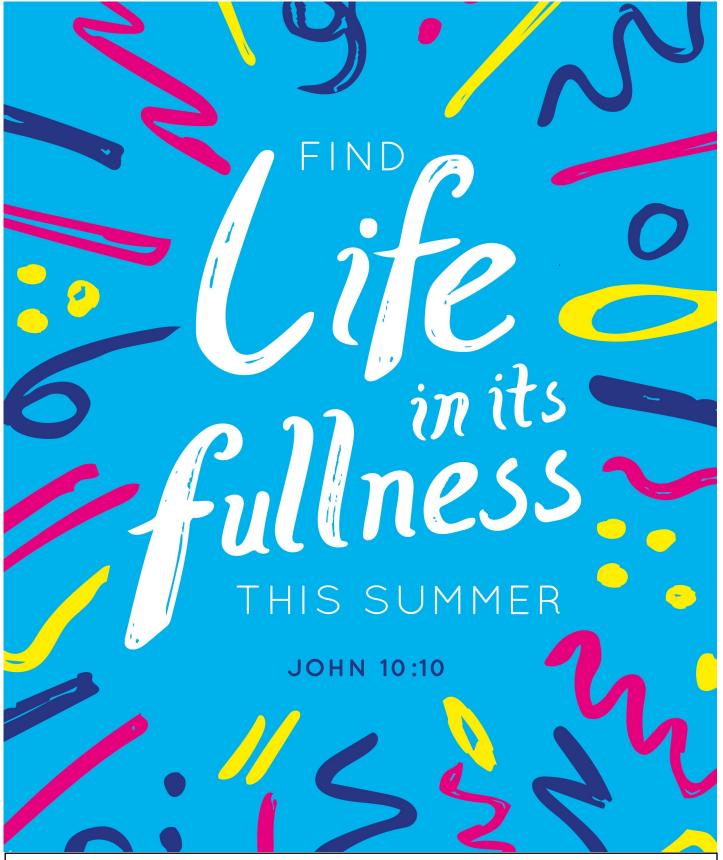


The monthly publication for the Parish of Capel & Ockley



You can find 'Life in it's fullness this summer' in Capel & Ockley with teas starting at Ockley on Sunday 4th July 3-5pm in addition to the Capel Tea dates already published, together with music from Bob Cranham and his BBC - see the back page for further details! And let's not forget the new fortnightly market outside The Crown in Capel from 8.30—11.30am ... the next one being Saturday 3rd July! Also, The Pavilion Café, Ockley hope to restart on 21st July (see page 9).

If you know of other events that are taking place that you would like highlighted next month, do let the Editor know: editor@capelandockleychurch.org.uk

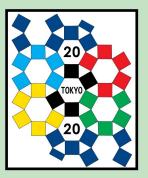
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Hold thou my hands!
In grief and joy, in hope and fear,
Lord, let me feel that thou art near:
Hold thou my hands!

William Canton



Don't want a paper copy? Don't forget that you can ...

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Register to receive **InSpire** via email each month OR download individual issues!

www.capelandockleychurch.org.uk/inspire-magazine

This issue is kindly sponsored by

Pat White & Irene Cole

This issue is in memory of both Colin white's 86th birthday and Stan & Irene Cole's 72nd Wedding Anniversary.

Both Colin & Stan are very much missed and remembered with great love by the family.

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Dear all, Page 4

It may only be in rural or semi rural churches that the bride to be arrives in full wedding regalia astride her horse. This delightful event was the first of our 'wedding type' services in Capel this year. I say 'wedding type' as it was a service of blessing for a couple who are to be married abroad later this year. Our beautiful bride rode her horse who was resplendent in bridal rosettes woven into her mane from the Village Hall to the Lych Gate, swiftly dismounting to change her shoes, adjust her dress and off she strode to join her fiancee, family and friends waiting for her inside church. It was a very special occasion and one which we were pleased to be able to do for a local family who celebrated afterwards with a fabulous reception back at the village hall. Meanwhile over at St Margarets in Ockley we had our first proper wedding of the year. Not having officiated at a wedding since 2019 it was another great way of getting back into the wedding season so to speak. This was rather a special day as the bride and groom were two of our Ockley bellringers. In fact the groom had proposed to the bride during bell ringing practice with champagne waiting round the pillar! On the happy day the bride and groom wore 1940's vintage clothes, arriving this time not by horse but in a vintage MG and greeted awaiting friends and family in the churchyard before the service. The groom even found time to ring the bells before he took his marriage vows! We still cannot sing inside in church but this didn't stop the music as two amazing musicians Jon and Magda played 'Pelagia's song' on the



mandolin as the bride and groom strode down the aisle! As numbers were still restricted for receptions at that point, instead we all enjoyed champagne and cake outside church afterwards. My favourite food!!

It just goes to show that despite restrictions and complications celebrations can still take place and can be used to provide an experience that we might not otherwise have had! Both services, the Service of Blessing at Capel and the Wedding at Ockley had to be resourceful, flexible, and simple. Both occasions (I think) were free of some of the stress that surrounds the culture of micro managed celebrations where if something goes wrong, which it inevitably can, it can appear a disaster. I'm sure we have all been there in one form or another! The other thing of course is that we have to be as flexible as church, as much as we can within certain legalities of course! You can be assured that your village churches try their very best to help with pastoral services and other occasions as much as we can. This of course applies to the funeral services we are privileged to assist with in Capel and Ockley and sadly in the last few weeks we have had to say farewell to some well known local friends this time in Capel. Once again restrictions have meant flexibility but with some very talented family members we have witnessed some very beautiful musical moments amidst the amazing courage and inspiration of those who are grieving. It is incredible how everything comes together and in my view is such authentic worship to present to God. Although if you read the poem opposite you will find that he is very gracious! With authenticity and simplicity in mind then, opposite is the beautiful poem which I first heard read at our June Cafe Church. It describes the true simplicity of praying to our Maker and I hope you find it useful.

With my love and prayers,

Revd Liz
Revd Liz Richardson <u>liz@hostmyserver.co.uk</u> 01306 711260
Vicar St John the Baptist Capel and St Margaret's Ockley

Photo below: Hannah Salter on her horse Esme



Just talk to me

Don't be afraid if you don't understand Don't fear you won't do it right Don't worry about performing Just talk to me

Don't need to wait until you're hopeless Don't need a special voice you keep reserved just for me Don't even have to close your eyes Just talk to me

Don't worry that you don't love me enough Don't need to do anything special Don't pretend you're someone or something that you're not Just talk to me

Don't try to be impressive Don't think about your image Don't need to be self-conscious Just talk to me

Don't think it has to make sense Don't feel the need to use complete sentences Don't feel the need to use words at all Just talk to me

Don't pretend to be happy if you are not Don't be overwhelmed if you feel hopeless Don't worry if I'll do what you ask Just talk to me

Don't worry if you're pleasing me Don't think you have to have all the answers Don't try to feel anything different at all Just talk to me

Don't bother about the rules Don't bother about whether there are any Don't pursue anything by which to measure yourself Just talk to me

Feeling Lonely?
I'm just a prayer away.
You can talk to me.
-GOD

Don't try to impress me Don't try to hide anything Don't concern yourself about whether you're wasting my time with trivialities Just talk to me

Don't think anything is too insignificant to bring up Don't worry if you cry Don't worry if you don't Just talk to me

Don't be afraid
Don't be unnatural
Don't be anything you don't want to be
Just talk to me

Don't hesitate to shout if you feel like it Don't hesitate to rant Don't pretend Just talk to me

Don't forget to laugh with me Don't forget that I'm the one who started all this Don't be surprised if I talk back Just talk to me

Don't forget to listen

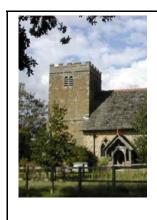
Don't forget I care more than you can possibly imagine

Don't worry about the silence

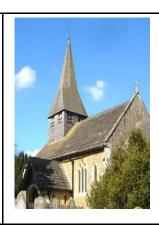
Just talk to me

Just talk to me





NEWS FROM THE BELFRY



Back to Normal?

By Sue Dixon

At the time of writing we are waiting to see whether all restrictions will be lifted on 21st June* and it is possible that by the time you read this we are 'back to normal'. It is more likely however, that there will still be some regulations imposed on ringers either by the Government, the Church Authorities as owners of the church buildings and the bells, or under the guidance of the Central Council of Church Bell Ringers. The CCCBR has been responsible for drawing up regulations throughout the lockdowns, and the various limited changes to restrictions, by meeting with officials to consider how ringing could take place within the rules at each stage.

Since 17th May we have been allowed to ring for up to 45 minutes under the rule of six indoors, provided the ropes are 1m apart and social distancing is maintained when not ringing. Ringers are asked to take a lateral flow test before attending and are required to wear masks indoors and use hand sanitizer before and after handling ropes.

We have therefore resumed shortened practices, at Ockley at least, where the ringing area is spacious and well ventilated. With only half the time of a normal practice session and limited numbers able to attend it is not easy to do much more than refresh skills acquired before the pandemic. We are hopeful that the guidance will be eased later in June but very much doubt that we will go straight back to the old ways where anyone could visit another tower and take part in the ringing session without pre-arrangement.

It is also probable that wearing masks indoors will still be necessary in order to ring, even if we are allowed more people and longer sessions. Unfortunately masks make it very difficult to hear the conductor's calls particularly over the sound of the bells and we will have to try to overcome this somehow.

The wedding between two to of the Ockley ringers is due to take place on 12th June. Ringing is expected to take place before and after the ceremony, including by the groom, though the bride has declined. It can be quite tricky to ring in a dress as the rope can catch at the hem, not to mention the need to stretch arms easily. Our weekly Zoom practices, with the use of 'Ringing Room' for virtual ringing, have been suspended for now but will probably resume on a less frequent basis. They have been very useful in allowing us to ring with people at a distance, including those who have moved away, as well as practice new methods or on greater numbers of bells.

For more information contact Sue on 01306 627168 or email ockleybellringers@btinternet.com

* The Government advised on 21st June that they were delaying releasing the remaining restrictions until 19th July 2021.

