

September 2019

The monthly publication for  
the Parish of Capel & Ockley

Free of Charge—Please take a copy!

*Then sings my soul...*

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“HOW  
GREAT  
THOU ART”

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InSpire

Issue 30

- 3 Rev Liz writes
- 4 Services & Events
- 5 Open the Book
- 6 Henry Whitfield
- 7 Letter from the Editor
- 8 News from the Pews
- 10 Prayer Diary
- 12 Capel Show news
- 14 George Ede's Story Pt 2
- 15 A Seasonal Recipe
- 16 Harvest Suppers 2019
- 17 Diocese News
- 18 Bible Q & A
- Youth Café news
- 19 Parish Giving options
- 20 Junior Inspire
- 22 Trip to the Holy Land
- 23 Parish Running Group
- 24 Diocese Eco News
- 25 Parish Eco Church news
- 26 Amazon Fires
- 28 Puzzle pages
- 29 How to become a local hero
- 31 Puzzle solutions
- 32 Jazz Night Advert

This issue is kindly sponsored by

**Suzanne & Stuart Cole**

*In Celebration of their  
29th Wedding Anniversary*

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## Rev Liz writes

*Dear all,*

So here we are again – another September, another start of an academic year and a return to cooler temperatures. For those of you who remember my last month's letter my family baked in 42 degrees at Disneyland Paris and thankfully there were hoses cooling people down – myself included! Even Mickey Mouse had to go home early due to the heat and the Disney Parade was cancelled. Imagine being in one of those furry costumes? Thankfully the following day was cooler and my granddaughter got to meet Mickey Mouse and the parade was back on. Despite the heat we did enjoy ourselves – honest!



Now it's back to work, refreshed after nearly three weeks away and one of the first jobs I have been doing is sorting out my filing cabinets. After eight years of ministry here it's time for a good sort out and de-clutter. I am sure I shall feel far more organised when I have finished. Speaking of organisation, we are busy organising some interesting and exciting events for you all to enjoy this month. I have written before about the amazing things you can achieve as a team and last month and this month are no exception. The Capel Show was a wonderful day wasn't it, the weather just about held off and I am sure you will read much about it in this issue. You may have enjoyed visiting the Churches Burger Stall, which following on from the record breaking, incredible organisation of Sally Wyborn and her team in previous years, we have been thrilled and very grateful to take on as a Church fundraiser. I would like to say a huge thank you to Dineke van den Bogerd and her team for their planning and organisation so that we were able to continue Sally's smooth operation on the Barbeque! Thank you too to the Cricket Club for allowing us to use part of their premises on the day and I am sure many were thankful to be able to have a sit down in our seated area this year.

Well this month, we are in the throes of rehearsing for the next Murder Mystery Supper Play. You may recall we have done a couple of these before and having had a year off we are back!! This year the play is called 'Barbeques are Murder'. There must be a pun here somewhere with the previous paragraph (!) Anyway, there are the usual suspects and village characters, and of course a baddie. The Box Office is now open and you have a chance to see it at Ockley Village Hall on Friday October 4<sup>th</sup> or at Capel Village Hall on Saturday October 5<sup>th</sup>. Both performances begin at 7.30pm but do arrive earlier to get drinks etc. The play will follow the usual format with breaks for supper and desserts between acts. The plays are part of our Harvest celebrations and you will see that each church has their own Harvest festival service to which you are invited to bring produce as usual.

Another thing it is a good thing to be organised about and make preparations is a subject we don't much like to discuss which is funerals. Well this month we have invited Judith Dandy of Dandelion Farewells to give a very interesting informative talk on the choices we all have with this matter in mind. Called 'My Wishes, My Way' this is a very gentle way to think about what we might like for the end of our lives. Again there are two opportunities to attend, one in Ockley at the Cricket Pavilion in the evening and the other at Capel in the Capel Parish Hall in the afternoon. See the Church Calendar for times etc.

