dorsett**

**SUNDAY 29TH AUGUST - 3PM**

**THE BRITISH BLUESCASTING CORPORATION**

The BBC play toe-tapping, feel-good, Rhythm & Blues, bringing their own unique style to classic blues tracks and original songs.

The band was originally formed by Guitarist/Producer Bob Cranham as a duo with Ben Keen, but after taking beer with drummer Barry Cook, he decided to add Barry on drums and Dave Williamson on bass. All would have been well if the first lockdown had not coincided with the band launch. Undaunted, The BBC have been hard at work rehearsing new material and recently recorded their first album of original songs and covers, "HIGH HORSE".

<https://www.facebook.com/bbcblues>

If you know of other events that are taking place that you would like highlighted next month, do let the Editor know: [editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk)

## Don't be afraid to fail

by Colin Hammacott

In my local church, we use a parish prayer which includes the line: 'Help us to be brave enough to fail - but try again.'

Encouraging words indeed, and if we look back throughout the centuries, many men and women who have made the world a better place have taken those words to heart.

For example, where would we be today without electricity? Yet at school, Thomas Edison was told he was "too stupid to learn anything." He was sacked from his first two jobs; and made 1,000 unsuccessful attempts at inventing the light bulb. But in the end, he succeeded, and changed the course of world history.

Car manufacturer Henry Ford revolutionised transport in the USA, but he had five businesses fail before he founded the successful Ford Motor Company.

Winston Churchill was a Nobel Prize-winning, twice-elected Prime Minister, but he struggled at school, was defeated in early elections for public office, and did not become Prime Minister until he was 62.

As the late Nelson Mandela wisely observed: "Do not judge me by my successes, judge me by how many times I fell down and got back up again."

So, let us commit ourselves to loving God with all our hearts, to putting our abilities at His disposal, and to never giving up.

## Reflecting on the Bible (or 'Meditating on scripture')

Many children enjoy boiled sweets – especially trying to see how long they can make them last. The pleasure of holding the flavoured sweet in your mouth is far better than crunching it up in a few seconds!

There is a way of doing much the same with a Bible passage, and it is called *Lectio Divina* or 'holy reading'. Centuries ago, before Bibles were widely available, the abbot of a monastery would gather his monks together and read to them the Bible passage that was set for the day. He would read it three times and the brothers were encouraged to listen attentively and choose a phrase to remember. They would then go about their daily work in the garden, in the kitchen, in the infirmary or wherever. Through the day they would meditate on the phrase they had chosen and, rather like sucking a boiled sweet, would draw out the meaning for themselves.

You might like to try something similar: choose a passage from the Bible and begin to read it very slowly as if it were addressed to you. A few verses from Psalm 103 would be a good place to start.

Stop when a phrase captures your attention. Maybe it touches you in some way, attracts or even disturbs you. Repeat the phrase slowly over and over again, taking its meaning into yourself. Let it sink in slowly. What does it have to say to you? Why do you think it caught your attention? Where is the connection for you? What memories does it evoke? Is there a word, a phrase, a sentiment, or an image that you can hold on to?

Move into prayer, expressing to God the thoughts and feelings that have spontaneously arisen in you. Let your mind be at rest and your heart open to the love and peace of God. When you are ready, carry on with reading the next bit of the passage or just leave it there for the day.

Follow the example of the monks and return to your phrase or phrases during the day.

Ann Persson has written a book for BRF entitled *Time for Reflection: meditations to use through the year*, which may be helpful. The meditations are based on the Christian calendar, the seasons of the year in nature, and also the theme of time. They will offer you further ways of exploring the greatest book ever written.

Ann Persson's **'Time for Reflection: Meditations to use through the year'**, BRF £8.99

*Dear Readers,*

July has certainly been a very mixed month of scorching hot weather and tremendous rain, causing flooding worldwide. A lot of people are now managing to get away for breaks, including Rev Liz and Doug who enjoyed a tour of Scotland in good weather! It is lovely to see a renewed love of the UK for holidays, when choices to go elsewhere have been limited due to Covid. Definitely a silver lining in what has been a difficult 18 months.

The August edition of InSpire is kindly sponsored by Debbie and Hugh von Bergen for their Grandson Thomas' birthday. We thank them for being regular supporters of the magazine. The issue has lots of the regular features and some new ones too. Look out for Bob's article on **Café Church** on page 6, **Junior InSpire** has some summer activities for our younger readers on pages 12 and 13 and do see news of the **Archbishop of Canterbury's visit to the Guildford Diocese** at the end of September on page 2. There are opportunities for us to attend events.

Bob is also involved in the **Capel Blues Festival at The Crown** from 27th—29th August and you can find more details on page 22. I see from notices around the village that the **Military show** is taking place on 4th and 5th September so it seems that things are beginning to get back to normal! With regards to events, there will be a regular feature on Stallholders who are attending our Christmas Fair in November. This month's feature (page 35) is on **'Libby's Larder'** - a very local business in the Rusper Road, Capel. We look forward to having them with us at the Fair.

