

InSpire Issue 49 April 2021 Free of charge - please take a copy!  
The monthly publication for the Parish of Capel & Ockley

# InSpire



For God so loved  
the world that he <sup>save</sup>  
his one and only Son,  
that whoever believes  
in him shall not perish  
but have eternal life

# My Winter Lockdown Paintings

By Nick Ward

During the first lockdown, I spent a lot of my time walking and sketching out of doors in the wonderful spring weather we had last year. This recent lockdown has been set against the backdrop of winter, when the prospect of sitting down on logs and stiles is considerably less appealing (though I did enjoy doing a quick sketch on Christmas morning, sitting on a stile near Hillview Farm, Capel). Instead, I have been doing a number of mainly quite small, local watercolour studies, some based on photographic references while I have been out walking (something I try to do every day) and others on sketches and old paintings.

Our parish council in Capel recently constructed a circular path around our recreation ground, which makes walking practicable even on the most unpromising of days. So I have done a number of views looking across the recreation ground, mainly to record the skies and profiles of trees and buildings at sunset, which is often a spectacular hour in winter, accentuated by the shapes of the trees in their winter garb. Here are just two of them:



Having no snow in the village didn't stop me from painting a couple of snow scenes, one a watercolour based on an oil painting I did quite a few years ago 'Entrance to the Village of Capel in Winter', and one based on a couple of photos I took, again some while back, when my dog, Lucy, was still alive as we walked back from Ockley in the late afternoon when the snow first arrived during the original so-called 'Beast from the East'.

Article continued on page 35



<b>Page</b>	
2	My Winter Lockdown Paintings by Nick Ward (contd on page 35)
3	Contents
4	Rev Liz writes
5	Services for April
6	News from the Pews
8	How Green are you?
9	Bishop's Lent Appeal 2021
10	Sermon on climate change
11	Hope after Covid
12	Prayer Diary
14	St George's Day & News
16	Junior InSpire
18	Traidcraft update
19	Letter from the Editor
20	Chocolate fudge crinckle biscuits recipe
21	Recent Parish Brief news and Lessons of Lockdown
22	High Days & Holy Days in April
23	Parish Angels info and The First British Prime Minister
24	News
26	Easter items
28	Church Times: National Day of Reflection for Covid victims
30	100 Years of the PCC and The History of the PCC
32	Puzzle pages
34	Puzzle solutions
35	Continuation of Nick Ward's article and on back page (36).



Get your copy in church!



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[www.capelandockleychurch.org.uk/inspire-magazine/](http://www.capelandockleychurch.org.uk/inspire-magazine/)  
 You can either sign up to receive Inspire each month OR download individual issues.

This issue is kindly sponsored by

**Andrew Forsyth**

This issue is dedicated to all NHS workers and keyworkers who have worked tirelessly in the pandemic.

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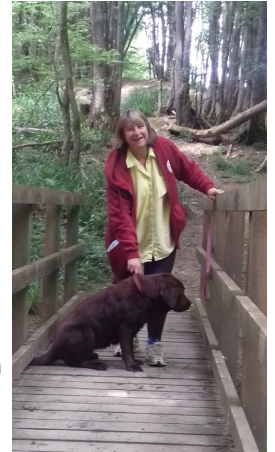
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# Rev Liz writes

Dear all,

Page 4

As I write this month's letter we are reminded that it is now a year that the first lockdown began last March. I groaned inwardly at the thought that not only do we have to continue to live with lockdown restrictions but we will now enter a season of looking back over the year and the various challenges and lockdowns! However, it's actually been quite useful thus far, as we can see how far down the road of coronavirus we have come, confident in the knowledge of being vaccinated already or in the future. Although we cannot assume anything with this virus, it does seem that freedom now beckons and if we continue to be careful, hopefully this pandemic will settle down. So as we are encouraged to look back on the past year there is much to think about. At the end of this month our parish will be holding its Annual Parochial Church Meeting (APCM) to review 2020. Yes I know it seems like we only just held one back in September, but that was to review 2019 - that year of Covid innocence! Nationally the Church of England is preparing four strands of work who together will help church leaders and PCCs to discern the shape, life and activity of the Church of England in the 2020s to create a shared vision. The Archbishop of York, the most Revd Stephen Cottrell is calling the Church of England to be "simpler, humbler, bolder and more diverse." Amen to that!



Although this work began before the pandemic it has been intensified and adapted in light of changing circumstances. Who would have thought that we would be filming our services this time last year? For many parishes the online attendance on live streamed and recorded services has been massive, reaching a new audience which we hope will develop into congregations, online or otherwise across the country. Like everything we have all been through in the past year new things have been learned or relearned. Things that we wouldn't have tackled before, have out of necessity had to be done. What I wonder can we take out of the past year? What will we take into the future with us?

I know that I cannot wait to be back in church holding services and I am really looking forward to the baptisms that can now take place, the weddings that will go ahead despite restrictions in numbers attending currently. Also of course the many other services where we walk alongside those in need. As Archbishop Stephen told General Synod the key performance indicator for the emerging Vision process would be "the number of feet we wash, not the numbers attending our services, though we hope by faith both will grow". Amen to that too!! Although I imagine the Archbishop is talking metaphorically about washing feet in this time of pandemic! Although if it needs to be done.....!

Well, there is going to be a lot more to the process of re-envisioning church for this post-Covid world but it is both inspiring and exciting. Something else I am looking forward to is the return of our Cafe Church to the garden at The Crown. We had some lovely services there last summer and some wonderful online services from Bob and the Cafe church team. Bob has also booked some great musicians as we resume concerts in church from the Autumn (all being well) so look out for them.

So as we enter Holy Week at the beginning of this month and soon celebrate the empty tomb at Easter I wonder what the disciples thought when it seemed like all had been lost as their beloved Lord was so cruelly put to death. Rumours began to circulate on that first Easter Day but those rumours soon became a reality. The reality that Jesus had risen from the grave and appeared to firstly Mary and then Peter and John who could not believe what they were seeing and witnessing. In those early days of Easter, Jesus appeared to many of his followers and I personally love the accounts of those resurrection appearances. In particular I love the story of the Emmaus road where those disciples walk sadly back home after Jesus had died. In their sorrow and disappointment they fail to recognise the stranger who falls into step beside them. They recognise him later when having invited him to join them for dinner when the stranger breaks bread they realise it is Jesus who has been with them all the time. Or the occasion when the disciples are fishing with no result and a stranger directs them from the shore as where to place their nets resulting in a massive catch. That helpful stranger they realise is Jesus who has lit a fire on the beach and with their newly caught fish cooks and serves them breakfast. Such wonderful accounts which show us how we all see Jesus in different ways. I wonder, in looking back over this last year have you seen the love of God through Jesus played out in some way? As Jesus cooks breakfast for his disciples, Peter in particular is given the opportunity to make his peace with his Lord who he denied three times as Jesus predicted he would. So the past is made peace with, so to speak, because then we are free to walk unburdened into the future. So as we celebrate a second Easter in lockdown, let us make peace with this very strange year past and walk freely together into the future.

Happy Easter!

With my love and prayers,

*Revd Liz*

**Revd Liz Richardson** [liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk) 01306 711260 Vicar  
St John the Baptist Chapel and St Margaret's Ockley

## Church services and events for the Parish of Capel and Ockley

### April 2021

#### **Holy Week - *One Friday* exhibition of paintings - St John the Baptist Capel**

Please do come and see these beautiful prints of original paintings which invite us to journey with Jesus for '**24 hours, 14 events, One Day that echoes through history.**' *One Friday* tells the story of Jesus' final day. It uses the tradition of the Stations of the Cross - 14 events that happen over the last 24 hours of Jesus' life as told in the Gospels.

**THURSDAY 1st MAUNDY THURSDAY:** *We remember Jesus sharing the Last Supper with his disciples*

7.00 pm                                      Service of Holy Communion (Capel)

#### **FRIDAY 2nd GOOD FRIDAY**

9.30 am                                      Service of Reflection at St Margaret's Ockley

11.00 am                                      Stations of the Cross at St John the Baptist Capel a service using the booklet '*One Friday*', copies of which are freely available in both Capel and Ockley churches - see above

#### **SUNDAY 4th EASTER DAY \* please sign sheets inside churches to book your place**

9.30 am                                      Easter Day Family Communion (Ockley) \*

10.30 am                                      Easter Day Family Communion (Capel) \*

#### **SUNDAY 11th SECOND SUNDAY OF EASTER**

9.30 am                                      Matins BCP at St Margaret's Ockley

10.30 am                                      CAFE CHURCH at St John's Capel

#### **SUNDAY 18th THIRD SUNDAY OF EASTER**

9.30 am                                      Matins BCP at St Margaret's Ockley

10.30 am                                      Family Communion at St John's Capel

#### **SUNDAY 25th FOURTH SUNDAY OF EASTER**

9.30 am                                      Morning Worship CW at St Margaret's Ockley

10.30 am                                      Family Communion at St John's Capel followed by APCM at 11.30am



## **MAY**

#### **SUNDAY 2nd FIFTH SUNDAY OF EASTER**

9.30 am                                      Matins BCP at St Margaret's Ockley

10.30 am                                      Family Communion at St John's Capel

*BCP - service is from The Book of Common Prayer 1662*

*CW - service is from Common Worship 2005*

**For full Covid-19 church service guidelines please see opposite page (4)**

**What 3 things are you most looking forward to doing when we are allowed to once more?**

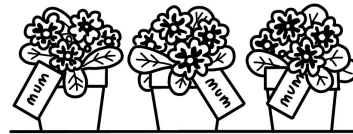
**And have you had your Covid vaccination?**

Do let Suzanne know on  
[editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk)



A huge thank you to the ladies who kindly put the **Mothering Sunday posies** together. They were beautiful and it was lovely to see empty containers under the lych gate at Capel in the afternoon! They had obviously been popular and will have given a lot of pleasure to a lot of people.