Finally we have another new venture in the shape of a Youth Café. This is an exciting new initiative for our parish which is to be based in the Ockley Cricket Pavilion every Tuesday for all youngsters aged 11-16. It begins on the 3rd September and is a café solely for the young people and we hope it will be a comfortable place to relax after school. It will be open from 4.30 – 6.30pm. They can stay for as little or as long as they like within these hours! Hot and cold drinks will be available as will simple snacks like toast and cakes. It is a donations type café so if someone comes without money they needn't worry – they can still have something to keep them going. If you would like more information do contact Gill Christie on 01306 711917.

So have a good September, remember all the good habits like relaxing and enjoying time off (note to self here) and I hope to see many of you out and about at these and many other village and parish events this Autumn. Stop Press: Don't forget to join us in church to experience some amazing music with Mike Piggott's Hot Club Trio!

With my love and prayers,  
*Rev Liz*

# CHURCH SERVICES & EVENTS FOR SEPTEMBER

<b>SUNDAY</b>	<b>1<sup>st</sup></b> 8.00 am 9.30 am 10.30 am	<b>TRINITY 11</b> Holy Communion BCP (Capel) Matins at St Margaret's Ockley Family Communion with Baptism (Capel)
<b>THURSDAY</b>	<b>5<sup>th</sup></b>	<b>Capel Lunches</b> - today's one being hosted by St John the Baptist, Capel Many thanks for the many offers of help. Any queries, please contact Jessie Sutcliffe 01306 711250 or Debbie von Bergen on 07774 784008.
<b>SUNDAY</b>	<b>8<sup>TH</sup></b> 9.30 am 10.30 am 3-5pm am	<b>TRINITY 12</b> Matins at St Margaret's Ockley Café Church (Capel) Capel Teas in church
<b>WEDNESDAY</b>	<b>11<sup>TH</sup></b> 7pm	<b>'Your Wishes, Your Way'</b> Talk by Judith Dandy at Ockley Cricket Pavilion (see vicar's letter for more detail)
<b>FRIDAY</b>	<b>13<sup>th</sup></b> 8pm	<b>Jazz Night</b> Mike Piggott's Hot Club Trio - Concert in Capel Church - tickets £12 <a href="http://www.capelboxoffice.co.uk">www.capelboxoffice.co.uk</a> or at the door
<b>SATURDAY</b>	<b>14<sup>TH</sup></b> 9.30 -10am 12.30pm	Parish Prayers at St Margaret's Ockley Wedding of Christine Vickery and Joe Edwards (Capel)
<b>SUNDAY</b>	<b>15<sup>TH</sup></b> 8.00 9.30 10.30	<b>TRINITY 13</b> Holy Communion BCP (Capel) Matins at St Margaret's Ockley Family Communion with BaptismS (Capel)
<b>TUESDAY</b>	<b>17<sup>TH</sup></b>	<b>MESSY CHURCH</b> 3.15 to 5pm
<b>WEDNESDAY</b>	<b>18<sup>TH</sup></b> 3pm	<b>'Your Wishes, Your Way'</b> Talk by Judith Dandy at Capel Parish Hall (see vicar's letter for more detail)
<b>SUNDAY</b>	<b>22<sup>ND</sup></b> 9.30 3-5pm	<b>TRINITY 14</b> Parish Holy Communion (Ockley) Capel Teas in church
<b>SATURDAY</b>	<b>28<sup>TH</sup></b> 9.30 -10am	Parish Prayers at St John the Baptist Capel
<b>SUNDAY</b>	<b>29<sup>TH</sup></b> 9.30 10.30 3-5pm	<b>TRINITY 15</b> HARVEST FESTIVAL (OCKLEY) Morning Worship (Capel) Capel Teas in church
<b>OCTOBER</b>		
<b>FRIDAY</b>	<b>4<sup>TH</sup></b>	<b>Murder Mystery Play</b> at Ockley Village Hall – Curtain up 7.30pm
<b>SATURDAY</b>	<b>5<sup>TH</sup></b>	<b>Murder Mystery Play</b> at Capel Village Hall – Curtain up 7.30pm
<b>SUNDAY</b>	<b>6<sup>TH</sup></b> 8.00 9.30 10.30 3-5pm	<b>TRINITY 16</b> Holy Communion BCP (Capel) Matins at St Margaret's Ockley HARVEST FESTIVAL (CAPEL) Harvest teas in church



If you're excited about sharing Bible stories with school children and want to have fun with a team dressing up in costume to act the part, or perhaps you'd like to be a Storyteller and narrate the scene. Then **'Open the Book'** might be just the thing for you!