CHURCH SERVICES AND EVENTS FOR THE PARISH OF CAPEL AND OCKLEY - JULY 2021

Dage 7

			Page 7
SUNDAY	4th	TRINITY 5	
	9.30 am	Matins BCP at St Margaret's Ockley	
	10.30 am	Morning Worship CW at St John's Capel	
	3.00 pm	Teas at St Margaret's church Ockley (3 - 5pm) - NEW!	
SUNDAY	11th	TRINITY 6	
	9.30 am	Matins at St Margaret's Ockley	
	10.30 am	CAFE CHURCH at The Crown Capel	
	2.00 pm	Holy Baptism at St John the Baptist Capel	
SATURDAY	17th	2.30pm Holy Baptism at St John the Baptist Capel	
SUNDAY	18th	TRINITY 7	
	9.30 am	Holy Communion at St Margaret's Ockley	
	10.30 am	Family Communion CW at St John's Capel	
SUNDAY	25th	TRINITY 8	
	9.30 am	Matins BCP at St Margaret's Ockley	
	10.30 am	Family Communion CW at St John's Capel	
	12.00 pm	Holy Baptism	
	3-5pm	Teas at Capel Church	
AUGUST			
SUNDAY	1st	Trinity 9	
	9.30 am	Matins BCP at St Margaret's Ockley	
	10.30 am	Family Communion CW at St John the Baptist Capel	

Guidelines for Parish Sunday Services.

We are following a more basic pattern of services at the current time and we would request that you note the following guidelines below so that we fulfil government guidelines for your safety:-

- 1. Only 2 people to sit in each pew that is open (or one household and room for a single person) Every other pew will be cordoned off.
- 2. Hand sanitiser which will be by the door to be used when you enter and leave. Masks must be worn unless you have an exemption.
- 3. At Capel the toilet will be open and disinfectant available for you to wipe all surfaces after usage.
- 4. We cannot sing as a congregation but there is supporting music as appropriate.
- 5. The service will be printed on a sheet given to you as you enter the church along with the weekly newsheet. Please take both home with you.
- 6. No collection will be taken but we ask that you leave your donation on the plate.
- 7. Holy Communion is given in one kind (wafer) and all necessary hygiene precautions are taken.

Please also note that St John's is open during the week and at weekends but St Margaret's is only open at weekends.

For all the latest information and updates please visit our parish website www.capelandockleychurch.org.uk



Update on new fortnightly Market in Capel!

As many of you will know, Capel has now got its very own market in front of the Crown pub and in the garden. Our first couple of ventures on Saturday June 5th and 19th were very successful: many of you came and bought the fresh produce and browsed the crafts, art and other offerings. Fresh fruit and veg, meat, milk, organic groceries and flowers as well as plants were on offer alongside cake decorations, decorated cookies, health products, paintings, jewellery and more.

The next markets will be **July 3rd, 17th and 31st** and every fortnight after that. The pub will be open for coffee and cake and take-away deli products. All in all, a very pleasant local shopping experience in a village atmosphere.

Faran Fresh Fruits & Ve petables

For those of you who would like to support the local stalls every week, there is a Saturday morning market in Newdigate in the Surrey Oaks car park in the weeks we are not in Capel. Thank you for supporting your local businesses!

Dineke of Flavour Riot fame!



2021

Thank you to all who donated to this year's Christian Aid collection. The Capel News tin collected £2.34. Carters collected £22.17. So a total of £24.51.

A bucket collection was held outside Barclays bank in Dorking in Christian Aid week and collected £750.00 Online giving was £110 and £75 is reclaimable tax.

Overall more than £1,000 pounds was raised in Dorking and the surrounding areas. Thank you to all who donated to this worthy cause.

Sue Partridge

Tel: 01306 711355

STAMPS AND OLD PRINTER CARTRIDGES

Don't forget that you can drop off your used printer cartridges in the box in the church porch at Capel. These are sent to a recycling firm who give a small amount towards our church funds.

Also, don't forget to keep bringing your used stamps to church -again a box is in the porch at Capel.

Thank you

The Pavilion Café

Now hoping to restart on 21st July 2021

We are open every Wednesday morning from 9 to 12 in the Cricket Pavilion on the green in Ockley. We serve homemade cakes and savouries and offer a range of teas and fresh coffee. On the last Wednesday of the month we also serve bacon butties which are very popular. We ask for donations and, after expenses, the money goes to charity. We like to donate to our local churches, local amenities and charities and also national ones. We have become very popular over the years and there is plenty of parking and disabled access to the building.

The cafe was started in 2012 by a team of local church-going women called 'Kindred Spirits'.

Handmade cards

Thank you for your continued support. I will keep putting cards in church as and when I can! Some NEW ones went into Capel Church last Sunday!

Best wishes, Suzanne

Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.

If so, please get in touch with Debbie von Bergen:-debbievonbergen@icloud.com

We must have their permission before adding them to the list. Thank you.



FROM THE REGISTERS Capel and Ockley

We celebrate the marriage of

Joanna Clair Laws and Norbert Graham Hunt 12th June 2021

In Memoriam

We mourn the loss of

Christopher David Markham 29th May 2021

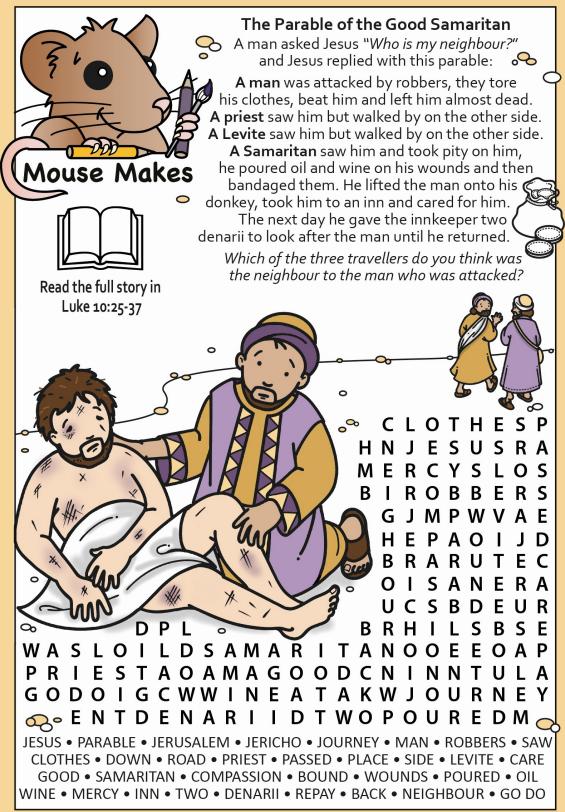


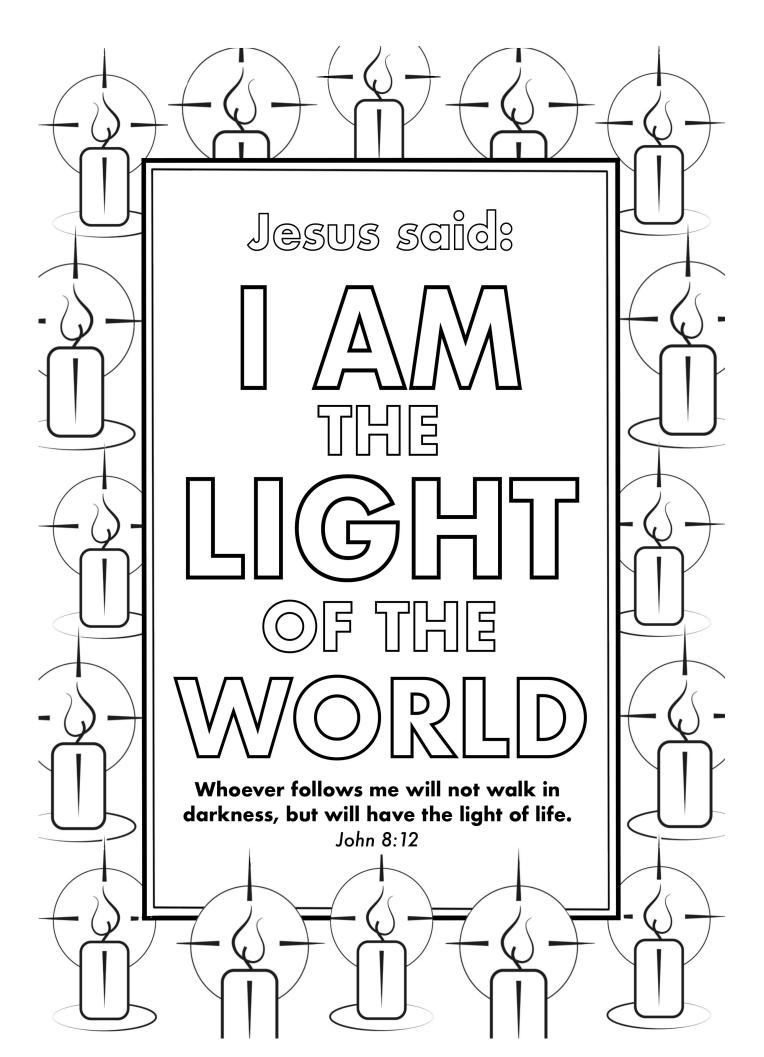
SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns contact our Safeguarding Officer Leigh Smith 07732825908 <u>leighdesouza@yahoo.com</u> or Revd Liz Richardson 01306 711260 <u>liz@hostmyserver.co.uk</u>

This notice will appear each month in InSpire
and the contact details for our Safeguarding Offier and the Diocescan Safeguarding Advisor
Jackie Broadfoot will be published in our weekly pew sheets as well as in
the Church Contacts section in each issue of Inspire.





MADAM IS ALWAYS RIGHT! 40 YEARS OF RETAILING...... Part 2 By Chris Cooper

Later in 1963 I was asked if I would like to manage the photographic section of the stationery department. I took up the challenge and had to attend a course at the Kodak college in London. This consisted of knowledge of products, film making, processing and stock control. This was the time when colour cine film 8mm size was coming onto the market. We were asked to make a five minute film of London, and at the end I received a first prize.

The Linen and Drapers Cottage Homes are situated at Mill Hill to the North of London, and I was asked by Mr Rex Reeves area officer if I would take collections from the staff in respect of the home's upkeep. This meant that someone on each floor had to ask for contributions and then pass the cash back to me for counting and payment into the office. Due to the amount of money we raised I was able to arrange a visit of about eighty people to Mill Hill and to meet Miss Joby; one of Grants pensioners. I still have the film. I wonder how many of the staff are alive today.