Thank you ladies



## SAFEGUARDING NOTICE

'The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the church. If you are concerned that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.'

If you have any concerns contact our Safeguarding Officer Leigh Smith 07732825908 [leighdesouza@yahoo.com](mailto:leighdesouza@yahoo.com)  
or Revd Liz Richardson 01306 711260 [liz@hostmyserver.co.uk](mailto:liz@hostmyserver.co.uk)

*This notice will appear each month in InSpire  
and the contact details for our Safeguarding Officer and the Diocesan Safeguarding Advisor  
Jackie Broadfoot will be published in our weekly pew sheets as well as in  
the Church Contacts on page 2 of each issue of InSpire.*

Thank you to everyone who has bought some of the handmade Easter cards I made. We have already raised a wonderful amount and I must thank you for your generosity.

Based on the success of the sale of these cards, I will continue to put cards for sale in church but for all occasions. As with the Easter ones, there will be suggested prices only. You can either put cash in the Honesty box in the wall or consider paying by Givt if you don't have any cash.

Thank you again for your support!  
Suzanne



**Card Sales**



**Congratulations to  
Chris Cooper**

who has been given a **Lifetime Achievement Award for 60 years service on the Bluebell Railway**, by the Transport Trust of Great Britain.

Well done Chris! This is a remarkable achievement and thank you for sharing your experiences with us in a previous issue of InSpire.



## Guidelines for Parish Sunday Services.

We are following a more basic pattern of services at the current time and we would request that you note the following guidelines below so that we fulfil government guidelines for your safety:-



1. Only 2 people to sit in each pew that is open (or one household and room for a single person) Every other pew will be cordoned off.
2. Hand sanitiser which will be by the door to be used when you enter and leave. Masks must be worn unless you have an exemption.
3. No refreshments are currently served but do feel free to bring a water bottle with you.
4. We are advised to ask you not to spend too long in the church building after the service as it has to be cleaned and sanitised.
5. At Capel the toilet will be open and disinfectant available for you to wipe all surfaces after usage.
6. We cannot sing as a congregation but there is supporting music as appropriate.
7. The service will be printed on a sheet given to you as you enter the church along with the weekly newsheet. Please take both home with you.
8. No collection will be taken but we ask that you leave your donation on the plate.
9. Holy Communion is given in one kind (wafer) and all necessary hygiene precautions are taken.

Please also note that St John's is open during the week and at weekends but St Margaret's is only open at weekends.

For all the latest information and updates please visit our parish website  
[www.capelandockleychurch.org.uk](http://www.capelandockleychurch.org.uk)

## NEWS from the Pews



We mourn the loss of  
**Valerie Anne Sizmur**

14th February 2021

*May she rest in peace and rise in glory*

**Do you know of anyone who would like to be added to the Church mailing list? This would ensure they received the weekly notice sheets and readings, amongst other things.**

If so, please get in touch with Debbie von Bergen:- [debbievonbergen@icloud.com](mailto:debbievonbergen@icloud.com)

*We must have their permission before adding them to the list. Thank you.*

Let's stay  
**connected**

Both our churches have been ECO churches for a few years now. Each holds a bronze award and is on a journey to achieve silver. If you would like to see the survey questions and what your church has replied, use this link to register and link to either St John or St Margaret's using this link: <https://ecochurch.arocha.org.uk/>



## Eco Church - An A Rocha UK Project

On 26 January Eco Church became five years old. Covid has prevented a face to face 'birthday party', but on 26 March we will be holding an online event to celebrate the extraordinary development of the programme, to thank all who have contributed, and to pray together.  
[ecochurch.arocha.org.uk](https://ecochurch.arocha.org.uk)

One way for a church to earn the required points towards an award is to encourage the congregation and the wider community to become aware of their own lifestyle and help them to improve. There are two great tools for you to look at and try out:

1. **Carbon footprint** - There are several but one we have used recently in the Lent course is <https://footprint.wwf.org.uk/>. Create your account and answer the questions to see how you contribute to the UK target to become carbon zero by 2045.
2. **Environmental audit**  
Similar to the ECO church award scheme that we use as churches there is now a creation care scheme <https://creationcare.org.uk/> to help you see where your household can improve in its choices to become more environmentally friendly. We would encourage you to link with your church (St John, St Margaret's or your local church if it takes part) so we can celebrate with you when you reach a new award level. Rest assured that nobody but you can see how you answered the questions. We only get a notification when you have reached an award level. Three households in our community have already reached award level and soon we will publish them (hopefully with a few more by then) for encouragement of all.

If you would like to do more for our planet but struggle where to start, have a look at our revamped ECO church page on the PCC website <https://www.capelandockleychurch.org.uk/eco-church/>



## ECO Church - St John the Baptist - Good news for God's earth

ECO Church is an award scheme for churches in England and Wales that want to demonstrate that they care for God's Earth. The PCC of Capel and Ockley has committed your church, St John the Baptist, to the scheme, while St Margaret's, Ockley have set out on their journey in Sept 2018.  
[www.capelandockleychurch.org.uk](http://www.capelandockleychurch.org.uk)

On behalf of the ECO team ([ecoteam@capelandockleychurch.org.uk](mailto:ecoteam@capelandockleychurch.org.uk))

**Dineke van den Bogerd**



## Lent Appeal 2021



### **The vulnerable and disadvantaged need our support**

Surrey and North East Hampshire are generally regarded as affluent parts of the country. However, there are many in the diocese who are disadvantaged and vulnerable. According to the Index of Multiple Deprivation (2019), more than 8 per cent of Surrey's children live in income-deprived families and more than 7 per cent of Surrey's over 60s are affected by income deprivation.

The Bishop of Guildford's Communities Fund makes grants of around £40,000 a year to parishes and charities which are reaching out to help those in need across the diocese. The range of community projects funded in recent years includes those which support people with disabilities, mental ill-health, the isolated and marginalised, young families and older people. The Fund also supports training and skills programmes to help young people into work.

It is financed by collections at licensing and confirmation services, by Lent giving and contributions from both individuals and parishes. However, the Fund can only give away as much as it raises and because of the pandemic many of the services at which a collection would have been taken have been cancelled. As a result, just at the time when our support is needed most, income is down significantly and there is little support that the Fund can now give to many deserving causes.

So, this year, Bishop Andrew is making a LENT APPEAL throughout the Diocese, asking both parishes and individuals to make the Bishop of Guildford's Communities Fund the focus of your Lent giving in 2021. As the pandemic leaves many vulnerable and facing huge uncertainty, we need your help more than ever before. You can donate online via one of the links below.

You can find out more about the Bishop of Guildford's Communities fund and the work it supports at [www.bgcf.org.uk](http://www.bgcf.org.uk). To go to the Lent Appeal campaign and donation page on Virgin Money Giving [click here](#).

Our work is only possible thanks to the generosity of our donors. We would be incredibly grateful for your support.



# Climate Change Sermon

With all that's gone on in the last year, it's easy to forget the biggest crisis our world faces—that of the changing climate. Together, we need to take action.

Climate change is putting millions of lives in danger, through increased air pollution, rising sea levels, extreme and erratic weather, drought and floods, and the melting of the polar ice caps. 2020 was the hottest year on record.

Science tells us that this is overwhelmingly a problem caused by humans—by our use of fossil fuels, our overconsumption of natural resources, and our greed and lack of regard for the planet on which we live. This is deeply at odds with what the bible tells us about God's plans for the world. Colossians 1:16 tells us that creation was made by Jesus, through Jesus, and for Jesus—that the earth is as important as it gets for Christians.

Throughout the bible, we see that God, humans and the world are deeply connected—that we all depend on one another, and those relationships are to be valued, stewarded and looked after. If one aspect of them breaks, it impacts on everything else.

Being made in the image of God (Genesis 1:27) means we have a duty to steward and care for the whole of creation—to enable relationships between God, humans and the world to flourish.

The climate crisis isn't just about looking after the resources that God has provided—it's about justice. We see every day that the climate crisis is hitting the most vulnerable the hardest—affecting access to food, land, and security and safety. From rising sea levels and cyclones in Bangladesh, to flash floods and drought in Tanzania, the climate crisis is a matter of urgency, and as Christians, we are called to 'Speak up and judge fairly; defend the rights of the poor and needy' (Proverbs 31:9).

It's easy to be overwhelmed by the scale of the problem which faces us. It's easy to look away from the news, and to ignore the impact our daily habits have on people who live across the world, or on the abstract notion of greenhouse gases or plastic consumption. But the answer to this fear is given to us by Paul, in his letter to Timothy. He tells us that human fear is not from God.

As Christians, we have not been given the spirit of fear, but the spirit of power—power to take action, to love one another, to have compassion for those less fortunate than ourselves, and a sound mind. These are the very tools we need to stand strong in the fight against the climate crisis, and to take the kind of radical actions which will protect the most vulnerable, and the earth gifted to us from God, which we all rely on.

To learn more about how Traidcraft Exchange's Regenerators appeal is supporting communities on the frontline in the battle against climate change, please go to [www.traidcraftexchange.org/regenerators](http://www.traidcraftexchange.org/regenerators)



Donate to the Regenerators Appeal before 7th June 2021 and the UK government will double your gift to help the most vulnerable stand strong in the face of climate change.