This wonderful initiative brings Bible stories to life in our primary school classrooms. We'd like to start a new Parish team and would love to have your help. It would involve about an hour of your time every couple of weeks, along with an initial training course on 20th September from 9.30am to 3.00 pm in the Parish Room in Capel. Everyone is welcome!

Please talk to Debbie von Bergen **debbievonbergen@icloud.com** or Eric Sutcliffe **eric.sutcliffe94@tiscali.co.uk** about what is involved and if you have a chance, do have a look at the Open Book website:-

<https://www.biblesociety.org.uk/get-involved/open-the-book/>

**You could be joining over 17,000 volunteers all over England and Wales doing the same thing!**

## *Dorking Community Fridge*

*Exciting new development*

**The Mobile Community Fridge is on the road!**

**Every Friday it stops at Beare Green Village Hall at 12.15pm, Rickwood Park at 1.15pm**

**and they are going to trial a new location in Capel - 186, The Street** (See picture below).

*Please do park considerately as the house next door has access to their driveway via this parking area. Thank you!*

***It is not a Food Bank.***

**The food is FREE for EVERYONE and would otherwise have been binned!**



***Bring a bag and help to save food waste!***

**[www.dorkingcommunityfridge.co.uk](http://www.dorkingcommunityfridge.co.uk)**

**Facebook: @mobilecfridge**

**The Editor:** *With our visit from Pastor Mike Mullins on Sunday 1st September, I now enclose a brief history of Henry Whitfield who was the Vicar of St Margaret's, Ockley before leaving for the United States in 1639. If anyone has more detailed history connected with Rev Whitfield and the history associated with him, please do let me know so we can produce a more in depth article.*

## Henry Whitfield

Henry Whitfield, one of Guilford's founders and first minister, is estimated to have been born sometime between June 8 and October 1, 1592 in Greenwich in the English county of Kent. Thomas Whitfield, his father was a lawyer in London and his mother, Mildred Manning, was descended from the family of the poet and "Father of English literature" Geoffrey Chaucer. Whitfield attended New College, Oxford, where he befriended the future founder of the Saybrook colony in Connecticut, George Fenwick.

He initially studied law, but found it undesirable and promptly changed his focus to ministry studies. Whitfield was ordained a minister of the Church of England in 1618 and soon took up the post of vicar of St. Margaret's Church in Ockley, Surrey, where he remained for the next 18 years. During this time, he married Dorothy Shaeffe (also of Kent) and fathered nine children, living off the estate of his father.

However, under the rule of King Charles I, the Church of England began to persecute Separatists and Puritans who opposed the new firm rule of the church and called for reform. Whitfield's sympathies soon shifted to the Puritan movement following the persecution led by Archbishop William Laud. Shortly after being censured as a dissident by the High Commission Court in 1638, Whitfield resigned from his post in Ockley and recruited twenty five families, mostly farmers of Surrey and Kent, to travel to the New Haven colony.

Upon arrival in June 1639, Whitfield consulted Fenwick and Rev. John Davenport, founder of the New Haven Colony, and decided to purchase land from the Menunkatuck Indians halfway between the New Haven and Saybrook colonies. Whitfield and his party moved into the new Guilford colony in September of that year and immediately began construction of his house, though it was not finished until the following spring due to the winter weather conditions.

In the early years of the Guilford colony, Whitfield served as both the minister and community leader, delivering sermons and conducting marriage ceremonies as well as settling civil disputes. However, in 1650 Henry Whitfield returned to England, leaving his wife and the majority of his children in Guilford. It has been speculated that he returned due to the changed political and religious atmosphere for Puritans under the reign of Oliver Cromwell. Whitfield was reinstated in the Church but died in 1657, soon after his return, and was buried in Winchester Cathedral on 17th September.

Source: Wikipedia

Henry Whitfield statue in Guilford, Connecticut



One ship that links four nations, spans 400 years of history and connects millions of people.