Grants also owned land at Hamsey Green, up on the hill near Warlingham. These were the sports fields for the store, and once a year a special day was allocated for athletics. The tug of war between departments was popular and I decided to decorate my moped as a fire appliance. Thus, duly kitted out with mock ladder, bucket and hose YOY 641 looked a fine sight with myself in suitable attire to attend the occasion. I cannot remember which side won but I received a prize for the most original entry.

I was also continuing with various coach trips to places of interest when I was asked if I were able to help with a visit to the home of Mr Goss Grant at Beechwood near Faygate. Mr Goss was a friend of Sir Peter Scott, the naturalist, and a large collection of wild fowl inhabited the lake in the grounds. The lake and house are still there, but I don't know who resides there now.

Christmas time was always busy, and I was given the opportunity of constructing the display model railway. Space was at a premium, restricted to a six by five board. I managed to get two ovals of track and a few points plus a couple of buildings but that was all! It did not last very long due to shop lifters and general misuse. All this took place in the basement theatre, three floors below the High street level as the store was built on the side of Crown Hill, the Surrey Street side being lower than the High Street entrance. Red lights conducted customers towards the lifts and access to the toy fair while green lights led them to the 'gift avenue' on the first floor.

Christmas was welcome to us lads as we could earn extra in tips by doing security duties when the store was closed. The restaurants on the top levels were used for private functions and I had the job of manning the lift during the evenings. These lifts were old fashioned with green interiors and plenty of brass. The doors had been modernised but the controls were still hand operated. These consisted of a huge wheel moved to the right for descend; to the left for ascend. I used to drive the lift in the evenings, taking diners to the Devonian room, all very proper. By the time they returned they were usually worse for wear and I was always asked to take them down slowly! Push the control over hard and the cage would drop suddenly, so I agreed and received large tips. These could be as much as £30. Worth the late night! On one occasion I was door keeper at the front entrance to let diners in or out. One night long after hours, and the store in darkness, I heard 'Tap-tap' on the doors. It was an elderly lady who asked for assistance. I pointed out that the shop was shut and it was eleven o'clock at night. She replied: 'you're here so you can show me around!'

The stockrooms above the theatre were in a 'U' shape, so if you climbed on the stock, you could see what was going on below. The stockrooms were very dimly lit and strange things took place. One day I had to go down to collect some stock, when I became aware of a presence! I thought the place was haunted, so I fumbled for the light switch and heard a soft giggle. Out of the gloom from behind a pile of furniture emerged a junior porter and a young lady from the accounts department. They had been trying to increase the population of Croydon! On being offered a bribe, I agreed to say nothing; It was a good lunch that day! After that experience I always made sure the lights were on before I attended to work in those stockrooms.

Early in 1966 I was asked (told) to help out in Household Linens at the request of Mr Henry Cooper the buyer. I thus had to change my name to Mr Copper and work in a cramped corridor selling only dusters and tea towels. We were still only paid £4-10-0 a week and with no hope of any promotion the time had come to find a new job. I was advised by colleagues that London experience was a 'must'. I therefore joined the staff at Maples in Tottenham Court Road in the Modern Furniture section on the third floor. I was paid £10 per week, but commission was paid on sales, which Grants did not, so if you worked and sold well you could make your fortune.

My move to Maples London was an experience. To travel up from Waddon every day with all the other office workers, meant longer hours and a season ticket! There was no Victoria line tube in those days, so I had to change trains at Balham and take the Northern line to Warren Street.

Maples then was very much a traditional firm. Unlike Grants a basic wage of £10.00 a week was augmented by commission at various rates in code on the price of the ticket. Everything in those days was paid in cash, so if you sold to customers well, you could go home in the evening with £500.00 in your pocket!

The ground floor at Tottenham Court Road was the reserve of the elite cabinet salesmen who waited in their oak panelled office with their secretary, until the reception called one of them forward. If no cabinet salesman were available then the tannoy public address system would call for 'Mr Whittington to Ground Floor reception', so any of us who were free would go down and serve the customer with a sale of a coffee table or even a £1,000 dining suite!

One day I was called to serve a young gentleman who wished to buy a large divan set in the bedding showroom. I demonstrated various types and fillings and he eventually settled on a six foot by seven foot top quality set. This had to be by special order, and on enquiring the gentleman's name, it was Harry Webb. These are the Shadows of the past, and we are the same age!

If you were really keen and put your mind to the task, it was surprising what you would encounter. Doing the rounds one day I came across a gentleman in the Oak selection area. He was inspecting the tables and chairs, so I made conversation. He was straight off his Yorkshire farm and wearing a fine set of tweeds. Arriving at Kings Cross, he made directly for Maples to furnish his extensive dwelling. 'Eh lad, thouwse got a fine selection!' he commented; 'We had better get on!' The net result is that I sold him a great house full of fine quality oak furniture and new bedding. The order came to the better part of six thousand pounds which he paid in used notes! Even at that date I had never before counted out so much cash in one go! There was one thousand pounds in each of six envelopes so that made it slightly easier. I asked him to sit down while I went to the cash desk for a receipt. When 'Arthur' the lift man saw how much I was carrying, he escorted me across the ground floor to the astonished looks of the elite cabinet salesmen! That is what can happen if you sit in the office all day. It was a sale I will never forget.

Times were now a-changing. 'Consultants' were employed to 'modernise' the system and caused uproar to the staff. The ten pounds a week basic was increased, but at the same time the various rates of commission were curtailed.

About this time also 'bleepers' were introduced to the sales staff so they could be contacted for phone calls. The idea was fine on paper, but the drawback was that if a call was made just as you were about to make a sale, by the time you returned from the phone call, the customer had vanished. Many a promising sale was lost by the 'bleepers'.

In the end it was the building itself that was about to die. The 'consultants' pointed out that one office complex of several stories would be more profitable than a furniture store: even a famous one.

I said farewell to London in 1969 and joined the small firm of Stockwell and Oxford back at Croydon. While there I sold one day a G-plan Most Comfortable Chair to Tony Blackburn, a record for me!

From S&O I moved to Amos Raynolds in Sutton and learned modern trends in Scandinavian furniture until the site was sold to Allders next door three years later. They say what goes around comes around so it was no surprise that I saw an advertisement for Maples Epsom for an ASM. Having been with the old firm Mr Sabine took me on and I stayed there until Waring and Gillow Holdings acquired Maple Group in the late eighties; and closed the store.

My time in retail trade was over, many changes and in 1991 I left altogether to become fulltime on the Bluebell Railway.

Editor: My sincere thanks to Chris Cooper for another very entertaining and informative article about his life! Also, my thanks to Debbie von Bergen for her invaluable help with typing Chris Cooper's notes.

Bowls

A small boy stunned his parents when he began to empty his pockets of coins. Finally his mother asked him where he had got all that money. "At church," the boy replied nonchalantly. "They have bowls of it there."

Cry baby

A woman took her four-month-old baby to visit her neighbour, but the baby began to fuss as soon as they arrived. The neighbour's five-year-old son asked where the baby had come from. "He was sent down from Heaven," the mother replied, above the screams.

The little boy watched the baby crying for a few more minutes, and then turned to his mother. "I bet I know why he was sent from Heaven. God wanted some quiet up there!"

Five fun things to do during boring sermons

- 1 Pass a note to the organist asking whether he/she plays requests.
- 2 See if a yawn really is contagious.
- 3 Slap your neighbour. See if they turn the other cheek. If not, raise your hand and tell the minister.
- 4 Try to take the handbag of the lady in front of you by putting your toe through the handle.
- 5 If all else fails, look up at the ceiling, point, and scream.

Obvious

A Sunday School teacher asked her class why Joseph and Mary took Jesus with them to Jerusalem. A small child replied: "They couldn't get a baby-sitter."

Miscellaneous observations on our Christian faith and life ...

The search for happiness is one of the chief sources of unhappiness. - Eric Hoffer

Inner healing is concerned to bring to light the causes of the inner pain; to help the sufferer to interpret them correctly; to release the person from the emotional grip of the past. - *John Townroe*

Humility is to make a right estimate of one's self. - Charles Haddon Spurgeon

If we would judge rightly of any man, we must see how he bears good and bad fortune. - John Calvin

God-like character is both the fruit of the Spirit as He works within us and the result of our personal efforts. We are both totally dependent upon His working within us and totally responsible for our own character development. - *Jerry Bridges*

Nobody can call himself a Christian who does not worship Jesus. - John Stott

To belittle is to be little. - Anon

Life has many choices. Eternity has two. What's yours? - Anon

Can't sleep? Count your blessings. - Anon

Forbidden fruit creates many jams. - Anon

Christians, keep the faith - but not from others! - Anon

God is a little like American Express - don't leave home without Him! - Anon

Holy people have a sense of inner peace. In their presence, it is the God of the still, small voice that one perceives. - *T Harrison*

I can take my telescope and look millions of miles into space; but I can go away to my room and in prayer get nearer to God and heaven than I can when assisted by all the telescopes of earth. - *Isaac Newton*

All above articles ©Parish Pump

*NEW 1st July Henry Venn of the CMS

Most Christians in the UK have heard of the Church Mission Society or CMS. Far fewer have heard of the Revd Henry Venn (1796-1873), whose father, the rector of Clapham, founded CMS in 1799, and who himself became the greatest missionary strategist of the 19th century.

Not that Henry Venn ever became a missionary himself; after Cambridge he served his curacy at St Dunstan's in Fleet Street, and then an incumbency at Drypool in Hull, before becoming vicar of St Johns, Holloway in 1834. But Henry Venn's parish-based ministry did not obscure his passionate interest in overseas evangelism, and in 1841 he accepted an invitation to become the honorary secretary of the Church Mission Society. That decision was to shape the history of overseas missions, and to make CMS into the most effective force in Britain for delivering effective overseas mission.

For Henry was an outstanding administrator, and his wisdom and management of the missionaries enabled CMS to grow and flourish. When Henry first began work on CMS, it employed 107 European clergy and nine local indigenous people. When he died in 1873, there were 230 European clergy and 148 local people in service.

After his resignation from St Johns Holloway in 1846, Henry devoted himself almost exclusively to the work of CMS. He was directly responsible for sending out 498 clergymen, all of them chosen by him, and with most of whom he continued in regular correspondence. He also established eight or nine bishoprics for the supervision of CMS missionary clergy and was usually involved in the appointments made.