Stuart and I have just done a new **Traidcraft** order and hope to be able to sell in church (or outside if weather permits!) after services sometime soon. This will include some catalogues for both churches. We will list the new stock we have in the next issue but have lots of basics coming such as tea and coffee, rice and pasta. The back page of this issue features some iced tea ideas and there is also an article from Traidcraft on attracting bees on pages 14 & 15.

The guidelines for church attendance following the relaxation of most restrictions on the 19th July were reviewed at a PCC meeting on Monday 26th and we publish our *newly agreed guidelines* on the Services and Events page (see page 5). These will also be published in the weekly sheets. **Church Teas are available at both Capel and Ockley in August** ... so many opportunities for delicious cake and the chance to get together with friends! Ockley's first teas in July raised just over £100.00 so an excellent result! The dates for the teas can be seen on page 3 (feature box) and page 5 for the Services and Events.

Stuart has written us an article on the tune **'Finlandia'** on page 28 and there is a fascinating article from the Church Times on page 29 regarding a book being returned to a library at Sheffield Cathedral over two centuries late! There is **'God in the Arts'** and **'God in the Sciences'** so hopefully something for the artists and scientists among us!

The picture above is one taken recently when my mother and I took flowers to my father's headstone in Leatherhead to mark his birthday. As soon as we had arranged the flowers, this huge bumble bee landed on the daisies and we left it there, happily devouring the pollen! A wonderful sight and one to cheer us ... one of God's most incredible creatures up close and clearly enjoying the garden flowers we were leaving.

With my very best wishes,

*Suzanne*







Dear friends,

The new summer 2021 catalogue will be in church shortly! If in the meantime you would like to look at the new range do go online to: [www.traidcraftshop.co.uk](http://www.traidcraftshop.co.uk) This is a link to the online catalogue. We will continue to get a few paper catalogues for those who do not have access to the online shop, but if possible please consider looking online. It helps us as an Eco church!

On the back cover of this issue, there is a list of the stock we currently have, together with some iced tea ideas from Traidcraft's summer catalogue. So do take a look and maybe you'll be inspired to order the teas to make the refreshing iced tea!

If you would like to order anything, please contact us.

*Suzanne & Stuart Cole*

email: [traidcraft@ansford.me.uk](mailto:traidcraft@ansford.me.uk) or phone 01306 711449

*The churches benefit from 10% of all sales. Thank you.*



With thanks to James Moore for this photo of a beautiful day at Grenehurst Park,

## The Great Flood of China

by Tim Lenton

Just 90 years ago, on 19<sup>th</sup> August 1931, the Yangtze River and Huai River floods peaked in China. It was one of the worst natural disasters of the 20th century: up to four million people died, and the floods lasted from July to November.

The inundation followed a two-year drought and a particularly harsh winter which included nine cyclones, and then a massive amount of continuous rain. The floods covered an area equivalent to the size of England and half of Scotland, including widespread destruction in a number of cities, such as Wuhan, where a wall of water demolished nearly every house.

Here the calamity was blamed on the demolition shortly beforehand of the Temple of the Dragon King – a rain-making deity – as part of an anti-superstition campaign. Others blamed it on poor management of the rivers.

Thomas Harnsberger, a missionary of the Presbyterian Church, was a key figure in raising funds for reconstruction and relief efforts, but the floods, though massive, remain largely unknown in most of China.

The waters killed 15 times the number of people lost in the Indonesian tsunamis of 2004, but historians looking at 1931 concentrate on the war between Communists and Nationalists and the Japanese invasion of Manchuria.

## The Water of Life

*'O taste and see that the LORD is good' Psalm 34:8*

She came to the well around midday,  
To avoid all the gossip she came alone,  
She met a Man there who told her all things  
Five husbands she had and one not her own.

He asked for a drink, and they started to talk,  
A Samaritan woman there with a Jew  
Breaking all barriers to meet her need  
He told her how she could be made new.

The water of life that He would give  
Would mean that she never would thirst again  
This transforming draught He offers to all  
Once tasted you never will be the same.

At Cana He turned the water to wine  
A miracle no-one but He could do  
Just as the water was wondrously changed  
If you drink from this Fount it can happen to you.

By Megan Carter

©Parish Pump

Echinacea on a recent visit to Wisley



### **\*NEW 15<sup>th</sup> August: 'Shall we not love thee, Mother dear?'**

The Church responds with a resounding 'Yes' to that question, as we celebrate the Blessed Virgin Mary on 15<sup>th</sup> August. (Usually her feast day is on the 16<sup>th</sup>.) An ancient name for this day is the transition of Mary – her crossing over to eternal life – or the assumption of Mary. But her story begins in the Gospels, in Nazareth and Bethlehem.