**THE REGENERATORS**



**TRAIDCRAFT**  
Exchange

[www.traidcraftexchange.org](http://www.traidcraftexchange.org)

Registered charity no. 1048752

## What 3 things are you most looking forward to doing when we are allowed to once more?

Page 11

- ◆ Be able to visit our eldest son freely and spend time with him.
- ◆ See both our Mums and the rest of the family ... all at the same time!
- ◆ Travel again! Hopefully get our celebration trip to Canada that was cancelled in September 2020!

**Suzanne Cole**

- ◆ Fly to Madrid in Spain to visit my daughter and two grandchildren who I haven't seen for over a year and give them an enormous hug
- ◆ Drive to Yorkshire to visit my son and grandson who I also haven't seen for 14 months and give them an equally enormous hug
- ◆ Visit a pub for a delicious meal after a long walk in the countryside with friends

Hopefully, it won't be too long before these dreams become reality.....fingers crossed!

**Helen Berry**

# HOPE after Covid

- \* Visit an art gallery or similar
- \* Visit The Crown for al fresco food and a glass of something
- \* Congregational singing!

**Rev Liz**

- Having friends round for cards and dinner.
- To be able to walk by the sea.
- To socialise in various venues in the village .

**Sally Wyborn**

### Vaccinations so far!

#### **New to the list!**

Graham Everness  
Debbie & Hugh von Bergen  
Margaret Zandona  
Stuart Cole  
Sarah Pusey  
Helen Berry  
Jo Carr  
Andy Carr  
Liz Wombwell  
Georgina & Norman Ede

John Ashwood  
Victor & Eileen Steeden  
Philomena Bunce  
Pauline Deakins  
Peter & Tina Fairbrother  
Alan & Anthea Smallwood  
Rev Liz & Doug Richardson  
Zofia Golebiowska  
Jessie & Eric Sutcliffe  
Suzanne Cole  
Margaret Zandona  
Sally Wyborn



# PRAYER DIARY

April 2021

Page 12

Compiled by Belinda Kerry

'Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful and so worship God acceptably with reverence and awe, for our God is a consuming fire.' Hebrews 12; 28-29

## HOLY WEEK

**'He is not here, he has risen! Remember how he told you, while he was still with you in Galilee: "The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again." Then they remembered his words.'** Luke 24:6-8

### THURSDAY 1<sup>st</sup> Maundy Thursday

*Father God, You sent Your Son into the world to be a humble servant. Help us to learn from His example; strengthen our hearts and our wills for love and for service to others.*

### FRIDAY 2<sup>nd</sup> Good Friday

*Loving God, Your Son Jesus Christ gave up everything for us. Help us to be truly grateful and to share the gift of Your Good News with others so that they might receive it too.*

### SATURDAY 3<sup>rd</sup> Easter Saturday

*Thank You Lord Jesus for the hope and renewal that You have brought through the cross to our hearts and our lives.*

### SUNDAY 4<sup>th</sup> Easter Day

*Gracious God, we praise You for the promise of new life made possible through Jesus. We pray that the message of hope, light, life and joy will live in our hearts every day and that we will be the bearers of that message to others.*

## JESUS

**'Therefore, if anyone is in Christ, the new creation has come: the old has gone, the new is here!'** 2 Corinthians 5:17

### MONDAY 5<sup>th</sup>

*Loving Father, Jesus, out of His great love, gave up His life for us and so we are dead to our old lives. Renew us, fill us with Your Holy Spirit and may our lives reflect Christ's love for us, we pray.*

### TUESDAY 6<sup>th</sup>

*Thank You, Lord Jesus, that You are the Good Shepherd. Help us to know Your gentle guidance in our lives and to lead others to share the Good News.*

### WEDNESDAY 7<sup>th</sup>

*Lord of Life, You defeated death to demonstrate a love that is beyond our understanding and that reaches out to everyone. We thank You and praise Your Holy name.*

### THURSDAY 8<sup>th</sup>

*Lord of Life, You defeated death to show that we can rise from all that binds us to this world: pride, envy, resentment, anger, fear and revenge. We thank You Lord and praise Your Holy name.*

### FRIDAY 9<sup>th</sup>

*Lord Jesus Christ, we thank You for Your promise of eternal life. You know our weaknesses and our failings; help us Lord to keep our minds and hearts set on Your eternal Kingdom.*

### SATURDAY 10<sup>th</sup>

*Father God, thank You for raising Your Son Jesus Christ to life again. Thank You for the difference His resurrection makes to our lives. Please help us to share the Glory of our Lord through our life and through our words.*

### SUNDAY 11<sup>th</sup>

*Thank You, Lord Jesus, for coming to Earth as man. We believe that You are the Son of God who died on the cross for our sins and rose from the dead on the third day. We believe in Your promises. Come into our hearts Lord Jesus, we pray, and be our Saviour.*

## JUDGEMENT

**'Therefore judge nothing before the appointed time; wait until the Lord comes. He will bring light to what is hidden in darkness and will expose the motives of the heart.'** 1

Corinthians 4:5

### MONDAY 12<sup>th</sup>

*Loving Father, nothing escapes Your sight. You are the God that sees, that hears and will deliver us from the grasp of the enemy. Bring us wisdom we pray, so that we would not be a slave to our difficulties and our sins.*

### TUESDAY 13<sup>th</sup>

*Precious Lord, may we judge things according to Your word before we make judgements about others. Reveal to us our sins so that we may repent and through Your Word and Your Spirit, let us be an example of Your enabling power.*

### WEDNESDAY 14<sup>th</sup>

*Dear Father, thank You for loving us enough to show us how we judge others around us. May we follow the right path in life so that we can avoid criticising, judging and blaming. May Your power move through us in our daily walk with You.*

### THURSDAY 15<sup>th</sup>

*Lord, we come before You seeking restoration, comfort, peace and energy. Sometimes a tired and weary mind clouds our judgement and we respond to others in the wrong way. Forgive us and renew our hearts so that we love well.*

**FRIDAY 16<sup>th</sup>**

*Father, help us to remember our oneness with all those around us. Help us to loosen and release the grip of our judgements so that we may be free and open to the limitless love and abundance around us.*

**SATURDAY 17<sup>th</sup>**

*Father God, help us to stand firm with You and to trust You wholeheartedly. Search us and forgive us for anything we may have said or done that was not right in Your eyes. Increase our faith, we pray, and help us to look for You in everything.*

**SUNDAY 18<sup>th</sup>**

*Father, help us to trust and obey the guidance of You, our Lord, by reading Your Word. Help us to feel safe and cared for as we love, respect and obey You. We earnestly pray that You will protect us; direct our steps and give us the right judgement in what we do.*

**HEALTH AND HEALING**

**'Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.'**  
Hebrews 4:16

**MONDAY 19<sup>th</sup>**

*Almighty God, be with those who are still suffering from the effects of coronavirus and in intensive care. Bring them comfort and relief from their struggles with breathing. Give skill to the hands of the doctors and nurses and bless the means used to bring healing.*

**TUESDAY 20<sup>th</sup>**

*Loving Father, Your Word speaks promises of healing and restoration and we thank You for the miracles You still perform today. Today we ask for healing over ..... We believe in the healing power of faith and prayer and ask you to begin your mighty work in the life of .....*

**WEDNESDAY 21<sup>st</sup>**

*Loving Father, grant to each one of us Your children an awareness of Your presence, so that in all pain and weariness and anxiety we yield ourselves to Your never-failing care. Help us to know that Your love and power surround us, and that we trust in Your wisdom and providence to give us health, strength and peace.*

**THURSDAY 22<sup>nd</sup>**

*Father God, we pray to You today to seek strength and healing for those who are troubled with mental health. Release them we pray from the bonds that bind them to fear, anxiety, anger or sadness. May they find refuge and rest with You and enjoy Your peace.*

**FRIDAY 23<sup>rd</sup>**

*God, our Father, Giver of life and health, pour Your blessings on all who are sick and on those who minister to them. Guide the hands of all doctors and nurses as they go about their busy practices. Bring them comfort and relief and the knowledge that You are always there beside them.*

**SATURDAY 24<sup>th</sup>**

*Lord Jesus, You administered to all who came to You. Look with compassion on all who have lost their health and freedom through addiction. Strengthen them through the journey of their recovery and bless all those You have brought to help them.*

**SUNDAY 25<sup>th</sup>**

*Loving Father, send Your Spirit to bring comfort and peace to those who are awaiting a forthcoming operation. We pray also for the skills of the doctors and nurses involved that they too will know Your loving presence guiding them.*

**GENEROSITY**

**'Give and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap.'** Luke 6:38

**MONDAY 26<sup>th</sup>**

*Lord, help us to treat others with generosity, with grace and with compassion so that we may know Your loving promise; that these qualities will come back to us in full measure.*

**TUESDAY 27<sup>th</sup>**

*Heavenly Father, help us to follow the example Jesus gave us to love, serve and help others. Help us to relate well to those who may be different from us and to learn from them.*

**WEDNESDAY 28<sup>th</sup>**

*Loving Lord, fill us with Your love so that it overflows from us and touches other people, drawing them to You. May we be generous with our time in helping others and not be resentful.*

**THURSDAY 29<sup>th</sup>**

*Heavenly Father, You have commanded us to honour You with what we have knowing that all things come from You. Bless all cheerful givers and bless the tithes and offerings that we bring.*

**FRIDAY 30<sup>th</sup>**

*Dear God, teach our hearts to give freely without counting the cost. Let nothing in this world keep us from reflecting Your generosity to us reminding us of the true riches Your promises bring us.*

## St George's Day

The film *How to Train your Dragon* is set in a Viking village under attack by dragons, who steal livestock and burn down houses. Hiccup, the village Chief's son, invents a machine to capture them. However, when he catches the most dangerous one, Night Fury, he cannot kill it. This is because when he looks into the dragon's eyes, he sees that he is just as frightened as himself. Through their friendship, the people and dragons eventually come to live in harmony.