Henry and a missions colleague in America were the first to use the term 'indigenous church', and they were way ahead of their time in seeing the necessity for creating churches on the mission fields that in time would become not only self-supporting, but also self-governing and self-propagating. In fact, Venn wrote with enthusiasm on this "euthanasia of missions," meaning that missionaries were only ever meant to be temporary, and not permanent.

All in all, Henry Venn's exposition on the basic principles of indigenous Christian missions was so powerful that much of it was later adopted by the Lausanne Congress of 1974.

But alongside Venn's passion for evangelism was his concern for social justice, and he frequently lobbied the British Parliament, especially the closure of the Atlantic slave trade.

In 1873, when he was 76, Venn died at his home in Mortlake, Surrey. He is buried in the churchyard.

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PRAYER DIARY

July 2021

Compiled by Belinda Kerry

'Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful and so worship God acceptably with reverence and awe, for our God is a consuming fire.' Hebrews 12; 28-29

FAMILIES continued from June THURSDAY 1st

Creator God, when we are with our families, among the people who know us best, may our faith in You shine through. Help us to be thoughtful and loving, even through difficulties. Help us to honour and respect each other, caring for others as we care for ourselves.

FRIDAY 2nd

Father God, Lord, when we gather together to share a meal with our families, may we bring praise to You for putting us together as family. Thank You for our food. Guide our mealtime conversations and steer our hearts to Your purpose for our lives.

SATURDAY 3rd

Heavenly Father, thank You for the comfort of family. We pray for families where trust is broken through abuse and/or abandonment and we pray for Your protection and Your guardianship of hearts and minds.

SUNDAY 4th

Lord of all, help our family to be grateful for each member. May we pray for every member of our family continually. May our gratitude for one another bind us together as a family, and our prayers for each other further unify us in gratitude and love.

PRAISE

'Shout for joy to God, all the earth! Sing the glory of his name; Make his praise glorious' Psalm 66:1-2

MONDAY 5th

Gracious God, we praise You that You are the same yesterday and today and forever (Hebrews 13:8), and that You are our solid rock, our fortress, our rescuer, our shield, our salvation's strength, and our place of safety.

TUESDAY 6th

We praise You Lord for being the everlasting God, the Creator of the earth. You do not faint or grow weary; Your ways are higher than our ways, and Your thoughts higher than our thoughts. (Isaiah 55:9).

WEDNESDAY 7th

We praise You Lord, who is like no other, pardoning iniquity and passing over transgression. We praise You for Your mercy. We praise You for Your compassion and for Your forgiveness. 'You will tread our sins underfoot and hurl all our iniquities into the depths of the sea." (Micah 7:19).

THURSDAY 8th

Father God, thank You that we can bring to Your feet all the hurts and fears that trouble us, and leave them there, knowing that Your strength and assurance are all that we require.

FRIDAY 9th

Lord Jesus Christ, we thank You and praise You: Bring peace into the world by bringing Your peace into the hearts of all. Help us to turn away from sin and to follow You in love and service.

SATURDAY 10th

Father God, thank You that as we draw near in worship, we are transported from a world of concerns and fears, to a place where we can be at peace in Your presence, find healing, wholeness and refreshment. Thank You Lord God for the opportunity of worship.

SUNDAY 11th

Yours, Lord, is the Glory in everything we see; a country scene, sunrise, sunset, rain and snow. Yours, Lord, is the Glory in everything we hear; a roaring sea, birds singing, laughter, conversation. Yours, Lord, is the Glory in everything we feel; a loving touch, a warm embrace, the summer sun.

MUSIC

'...be filled with the Spirit, speaking to one another with psalms, hymns and songs from the Spirit. Sing and make music from your heart to the Lord' Ephesians 5:18-19

MONDAY 12th

Almighty God, we thank You for music which lifts our hearts, calms our fears and takes us into the presence of Your joy.

TUESDAY 13th

Father, we ask You to bless those who compose, conduct, play and perform music so that the glory of You may be heard in it and be felt in the hearts of all the people who listen.

WEDNESDAY 14th

Lord Jesus Christ whose birth was greeted by the songs of angels, we thank You for the gift of music. May music bring light into darkness and restore hope, well-being and health.

THURSDAY 15th

God of Compassion, bless all those who take part in musical events. Bless the organisers and may their hard work be appreciated and, to all who attend, be a joyful and uplifting celebration.

FRIDAY 16th

Loving Father, bless the music that has been written to glorify Your name. May the words reach into the hearts of all who listen so that they may draw closer to You.

SATURDAY 17th

Father, we praise You for the blessings of this life and for all the sounds that bring us joy; laughter, birdsong, the voices of loved ones and melodies of music and song.

SUNDAY 18th

Heavenly Father, may our praises in song throughout our churches today unite our hearts, bring glory to Your name and lift our spirits.

BUSINESS, WORK, EMPLOYMENT

'Whatever you do, do it from the heart, as something done for the Lord and not for people.' Colossians 3:23

MONDAY 19th

Almighty God, thank You for the work of this day. May we find gladness in all its toil and difficulty, its pleasure and success, and even in its failure and sorrow. Grant us the will and the strength to bring the gift of gladness to others in our workplaces; that with them we stand to bear the burdens of the day and offer You the praise of work well done.

TUESDAY 20th

Dear Lord, as we enter our workplaces today, we invite You to join us so that everyone will sense Your presence. We give You this day and ask You to work through us by the power of the Holy Spirit.

WEDNESDAY 21st

Loving Father, we commit this work day to You.
Thank You for our jobs, for our employers and coworkers.
We invite You, Jesus, to be with us today.
May we perform each task with diligence, patience, and to the best of our ability. Help us to handle each challenge with wisdom.

THURSDAY 22nd

Heavenly Father, we bring before You those who suffer anxiety from unemployment. Guide them so that all may find suitable and fulfilling employment, and receive just payment for their labour.

FRIDAY 23rd

God, our Father, we praise Your name. Deliver us in our various occupations from the service of self alone, that we may do the work You give us to do in truth and beauty and for the common good; for the sake of Him who came among us as One who serves, your Son Jesus Christ our Lord.

SATURDAY 24th

Lord, we pray with all people in their daily life and work; we pray for those who enjoy fulfilment in a purposeful job or challenging vocation; we pray for those staring at the uncertainty of redundancy or dismissal; we pray for those holding immense responsibility and facing testing decisions; we pray for those feeling exploited by injustice in trade; and we pray for those caring for others, unpaid and unsung.

SUNDAY 25th

Jesus Christ, Light of the world, we pray for people who are unable to work through illness and incapacity. We pray for the recently retired, now wondering where they are still wanted. Enabling God, we commit to You the insights of our minds, the labour of our hands, and the love of our hearts, as we share in daily community life and shape the future of Your created world.

CONFIDENCE

'In him and through faith in him we may approach God with freedom and confidence.' Ephesians 3:12

MONDAY 26th

Lord, we thank You that, by faith, we can enter directly into Your presence through prayer. We thank You that we will be welcomed because we are Your children through our union with Your Son, Jesus Christ

TUESDAY 27th

Heavenly Father, help us to seek You before our busy schedule takes over our thoughts and to withdraw from noise and demands, as Jesus did, so that we can focus on You, our God.

WEDNESDAY 28th

We thank You Father for the promise that we will be rewarded in our prayers. We pray for perseverance and for more knowledge, patience, wisdom, love and understanding.

THURSDAY 29th

Almighty Lord, King of Kings, we ask for Your help for the times when we have doubted our strength and our ability to do things. Multiply our confidence we pray, and help us to believe that You are Lord of our lives.

FRIDAY 30th

Loving Father, we give our lives to You today and we ask that You will guide us along our way. There are times when we may think that we do not have the strength to defeat the enemy as he attacks us in our daily lives. Restore our courage and faith in You.

SATURDAY 31st

Dear Lord, You know our hearts and You know that we love You as You love us. Thank You that we can walk in confidence knowing that we are loved, knowing that we are enough and knowing that we have been rescued.





The Treasures of English History – witnesses to the history of a nation

By Matthew Byrne, Shire Publications, supported by National Churches Trust, £17.00 This book will be a sheer delight for anyone who enjoys the magnificent artefacts to be found in our metropolitan cathedrals and remote parish churches.

The wide range of stunning photographs include 16th century carvings on the choir seats of a village church to iridescent stained glass windows commemorating the Second World War, to ultra-modern art in Liverpool cathedral.

It is a rich selection of the best of our national church sculptures, stained-glass windows, church furniture and architecture. Together these artistic treasures trace the changing attitudes towards theology, politics and social life of Britain.

If you can't get out and about this summer as much as you would like, this book will provide you with a 'virtual' tour of many beautiful buildings.

Walking through Winter

By Katherine Gantlett, Instant Apostle, £9.99 This book points to ways in which we can all learn to survive, and even thrive, in our own winter seasons. Sharing from her personal experience of multiple miscarriages and the death of a newborn, the author delves into Scripture and the works of great theologians to search out golden truths that provide comfort, perspective and advice to those facing losses of all kinds.

She then looks at how we can create a rule of life for winter ('hygge for the heartbroken'), which will enable us not just to endure, but also to experience God's loving presence in the midst of the bleakest of our own winters.

The author says: "My discovery of the contemplative stream of Christian spirituality, combined with my evangelical and charismatic faith, enabled me to meet with God and find the strength and hope to walk through my winter season."

The Lion Storyteller Book of Family Values By Bob Hartman and Krisztina Kallai Nagy, Lion Children's Books, £14.99 Here is a practical way of considering the moral, spiritual, and cultural values that shape our lives and society. It would be helpful for use within children's church groups and schools. The book uses a number of engaging stories to encourage children to think and make connections within their own lives. There are optional links to Bible references as well.

Jesus: the unauthorized biography By Martyn Whittock and Esther Whittock, Lion Books, £10.99

Who was Jesus Christ, and how did He make such an astonishing impact that still resonates today?

This book explores the evidence from the New Testament gospels, early church writings, the apocryphal gospels, Ro

man literature, and archaeology, together providing a vivid portrait of Jesus' first-century Jewish cultural context.

As well as reviewing Jesus' life and claims, the book explains questions such as why He was at odds with religious authorities; the influence of Roman occupation; the interactions with contemporary resistance movements; and the prominent role of women in His disciple community.