At the Annunciation, Gabriel announces the good news to Mary. She becomes a mother and embarks on a journey that takes her to the temple in Jerusalem, a wedding feast at Cana, the Cross of Calvary, and the upper room of Pentecost. Through Christian history her story has spoken to people in every age and culture and land.

As we look at her life now, there are two qualities that stand out. The first is thanksgiving. Mary came from a people that realised the importance of thanking God, and her response to the good news is to raise her heart in the words of the Magnificat. 'My soul proclaims the greatness of the Lord and my spirit exults in God my saviour.'

The second quality is trust. Rowan Williams has written that despite the years of controversy about the place of our Lady, we still need to hold out our hands to her for guidance and succour. "For at the very least she is the first person to put her trust in God who is shown in Jesus." Through all that happened to her – the amazing news of Gabriel, no room at the inn, the worry over wine at the wedding – Mary ponders and trusts. To the servants at Cana, she says, "Do whatever Jesus tells you. It will be all right. You will see."

Thanksgiving and trust: easy enough to see in our Lady, but perhaps more difficult to own for ourselves. Yet Mary assures us that with God all things are possible. Holding on to that faith, we can journey with her Son through life and death to eternal life.

©Parish Pump

### **Prayer Walk 21 and OIKOS - NEW APP!**

Hope for Every Home, part of HOPE Together, has recently launched OIKOS, a new prayer walking app, as part of Prayer Walk 21. You can find the app free in your app store under OIKOS Outreach.

Hope says that: "During Covid and lockdown God has taken His church out of the building, re-connected people with their local communities and mobilised us through our daily walk. Now the invitation is to turn the daily walk into a prayer walk. Over the next year the Prayer Walk 21 challenge is to pray for the people in every street, every road, and every lane in the UK."

The OIKOS app is simple to use. To pin a prayer, use your finger to move the map to where you want to pray and tap the screen. You can also pin a 'share' when you have shared faith through a caring action, an invitation, or a conversation for example.

Praying for the people in every street, every road, every lane in the UK is huge but it starts with each of us stepping outside our front doors and praying as part of our day to day lives. There are resources available on the Hope for Every Home website to support you at [www.hopeforeveryhome.org](http://www.hopeforeveryhome.org).

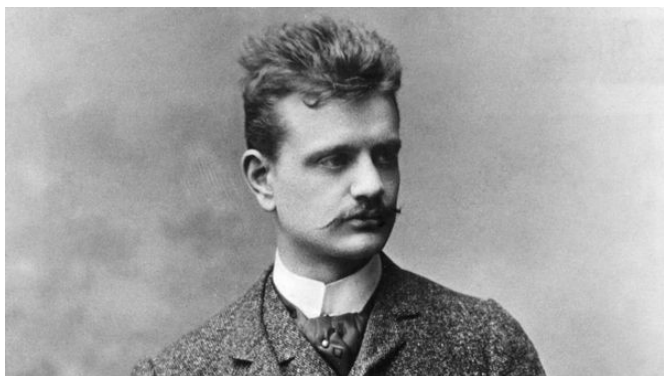
So, as part of Prayer Walk 21, download the OIKOS app. Pray as you walk your local streets and get your friends involved too!

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Finlandia is a tune that most people would probably recognise even if they were unable to name it correctly. We have sung the tune as an anthem and it is also used for a number of hymns including; I Sought The Lord; Be Still, My Soul; When Memory Fades; and in Italy Veglia al mattino. It was also used as the national anthem ("Land of the Rising Sun") of Biafra in eastern Nigeria during the civil war of 1967 to 1970, and in Wales it is the tune is used for Revd Lewis Valentine's hymn Gweddi Dros Gymru (A Prayer for Wales).

Be still my soul was written by Kathrina von Schlegel (1697-1797). She lived either in the Protestant nunnery, or possibly the ducal court at Cöthen near Leipzig in Germany. She wrote many hymns, but only two have been translated into English, the other being Cross and Consolation. Be still my soul was translated by Jane Borthwick (1813 – 1897) who translated and wrote nearly 100 published hymns and was published in her book "Hymns from the Land of Luther" in 1854.

Finlandia was written by Johan Julius Christian (Jean) Sibelius (1865 – 1957). He was born in the Grand Duchy of Finland which was part of the Russian Empire to a Swedish family, but attended a Finnish speaking school. During his early years he learned the piano and also the violin, but was mainly self taught before attending university to study law. After the first year he decided that law was not for him and moved to the Helsinki Music Institute and continued to study in Berlin and Vienna until 1891.



Following university he spent his time composing but his first attempts were not well received. He persevered and took advice and by 1895 his music was regularly being played in Helsinki. He was a political person although he never joined a party nor participated in such activities but was politically active through his music. His education had been based upon the classics and the heroes of antiquity and he along with a number of other Finnish artists were patriotically active during what became known as "the years of oppression" (1899–1905, 1908–1917). Most of the music he wrote until 1920 was about the nation of Finland either directly or through the stories of antiquity. It described the sorrow of the country and the hope of what might be. He became a symbol of the awakening of Finland.