From November 2019, an ambitious year-long commemoration will mark the 400th anniversary of the Mayflower's pioneering voyage, telling the story of a ship and its passengers - a group of people that a remarkable 30million+ US citizens have descended from.

Find out more at:-

<https://www.mayflower400uk.org/>



*Dear Readers,*

What a blisteringly hot Bank Holiday weekend we've had! But a wonderful chance for families everywhere to enjoy outings to the seaside, countryside, their holidays in the UK or maybe to simply sit in your garden and enjoy this late summer weather!

It seems hard to imagine that the children and students are having to think about returning to school and colleges once more and many will be starting at new establishments. We wish them all well. We congratulate our younger members of church who have received their exam results and are moving on to higher education in whatever guise that may be. We also remember teachers, tutors and lecturers as they ready themselves for another academic year ahead.



I don't mean to sound ungrateful Fred, but when I asked for something to 'represent farming in the community'...

For many of us, September always feels like the beginning of a new year, even if we are no longer studying or working in the education system. There is an interesting set of challenges on page 30 entitled '**How to become a local hero**'. It says that "Autumn is a time for new ventures, a time to take on new challenges. If you have any spare time on your hands, you could do so much good in your local community." I'm not advocating that anyone SHOULD feel they have to do any of these things, but it's interesting to reflect on what roles we can play in our communities. I know so many of you already do so there won't be time for anything else! But who knows what might appeal to someone reading this article ... an opportunity they perhaps hadn't considered?

We have a follow up to George Ede's story now that she is home! We wish her every success with her continued recovery. See George's update on page 14! She has also kindly given us a Recipe to share this month and I hope lots of you enjoy trying it! This is a new feature suggested by George. Please do let us know if you enjoy it and would like to see more recipes?

What a wonderful month or two of community events we have had. The Church tombola stall at the Okewood Hill Flower show was a great success and then we had the Parish Barbecue stall at the Capel Show, ably planned and run on the day by Dineke, Debbie and Helen and a large team of volunteers! For me, that really showed just how far we have come in the last couple of year since we united as a Parish. To watch the hard work and happy banter between everyone on the team was a joy to watch and I think, a cause for celebration. Fellowship comes in different ways and being together working for good causes on such occasions as this is surely just as important as gathering together in our churches to worship together? For us to be seen in our local communities doing things such as providing a useful service such as providing a delicious Barbecue has to be a good thing! Church doesn't have to be in our beautiful two Parish churches, it can go out to the communities too and minister to them, even if that means we cater for their dietary needs on important local occasions! Added to that, over £2,250 was raised on the Barbecue and 10% is being donated to the Royal Marsden Hospital. I believe the hope is to do the same again next year so watch out for the lists to volunteer!

Finally, we welcome Rev Liz and Doug back after their well-earned summer break. Whilst we missed Liz leading us at church, it was also lovely to have Rev John Baxter and his wife Dorothy back with us temporarily whilst Liz and Doug were away! We thank John for giving up his time to come and minister to us on those Sundays.

*Best wishes,*

*Suzanne*

From now on, the online version of InSpire will always be available in colour. We usually produce black and white copies of InSpire with only the covers in colour to keep costs down for printing, but there is no reason that the downloadable copy shouldn't always be in colour! I will produce two versions unless a sponsor has requested an all colour copy to be printed.

So if you want to see InSpire in all its technicolour glory, why not subscribe to receive it each month from our Parish website? See notes on page 2 in the red box.

[www.capelandockleychurch.org.uk/inspire-magazine/](http://www.capelandockleychurch.org.uk/inspire-magazine/)

**St Margaret's Bible Study Group**

Held every fortnight on a Thursday at 2.00 pm  
at Gill Christie's house:

'Elderslie', Stane Street, Ockley, Surrey RH5 5TD  
Phone: 01306 711917 for more details.

**T.L.C. Teas @ Ockley Village Hall**

TLC meets monthly for a friendly afternoon chat,  
scrumptious teas and lots of Tender Loving Care.