More>Trust - giving our dreams to the trustworthy One

By Leah McFall, SPCK, £7.99 Singer-songwriter Leah McFall explores how to trust God through our disappointments, risks and rewards in life.

What do you do when God calls you out of your comfort zone? Or into a dream that seems to fade away to nothing? How do we hold onto our faith when the 'full life' we were promised seems to fall short?

If you have ever wondered how to trust God when things aren't going your way, or are looking for a practical alternative to Bible study to fit around a busy schedule, this could be the book for you. It will help strengthen your faith so that it is sure and steady enough to see you through whatever life might throw your way.

Green Reflections: biblical inspiration for sustainable living

By Martin Hodson and Margot Hodson BRF £8.99How should we look after the world we inhabit? This book combines scientific and theological wisdom to offer 62 reflections inspired by passages from the Bible in a thoughtful exploration that encourages both reflection and response. Themes include The Wisdom of Trees, Landscapes of Promise and Sharing Resources.



Book Review ©Parish Pump

With the Olympics and the idea of running a course in mind...

There is a way of winning by losing, a way of victory in defeat which we are going to discover. - *Laurens van der Post*

Thou, O God, dost sell us all good things at the price of labour. - Leonardo da Vinci

I have fought a good fight, I have finished my course, I have kept the faith. - 2 Timothy 4:7

Make the least ado about your greatest gifts. Be content to act and leave the talking to others. - *Baltasar Gracian*

The quality of life is determined by its activities. - *Aristotle*

No great achievement is possible without persistent work. - Bertrand Russell

Shattered dreams are a hallmark of our mortal life. - Martin Luther King



July 2021

Scott Broadwood School has a NEW CLOTHES RECYCLING BIN!

It is for everyone to use. It's just by the school gate so if you've been wondering what to do with all your old clothes that aren't good enough for the charity shop the answer is right here! The school will benefit from all our donations so get decluttering!

NB. Please remember this donation point cannot take duvets, cushions or pillows.



CAN YOU HELP GUEST EDIT THE WEEKLY SHEETS FOR THREE SUNDAYS?

I will be away for a few weeks over the next couple of months, specifically 18 July, 1 and 15 August - would anyone like to have a go at the weekly sheets? I can provide a template and all the pre-printed sheets with the readings on. I am also looking for someone to deliver to a few people around Capel on those weekends. This is specifically for those who can't make it into church at the moment and don't have easy access to a computer. Your help would be much appreciated.

If you can help, please contact Debbie von Bergen on: debbievonbergen@icloud.com OR call 07774 784008.

Thank you!



'Remember Me' - St Paul's launches fundraising campaign for memorial

St Paul's Cathedral has launched a campaign in partnership with the Daily Mail to raise £2.3m to build a physical memorial in St Paul's Cathedral for those who died as a result of the COVID-19 pandemic.

It will be the first build of its kind at St Paul's for nearly 150 years and is part of the 'Remember Me' project, an online book of remembrance launched last year. More than 7,300 names of those who have died as a result of the pandemic have been entered into the book.

The campaign will install the online memorial book at a permanent site within St Paul's as well as on the internet. People entering the Cathedral by the new Equal Access Ramp will be able to go through the memorial into a tranquil space and take time to remember the many individuals who have died as a result of the pandemic.

The memorial will be a portico in the North Transept on the site of an earlier porch destroyed by a bomb in 1941. Oliver Caroe, the Cathedral's Surveyor to the Fabric, who has designed the memorial, lost his mother during the pandemic.

£9 million funding package for mission to students and young people

Tens of thousands of students and young people who may never have been to church before are to be reached by the Church of England with the message of the Christian faith as part of a £9 million funding programme for mission projects across the country, it was recently announced.

Church of England parishes are to form new congregations aimed at reaching young adults and students in Leeds and Huddersfield in West Yorkshire, Blackburn in Lancashire and coastal areas of Paignton in Devon and Brighton and Hove in east Sussex.

A series of grants to help fund the projects has been awarded as part of the Church of England's programme of Renewal and Reform.

The Church of England's National Youth Evangelism Officer, Jimmy Dale, welcomed the investment in work with students and young people.

He said: "It is so exciting to see the church engaging with students and young people in a way that historically, we have often fallen short. Young people, the 'Generation Z' of 11- to-25-year-olds, have faced enormous challenges as a result of the pandemic. They have struggled not just socially and financially but educationally and with regards to mental health. The message of the good news of Jesus Christ offers this generation a real beacon of hope."

India's Coronavirus crisis: urgent support needed

All We Can and the Methodist Church in Britain's joint Emergency Coronavirus Appeal are providing essential support to vulnerable communities in India.

The country, home to 1.3 billion people, is currently in the grips of a deadly wave of Covid-19. Hospitals are unable to cope with the ever-increasing number of cases, oxygen supplies are scarce, and the situation threatens to overwhelm the country's health systems.

Since April 2020, All We Can has supported more than two million people in the pandemic through the Emergency Coronavirus Appeal, and the work of its long-term partners. The Methodist family has also responded to the ongoing pandemic through grants given by the Methodist Church's World Mission Fund partner church Covid-19 responses.

If you can help, please go to the Emergency Coronavirus Appeal at https://www.allwecan.org.uk/coronavirus/

How collective worship is the heartbeat of Church of England Schools

The Church of England's Chief Education Officer, the Revd Canon Nigel Genders, has been commenting on the recently updated guidance for the Church of England's collective worship in schools.

"One of the most rewarding parts of my role is the opportunity to visit schools across the country and join in inspirational and uplifting collective worship, led by children and young people.

"This Spring the Church of England published updated guidance for collective worship in schools. This is mainly a resource for Church of England schools, but one which can be helpful to all schools.

"State schools in England are required to provide a daily act of collective worship which is 'wholly or mainly of a broadly Christian character'. Although there is scope for schools to apply for an exemption to that depending on their particular circumstances, very few overall seem to do so.

"That's perhaps not surprising as schools tell us that, whatever the legal obligations, daily collective worship has proved a powerful tool in bringing pupils together. For Church of England schools that means Christian worship and that will remain the case.

"The guidance builds on the Church of England's Vision for Education, which is to be 'deeply Christian' while 'serving the common good.' In collective worship terms, this means opening the rich traditions and modern expressions of Christian worship to people of all faith backgrounds in a way which does not presume a particular starting point, so is invitational and inclusive as well as inspiring.

"Children can expect the worship they encounter in a Church school to be formational; to enable pupils and adults to consider big questions about who we are and why we do what we do. It should call us to action, to thinking and behaving differently. We suggested that schools take care that pupils and adults do not feel 'compelled to sing strongly confessional lyrics'. But it became clear that the word 'confessional' had been misunderstood - one rather over-the-top newspaper column even tried to claim that this meant we were 'purging' hymns of Christian content. Far from it.

"Christians often speak about 'confessing' their personal faith in God. The use of 'confessional' here was simply meant to recognise that whilst most will enjoy singing their heart out, schools should not insist that everyone must join in and should take care with what is appropriate, depending on their context.

"So, for example, insisting all pupils sing 'All to Jesus, I surrender' in a school where the majority of pupils are devout followers of another faith, as is the case in some of our Church school, might seem unnecessarily exclusive when there are lots of other inspirational Christian content to choose from. We have changed the wording of the guidance to make this clear.

"Parents value this approach, as it encourages thinking differently, and reflecting the behaviour and actions of individuals and communities. Inspirational collective worship should lead pupils to become courageous advocates of causes and encourage them to think searchingly about their faith, beliefs and/or philosophical convictions.

"We want pupils to leave school with an understanding of Christianity having encountered Jesus Christ through worship in a way that enhances their lives, whatever their faith standpoint.

"Around one million children attend Church of England schools which shows that parents and pupils clearly welcome what is on offer. Collective worship is at the heart of this, and we are committed to providing this in a way which is accessible to all."



How a vicar's TikTok meant for seven teenagers reached 1.7 million

What began as an amusing way to keep up with the seven teenagers in her congregation is now serious outreach for the Revd Anne Beverley of Christ Church in Wesham, Lancashire.

When the coronavirus pandemic struck, the first lockdown brought with it a need to stay in touch with the teenagers in her congregation, so Revd Anne Beverley filmed on the social media platform, TikTok – but she did not expect what happened next.

In three days, her video on her TikTok account @ChristChurchWesham was seen not just by the seven local teenagers, but by 1.7 million people around the world.

"We just sat at home watching the numbers go up every time we refreshed our phones," said Revd Beverley, "it was ridiculous."

Today, five or six videos are posted each week, which range from dances and singing, to short sermons while walking the dog.

The church has more than 66,000 followers and receives around a thousand comments and questions about God each week.

Pilgrimage routes to explore in the North

A 'Santiago of the North' has been launched, encouraging people to walk ancient pilgrimage routes to Durham dating back more than 1,000 years.

Around 30 churches in the dioceses of Durham and Newcastle are part of four revived pilgrimage routes starting from villages and towns in the region, re-creating the routes taken by pilgrims to Durham Cathedral.

'The Way of Learning, The Way of Life, The Way of Light and The Way of Love,' allows pilgrims to walk from 27 to 45 miles while exploring places of historical and religious significance.

Modern-day pilgrims can visit churches and historical monuments, museums and galleries on the route, including shrines and places associated with Saints Cuthbert, Bede, Hilda, Helen, Wilfrid, Oswald, Aidan and Godric.

Further pilgrimage routes *The Angels Way* (30 miles) and the *Way of the Sea* (62 miles) link Lindisfarne and Durham, the two most important pilgrimage centres in the region.

Northern Saints Trail Coordinator David Pott says: "There is a 21st-Century revival in pilgrimage – only 2,500 people walked the Camino to Santiago in 1985, but there were 347,538 pilgrims recorded in 2019."

"Pilgrimages are attracting people who are not necessarily of strong Christian faith but who want to explore more."

Editor: Canon Paul Hardingham considers the need for encouragement.

Olympic Gold

This month should see the start of the Tokyo Olympics, having been postponed from last year due to the Coronavirus pandemic. A number of New Testament letters refer to Olympic sport including Hebrews: 'Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith' (Hebrews 12:1-2).

The Christian life is compared to a long-distance race, but despite the struggles and obstacles, there is a great crowd of witnesses cheering us on. We have a heavenly Father who loves us and a Saviour who has run the race before us. If we keep our eyes fixed on Jesus, He will enable us to finish the race.