*Be still, my soul! for God is on your side;  
bear patiently the cross of grief or pain:  
leave to your God to order and provide,  
who through all changes faithful will remain.  
Be still, my soul! your best, your heav'nly Friend  
through thorny ways leads to a joyful end.*

*Be still, my soul! for God will undertake  
to guide the future surely as the past.  
Your hope, your confidence, let nothing shake;  
all now mysterious shall be clear at last.  
Be still, my soul! the waves and winds still know  
the voice that calmed their fury long ago.*

*Be still, my soul! the hour is hastening on  
when we shall be forever in God's peace;  
when disappointment, grief, and fear are gone,  
love's joys restored, our strivings all shall cease.  
Be still my soul! when change and tears are past,  
all safe and blessed we shall meet at last.*

In 1899 he composed a set of six pieces known as the Press Celebration Music looking forward to a press free from Russian censorship and written in support of the staff of the Päivälehti newspaper, which had been suspended for a period after editorially criticising Russian rule. Finlandia was one of the set and was first called Finland Awakes. At the turn of the century, he revised it to The Fatherland and rapidly became the second Finnish national anthem. To dodge the censors, he changed the title often when it was performed including Happy Feelings at the Awakening of Finnish Spring and Impromptu. He intended it to be a rallying cry for his countrymen to rise up against Russian oppression. The Russians even attempted to ban whistling the tune in the street. The initial part of Finlandia is based upon Finnish folk tunes, but the part that became popular towards the end, and the part to which Be still My soul is set is his own composition. It was this part that in 1941 became 'Oh, Finland, behold thy daylight now is dawning', with words by Finnish poet Koskenniemi.

*Finland, behold, thy daylight now is dawning,  
the threat of night has now been driven away.  
The skylark calls across the light of morning,  
the blue of heaven lets it have its way,  
and now the day the powers of night is scorning:  
thy daylight dawns, O Finland of ours!*

*Finland, arise, and raise towards the highest  
thy head now crowned with mighty memory.  
Finland, arise, for to the world thou criest  
that thou hast thrown off thy slavery,  
beneath oppression's yoke thou never liest.  
Thy morning's come, O Finland of ours!*

## Library book returned to Sheffield Cathedral, two centuries overdue

by Paul Wilkinson

23 July 2021



Canon Keith Farrow holds the volume returned after 200 years

Some people may panic when their library book is few days overdue, but a volume recently returned to Sheffield Cathedral is more than two centuries past its return date.

"I did joke with the owner that we wouldn't be demanding any charges," the Vice-Dean, Canon Keith Farrow, said, "but then someone said we could have got a new roof."

The cathedral library closed about 200 years ago; so Canon Farrow was surprised to receive an email from the goddaughter of a recently deceased woman in south Wales who had left instructions in her will for the book to be returned.

The book, *The Faith and Practice of a Church of England Man*, a treatise for the laity, was first published in 1688. The Sheffield copy is a seventh edition dating from 1704. Inside is the handwritten inscription: This Book belongs to ye Lending Library in Sheffield Church 1709."

"In our archives, there is talk of a very renowned lending library which we think was dispersed in the late Georgian period during a reordering," Canon Farrow said. "Where in the building it was, we're not sure. We still have a few books from that period in our archives.

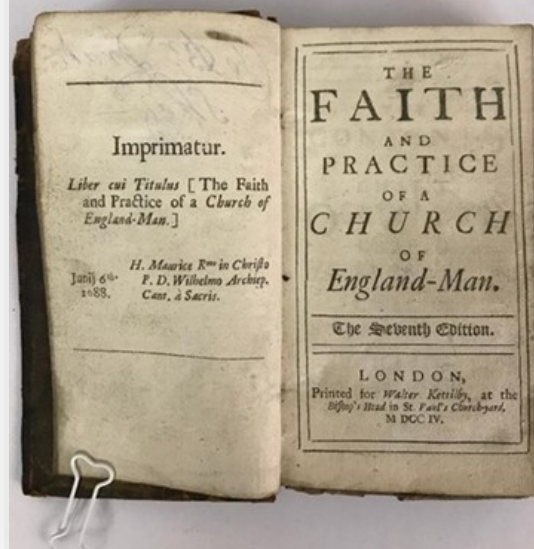
"Back in those days, it was probably quite a pioneering thing to have a lending library in church. This building wasn't made a cathedral until 1914; so it would have been the parish church, with just the vicar and a couple of curates. It would have been for the public generally rather than just the clergy. Some cathedrals have chained libraries, but this was one where people could take them out."