It's appropriate to think about dragons this month, when we remember St. George, England's patron saint, famed for slaying a dragon. Whether he actually killed a dragon is open to question! We do know that the original George was a Roman soldier at the time of Emperor Diocletian. He refused to renounce his faith, as commanded by the Emperor, resulting in his death on 23 April 303 AD.

So, we have here St George who slayed a dragon, while Hiccup refused to kill one. They seem like opposites: one a brave soldier and the other a weak boy! However, both acted according to their conscience, going against what people expected and not worrying about the cost to themselves. St George was martyred for standing up for his faith in Jesus, while Hiccup risked rejection by his father and village because of his compassion.

Today, we are still called to stand for Christ against wrongs and injustice in a daily life, despite the personal cost. We need to look into the eyes of apparent enemies and meet their hostility with love and compassion. And for all of us the most important place where we need to slay evil is in our own hearts. Don't forget that we have the power of the Resurrection at our disposal!



*Editor: I find the article below particularly poignant as I love to walk with friends and have managed to continue doing so throughout the last year. Even when we have been restricted to walking with one other person, it has been wonderful to keep up with friends whilst getting exercise and fresh air! I think Rev Tony is quite right too about 'if you want to go far, go together'. That is not to say we need company all the time! Clearly there are times when we all need solace and a walk alone too!*

### Walking and talking

*By the Revd Tony Horsfall of Charis Training. More details at: [www.Charistraining.co.uk](http://www.Charistraining.co.uk).*

During the pandemic, I have enjoyed walking. In many ways, getting out daily for a good walk has not only helped me physically, but also bolstered my mental well-being. Often, I have arranged to walk with a friend, and we have enjoyed good conversation and fellowship.

Today I was walking alone, and I noticed it seemed further and to take longer. When you are walking and talking, you hardly notice the distance or the time. I am not usually able to think much when I am walking alone, but today the reminder came into my head of a saying: 'If you want to go fast, go alone. If you want to go far, go together.'

It made me thankful for all the friends who have encouraged me this year and helped me to keep going. We can walk alone, and sometimes that's a good thing; but it is easier to be able to walk through life with others.

Who has walked with you this year? Do they know that you appreciate their companionship on the journey?



## **Church Commissioners welcome Archbishops' Housing Commission study of UK housing crisis**

The Archbishops' Commission on Housing, Church and Community has recently issued a landmark report, *Coming Home*, about housing provision in the UK which calls for a national plan to tackle the crisis.

*Coming Home* makes recommendations which the Church, government and others can collectively take to alleviate the crisis, including the role the Church Commissioners might play.

Loretta Minghella, First Church Estates Commissioner, said: "This landmark study of the UK's housing crisis from the Housing Commission comes at a critical time for the nation, when so many people are struggling with inadequate homes and living conditions in an environment worsened by the pandemic."

The Church Commissioners will reflect carefully on all the recommendations of the Commission relevant to its work and review what more it can do to increase the supply of affordable homes.

The Church Commissioners are keen to explore the Housing Commission's innovative suggestion of making a portion of its funding available through distributing some land instead of money as a grant-in-kind, including investigating any necessary change in our governing rules this may require.

## **One year on: Church moves forward on carbon reduction target**

The first findings from a nationwide study to capture carbon impacts in the Church of England have been published, a year on from a vote committing the Church to net-zero carbon emissions by 2030.

The Energy Footprint Tool (EFT) is a simple dashboard which has been piloted by churches keen to reduce their carbon footprint.

Data in the report reveal:

- that nearly 5,000 churches submitted data
- that five per cent of churches sampled were already net-zero carbon
- that 12.5 per cent carbon reduction has already been made across the country, when compared with a comparative, although smaller, 2006 study.

The estimated total net carbon footprint for the Church of England's church buildings (based on energy use alone) is around 185,000 tonnes of greenhouse gases, measured in tonnes of carbon dioxide equivalent or tCO<sub>2</sub>e.

The tool, [launched](#) in January 2020, provides advice to parishes who have entered their data about how to take further steps and an appliance-style energy rating showing how the church compares to others of a similar size.

## Bible Bite

A short story from the Bible

It can be read in the Bible in  
Matthew 26:20-25, 31-35, Mark 14:17-21, 27-31  
Luke 22:22, 31-34, John 13:21-30, 36-38

The Jewish leaders wanted to kill Jesus.  
One of Jesus' disciples, Judas, had  
accepted money from them to betray him.

As Jesus and his disciples ate the  
Passover meal, Jesus said



John was sitting  
next to Jesus, so  
Peter said



So John asked Jesus



It is the person I give  
this piece of bread to.



Jesus dipped a piece  
of bread in sauce, and  
gave it to Judas.



What you are about to do  
you must do quickly.



Why has Judas gone out?



They continued  
the Passover meal



Jesus then told the rest of the  
disciples

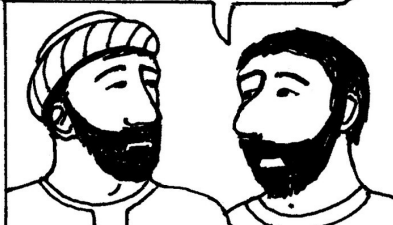
When the time  
comes, you will  
all run away.  
'When the shepherd is struck,  
the sheep scatter.'\* \* Zech 13:7



Peter said



Before tomorrow morning  
you will have denied you  
even know me 3 times.



Even if I have to die, I  
will never disown you!





# Wordsearch

a	q	u	i	c	k	l	y	d	b	o	k	s
c	j	p	h	o	y	y	b	i	w	d	q	h
c	u	e	a	b	m	s	e	s	a	u	c	e
e	d	r	z	j	r	o	t	o	j	j	o	e
p	a	s	s	o	v	e	r	w	e	k	s	p
t	s	o	s	h	s	z	a	n	w	m	s	l
e	v	n	y	n	r	h	y	d	i	o	h	b
d	i	s	c	i	p	l	e	s	s	n	e	j
t	o	m	o	r	r	o	w	p	h	e	g	e
n	e	v	e	r	i	a	o	m	h	y	w	s
p	c	t	i	x	s	c	a	t	t	e	r	u
t	e	i	v	r	o	l	e	a	d	e	r	s
p	l	n	r	f	n	m	d	e	n	i	e	d

- |          |         |           |
|----------|---------|-----------|
| scatter  | sauce   | accepted  |
| morning  | Jesus   | bread     |
| betray   | Peter   | quickly   |
| disown   | leaders | person    |
| denied   | Jewish  | Passover  |
| tomorrow | never   | disciples |
| sheep    | Judas   | shepherd  |
| prison   | John    | money     |



Dear friends,

Our thanks to those of you who have already placed orders from the new Spring catalogue. It is very much appreciated. After Traidcraft ran into severe problems about two years ago, they have made several changes in the interim. When talking to the Customer services team, Stuart and I have been delighted to hear that they have come regularly come in on a Monday morning to find well over 800 orders waiting for them! It is a huge credit to Traidcraft that they have managed to survive and adapt in changing times.

**We currently have a small stock:-**

**Sultanas 500g @ £3.72**

**Coconut Milk 400ml @ £1.95**

**Pasta (Penne) 500g @ £2.70**

**Bio D Handwash 500ml @ £4.20 (Lasts ages!)**

**Kilombero White Rice 500g @ £3.75**

In the meantime, if you would like to order anything, please contact us.

*Suzanne & Stuart Cole*

email: [traidcraft@ansford.me.uk](mailto:traidcraft@ansford.me.uk) or phone 01306 711449



You can either look at the catalogues at church or online: <https://www.traidcraftshop.co.uk/> and then contact us to place an order so that the churches benefit from 10% of all sales. Thank you.

## Notices found in church newsletters - that didn't quite come out right!

- \* This being Easter Sunday, we will ask Mrs Brown, our church warden, to come forward and lay an egg on the altar.
- \* Ladies are requested not to have children in the church kitchen.
- \* For those who have children and don't know it, we have a crèche in the crypt.
- \* Bring & share church supper: Prayer and medication will follow.
- \* Don't let worry kill you. Let the Church help!
- \* The organist invites anyone who enjoys sinning to volunteer for the choir.
- \* At the church meeting last week the rector spoke briefly and delighted the audience.
- \* Remember in prayer the many who are sick both of our church and the community.
- \* Smile at someone who you find hard to love. Say 'hell' to someone who doesn't much care about you.

## Divine Intervention?

A little boy was playing outside with his mother's broom in the garden. That night his mother realised her broom was still missing and asked her son to go out and bring it in.

When the little boy confessed he was afraid of the dark, his mother tried to comfort him: 'The Lord is out there too, don't be afraid.'

Hesitantly, the little boy opened the back door and peered out. He called softly: 'Lord, since you're out there already, please will you pass me the broom?'

Dear Readers,

As I write to you, it is Monday 29th March and the next phase of the lifting of restrictions starts today! I'm sure there will be much celebration as families and friends are able to get together once more (following the new current guidelines of course!). It has been so heartening to see the number of vaccinations going up on the News every night and to know that so many of our parishioners are part of that number. As I write, most of my immediate friends have now received their first vaccination and I am very relieved that both my Mum and my mother-in-law have received their second dose. I know this applies to several of our parishioners too - a great cause for celebration! It has been lovely for our churches to open once more and I worshipped last weekend for the first time in a year with others! I had not personally felt safe enough to do so when restrictions were eased last summer, but having had my first jab a few weeks' before and with the knowledge that most of the rest of the congregation had received at least their first dose, I found that comforting and made me feel that bit safer. We are all going to differ on our approaches to the easing of Lockdown and I think that the situation has shown that everyone needs to be able to make their own decisions about what they feel safe/happy doing, based on their own circumstances, both medical and social.