**Normally held on the THIRD Monday of every  
month from 3.00—4.30 pm in Ockley Village Hall**

Our aim is to provide a happy and relaxed  
atmosphere for those who just want to meet  
together.

For further details contact: **Judie on 01306 888456**  
**OR emailthoroldfuters@aol.com**

This month's  
"Stars of the Month" goes to ...



**Our churchwardens ... Joy, Norman, Gill  
& Shirley**

Thank you for all your hard work on our  
behalf as a Parish!

The Editor

*\* Please help me by giving me your nominations  
from Capel & Ockley as to who needs a little thanks  
for everything they do! Let me know on  
slc@ansford.me.uk*

**Ockley Mothers and Toddlers Group**

are starting a "Mum to Mum" market  
during the usual weekly sessions

on

**Thursday mornings from 9th January 2019 at  
Ockley Village Hall 9.30am-11.30am**

Good quality clothes and toys available  
for exchange or a small donation to  
the Group's funds.

Do come and join us if you can!

**11 September 7.00 pm at Ockley Pavilion  
and  
18 September 3.00 pm at Capel Parish Rooms**



**Dandelion  
Farewells**  
*A funeral for our times...*

An opportunity to listen to Judith Dandy of Dandelion Farewells talk about funerals and the choices available to you in a free talk entitled:

**'My wishes, My Way'**

Judith has developed this free workshop for anyone who would like to explore and understand the funeral planning decisions that need to be made on your behalf or those of others. It will give an insight into the choices around funerals and the elements that your family will need to know about your personal wishes. By learning what is possible, and maybe even planning ahead, not only can you save your family the worry of trying to discern what you would have wanted, you could also personalise your last celebration, ensuring that it reflects what is important to you.

No need to book, but any queries please ring Debbie von Bergen 07774 784008



## The Pavilion Café at Ockley

*This community cafe is held at the cricket pavilion in Ockley and opens each Wednesday from 9.00 am—12 noon.*

*Do pop in for delicious homemade cakes, freshly brewed coffee and a range of teas!*

*We hope to see you there!*



Coffee Fellowship

## Entertainment for Harvest 2019

*There are still one or two parts to be filled ... so if you would like to take part in the play, which will be performed with scripts so you don't have a lot to learn, please contact Yvonne on 01306 886241. Rehearsals begin next week (w/c 5th August).*

**Friday 4<sup>th</sup> October  
at 7.00pm in  
Ockley Village Hall  
AND**

**Saturday 5th October at 7.00pm  
in Capel Memorial Hall**

Doors will open at 7pm for curtain up at 7.30pm. Tickets are £12.50 each, including a two course supper and tea or coffee, available from Andrew Forsyth on 01306 712422 and [andrew.forsyth@talk21.com](mailto:andrew.forsyth@talk21.com).

There will be a bar at the Ockley event and we are waiting for confirmation on whether there will be one at Capel too!

We hope to see you there!

## From the Registers

We welcome into the family of the church

*William Lucas Figg and  
William Phillip Figg  
at St Margaret's Ockley  
18<sup>th</sup> August 2019*

We celebrate the marriage of

*Chloe-Anne Crook and Matthew Stute  
24<sup>th</sup> August 2019*

We mourn the loss of

*Patricia Betty Janet Wombwell  
16<sup>th</sup> August 2019*

*June Sylvia Laws  
19<sup>th</sup> July 2019*



## Sunday 1st September 2019

We are very pleased to announce that Pastor Mike Mullins and his wife Shirley are joining us at St Margaret's on Sunday 1st September 2019!



There will be a 'Bring & Share' lunch in Ockley Village Hall from 12.00 noon that day too.

We very much look forward to welcoming Pastor Mike and Shirley Mullins to our Parish!

Pastor Mike is a direct descendent of Henry Whitfield who was the Vicar at St Margarets, Ockley, before leaving for the USA in 1639.