The book, which, Canon Farrow believes, has little financial value, will go on display in the cathedral. "It gives a sense of past times when Sheffield was a village emerging into the industrial revolution," he said. "The person who borrowed this book would simply not recognise Sheffield, even 100 years later. I felt as if I was holding something that had a story to tell. It's a sort of ready reckoner to maintain you on the straight and narrow."

The volume contains sermons by leading churchmen of the time, and essays on correct behaviour. One quote intrigued Canon Farrow: "It can never be improper or unreasonable for the most private man to give an account of himself and his beliefs and practices, especially at a time when religion is so much contraverted."

"Nothing changes," Canon Farrow said. "The Church had its back against the wall, as it does today."

Sheffield Cathedral - title page of **The Faith and Practice of a Church of England Man**



*Editor: The Rev Michael Burgess continues his series on God in the Arts with 'Jacob's Dream' by Ribera. It now hangs in the Museo del Prado, Madrid, Spain.*

You can see a copy of the painting at: [http://www.spanisharts.com/history/barroco/imagenes/ribera/ribera\\_suenojacobo.html](http://www.spanisharts.com/history/barroco/imagenes/ribera/ribera_suenojacobo.html)

## **'The Lord is in this place'**

In the 3<sup>rd</sup> century a Chinese philosopher, Chang Tsu, had a very vivid dream. He dreamed he was a butterfly, happily flying here and there. When he awoke, he thought to himself, 'Did Chang Tsu dream that he was a butterfly, or did the butterfly dream that it was Chang Tsu?' Dreams are often like that: crucial experiences which cause us to ponder and wonder about their meaning. The prophet Joel suggested that it was old men who dream dreams, while young people see visions. But dreams invade and colour our sleeping hours, whatever age we are.

In the Bible dreams are vital events. Think of Joseph in the Old Testament dreaming of his superiority among his brothers, the dreams of the cup bearer and baker at Pharaoh's court, Daniel interpreting Nebuchadnezzar's dreams, and Joseph's dreams in the Gospels that were so crucial for the safety of the Holy Family. This month in our paintings we focus on 'Jacob's Dream' by Ribera.

Jusepe de Ribera was a Spanish artist, whose most productive years were spent in Naples, where he died in 1652. This painting from 1639 is based on Genesis 28. After depriving his brother Esau of his birthright, Jacob is sent to Laban. At Bethel he rested and in his sleep received the vision of God's angels on the ladder to heaven with God's reassuring words of promise and blessing. When he awoke, Jacob set up an altar at Bethel, which he declared was the house of God and the gate of heaven.

To baroque artists, this scene in Genesis was seen as a prefiguration of the coming of Jesus, and in John's Gospel Jesus Himself told Nathanael that he would see the angels ascending and descending upon the Son of Man. For Ribera the subject of Jacob's dream is treated with great tenderness as Jacob sleeps beneath the luminous expanse of sky, which occupies a major part of the canvas. Not for him the depiction of winged messengers; no, the light of heaven falls down upon the sleeping figure, casting shadows on the ground. The angels, ethereal and insubstantial, are contained in the glory of light. The tree at the other side looks like a fallen cross, and Jacob almost like a sleeping disciple in Gethsemane. But here, he is in deep repose as his face is lit up with the golden glow of the heavenly messengers.

For Jacob, the dream is the golden assurance of God's blessing. As his saga continues in Genesis, he marries Laban's daughters, wrestles with the divine stranger, is given the name Israel, and his 12 sons become the ancestors of the 12 tribes of God's people. So, the blessing of the dream is worked out in his life and the life of Israel.

Dreams can come to give visions of the way life should be. Like Jacob, or perhaps like Martin Luther King and his prophetic words in 1963. In this month of August many of us will go on holiday to enjoy rest and recreation. As we end the days with sleep, we pray that like the Psalmist we will lie down in perfect peace and safety and know the refreshment Jacob found at Bethel: a repose which will restore our souls and bodies to bring life and vision wherever we may be.



*This series is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.*

## Physicist and Priest: John Polkinghorne (1930-2021)

At the age of 48 the Cambridge Professor John Polkinghorne decided he'd done his bit for physics and that it was time for a different sort of adventure. Resigning his academic position, he trained for ordination in the Church of England. In an interview 40 years later he said, *"It's one thing to go to church on Sundays but to give up a professorship and train for something else – that was a bit more than a gesture...I think a lot of people realised I was a religious person but they didn't expect me to take it quite that seriously...People were saying to me, 'Oh John what are you up to?' They mostly weren't thinking so much about my becoming a clergyman but just the fact that I was a Christian."* (From *Test of Faith*, Paternoster, 2009)

John saw his work in science as a Christian vocation, and felt a responsibility to use his talents in that area. Once ordained he found himself thoroughly engaged in the conversation about science and religion. One of his main messages was that *"I'm not a vegetarian butcher. There is a cousinly relationship between thinking about theology and thinking about science."*