**If you do wish to attend any of the Easter services, please make sure that you sign the list in church** so that Rev Liz and the churchwardens can ascertain how many are likely to attend. It's nice to be able to list services in InSpire once more and I understand Bob Cranham is already booking concerts to take place in 2021 which we will advise you of in due course.

My thanks to Nick Ward for his article and accompanying paintings that feature in this month's issue. What a talent Nick has! If you wish to see more of Nick's work, go to his website: <https://nickwardpaintings.com/>

There are many and varied articles once more including details of **Bishop Andrew's Lent Appeal 2021** on page 9, News pages including '**Coronavirus reopening roadmap: comment from the Bishop of London**', '**Bishops lead churches' call to take up Covid vaccine**' (both page 24) and an article from Church Times '**Candles lit for Covid dead on Day of Reflection**'. The Lent course this year has been entitled 'Creation Matters' which has led to a lot of discussion about the environment and there are a couple of articles in this issue relating to this. Dineke has written '**How Green are you?**' on page 8 and there is a **Sermon on climate change from Traidcraft's Regenerators Exchange Appeal** on page 10. To celebrate Holy week and Easter, there are various items on pages 26 and 27, together with a recipe from BBC's Good Food for some tasty Easter cookies on page 20. You can also find a lovely reflection from Nigel Beeton who writes for Parish Pump (a website for Church magazine editors) on the opening verses of John chapter 14 entitled '**The Way**'. Added to these are the regular items of puzzles, Junior InSpire and much more!

As we begin a new phase of Lockdown easing, I feel it is a good time to acknowledge some people in our community who have gone out of their way to help others in this last year. Obviously I can only do this for those that I am personally aware of. **If you know of anyone you would like to acknowledge and thank, please do contact me: [editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk)** In the meantime, I would personally like to thank **Debbie von Bergen, Helen and James Burt and Margaret Zandona**. Debbie, Helen and Margaret have delivered paper copies of the weekly sheets to those that needed them every Saturday for the last year. This has been a huge undertaking and I know they have done other things too. James has brought us the online services latterly and that has been a lifeline for so many of us. I believe I have thanked the Café church team in a previous issue plus Dik for his recordings of our online services earlier in the pandemic. I do apologise to any of you that I have missed as I'm sure there are many of you who have gone 'the extra mile' for others during this time. I was just trying to acknowledge some of our church community 'heroes' for their sterling work during this time on our behalf as a Parish. THANK YOU ALL!

I wish you all a happy and blessed Easter and hope you can all manage to catch up with those you love as restrictions are lifted.

With my very best wishes,

*Suzanne*



Our candle at home remembering those who have died from Covid in the last year on the National Day of Reflection.

## Chocolate fudge crinkle biscuits

By Anamaria Cook

### Preparation and cooking time

Prep:20 mins

Cook:10 mins

plus 1 hr chilling (optional)

Easy

Makes 35-40 mini biscuits

Use storecupboard ingredients to make these moreish chocolate fudge crinkle biscuits. They make the perfect partner to a coffee as an afternoon treat

60g cocoa powder, sieved  
200g caster sugar  
60ml vegetable oil  
2 large eggs  
180g plain flour  
1 tsp baking powder  
70g icing sugar



### Method

#### STEP 1

Mix the cocoa, caster sugar and oil together. Add the eggs one at a time, whisking until fully combined.

#### STEP 2

Stir the flour, baking powder and a pinch of salt together in a separate bowl, then add to the cocoa mixture and mix until a soft dough forms. If it feels soft, transfer to the fridge and chill for 1 hr. Heat the oven to 190C/170C fan/gas 5. Tip the icing sugar into a shallow dish. Form a heaped teaspoon of the dough into a ball, then roll in the sugar to coat. Repeat with the remaining dough, then put, evenly spaced, on a baking tray lined with baking parchment.

#### STEP 3

Bake in the centre of the oven for 10 mins – they will firm up as they cool. Transfer to a wire rack and leave to cool. *Will keep for four days in a biscuit tin.*

## From a recent Parish Brief sent out by the Diocese of Guildford

### The Civil Partnerships, Marriages and Deaths (Registration etc.) Act 2019

You may be aware that the Civil Partnerships, Marriages and Deaths (Registrations etc) Act attained Royal Assent in 2019. The Act will modernise marriage registration by introducing a marriage schedule system and registration in an electronic register. The process will move away from the current paper register introducing a more secure system for keeping marriage records, that is also more efficient and simpler to administer and amend, if necessary, in the future. The regulations will come into force on 4 May 2021.

### Would you like to learn more about the Bible and Christian teaching?

For many of us, we spend Sunday after Sunday listening to sermons (in person or on-screen) and have questions pop into our heads; 'why do we believe that?', 'what does that really mean?', 'has the Church always thought that?' or maybe even 'I couldn't disagree more!'

Did you know that there is a learning resource right on your doorstep? In Guildford diocese the Local Ministry Programme trains students for lay and ordained ministry: there might be one of these ministers in your own parish. This course trains students to DipHE level and some continue on to take their BA(Hons). However, since this course is modular, we open up some of the modules to interested learners from parishes around the diocese.

You could come along and join us; maybe even have some of your questions answered, or at least discover some new ones that you hadn't thought of!

For a small fee, you can join a class of fellow students to explore ethics, biblical studies or theology. You wouldn't need to write the essays! For the Summer term we will be online learning, but by the Autumn term hope to be back in the classroom. We look forward to seeing you.

### Lessons of Lockdown

*This past year may have altered your perspective on life. Some of the following statements may be worth thinking about....*

Life is precarious  
 A nurse is worth more than a professional footballer  
 Spare time isn't a waste of time  
 A smile is precious  
 Being alone isn't the same as loneliness  
 Hard work doesn't guarantee employment  
 I'm spending more on food & drink and less on church & charity  
 Silence opens us to creative ideas  
 Social media are a mixed blessing  
 Shopping needn't be addictive  
 Driving less and walking more is good for humanity  
 Isolation teaches us we need each other to generate energy  
 Getting back to 'normal' isn't God's plan for the human race  
 When everything else is shut, God is open

©Parish Pump

## 12<sup>th</sup> April: Zeno of Verona, the more things change...



Zeno of Verona (d. 371) should be the patron saint of all ministers who suspect that the more things change, the more they remain the same.

For instance: ethnic diversity...church-planting... teaching.... concern for the poor... women's ministry in the church... sound like modern-day Christian concerns? Not a bit of it – this was the life work of Zeno, bishop of Verona in the fourth century.

Ethnic diversity? Zeno was an African who had been consecrated a bishop in Italian Verona. Church-planting and teaching? Zeno had a reputation as a hard-working pastor and dedicated preacher who founded churches throughout his domain. Some of his sermons still survive.

Concern for the poor? Zeno was zealous in alms-giving, and encouraged others to do the same. Women's ministry? He founded nunneries and encouraged virgins living at home to be consecrated long before ever Ambrose did the same in Milan.

As for down-time? Zeno may well have been addicted to fishing in his spare time – he is, after all, usually represented with a fish. Nothing wrong with that: the links between fishermen and Christian leaders go back a long way!

## NEW 19<sup>th</sup> April: Alphege – the archbishop taken captive by Danes

Alphege is the saint for anyone who refuses to let others suffer on their behalf. His is a tale of courage and self-sacrifice, with some details that are still poignant, even down 1000 years of history.

Alphege began like many other leading churchmen of his time; born of a noble family, with a good education, he decided to become a monk. Alphege joined the Benedictine Abbey at Deerhurst in Gloucestershire, and then became a hermit at Bath, before becoming Abbot of Bath. From there, he was appointed to be Bishop of Winchester, where he was loved for his frugal lifestyle and great generosity towards others.

In 954 King Ethelred the Unready sent Alphege as a peace envoy to the Danes, seeking some relief from the constant Viking raids against England. Alphege secured a time of peace, and in 1006 was made the 29<sup>th</sup> Archbishop of Canterbury.

But the Viking raids increased again, until the south of England was largely overrun. In 1012 they surrounded Canterbury, and with the help of a treacherous archdeacon, Elfmaer, captured and imprisoned Alphege. A vast sum was demanded by his captors, so much that it would have ruined the people of Canterbury. And so Alphege refused to be ransomed.

This infuriated the Danes, who wanted the gold of Canterbury, not the Archbishop. After seven months of ill-treating him, one night they got very drunk and began pelting him with ox-bones from their feast, until in a frenzy they hacked him to death with an axe.

Alphege was mourned as a national hero and venerated as a martyr: he had given his life in order to protect his people from harm.



## INFORMATION: COVID-19 SELF ISOLATION

*Coronavirus Parish Angels are here to help*

**If you have a NEW persistent cough, high fever or are short of breath, you are advised to self-isolate.**

**Call a number below, and if that is busy call another.**

**For the Capel & Coldharbour area CALL**

**0739 596 3129**

**For Beare Green, South Holmwood & Mid Holmwood CALL**

**0739 490 8229**

### **HOW THIS WORKS:**

Give your name, phone number, address and your request. If you want us to collect a prescription, add your date of birth. We will pass your request on to a local helper who will arrange delivery to your doorstep - whilst retaining a social distance.

*Capel Parish Council working with local communities and churches*

**HELP is at the end of a phone.**

## **The first British Prime Minister**

Robert Walpole became the first British Prime Minister 300 years ago, on 3<sup>rd</sup> April 1721. It was a title he rejected, but historians agree that he effectively created that office for himself.