**'He tends his flock like a shepherd: he gathers the lambs in his arms and carries them close to his heart.'** Isaiah 40:11

**LONELINESS cont..**

**SUNDAY 1st**

*Almighty God, we pray for all those who are suffering loneliness in their marriage whether it is from rejection, abuse or disinterest and pray that Your comfort and peace would fill their hearts.*

**Pray every day this week for medical practitioners in your local surgery**

**THE NEW ACADEMIC YEAR**

**MONDAY 2nd**

*Loving Father, thank You for the gift of children. Please watch over them when they go back to school. Keep them safe every day and help them to remember that You are with them in the halls and classrooms.*

**TUESDAY 3rd**

*Father God, help children to soak up good knowledge and to dismiss any negative or worldly messages they may hear. Help them treat others with kindness and respect and to guard their hearts with the armour of Your Word. Give them joy and peace as they put their trust in You.*

**WEDNESDAY 4th**

*Loving Father, as teachers step into a new academic year, restore their spirit, renew their passion for sharing Your wisdom and nurture their compassion for their students.*

**THURSDAY 5th**

*God of Wisdom, we pray for the students who may be nervous about starting a new school. Take from them all fear of the unknown. We pray that You will be beside them as they open their hearts to new friends and new teachers.*

**FRIDAY 6th**

*Merciful Father, for all adults in education, give them joy-filled hearts to create a community throughout the year that faithfully follows Your word, that protects and nurtures any vulnerable students in their care.*

**SATURDAY 7th**

*Lord, we pray for all schools and colleges to be places where Your love reigns, where there is no bullying or disrespect for any child or adult. We pray that all children will know the difference between right and wrong.*

**SUNDAY 8th**

*Father God, we pray for Your blessings on all the schools, colleges and nursery schools in our parishes. We pray that they will be well supported in the communities and be places of safety for the children who attend.*

**Pray every day this week for medical practitioners in your local hospital**

**ENCOURAGEMENT AND STRENGTH**

**MONDAY 9th**

*'I trust in you Lord..*

*My times are in your hands..' Ps. 31:14, 15 Precious Saviour, teach us to trust Your timing. Set us free from the fear of missing out. Thank You that our destiny is safe in Your hands.*

**TUESDAY 10th**

*'I will strengthen you and help you; I will uphold you with my righteous right hand.'* Isaiah 41:10  
*Father, help us to be aware of all the ways You have helped us. We thank You for assurance of Your strength to help us be victorious over sin and death.*

**WEDNESDAY 11th**

*'May the God who gives endurance and encouragement give you the same attitude of mind towards each other that Jesus Christ had'* Romans 15:5  
*Father God, help us to accept one another as Jesus did. Instead of differences, help us to see souls who need Jesus, to seek common ground for fellowship.*

**THURSDAY 12th**

*Lord, we pray for strength when we are weak, love when we feel forsaken, courage when we are afraid, hope when we feel rejected and peace when we are in turmoil.*

**FRIDAY 13th**

*Loving Father, we pray for someone who is going through a hard time. May Your love surround them. May they feel You above, behind and beside them restoring their souls to be at peace with You.*

**SATURDAY 14th**

*'But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.'* Isaiah 40:31

*Father God, though our faith may be struggling and weak, we thank You for Your provision, Your care and Your love.*

**SUNDAY 15th**

*May the God of hope fill us with all joy and peace as we trust in Him so that we may overflow with hope by the power of the Holy Spirit. (Adapted from Romans 15:13)*

## **PRISON LIFE**

### **MONDAY 16th**

*Heavenly Father, we pray that all prison chaplains and chaplaincy volunteers will be filled with the love of Jesus Christ as they minister in Your name. May their ministry be richly blessed as they share Your message of hope with prisoners and staff.*

### **TUESDAY 17th**

*Lord, we pray for all those in prison today. We pray that in Your mercy You would bring them to full repentance.*

*We pray that the experience of prison life will not embitter them but rather cause them to rethink their lives and lighten the darkness of their souls.*

### **WEDNESDAY 18th**

*Precious Lord, we pray for the families of inmates that they would receive the care and attention they need, and have their physical, emotional, and spiritual needs met by other family members, friends, and church members.*

### **THURSDAY 19th**

*Loving Father, help prisoners to see that You are not going to give up on them, because Your Word shows that You forgive their sins and cleanse them from all unrighteousness. Give them hope so that they will know that You have promised to never leave them or forsake them*