During the 1992 Barcelona Olympics, the British athlete Derek Redmond was running in the semi-finals of the 400 metres. About 250 metres from the finish his hamstring tore. He fell to the ground in pain and stretcher bearers came over to him. However, Redmond was determined to finish the race and so he started hopping toward the finishing line. Suddenly Jim Redmond, Derek's father, ran out of the stands towards him. "You don't have to do this," he told his son. "Yes, I do," said Derek, to which his father said, "We're going to finish this together." They completed the lap with Derek leaning on his father's shoulder. As they crossed the finish line, the spectators rose to give Derek a standing ovation. Although he didn't win an Olympic medal, Derek Redmond finished the race with his father at his side. Let's not forget the encouragement we have to finish the race!

Editor: Jo White considers the need for listening.

Reflected Faith series: the spaces between

Most of us have been in situations where we are not in control, and we don't know how to feel or how to react to our situation. We need help.

The most valuable gift you can have at those times – is time itself. Time to be 'listened to'. Really listened to. But it is not easy to find someone who will 'actively listen' to you.

Think of the last time you were in the reverse position with a friend or a colleague, and they were talking to you. How easily do you recall what they actually said? Most of us are so busy getting our replies ready for when the person has finished speaking, that we don't clearly hear their punch line.

With God it is different. We can take everything to Him; all our worries and cares and failures and faults. And He listens.

He doesn't necessarily jump in with an instant, easy solution, but rather He promises to always guide us, if we ask Him, through life's challenges, and He promises to never leave us. He often speaks to us through his written word, the Bible.

This last year, when many of us have been communicating with others by phone or Zoom, we get nervous if it all goes quiet. We feel the need to 'nudge' the other person, to make sure they are still there. Silence is not a natural state for many of us – and yet it is in the quiet we can hear ourselves and God most clearly.

So, when we talk with God, our conversation should not be rushed and one-sided. We need to give space to our silence before Him, to wait and listen for Him to speak to us.

This month:

Next time you worship in church, listen to the silences: the spaces between the words, the music and the actions. Listen to all the prayers that are spoken.

Look at your surroundings and reflect that they have absorbed thousands of prayers – and holy silence – down the centuries of their existence.

Look out the window and see the vastness of the sky above you – and let your prayers join with those that have gone before you. May the knowledge that you are not alone encourage and strengthen you.

Page 24

Dear Readers,

As I write, Rev Liz and Doug are away on their summer break. Like everyone else, I know I wish them a relaxing break and that they return to us refreshed and energised! We have just returned from Dorset for a family break at a place that is very familiar to us after 21 years of visiting! Somehow in the current climate, going somewhere that is almost a home from home was both relaxing and refreshing. We know the area well enough now that we don't feel the need to go out in the car exploring the whole of the Dorset coast, which we did when the boys were younger and there were beaches to explore and steam trains to go and ride on! Now, we are all content to take the car out as little as possible and walk from our cottage with our dog. Simple pleasures and free at that! (Well apart from the cost of the holiday cottage!). We sat down one evening in a field just a couple of hundred of metres away from our cottage and watched the sun go down over Lyme Bay and the Jurassic coast. It was truly magical—the four of us sat on a midsummer's evening, plus our dog, watching the magnificent sunset. How anyone can watch such a stunning display and not believe in a great Creator of all, I do not know! For me, His creation and magnificence are all around us and to be found in the tiniest thing as well as the stunning sunsets! We have been going to Abbotsbury (Gorwell farm) mainly in the winter time over the last few years to see in the New Year with cold, crisp walks and log fires, but to see it once more in summertime with the beautiful and bountiful hedgerows was a sight to behold! Especially since we were actually seeing it in warm sunshine not a frequent occurrence for a Cole family UK holiday! The sight of the abundant meadow flowers everywhere was just wonderful. We may not currently be able to get abroad easily, but my word what a lot our UK countryside and shores have to offer us! If anyone wants to know where we stay and enjoys a rurual holiday in the UK in cosy, comfy cottages, we can highly recommend Gorwell Farm cottages (https://www.gorwellfarm.co.uk/). They also have a 17th century barn now available for weddings etc. Please note I have not been paid or sponsored to advertise them, I just thought that good news is always worth passing on! To that end, if anyone else has a special place to stay in the UK, please do let me know and I'll share it with others.

As always in our local community, there is much going on, despite the restrictions that are still in place. Ockley church is holding their FIRST CHURCH TEAS this Sunday, 4th July 3-5pm so do go along and support them if you can! Live music is starting up again — Saturday 3 July sees The Surrey Hills

Chamber choir and The Surrey Hills Singers performing at the Crown Inn from 3pm. Limited tickets were available at the time of going to print. Bob Cranham and his band performed at The Crown last weekend and were well attended. The back page of this issue features details of his Capel Blues Festival which will take place on 27-29th August at The Crown in Capel. Advance tickets only! We are very blessed to have so much local talent!

Scott-Broadwood school now have a new clothes recycling bin which is open to everyone (see page 19) so do support them with recycling if you can! Sue Partridge gives us news of this year's **Christian Aid week' giving** in Capel on page 8. I was very pleased to hear that the new Capel Market has got off to a good start and Dineke updates us on page 8.

This issue is full of familiar items and plenty of news, together with items for reflection.

My thanks to both my mother, Pat White and mother-inlaw, Irene Cole for their sponsorship of this issue. They have kindly supported InSpire from it's inception and neither live in our Parish. So their support is all the more appreciated. It is therefore a poignant issue for me personally as I remember both my father Colin's birthday on 26th July and Stan and Irene Cole's wedding anniversary on 23rd July. Both men are very much missed in our family but their memories are celebrated each and every day.

With my very best wishes, Suzanne editor@capelandockleychurch.org.uk





Dear friends,

We will be placing an order shortly and obtaining some of the new Summer catalogues for both churches so that you can browse them at home!

We do hope to begin to sell items after church services sometime soon, but will need to be mindful of the restrictions to keep everyone safe.

We currently have a small stock:-

Maftoul 200g @ £2.99 - See below for info and recipe idea!

Sultanas 500g @ £3.72 Coconut Milk 400ml @ £1.95 Pasta (Penne) 500g @ £2.70 Bio D Handwash 500ml @ £4.20 (Lasts ages!) Kilombero White Rice 500g @ £3.75

In the meantime, if you would like to order anything, please contact us.

Suzanne & Stuart Cole

email: traidcraft@ansford.me.uk or phone 01306 711449

You can either look at the catalogues at church or online: https://www.traidcraftshop.co.uk/ and then contact us to place an order so that the churches benefit from 10% of all sales. Thank you.



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Maftoul ("hand-rolled") is a traditional Palestinian grain made from bulgur and whole wheat flour. Women prepare it today just as their grandmothers would have always done, working together to crack, hand-roll and dry the organic wheat in the glorious Palestinian sun. It's firm texture and nutty flavour make it a delicious alternative to other grains.

We have tried this product several times now and find far tastier than the smaller couscous we had traditionally enjoyed. We have also substituted it for rice as an accompaniment with meals sometimes too!

It is delicious as a side dish to meals and we have enclosed a tasty recipe below as published on each box of Maftoul.

We have some in stock if you'd like to try some!





Items for reflection

Editor: Tony Horsfall considers the challenge of change

Time for a change

I have had my walking boots for a few years now, and they have been faithful companions. We have walked many miles together during that time, on my daily walks as well as on holiday. They are partly responsible for my physical recovery after Covid-19, so they have a place in my heart. They fit me very well, and we have adjusted to one another. But they are very thin now on the soles and heels, and it is reluctantly time for a change.

So, one recent Saturday I bought a new pair. They are clean and smart, and fully waterproof. The soles are strong and new. There are no signs of wear and tear. But I know that change is never easy. They will take some time to wear in. They may rub and I may get a blister or two. Occasionally I will long for my old boots, and wonder, 'Did I make a mistake?' Hopefully, they will become as much a part of me as my old ones as we tread the miles together. But there is always a risk with something new, Isn't there?

Change is never easy in whatever form it comes. But change is inevitable because life does not stand still, and we have to keep adjusting and adapting and being open to fresh winds of the Spirit. Never more so than in these present, troublesome days.

Strangely enough as I have been meditating on this, my reading this morning (Isaiah 9) contained a reference to 'Every warrior's boot used in battle ... will be destined for burning (v5).' Oh dear. I'm sure like me, warriors were fond of their boots too and found it hard to part with them.

Editor: Roger Roberts reflects on the endings - and beginnings - that summer can bring.

What's your next step?

Does this month spell the end of school, college, or even a job, for you? Then congratulations are in order: you have completed a significant step!

Now it's time to decide your next step. The dictionary defines 'step' as a physical movement that advances you in a desired direction. You 'step' forward in order to get somewhere specific. Each 'step', however small, will make a difference to your life.

The Bible reflects this. It is filled with the metaphors of stepping, walking, running and goals, pilgrimages, journeys, all to describe the years of our lives.

So, choosing your next step in life this year is important. The good news is that you need not do it on your own. In God, you have a divine 'life coach'. He knows you perfectly – and He has a plan for your life. Most of all, His plan is to have a close personal relationship with you.

We've all seen toddlers staggering towards danger, ignoring their parents' cries of warning. We've all seen adults making a mess of their lives. They are ignoring their personal divine Shepherd, Guide, Teacher and Helper.

A baby learns to walk safely by listening to its parents. We learn what God's will is for us through daily reading of His word, in the Bible, and in obeying what we read.

For when God guides us, He does not hand down a divine map of our lives for us to follow on our own. His guidance is more like that of a torch – a little advance light, day by day, for our immediate daily path.

Remember, the Lord wants you to succeed in the earthly goals that He has for you! So, trust Him to be your guide and helper as you step into your future.

Editor: Are any of your young people graduating?...

Don't stop too soon

The story is told of a college graduation where there were a large number of graduates waiting to receive their degrees. Speed was of the essence, and so as the Chancellor presented their diplomas, he simply smiled each time and whispered: "Congratulations, keep moving."

It's actually good advice for all of life, and for your Christian life as well. Discovering the reality of God's love for yourself is life-changing, but – *keep moving*!

There is so much more that God has in store for you! Paul in 2 Timothy says "I have fought the good fight, I have finished the race, I have kept the faith. Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day...."