He was one of the greatest politicians in British history, but he had intended to be a clergyman, until his older brother Edward died in 1698, leaving him responsible for the considerable Walpole estate.

His country seat was Houghton Hall in Norfolk, which he used as a base for generous, sometimes extravagant hospitality and built up an impressive art collection, most of which was later sold and now resides in the Hermitage Museum in St Petersburg.

Another part of his legacy is 10 Downing Street, which was offered to him personally by George II, but which he accepted as the official residence of the First Lord of the Treasury. He was knighted in 1726 and made Earl of Orford on his resignation in 1742.

His skills as an orator and negotiator played a significant role in sustaining the Whig party over a long period, and in ensuring the Hanoverian succession. He rebuilt the tower of the medieval church on his Houghton estate as a memorial to his grandfather.

©Parish Pump

## **Coronavirus reopening roadmap: comment from the Bishop of London**

The Bishop of London, Sarah Mullally, who chairs the Church of England's Coronavirus Recovery Group, has recently responded to the Prime Minister's roadmap for reopening the country, saying that "we will refine our own advice for local churches in the weeks ahead.

"When the first lockdown was introduced last year, we were – as we are now – in the midst of Lent, a time of preparation and self-reflection for Christians as we look forward with hope to Easter.

"This has been an incredibly testing time for the whole world. But we have also seen remarkable signs of hope. The rapid development and distribution of vaccines has been a phenomenal achievement and the way in which people have reached out to others has been inspirational.

"Our churches have loved and served their neighbours perhaps like never before and found ways to meet and worship God together we would not have imagined just a year ago.

"As we look ahead to the prospect of easing of restrictions, we know it is still a long road. Yet Easter reminds us we always have hope."

## **Bishops lead churches' call to take up Covid vaccine**

Church of England Bishops have joined an NHS-backed campaign calling on congregations, communities and individuals to play their part in encouraging everyone who is offered a Covid-19 vaccine to take up the opportunity.

With concerns over misinformation and significant numbers indicating mistrust, including in some UK BAME communities, the bishops were speaking as part of a recently launched united churches campaign called Give Hope.

The Archbishop of York, together with the Bishops of Dover, Durham and Truro added their voices to a video which was launched on Sunday, together with members of other churches and groups.

It is hoped that faith communities will use their networks to share trustworthy information about vaccines, helping to bust myths and reassure those who have been offered a vaccine of the true levels of associated risk.

The Give Hope campaign is being run by YourNeighbour.org, a convening group working with Government, the NHS and faith communities in response to the challenges of ensuring a wide uptake of the vaccine. It encourages communities to

- Have a conversation,
- Offer information,
- give Practical support and
- Engage through communication channels such as social media.

Resources are available to churches through the YourNeighbour.org website.



## New bishop for the environment appointed by Archbishop of Canterbury

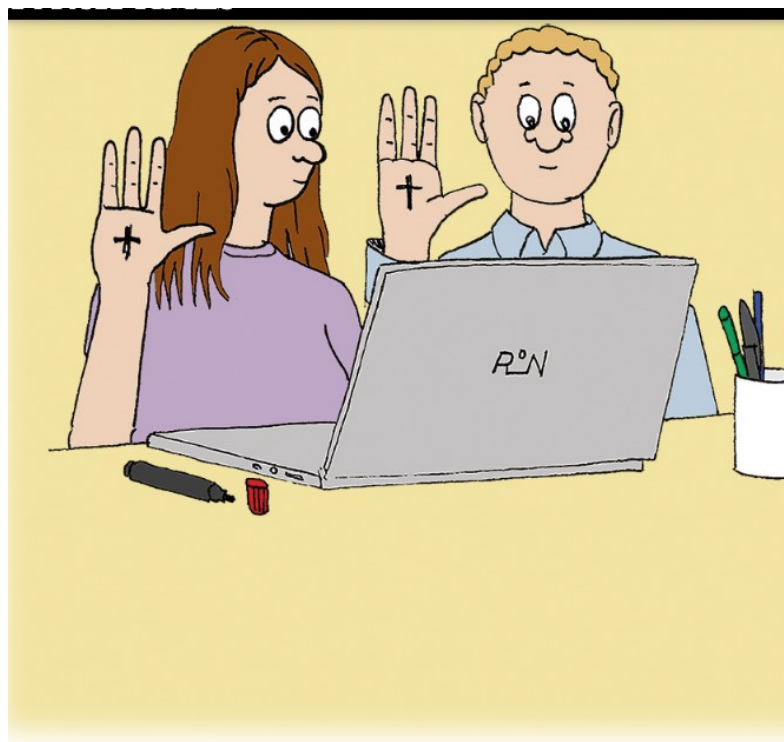
The Bishop of Norwich, Graham Usher, is to lead the Church of England's Environment Programme with a charge to lead bold, deliberate, collaborative action across the Church to tackle the grave existential crises of climate change and biodiversity loss.

Bishop Graham will work with the Mission and Public Affairs department of the Church of England, continuing the commitment to net-zero carbon impacts across the Church of England by 2030 set by General Synod in February 2020.

The Archbishop of Canterbury, Justin Welby, said: "This will be a key year for the UK's approach to climate change internationally." In June, the UK will host the G7. In November, Glasgow will host COP26. The Environment Bill will be coming to Parliament. "Now is the time for bold, deliberate, collaborative action."

Bishop Graham said: "Responding to the climate and biodiversity crises is not a luxury in the ministry of the Church, but an urgent imperative for our mission."

Churches are being encouraged to raise their voice to speak up about the need to tackle climate change across the whole of society through the Climate Sunday initiative, starting by holding their own climate focused service.



Online Palm Sunday worship required a radical re-think

Three years after the Russian Revolution of 1917, a great anti-God rally was arranged in Kiev. The powerful orator Bukharin was sent from Moscow, and for an hour he demolished the Christian faith with argument, abuse and ridicule. At the end there was silence.

Then a man rose and asked to speak. He was a priest of the Russian Orthodox Church. He went and stood next to Bukharin. Facing the people, he raised his arms and spoke just three triumphant words: 'Christ is risen!'

At once the entire assembly rose to their feet and gave the joyful response, 'He is risen indeed!' It was a devastating moment for an atheist politician, who had no answer to give to this ancient Easter liturgy. He had not realised he was simply too late: how can you convince people that God does not exist when they have already encountered Him?

## Jesus' appearances after His Resurrection

*The following list of witnesses may help you put all those references in order....*

Mary Magdalene	Mark 16:9-11; John 20:10-18
Other women at the tomb	Matthew 28:8-10
Peter in Jerusalem	Luke 24:34; 1 Corinthians 15:5
The two travellers on the road	Mark 16:12,13
10 disciples behind closed doors	Mark 16:14; Luke 24:36-43; John 20:19-25
11 disciples WITH Thomas	John 20:26-31; 1 Corinthians 15:5
7 disciples while fishing	John 21:1-14
11 disciples on the mountain	Matthew 28:16-20
A crowd of 500	1 Corinthians 15:6
Jesus' brother - James	1 Corinthians 15:7
Those who saw the Ascension	Luke 24:44-49; Acts 1:3-8

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...rumours that we would be giving out easter eggs are unfounded - er, there aren't any left!

Easter is the most joyful day of the year for Christians. Christ has died for our sins. We are forgiven. Christ has risen! We are redeemed! We can look forward to an eternity in His joy! Hallelujah!

The Good News of Jesus Christ is a message so simple that you can explain it to someone in a few minutes. It is so profound that for the rest of their lives they will still be 'growing' in their Christian walk with God.

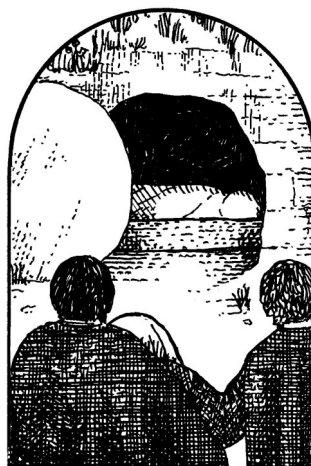
Why does the date move around so much? Because the date of Passover moves around, and according to the biblical account, Easter is tied to the Passover. Passover celebrates the Israelites' exodus from Egypt, and it lasts for seven days, from the middle of the Hebrew month of Nisan, which equates to late March or early April.

Sir Isaac Newton was one of the first to use the Hebrew lunar calendar to come up with firm dates for the first Good Friday: Friday 7<sup>th</sup> April 30 AD or Friday 3<sup>rd</sup> April, 33 AD with Easter Day falling two days later. Modern scholars continue to think these two Fridays to be the most likely.

Most people will tell you that Easter falls on the first Sunday after the first full moon after the Spring Equinox, which is broadly true. But the precise calculations are complicated and involve something called an 'ecclesiastical full moon', which is not the same as the moon in the sky. The earliest possible date for Easter in the West is 22<sup>nd</sup> March, which last fell in 1818. The latest is 25<sup>th</sup> April, which last happened in 1943.

Why the name, 'Easter'? In almost every European language, the festival's name comes from 'Pesach', the Hebrew word for Passover. The Germanic word 'Easter', however, seems to come from *Eostre*, a Saxon fertility goddess mentioned by the Venerable Bede. He thought that the Saxons worshipped her in 'Eostur month,' but may have confused her with the classical dawn goddesses like *Eos* and *Aurora*, whose names mean 'shining in the east'. So, Easter might have meant simply 'beginning month' – a good time for starting up again after a long winter.

Finally, why Easter eggs? On one hand, they are an ancient symbol of birth in most European cultures. On the other hand, hens start laying regularly again each Spring. Since eggs were forbidden during Lent, it's easy to see how decorating and eating them became a practical way to celebrate Easter.