When asked for a Bible passage to appear at the end of his 2009 interview John chose Colossians 1:15–20: 'He is the image of the invisible God, the first-born over all creation. For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. He is before all things, and in him all things hold together. And he is the head of the body, the church; he is the beginning and the first-born from among the dead, so that in everything he might have the supremacy. For God was pleased to have all his fullness dwell in him, and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.' John's explanation for his choice speaks volumes to anyone interested in the science-faith dialogue. *"I value this passage because it speaks of the cosmic significance of Christ, the One in whom all things hold together and who redeems all things (notice, not just all people) by the blood of his cross. Here meet my deepest religious beliefs and my strongest scientific concerns."*

©Parish Pump

### **Further reading**

Polkinghorne was the author of five books on physics and twenty-six on the relationship between science and religion; his publications include *The Quantum World* (1989), *Quantum Physics and Theology: An Unexpected Kinship* (2005), [Exploring Reality: The Intertwining of Science and Religion](#) (2007), and [Questions of Truth](#) (2009). *The Polkinghorne Reader* (edited by [Thomas Jay Oord](#)) provides key excerpts from Polkinghorne's most influential books. He was knighted in 1997 and in 2002 received the £1-million [Templeton Prize](#), awarded for exceptional contributions to affirming life's spiritual dimension

©Wikipedia



## The Transfiguration

On 6 August the Church remembers the Transfiguration of Jesus. The story is told in Matthew 17, Mark 9 and Luke 9. The mountain may well have been one of the three high spurs of Mount Hermon, which rises to 9,000 feet. Jesus was suddenly transfigured before Peter, James and John. His face began to shine as the sun, his garments became white and dazzling. Then Elijah and Moses appeared, but why? These two men represent the Law and the Prophets of the Old Covenant, or Old Testament. But both the Law and the Prophets found their true and final fulfilment in Jesus, the Messiah. Elijah and Moses were handing on the baton, if you like. Now God's dwelling with mankind would depend on the New Covenant based on Jesus' death on the cross.

## Wordsearch Clues

- |                 |          |          |          |
|-----------------|----------|----------|----------|
| Transfiguration | Beloved  | New      | Sealing  |
| Mountain        | Son      | covenant | Moses    |
| Peter           | Well     | Face     | Law      |
| James           | Pleased  | Exodus   | Elijah   |
| John            | Dwelling | Mount    | prophets |
| Radiant         | Mankind  | Sinai    |          |

L N U N W R O L A O L L E W O  
 S P W P E T E R A D I A N T T  
 I B E L O V E D W E L L I N G  
 N O I T A R U G I F S N A R T  
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 I E A O D N I K N A M I T S U  
 A I E E N G A J G E I A D E A

8		4	3					9
	7		1					
	6			8		2	3	
4	5	6		1	8	3		7
	9		5		3		2	
3		8	7	9		1	5	4
	3	5		2			6	
					5		1	
9					1	5		3

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Easy Level Sudoku

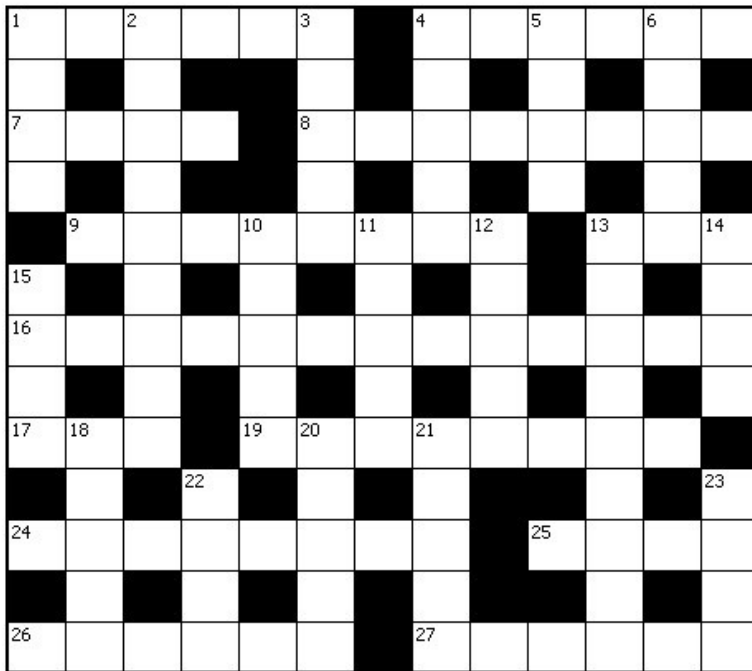
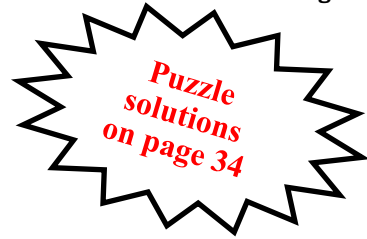
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			1	2	4			8	
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								6	
		6			5	1	9		
			3					1	5
2						9	7		