So, wherever you have reached in your own faith pilgrimage, congratulations, but keep moving!

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Following

A young mother writes:

It is always busy in our home, as we have four young children running about. But one particular Sunday afternoon James, my four-year-old kept following me about very closely. He was on my heels every time I turned around, and after nearly falling over him several times, I lost patience. 'Whatever is the matter with you?' I demanded. 'Why don't you go play?'

He looked up at me and said: 'This morning at church the teacher told us that we should walk in Jesus' footsteps. But I can't see Him, so I am walking in yours instead.' I gathered up my young son and felt tears in my eyes. I thanked God for this lesson I will never forget – about the value of being a living example to our young ones."

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What will you miss about lockdown?

More than half of us admit that we will miss some aspects of the Covid-19 restrictions, especially spending more time at home with our family, and appreciating the quieter roads.

A recent study by King's College London and Ipsos Mori found that around one third of us feel the past year has been similar or better than normal, while 54 per cent of us say that we will miss some of the changes.

Three in ten of us feel closer to our immediate family than we did before the pandemic, while just one in six of us say that we have grown further apart. One in five of us say that our finances are better because of the pandemic.

Overall, it seems that while the public would rather the pandemic hadn't happened, that doesn't mean it's been all bad for everyone, or that people see it as deeply affecting their future lives.

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Editor: By the Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the CofE.

Can comedy point the way to faith?

Truth can come from a range of places. In Shakespeare, it's the fool who often has the insight that the main characters lack. In the Old Testament, it's the prophets that proclaim the truth from God's perspective.

Maybe today, we should be listening more to the comedians – to the people who stand back from our day -to-day happenings and see the world from different angles. They can make us laugh, but they can also teach us truths about ourselves that can be distinctly uncomfortable.

Take the new book by comedian, and Catholic, Frank Skinner. It's called 'A Comedian's Prayer Book' (Hodder & Stoughton) and runs to just over a hundred pages. Yet in that thin volume, Skinner – who is very open about his devout Christian faith – poses serious questions for both believers and atheists.

It's far from being a comfortable read, though it never ceases to be amusing and thoughtful.

Setting the scene for the book, Skinner, an award-winning comedian, television and radio host, explains: "Imagine someone on a pilgrimage, stopping at churches, martyr-related tourist spots and sacred wells, while dressed in a medieval jester outfit.

"The intention is serious and completely devout, but the pilgrim just feels more at home in the motley than in sackcloth and ashes. He feels jest is an integral part of who he is, and it seems wrong to deny that part."

Skinner sees his role as a comic as integral to this faith, although some 'fellow pilgrims' may be uncomfortable with someone who seems to see humour all around him – and can easily make others laugh.

Yet Frank Skinner raises deep issues in the chapters of this slim volume, including questions that will connect with people both within the Christian faith, and those standing outside.

He describes his prayer life as "a telepathic dip into a long, ongoing conversation with thousands of tabs left open and no helpful 'new readers start here' summaries or simplifications for the neutral observer."

Skinner's 'prayer book' is on my bookshelf alongside '10 Second Sermons,' (Darton, Longman & Todd) written by

fellow comedian Milton Jones in 2011. Again, the comedian's quirky view on life brings fresh insights and challenges.

Jones, a master of one-line jokes, describes gossip as "bullying people who are not there," lust as "rehearsing for a play in which you shouldn't have a part" and salvation as "like being returned to the factory settings – but you have to admit there is a factory, and that there could be some settings."

One of my favourites is Jones's description of the Holy Spirit as "a real person you can invite in. But watch out – in time He will go over, pull the fridge from the wall and say 'What's all this mess under here?' But at least He helps clear up."

Both Milton Jones and Frank Skinner are comedians of faith – comedic commentators with a gift of making us see the world with fresh insight. And, as importantly, making us laugh.



CHURCH TIMES

Synod will hear update on safeguarding progress

By Ed Thornton 25 June 2021

The General Synod, meeting in July, will be invited to take note of workstreams and projects that have been developed to improve the Church's safeguarding procedures, in the wake of the Independent Inquiry into Child Sexual Abuse (IICSA) report (News, 9 October 2020).

A briefing paper, published on Thursday and written by the Bishop of Huddersfield, Dr Jonathan Gibbs, the lead bishop for safeguarding, says that a safeguarding programme is being developed to implement the IICSA report's six recommendations to strengthen the C of E's safeguarding arrangements. These recommendations have been "fully

accepted" by the Council, the House of Bishops, and the Synod (News, 27 November 2020), the paper notes.



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It continues: "To deliver this level of change on a national scale is a huge undertaking and to be delivered successfully requires the use of established programme and project management structures, hence the development of the Safeguarding Programme. The programme structure will co-ordinate the multiple projects that all relate to safeguarding."

The safeguarding programme, which will also include the existing Casework Management System and Past Case Review (PCR2) projects, "will ensure the NST has the additional resources to deliver this level of change in the most cost-effective way", the paper says. "The programme focuses on good engagement with the dioceses and parishes to ensure that they are part of the changes required to ensure a safer church for all."

The structure of the safeguarding programme is now in place, the paper says, and funding has been secured. The paper also reports on progress towards independent oversight of the National Safeguarding Team, the first step of which is the appointment of an Independent Safeguarding Board (ISB) (News, 26 February).

"Descriptions of the roles for the ISB members have been completed and draft contracts are being drawn up," it says. "The members will not be employees of the Archbishops' Council, so it has been important to frame the relationship appropriately."

An external recruitment agency is handling the search for suitable candidates to appoint to the ISB, "and they are finding an encouraging level of interest among people with relevant experience". It is hoped that a chair and survivor advocate will be appointed to the ISB in late July or early August, and that a third member ("chosen to complement the other two members") will be appointed in September. "An Appointment Panel of suitably qualified people, including survivor representatives, is being finalised."

The paper also reports on the work of the NSCMS project, which will "deliver a casework management system to cover all dioceses, cathedrals, and the National Safeguarding Team.

"The new system will support effective safeguarding practice, facilitate smoother information sharing between the Church's entities and will provide a strategic overview of types and number of cases, feeding into policy-making, risk management and prevention."

The new system comprises three elements: "a National Casework Management System that will hold and enable access to information pertaining to church related safeguarding cases"; "a standardised approach to recording, storing, accessing and managing data"; and "national level reporting and performance analysis of cases".

On 11 May, the Archbishops' Council approved a provider of the NSCMS, "the budget to fund implementation and initial subscription up to the end of 2023", and "approval for the Project Team to develop a recharge model to start from the beginning of 2024 for the ongoing 'business as usual' costs".

The paper also reports that, at a meeting in April, the National Safeguarding Steering Group approved the Safer Recruitment and People Management (SRPM) guidance. "The discussion acknowledged that there are some church bodies who may need a longer lead in time to be able to implement the Guidance fully, and therefore it was agreed that full implementation was required by 1st January 2022."

The paper also provides details of this year's Safeguarding Sunday, which will take place on 10 October, which is a "chance, for local churches, to use their regular Sunday service to explore together what safer places look like, and to thank all those working behind the scenes to make our churches safer for all". More parishes have already signed up to take part than all who participated last year, it says.

Looking forward to next year's Platinum Jubilee!

Queen's Platinum Jubilee - a celebration of faith & service - save the date!

A four-day Bank Holiday from 2nd - 5th June 2022 will mark the Queen's Platinum Jubilee next year. This is an amazing opportunity to bring our communities together for the celebrations, which end on Pentecost Sunday.

HOPE Together, the Church of England, the Methodist Church, Biblica and other key partners are currently planning for the Queen's Platinum Jubilee, with a specially commissioned souvenir book for us to give away; a new anthem for communities and churches to sing; a '70 Acts of Service' community challenge for us to adapt to use together with churches and other organisations in our area, and lots of resources for children and schools.

Rachel Jordan-Wolf, HOPE's executive director said, "Churches are in an ideal place to bring communities together for national celebrations. We have the tables, chairs, crockery and PA systems – and we love making cakes!

"It is so appropriate that the nation and Commonwealth should be celebrating the Queen's Platinum Jubilee on the same weekend as Pentecost, the day when the church celebrates the gift of God's Holy Spirit."

The anointing of God's Holy Spirit was central to the Coronation and, in preparation for the day, The Queen prayed: 'Come, Holy Spirit, and daily increase in all of us, and in me, thy humble servant, thy manifold gifts of grace; the spirit of wisdom and understanding; the spirit of counsel and strength; the spirit of knowledge and true godliness, and fill us, O Lord, with the Spirit of thy holy fear, now and forever. Amen.'

The beautifully illustrated souvenir book to be published for the celebrations uses rarely seen prayers, which the Queen prayed in preparation for the Coronation, and highlights how God has answered those prayers over the past seven decades.

The 'Platinum Jubilee Celebration of Faith & Service' will build on the successful partnership facilitated by HOPE Together, which enabled local churches to bring their communities together for the Diamond Jubilee and the Queen's 90^{th} birthday celebrations.

Over the next year HOPE will provide churches across the country with all the resources and ideas they need to run a great all-age community event that will celebrate the Queen's 70 years of faith and service. We can plan to get our church involved, invite our community to the party, and round off the weekend with a special guest celebration service for Pentecost.



I think I speak for my generation when I say that the example and continuity provided by The Queen is not only very rare among leaders but a great source of pride and reassurance.

The Duke of Cambridge

Why your dog may be in danger

Dog thefts across the UK soared last year. The problem is now so serious that the government is to set up a pet theft taskforce to fight the organised crime gangs involved.

The taskforce will include officials from the Environment Department (Defra), the Home Office, the Ministry of Justice and the police. There will also be input from animal welfare experts.

Priti Patel, the Home Secretary, said: "Having callous thieves steal a much-loved pet is heart-breaking for families, and is a cruel crime." Stealing a pet is already a criminal offence, with the offender facing up to seven years in prison.

The police strongly advise pet owners never to leave their pet unattended in public, to vary their walking routines, and to take basic security steps at home, such as checking locks on doors and garden gates.