## Candles lit for Covid dead on Day of Reflection

by Pat Ashworth  
24 March 2021

Holly Wilson, whose grandmother Ada Wilson passed away during the pandemic, lights a candle in Belfast Cathedral before a remembrance service on Tuesday. The 2100 tea-lights represent the more than 2100 people who have lost their lives to Covid in Northern Ireland.

The Day of Reflection on Tuesday prompted acts of remembrance and words of lamentation, but also the expression of a desire for a better future, as thousands of candles were lit in memory those who had died as a result of Covid-19.

The Archbishop of Canterbury, giving *Thought for the Day* on Radio 4, said that Covid had touched “everything and everyone. . . Weddings, funerals, birth celebrations, falling in love, dating, mourning, and celebrating . . . everything we do has been different.”

He acknowledged the anniversary as “a time to lament, to mourn, to sit and weep for what could have been and is not. Pause for a while today, remember what is being lost, above all who has been lost. Lament; for to do so is to honour and treasure.”

But it also posed the question of future direction: “What do we want to build as a society? Surely it is a living memorial to loss — and an expression of what we long for. Imagine it; then let us strive for a society that is just and good, that speaks of the victory of the life and hope.”

The Queen sent flowers to St Bartholomew’s Hospital, in London, where the Duke of Edinburgh recently had surgery. A message with the bouquet read: “As we look forward to a brighter future together, today we pause to reflect on the grief and loss that continues to be felt by so many people and families, and we pay tribute to the immeasurable service of those who have supported us all over the last year.”

The Archbishop of York, the Most Revd Stephen Cottrell, told the *York Press*: “Although there has been nothing good about the horrors and sorrows of Covid-19, they all point to the indomitable, persevering goodness of the human spirit and how we could find good things even in the midst of despair and sadness.

“They also point towards a new way of inhabiting the world beyond Covid: a way that will be better and healthier and more sustainable than the world we left behind. First, and probably most important of all, we rediscovered the fact that we belong to each other.”

Reflecting on a new appreciation of the dignity and value of people’s labour, he said: “We used to measure each other’s worth by the size of their salary. Now it must be the size of their heart.”



He spoke, too, of the need to build a world “where everyone is properly rewarded; where everyone’s contribution is valued; and where there is opportunity everyone to have work and achieve their potential.

“We all know that, in the world before Covid, many of us were too busy and too frantic. But in this past year we have caught a glimpse of, and experienced, different rhythms of life. . . We have begun to see a more sustainable way of living that will not only be good for the earth itself, it would also be good for us and for our well-being.

“Covid has brought us to our knees. Now I’m praying that we will rise up and build a better world.”

Forward in Faith put out a pastoral statement reflecting on the “terrible damage” that the virus had wrought in the nation and the world. It said: “We as Christians will pray for the repose of the souls of over 125,000 people . . . each one a beloved and precious child of God, mourned by family and friends.

“We will pray for deprived urban communities, many served by society parishes, who have been disproportionately impacted by the pandemic, and those families who are coping with hunger and destitution. We will pray for the professionals in health education, social care, local government in other walks of life who have endured such a stressful and challenging year. And we will pray for our churches and for Christians who have felt again and again the desolate pain of being denied access to the sacraments of life.”

Cathedrals marked the anniversary with a myriad of lights. The words “Reflect, Support and Hope” were projected in yellow on the front of Lichfield Cathedral. At Blackburn Cathedral, 4161 candles were lit in memory of those who died in Lancashire. The Dean, the Very Revd Peter Howell-Jones, led the national one-minute silence, followed by the tolling of the cathedral bell.

He said: “Almost every person has been affected in one way or another during the last 12 months, and we cannot, and must not underestimate the human impact of the pandemic across our nation. . . We as a place of faith have to recognise that and look at ways to help and support our communities as we move slowly out of lockdown towards recovery.”

At Leicester Cathedral, a Memorial of Lament service was streamed: 2300 candles were lit in memory of those who had died in the city and the counties of Leicestershire and Rutland. The Dean, the Very Revd David Monteith, spoke of the everyone’s consciousness of the levels of loss which they had experienced — not of loved ones alone, but of “normal life, income, well-being, mental health. . . The scale of it is hard to get our heads round.”

Local councils throughout Britain used the occasion to thank their communities. In Gateshead, where the Millennium Bridge was lit up in yellow, the council leader, Martin Gannon, said: “Today, we remember those we’ve lost and reflect on the difficulties we have all faced. . . Many people have been impacted financially, our children have missed their classrooms, and most of us have experienced feelings of anxiety and isolation.”

He thanked residents, communities, workers, and partners for pulling together to support each other and to adjust to new ways of working. “This is public service at its best,” he said.

The leader of Nottingham City Council, David Mellen, said that each of the people represented by the 600 candles placed on the steps of the Council House “have a family and friends who are missing them and grieving for them. “But we have also seen, in the midst of those difficulties, people stepping up, people reaching out, and people serving their communities and risking their lives . . . looking out for neighbours, doing something extraordinary, looking out for others. And, in the dark days of Covid, we have bright lights. We want to say thank you to the people, too.”

## 100 years of the PCC

It's a hundred years since parish churches gained the power to run their own affairs, separately from what we now regard as local government.

The religious affairs of a parish, as well as its secular business had been controlled by a single committee, which met in the church and was known as the 'Vestry'. Then, in 1894, Parish Councils were formed to deal with secular matters; the Vestry continued to oversee church affairs until 1921, when Parochial Church Councils (PCC) were established. People still get confused by the two.

Churchwardens have been around since the 13th Century and legally 'own' the movable contents of the church. They are meant to maintain order in the church and churchyard, with the assistance of their staves, if necessary. In the event of serious disorder today, a mobile phone might be a safer instrument, with staves reserved for ceremonial occasions! Churchwardens are now chosen by parishioners, though the Incumbent (ie Vicar or Rector) has a limited right of veto.

Today, anyone on the Electoral Roll of the church (sorry, this is another confusion, for the secular Electoral Roll is entirely separate) can attend the Annual Parochial Church Meeting, which elects the PCC. The Incumbent is an *ex officio* member, as are other licensed clergy and Churchwardens, members of the Deanery Synod, plus any member of the Diocesan Synod and General Synod who lives in the parish or is on the Roll. The Incumbent chairs the PCC, which elects a Vice-Chair and appoints a Standing Committee to transact business between meetings.

The purpose of a PCC, which must meet at least four times a year, is to consult together with the Incumbent "on matters of general concern and importance to the parish", and that includes the "whole mission of the Church". Did you know that changes to the forms of service, or the vesture or the minister, can only happen after consultation?

Inevitably, money and building maintenance take up a lot of room on the Agenda, though we all know they are less important than mission. It's a real challenge for every PCC member to pray for non-churchgoing parishioners and to find imaginative ways of introducing them to Christ and His Church.

If you've got this far and are a member of your PCC - congratulations - you are a hundred years old this year!

*Editor: The Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the CofE, considers the PCC.*

## The history of the PCC

*And we know that all things work together for good to those who love God, to those who are the called according to His purpose. **Romans 8:28***

When you next attend a PCC meeting, which is probably more likely to be by zoom than in person, you could say "Happy 100<sup>th</sup> Birthday!" to your colleagues. It is a hundred years since The Parochial Church Councils (Powers) Measure 1921 which was an important stage in the birth of PCCs.

During the First World War army chaplains found that many men who thought of themselves as church goers were ignorant of the basics of religion. This led to a new interest in mission for the church. There were national days of prayer during the war and in 1915 there was a National Mission of Repentance and Hope. The public were more in the mood for victory than repentance. After the Armistice there was a desire for change in the national church and this led to a discussion about the links with the state.

There was a concern that Parliament was often slow to enact laws for the church and many people felt the national church should have more authority to govern itself. The setting up of Parochial Church Councils was part of that process. In the past a lot of local secular administration had been the responsibility of churchwardens in the vestry meetings. Gradually their functions were passed to local councils. Most of their

remaining powers were transferred to PCCs by The Parochial Church Councils (Powers) Measure 1921.

The purpose behind these new councils was to give the laity a more prominent role in parish life to go alongside the deanery, diocesan and national councils which became the synods and have an important role in church life. Some conservative clerics were concerned at this reform and felt that congregations would pick and choose clergy or object to a new incumbent chosen by a patron. The process of starting PCCs to share in decision making in parishes was widely accepted but a few older incumbents and those in more rural areas, failed to do either out of reluctance or ignorance.

A leading churchman in the reform movement was William Temple who became leader of the 'Life and Liberty movement' which hugely influenced the move towards democratic government in the Church of England. He was Bishop of Manchester in the 1920s, Archbishop of York from 1929 to 1942 and Archbishop of Canterbury (1942-4).

He had been a secretary of the National Mission of Repentance and Hope in 1916 and became chairman and joint leader with H. R. (Dick) Sheppard of the Life and Liberty movement. 'We demand liberty for the Church of England' he declared at a meeting in July 1917. One difficult issue was what level of commitment to church life enabled a person to be eligible to serve on a church council. It was decided that anyone on the electoral roll whether they attended services or communion regularly could participate. The then Bishop of Oxford resigned over the issue because he thought that councils must only be made up of committed regular communicants.

The next Bishop of Oxford in his monthly diocesan magazine endorsed the principle of democracy and reassured people that it was a not negative step or would limit the powers of clergy or wardens. He encouraged the congregations to consider how to use each other's gifts. In Aylesbury the idea of the new PCCs had been discussed as early as 1918. It was felt that they would support the clergy particularly with financial issues.