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Medium Level Sudoku



# CROSSWORD



## Crossword Clues

### Across

- 1 Of Moses (6)
- 4 'You have been weighed on the — and found wanting' (Daniel 5:27) (6)
- 7 Where Jesus performed the first of his miraculous signs (John 2:11) (4)
- 8 Roman emperor who ordered all the Jews to leave Rome (Acts 18:2) (8)
- 9 Member of a conservative Jewish party in the Sanhedrin which believed there was no resurrection (Acts 23:8) (8)
- 13 South London Mission (1,1,1)
- 16 Sure of one's own ability (2 Corinthians 11:17) (4-9)
- 17 'At this the man's face fell. He went away — , because he had great wealth' (Mark 10:22) (3)
- 19 Airs used (anag.) (8)
- 24 'The Lord is my — , I shall not be in want' (Psalm 23:1) (8)
- 25 'He has sent me to — up the broken-hearted' (Isaiah 61:1) (4)
- 26 At or towards the rear of a ship (6)
- 27 Cross-carrying evangelist and world traveller, — Blessitt (6)

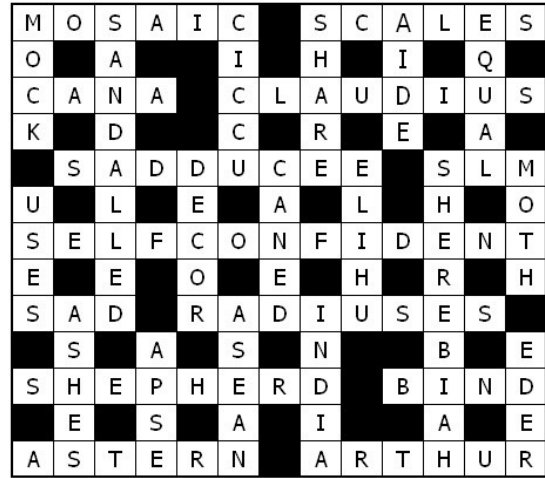
### Down

- 1 Ridicule (Luke 18:32) (4)
- 2 Encased in strapped-on light shoes (Song of Songs 7:1) (9)
- 3 Cambridge Inter-Collegiate Christian Union (1,1,1,1,1)
- 4 'Father, give me my — of your estate' (Luke 15:12) (5)
- 5 Assistant (4)
- 6 On a par (John 5:18) (5)
- 10 Credo (anag.) (5)
- 11 Beaten with a rod (5)
- 12 The fourth of Job's 'comforters', who deferred making his contribution because of his junior status (Job 32:6) (5)
- 13 Chosen as a temple attendant, he was described by Ezra as 'a capable man' (Ezra 8:18) (9)
- 14 'Do not store up for yourselves treasures on earth, where — and rust destroy' (Matthew 6:19) (4)
- 15 Employs (4)
- 18 Associated with penitence for sins, along with sackcloth (Matthew 11:21) (5)
- 20 Association of South-East Asian Nations (1,1,1,1,1)
- 21 Sub-continent to which Baptist missionary pioneer William Carey devoted his life (5)
- 22 Recess at east end of a church (4)
- 23 One of the nine sons of Beriah (1 Chronicles 8:15) (4)

## Word Search solution



## Crossword solution



## Easy Soduko solution

8	1	4	3	5	2	6	7	9
2	7	3	1	6	9	4	8	5
5	6	9	4	8	7	2	3	1
4	5	6	2	1	8	3	9	7
7	9	1	5	4	3	8	2	6
3	2	8	7	9	6	1	5	4
1	3	5	9	2	4	7	6	8
6	4	7	8	3	5	9	1	2
9	8	2	6	7	1	5	4	3

## Medium Soduko solution

3	8	9	1	6	5	2	7	4
4	2	7	3	9	8	6	5	1
6	5	1	2	4	7	3	8	9
5	7	6	9	1	3	4	2	8
1	3	4	6	8	2	5	9	7
8	9	2	5	7	4	1	6	3
7	6	8	4	5	1	9	3	2
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2	1	5	8	3	9	7	4	6

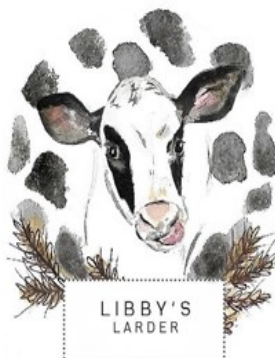


Suddenly, Jim caught sight of his mum



## Junior InSpire Wordsearch solution

## FOCUS ON A STALLHOLDER AT THE CHRISTMAS FAIR 20 November 2021



### Libby's Larder

Sisters, Jules and Libby Capsey started 'Libby's Larder' in May 2020. Their dream was to create a 'premium' clotted cream on the Surrey/Sussex boarder to supply local customers. Their mission was to reduce food miles by encouraging people to shop locally, thereby maintaining the freshest quality whilst bringing the farm closer to the customer. Since then, their product range has expanded with further exciting plans in the future.