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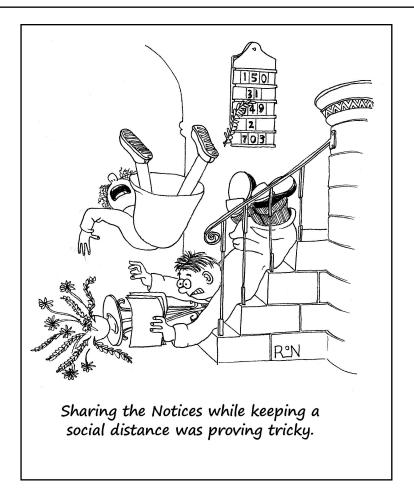
Please take my money

Have you ever tried to use cash in a shop, and been refused? That happened to more than a third of us last year.

But now, in response to widespread protest, supermarkets and high street shops have promised that they will continue to accept cash. Aldi, Asda, Co-op, John Lewis, Lloyds Pharmacy and Waitrose have all joined a pledge organised by the consumer group Which? to protect customers' choice.

Which? is now asking the government to set out when it will introduce laws protecting access to cash, which the Treasury promised in March 2020. A treasury spokesman said: "We remain committed to further legislation to protect cash."

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Wordsearch Clues

Doubting Thomas

If you have ever doubted aspects of your Christian faith, St Thomas is the saint for you. His feast day is on 3rd July.

Thomas, one of Jesus' 12 disciples, was deeply devoted, but also very honest whenever he got confused. When Jesus spoke of going to his Father (John 14), Thomas was not afraid to ask Him where His Father was. As for the Resurrection, that really baffled Thomas. He demanded to see the risen Jesus for himself - and touch the wounds in His hands and feet. When Jesus appeared, Thomas' immediate response was one of worship: "My Lord and my God" (John 20).

Thus, Doubting Thomas' honest doubts, turned to honest faith, have become a reassurance for thousands of us down the centuries who also sometimes doubt Jesus. In Doubting Thomas' complete affirmation of faith, after meeting the risen, crucified Christ, we can find support for our own faith in Him.

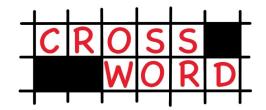
U	Т	N	R	N	Ε	S		R	R	P	N
F	S	В	L	0	R	D	S			0	P
Α	Α	Т	U	T	0	U	C	Η		Α	Τ
D	Ε	R	Η	O	N	E	S	Τ	D	Ε	Н
Ε	F	O	S	Ε	D	R	C	Α	E	Т	C
М	В	Р	S	Η	0	E	C	F	1	Т	U
Α	W	Р	D	W	R	S	L	Α	G	Η	R
Ν	Ε	U	N	R	Τ	P	F	F	P	O	Α
D	Ε	S	U	F	N	0	C	R	F	М	D
Ε	U	S	0	S	Т	N	I	Α	S	Α	Y
D	Ε	N	W	T	Ε	S	0	1	D	S	В
R	O	W	Η	Ε	R	Ε	S	D	Ν	Α	Н

Thomas	Honest	Resurrection	Support	Response
Saint	Confused	Baffled	Touch	Worship
Doubt	Father	Demanded	Wounds	Lord
Faith	Afraid	Risen	Hands	Му
Feast	Where	See	Feet	God

6			2	5				
	5	1		4		9		3
2		9						
8	1			2	5	3		
3		5				6		9
		7	1	3			8	5
		4				8		7
5		8		6		4	9	
				8	3			6

								3
	3	1		2				8
			5		9		1	
5			6					
1		4				2		9
					2			7
	5		7		8			
7				1		9	2	
6								

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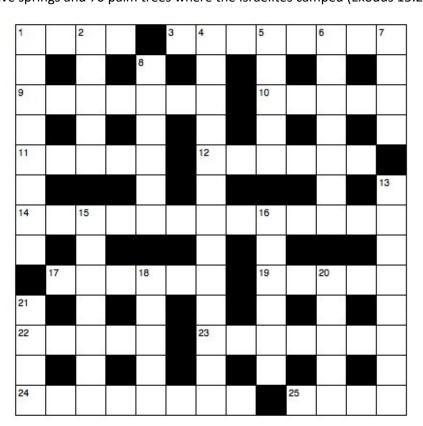
Crossword Clues

ACROSS

- 1 Sent out three times on a reconnaissance mission from Noah's ark (Genesis 8:8–12) (4)
- 3 'The vilest who truly believes, that moment from Jesus a pardon receives' (8)
- 9 Described by the 19th-century MP Sir Wilfred Lawson as 'the Devil in solution' (7)
- 10 'Whoever his life for my sake will find it' (Matthew 10:39) (5)
- 11 King of Gezer (Joshua 10:33) (5)
- 12 Gideon's home town (Judges 6:11) (6)
- 14 The area under the jurisdiction of a primate, for example, Canterbury, York (13)
- 17 To him God promised that David would be king (1 Chronicles 11:3) (6)
- 19 A descendant of Aaron who was not allowed to offer food to God (Leviticus 21:20) (5)
- 22 'If any of you wisdom, he should ask God' (James 1:5) (5)
- 23 I gain me (anag.) (7)
- 24 Relating to the armed forces (1 Chronicles 5:18) (8)
- 25 Title given to 2 Down (abbrev.) (4)

DOWN

- 1 Greek coins (Acts 19:19) (8)
- 2 Church of England incumbent (5)
- 4 What Epaphroditus was to Paul (Philippians 2:25) (6-7)
- 5 Mother of David's sixth son (2 Samuel 3:5) (5)
- 6 'We are hard pressed on every side, but not crushed; perplexed, but not in ' (2 Corinthians 4:8) (7)
- 7 It destroys treasures on earth (Matthew 6:19) (4)
- 8 It threatened Paul in Jerusalem (Acts 21:35) (3,3)
- 13 Well-known Reference Bible that espoused dispensationalism (8)
- 15 Where the choir sits in a parish church (7)
- 16 Real do (anag.) (6)
- 18 'Martha, Martha... you are worried and about many things' (Luke 10:41) (5)
- 20 'One man considers one day more sacred than another; another man considers every day ' (Romans 14:5) (5)
- 21 A place with twelve springs and 70 palm trees where the Israelites camped (Exodus 15:27) (4)





Word Search solution



Crossword solution



Easy Soduko solution

6	8	3	2	5	9	7	4	1
7	5	1	6	4	8	9	2	3
2	4	9	3	1	7	5	6	8
8	1	6	9	2	5	3	7	4
3	2	5	8	7	4	6	1	9
4	9	7	1	3	6	2	8	5
1	6	4	5	9	2	8	3	7
5	3	8	7	6	1	4	9	2
9	7	2	4	8	3	1	5	6

Medium Soduku solution

4	2	5	1	8	7	6	9	3
9	3	1	4	2	6	5	7	8
8	6	7	5	3	9	4	1	2
5	9	2	6	7	1	8	3	4
1	7	4	8	5	3	2	6	9
3	8	6	9	4	2	1	5	7
2	5	9	7	6	8	3	4	1
7	4	8	3	1	5	9	2	6
6	1	3	2	9	4	7	8	5



This series is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Exploring the Big Questions: scientists and theologians share their views

It's important to have debates about science and Christian faith and to dig into the hot topics, but we can't exist solely on a diet of controversy. I find it helpful, at times, to simply enjoy the wonders revealed by science and the big questions they raise about meaning and purpose. What's the universe for? What do you do with your feelings of awe and wonder? Where do we get our sense of the value of the living world from? I had the privilege of meeting a group of Christian scientists and theologians who shared thoughts about these big questions, and will share some of their thoughts here.

The Oxford-based theologian Alister McGrath shared that "science is wonderful at asking questions. Some of those questions can be answered, but very often when you do answer them, they simply open up yet more questions. But of course, there are some more fundamental questions I think science simply cannot answer... questions like, 'Why am I here?'"

Rhoda Hawkins, a physicist at Sheffield University, has had a similar experience. "I never cease to be amazed at quite how impressive the world is, and how impressive the mechanisms are for how things work...It really is beautiful in many ways, and it leads me to think about God. I'm not saying that I have any proof, but I'm saying that by looking at the world around me it tells me more about God and it leads me to worship Him."

Another scientist who appreciates beauty is Jeff Hardin, who explained that "studying the wonders of the living world is an exercise in art appreciation. For me, God is the creator of everything... so the joy of discovery is also the joy of appreciating the world that God has made...and leads me to thank God for the amazing world that we have to enjoy and to explore."

I will close with some words from Jeff Schloss, who – like the others quoted above – finds that Christian faith makes science more satisfying for him. "Once I became a Christian...I had the sense that I was studying the marvels of the natural world, which are marvellous in their own right but become more profoundly engaging and enticing when one thinks that you're studying the works of God." Perhaps if we can spend more time listening to people like this, our discussions about science and faith will also be richer and deeper.

Quotes from videos on www.wondersofthelivingworld.org

https://www.faraday.cam.ac.uk/

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The Capel Blues Festival is a three-day event of toe tapping, good time R&B music featuring some of the U.K.'s finest exponents of blues in the lovely garden surroundings of the Crown Inn, Capel.

FRIDAY 27TH AUGUST - 8PM "Timeless" TIM HAIN'S JAM SIDE UP

The brainchild of singer/guitarist Tim Hain, JAM SIDE UP play blues fused with the rhythms of Reggae from Jamaica. You are guaranteed to leave with a smile on your face.

SATURDAY 28TH AUGUST - 8PM ALAN GLEN'S BLUES PUPPIES

(The Yardbirds - Nine Below Zero)

Saturday features blues harmonica legend Alan Glen and his band. **Alan Glen** started playing harmonica after seeing <u>Muddy Waters</u> when he visited London in the late 1960s and early 1970s. Early bands he was involved with were Crowjane Bluesband, The Radical Sheiks and Brothers Grimm, before going on to join <u>Nine Below Zero</u> and <u>The Yardbirds</u>.

The Blues Puppies will also be joined by two special guests - Paul Cox and Gemma Dorsett

SUNDAY 29TH AUGUST - 3PM THE BRITISH BLUESCASTING CORPORATION

The BBC play toe-tapping, feel-good, Rhythm & Blues, bringing their own unique style to classic blues tracks and original songs.

The band was originally formed by Guitarist/Producer Bob Cranham as a duo with Ben Keen, but after taking beer with drummer Barry Cook, he decided to add Barry on drums and Dave Williamson on bass. All would have been well if the first lockdown had not coincided with the band launch. Undaunted, The BBC have been hard at work rehearsing new material and recently recorded their first album of original songs and covers, "HIGH HORSE".

https://www.facebook.com/bbcblues