It is strange to think that the proposal for clergy and congregation to work together for the benefit of the church could be controversial. The birth of PCCs was a major step in the life of the church. I wonder what the next one hundred years will bring?

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*Editor: Nigel Beeton writes: The opening verses of John chapter 14 are very special to many of us, they certainly are to me. They bring us great comfort in this time of fear and uncertainty, and I hope that this little reflection upon them might do the same for others:*

### **The Way**

Come, still your hearts, let troubles go  
For you believe in Me,  
And I am with you, I will show  
The way ahead of thee.

My Father's house has many rooms  
You know my words are so!  
My Spirit and my Word illumines  
The way that you shall go.

I am the Way, the Truth, the Life  
Believe and you shall see  
The way through tempest and through strife  
To My eternity.

*By Nigel Beeton*

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## Wordsearch Clues

Christ is risen! He is risen indeed! Hallelujah! April brings us to Easter – the crucifixion, death and resurrection of Jesus Christ - the triumphant highlight of the Christian year. As St Paul pointed out, unless Jesus really did rise again, our faith is useless, and we may as well forget any hope of heaven or eternal life.

passover  
bread  
wine  
body  
blood  
betrayal

Jerusalem  
Pilate  
Judas  
Gethsemane  
trial  
Crucifixion

soldiers  
cross  
nails  
vinegar  
temple  
curtain

tomb  
angel  
stone  
risen  
gardener  
Mary



Puzzle solutions are on page 34

### Easy Level Sudoku

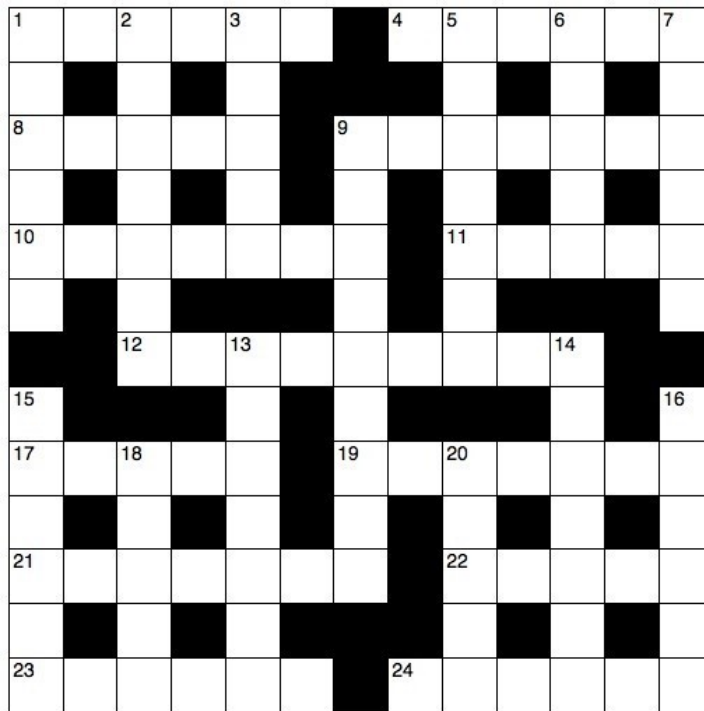
	5	7		8	9	2	1	
3			7			9		6
	4	9	2					
6		1					3	
1							8	
9				3			5	
				1	8	2		
9		1		4				5
	3	4	5	6		7	9	

### Medium Level Sudoku

				5	7		3	
3			2					
	8	5						
1				6	2	3		7
		3				5		
6		7	5	3				4
						7	4	
					8			3
	4		6	1				



# CROSS WORD



## Across

- 1 Relating to the whole universe (6)
- 4 The disciple who made the remark in 8 Across (John 20:24) (6)
- 8 'Unless I see the nail marks — — hands, I will not believe it' (John 20:25) (2,3)
- 9 He urged King Jehoiakim not to burn the scroll containing Jeremiah's message (Jeremiah 36:25) (7)
- 10 Baptist minister and controversial founder of America's Moral Majority, Jerry — (7)
- 11 'Look, here is — . Why shouldn't I be baptized?' (Acts 8:36) (5)
- 12 Repossessed (Gen 14:16) (9)
- 17 Port from which Paul sailed on his last journey to Rome (Acts 27:3–4) (5)
- 19 'Moses was not aware that his face was — because he had spoken with the Lord' (Ex 34:29) (7)
- 21 Roonwit, C.S. Lewis's half-man, half-horse (7)
- 22 Grill (Luke 24:42) (5)
- 23 'The lot fell to Matthias; so he was added to the — apostles' (Acts 1:26) (6)
- 24 'I was sick and you looked after me, I was in — and you came to visit me' (Matthew 25:36) (6)

## Down

- 1 Coastal rockfaces (Psalm 141:6) (6)
- 2 Academic (1 Corinthians 1:20) (7)
- 3 Publish (Daniel 6:26) (5)
- 5 For example, the Crusades (4,3)
- 6 11 Across is certainly this (5)
- 7 He reps (anag.) (6)
- 9 Liberator (Psalm 18:2) (9)
- 13 Man who asked the question in 11 Across was in charge of all her treasury (Acts 8:27) (7)
- 14 They must be 'worthy of respect, sincere, not indulging in much wine' (1 Timothy 3:8) (7)
- 15 The human mind or soul (6)
- 16 'O Lord, while precious children starve, the tools of war increase; their bread is — ' (Graham Kendrick) (6)
- 18 'We played the flute for you, and you did not — ' (Matthew 11:17) (5)
- 20 Bared (anag.) (5)

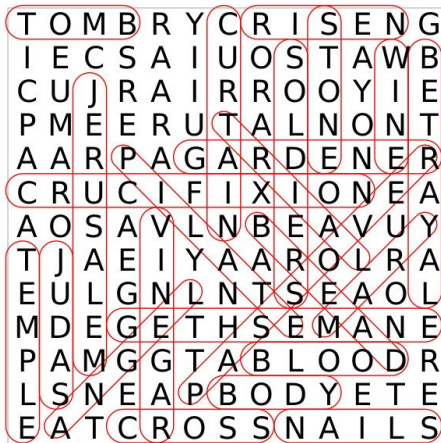
# Puzzle Solutions

## Crossword answers:-

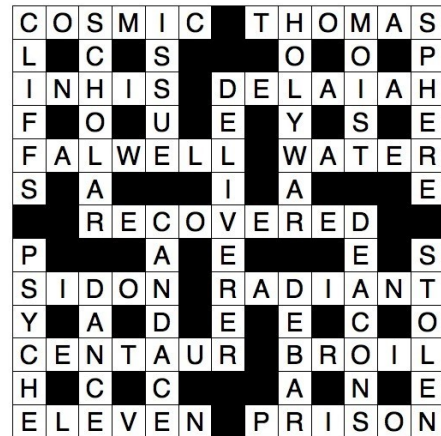
**ACROSS:** 1, Cosmic. 4, Thomas. 8, In his. 9, Delilah. 10, Falwell. 11, Water. 12, Recovered. 17, Sidon. 19, Radiant. 21, Centaur. 22, Broil. 23, Eleven. 24, Prison.

**DOWN:** 1, Cliffs. 2, Scholar. 3, Issue. 5, Holy war. 6, Moist. 7, Sphere. 9, Deliverer. 13, Candace. 14, Deacons. 15, Psyche. 16, Stolen. 18, Dance. 20, Debar.

## Wordsearch solution



## Crossword solution



## Easy Soduko solution

6	5	7	4	8	9	2	1	3
3	8	2	7	1	5	9	4	6
1	4	9	2	3	6	5	7	8
7	6	5	1	2	8	4	3	9
4	1	3	9	5	7	6	8	2
2	9	8	6	4	3	1	5	7
5	7	6	3	9	1	8	2	4
9	2	1	8	7	4	3	6	5
8	3	4	5	6	2	7	9	1

## Medium Soduko solution

9	6	4	1	5	7	2	3	8
3	7	1	2	8	6	4	5	9
2	8	5	3	9	4	1	7	6
1	5	8	4	6	2	3	9	7
4	9	3	8	7	1	5	6	2
6	2	7	5	3	9	8	1	4
8	3	6	9	2	5	7	4	1
5	1	9	7	4	8	6	2	3
7	4	2	6	1	3	9	8	5

Bible Bites Wordsearch solution from Junior InSpire



# My Winter Lockdown Paintings

## By Nick Ward

When the snow did arrive, it was at first confined to the top of Leith Hill. I walked up to the summit and was rewarded with some beautiful and rather misty scenes. From a couple of necessarily quick sketches and a few photos, I painted a more impressionistic watercolour to try to capture some of the atmosphere on that day:



Eventually, as we all know, it snowed quite heavily in the village and here is a painting of Misbrooks Green cottages in the snow with one of the willows surrounding the cottages. I always like the combination of trees, brickwork and snow, (as you can see also from the painting above, Entrance to Capel in Winter). I have paired it with another one of the same set of cottages at sunset a few days earlier, before the snow fell.



# My Winter Lockdown Paintings

## By Nick Ward



Finally, I thought I would share a couple of paintings derived from my longer walks. One is of a muddy field (doesn't sound very appealing I know!) beyond Temple Elfande towards North Barn, near Lyne House and the last is a gloriously sunny winter's day at Green Farm, Newdigate based partly on a drawing I did last year.



I hope you have enjoyed this little ramble through a small selection of our local scenery in winter which I often think can be as beautiful as any other of the four seasons for the painter.

**Nick Ward**

Your contributions would be most welcome and any copy for this publication should be sent to  
Suzanne Cole [editor@capelandockleychurch.org.uk](mailto:editor@capelandockleychurch.org.uk) **By 25th of each month please.**  
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