### **FRIDAY 20th**

*Father, we hold up to You all those working in prison. Support them and bless them in their work. Let us all hold onto the hope that will encourage them to press on with courage and conviction, confident in God's power to change and to save.*

### **SATURDAY 21st**

*God our Comforter, heal those who have been wounded by the actions of others, especially the victims of crime. Help us to forgive one another, to act justly, love mercy and walk humbly together with Christ in his strength and in his Spirit, now and every day.*

### **SUNDAY 22nd**

*God of hope, teach us to be good neighbours, your Spirit enabling all those who work to build communities and make connections. We pray for those who struggle for inclusion and long for acceptance. Teach us to be gentle with one another and to recognise our brothers and sisters in all their diversity made in Your image and worthy of love and respect.*

## **YOUTH**

### **MONDAY 23rd**

*Heavenly Father, we thank and praise You for the young men and women who have trusted in the Lord Jesus as their Saviour. We pray that they would grow in grace and in a knowledge of the Lord Jesus. May*

*they learn to walk in spirit and truth and to trust in Your word, knowing that Your grace is sufficient for all their needs and requirements.*

### **TUESDAY 24th**

*Loving Father, we pray for Your protection over young Christian men and women that are attending colleges or universities today, knowing that so often they are a hotbed of anti-God philosophies. Protect their hearts and minds we pray, when they are confronted with humanist agendas that deny the truth of Your Word or when they are ridiculed for their faith in You.*

### **WEDNESDAY 25th**

*Lord, we pray for the young men and women who have rejected their faith to indulge in the desires of the flesh. We pray that You would open their eyes and bring them back to You.*

### **THURSDAY 26th**

*Father God, use the energy of the young to help those who are lost. Use the enthusiasm of the young to encourage the broken-hearted. Use the creativity of the young to bring joy and peace and Your hope bringing light to everyone.*

### **FRIDAY 27th**

*Lord, we pray for young men and women who feel social outcasts. Protect them, we pray, from verbal and physical harm. Bring them loving friends who will lift them out of despair and give them hope.*

### **SATURDAY 28th**

*Heavenly Father, help young people to have faith that You will provide what they need. May they find suitable jobs that inspire them and give them a sense of worth.*

### **SUNDAY 29th**

*Heavenly Father, be close to young people who are being tempted to join activities that they know are not good or appropriate for them. Give them the strength to say 'no' to pressure. Thank You Heavenly Father for understanding all the temptations that face the young today, and what it takes to refrain from being lured in the wrong direction.*

## **Pray every day this week for widows and Widowers**

## **HARVEST/FOOD**

### **MONDAY 30th**

*God of the heavens and earth, we pray for all those who make their living from the land. May we be grateful for all that they do and for the generosity of Your provision. We pray that all trade between peoples may be done openly and fairly and with due regard for the environment and for human dignity.*



Despite gloomy weather forecasts all week, the sun came out for Capel Show. The brass band played, the craft stalls kept busy, the horticultural marquee was filled with beautiful exhibits and the classic cars gleamed on Capel Recreation Ground last Saturday.

We estimate that 4,500 people turned out for a terrific family day and they certainly enjoyed themselves. More than 600 classic vehicles were on display. An excellent collection of motorbikes, cars and commercial vehicles, including a beautifully restored Peugeot H Van and a



Police Car that only those “of a certain age” will remember! The overall car show winner was a Triumph Dolomite.

The Grand Marquee drew the crowds in. Stunning displays of fruit, flowers and veg sat alongside home baked goods and handicrafts. The children’s classes were well supported showing the imagination and creativity of young people.

Outside folk enjoyed all that was on offer. Whether it was an ice cream or a cream tea, or maybe a burger and a beer from the bar, the food and beverage fast disappeared.



The fun Dog Show provided plenty of amusement and animal exhibits drew the crowds. Congratulations to Best Dog in Show, Biscuit and owner Sinead Paddy.

Busy stall holders sold jams, pottery, walking sticks, soft furnishings, children’s clothing and so much more.