Libby's Larder is a part of Lyne Farm, based on the Surrey/Sussex border. It is a real family affair where four generations of the Capsey family can be found working together to ensure the highest standards of welfare for their Holstein Friesian cattle.

### Products

#### Clotted Cream:

This is where it all began, Jules and Libby had a dream of producing Surrey's first Clotted Cream right here at Lyne Farm, and they've done just that!! With a rich, silky flavour and bright yellow crust, this is a firm favourite to be paired with any desert or to accompany the traditional cream tea.



#### Clotted Cream Butter:

Once a week their artisan butter is lovingly created by churning their delicious clotted cream in small batches, salted with Cornish sea salt and hand wrapped using biodegradable and compostable packing to provide a sustainable farm fresh butter.

You can buy direct from Libby's Larder at: **Lyne Farm, Rusper Road, Capel, Dorking, Surrey, RH5 5HG** *They now have their own Larder shop at the farm!*

**Libby's Larder** will be joining us on 20th November at Capel Christmas Fair to raise funds for our Parish churches in Capel & Ockley, together with the Motor Neurone Disease Association (MNDA).



© <https://libbyslarder.com>



## PEACH & RHUBARB

### Iced tea

For a twist on the classic peach iced tea, reach for London Tea's Peach and Rhubarb. In a teapot, brew three peach and rhubarb teabags in boiling water. Leave to cool down and place in the fridge for a minimum of three hours, but, ideally overnight, to allow the flavours to infuse properly.

Serve in a glass with ice and add slices of peach and mint to elevate the drink.



## RASPBERRY INFERNO Iced tea

For an iced tea with a kick, brew three Raspberry Inferno teabags in a teapot with 500ml of boiling water. Leave to cool down and place in the fridge for a minimum of three hours, but ideally overnight, to allow the flavours to infuse properly.

Serve in a glass with ice and add slices of lime to cut through the chilli and fresh raspberries for a fruity punch.



All products available in the new Traidcraft Summer 2021 brochure.

Brochures in church soon!

To order:

Suzanne & Stuart Cole

email: [traidcraft@ansford.me.uk](mailto:traidcraft@ansford.me.uk)  
or phone 01306 711449

10% of proceeds to our Parish churches

## Current Stock ...

Maftoul 200g @ £2.99

Sultanas 500g @ £3.72

Coconut Milk 400ml @ £1.95

Pasta (Penne) 500g @ £2.70

Bio D Handwash 500ml @ £4.20

Kilombero White Rice 500g @ £3.75

MORE STOCK ARRIVING SHORTLY & we will be selling in church very soon!



# LONDON TEA

Singles £2.20 | Cases £11.88  
(See below for case sizes)

London Tea's range of bright and bold teas have been inspired by our vibrant, creative and colourful capital city. They are a certified B Corporation, balancing purpose and profit, and a social enterprise, reinvesting up to 50% of their profits into farmer communities.

**DID YOU KNOW?**  
All of London Tea's teabags are now completely plastic-free



### A Sencha Green Tea

59578 (40g) | 60604 (6 x 40g)

Renowned for its clean, fresh flavour, Sencha green tea is sure to tingle the senses and leave you feeling refreshed, detoxed and revitalised.

### B Lemon and Ginger Tea

60098 (40g) | 60866 (6 x 40g)

This bright, light-coloured tea delivers a well-balanced, refreshing flavour of lemon zest and ginger, leaving you feeling rejuvenated and satisfied.

### C Peppermint Tea

59812 (30g) | 60812 (6 x 30g)

Peppermint tea is often thought of as a 'healing' tea, because it is known to soothe many ailments, as well as promoting healthy digestion.

### D Peach & Rhubarb Tea

60474 (40g) | 61162 (6 x 40g)

This invigorating tea has all the natural sweetness of peach, cut with the sharpness of the rhubarb – making for a truly exciting blend.

### E Raspberry Inferno Tea

60340 (44g) | 60966 (6 x 44g)

This tea boasts a spirited infusion, deep red in colour with a lively raspberry flavour, sure to tingle the palate and heighten the senses, sip after sip.

### F Camomile Tea

59714 (30g) | 60628 (6 x 30g)

Delicious, buttery, soothing Camomile tea, free from artificial colourings, preservatives and flavourings.

Your contributions would be most welcome and any copy for this publication should be sent to Suzanne Cole [editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk) By 25th of each month please.  
If you would like to receive *InSpire* by email, you can subscribe to InSpire via the church website:- [www.capelandockleychurch.org.uk/inspire-magazine](http://www.capelandockleychurch.org.uk/inspire-magazine)