A prayer at bedtime

Before the ending of the day, Creator of the World, we pray That you, with steadfast love, would keep

Your watch around us while we sleep. • Tonight we pray especially for (names family or friends who are affected by . Coronavirus) and the people of (country or place which is affected by Coronavirus).

Give skill and wisdom to all who are caring for them. Amen.

A prayer remembering God is with นร

Lord God, you are always with me. You are with me in the day and in the night.

- You are with me when I'm happy and when I'm sad.
- You are with me when I'm healthy and when I am ill.

You are with me when I am peaceful and when I am anxious.

Today I am feeling (name how you are *feeling*) because *(reasons you are* feeling this way).

Help me to remember that you love me and are with me in everything today.

Amen.

Short passages of Scripture for reading and contemplation

- Psalm 27 The Lord is my light and my salvation
- Psalm 46 Be still, and know that I am God.
- Psalm 91 He shall cover you with his wings
- Psalm 139 O Lord, you have searched me out and known me
- Isaiah 43 (esp vv.1-7) Do not fear, for I am with you
- John 14 Do not let your hearts be troubled

Please feel free to call into one of our churches at any time. There are people you can speak to if you wish. See the front cover for contact details.



Prayers sourced from The Church of England website: https://www.churchofengland.org

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Welcome to the Parish of Capel & Ockley

We hope you enjoy visiting our churches and find peace whilst you are here. At this time of uncertainty with the Coronavirus outbreak, please feel free to write any prayer requests on the notice board. We hope that you will find the following prayers bring you comfort during this difficult time. If you would like to speak to someone, please speak to our Vicar Rev Liz Richardson in the first instance.

Suggested prayers for the Coronavirus Outbreak

A prayer about the coronavirus outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.



For those in isolation

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. Amen.

> Contacts: Rev Liz Richardson 01306 711260 vicar@capelandockleychurch.org.uk Parish Pastoral Assistant: Sylvie Beckett 07711 849338

For all Services & Events https://www.capelandockleychurch.org.uk/events-calendar/

For hospital staff and medical researchers

Gracious God,

give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure.

Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord. Amen.

From one who is ill or isolated

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

A prayer for when a friend is ill

Dear God, (*name of friend*) is ill. They are not allowed to go to school or come over to play. I'm sad because I miss them.

They must be feeling miserable and lonely as well.

Please be close to them.

Please be with the people who are looking after them.

Please help them to get better and to know that you love them. Amen.

A prayer for the world

God of love and hope, You made the world and care for all creation.

But the world feels strange right now. The news is full of stories about Coronavirus.

Many people are anxious because of it.

Many people are anxious that they might get ill.

Many people are anxious about their family and friends.

For those who are worried/social cohesion

Loving Jesus, you are compassionate to those in need and heal the sick in body and mind.

Look kindly on those who are fearful at this time.

Help us all to put away all thoughts and actions

that separate us from you and from one another.

Give us grace to live our lives confident in your promise that you are with us always. Amen.



For those who are worried/social cohesion (continued)

Lord Jesus Christ,

you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to care for the sick, and to assure the isolated of our love, and your love, for your name's sake. Amen.



Prayers for when you can't get to church

Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.

Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me. Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.

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