It is worth remembering that, after costs, all the monies raised from stall holders fees, entry charges, etc go to help local charities (this year the Capel Pre-school and Scott Broadwood) and St John the Baptist Church in Capel. Local organisations also have the opportunity to fundraise. Some run raffles and tombolas, whilst others provide food and beverage. In due course we will report the total raised.

Congratulations to all the winners of the horticultural cups and medals. Especially Sam Jenks for winning the Tyrell-Evans Cup, National Vegetable Society Medal and the Venitt Rose Bowl. Robert Astrop for winning the Banksian Medal, Tom Foreman Dahlia Cup and the Wilding Silver Cup. Julia Forsyth for winning the RHS Bronze Medal, National Dahlia Society Silver Medal and the Silliman Cup.

Written by Jane Major



This time last year Sally Wyborn decided she no longer wanted to organise the BBQ at Capel show. She had done it for two years running, fundraising for Royal Marsden cancer charity.

The show committee accepted our bid to run the BBQ 2019 to help boost the Capel and Ockley PCC finances and after a very useful meeting with Sally we set out organising.

We had to choose the meat and rolls so had a tasting session and selected Bangers Galore sausages, Chitties burgers and Westcott rolls. The fact that our suppliers were all local and the cordials and sauces organic (mayonnaise was also free-range) is all to do with the fact that both our churches are now bronze award ECO churches and sourcing our food LOAF (Local, Organic, Animal friendly and Fair trade) will become more and more important.



The stall ran extremely well and we have our army of volunteers to thank for the success: we collected over £2,000.00. The PCC has decided that 10% of the profits will go to The Royal Marsden Hospital.

There was a distinct buzz around the BBQ and most volunteers have already pledged their time for 2020.

We also like to thank those who made donations towards buying ingredients. That was very generous and much appreciated.

We have made it known to the Capel show committee that we are very keen to run the BBQ again next year, using all the feedback we have received to run an even better operation.

We mustn't forget the fundraising effort of a select few at the Okewood show where more than £400 was raised for the coffers. No mean feat considering the much less favourable weather that day.

All in all a memorable summer and we are looking forward to doing it all again next year.

On behalf of the BBQ team,

Dineke



## George's story – chapter 2

So much has happened since I wrote last month – and so much progress has taken place. Many of you will have seen me in church in August and at the local village shows in both Okewood Hill and Capel. It has been such a joy to be back in the community and to receive such a welcome from so many of you.



When I last wrote I had recently moved to Ascot Rehabilitation in Bagshot. This was to be a time of intensive therapy (and weight gain!). The facility was very pleasant, the staff were superb and the food was fantastic!

I had sessions with Physiotherapists, Occupational Therapists and the Neuropsychologist six days per week with up to 5 x 1 hour sessions per day. Being further away from home and now into holiday season meant that visitors were fewer but I was kept busy with the therapy sessions, exercises and rest periods. That's not to say I didn't get out and explore the area! I discovered a few good local restaurants, the huge garden centre and café nearby, Savill Garden and the delights of afternoon tea at Pennyhill Park Hotel!!

One of my early goals at Ascot Rehabilitation was to stop using the wheelchair indoors and to be proficient on my crutches. This was soon achieved. With one of the lifts in the building out of action the need to master the stairs became all the more important. This had always been a personal goal of mine for being able to go home. Stairs were to become a regular feature of each day as the therapy rooms and gym were one or two floors below my bedroom. I was also taken into the garden where I had to negotiate uneven and sloping ground underfoot which was a lot harder to master than the smooth even surfaces inside.

One of the highlights of the Ascot Rehab facilities was the hydrotherapy pool. On 31<sup>st</sup> July I had my first session in the water. As a lover of swimming, the feeling of total immersion in water was bliss. The buoyancy provided by the water enabled me to perform exercises which had been very difficult in the gym. I was also able to walk in the waist deep water unaided. This was the first time in over 16 weeks that I had walked on my own!

My left leg and foot received much attention from the physios at Ascot as I still don't have full sensation due to the nerve damage. They have been massaged, stimulated and worked a lot. I am told that nerve damage can take up to 2 years to heal so there is still a way to go yet.

On Saturday 3<sup>rd</sup> August I was allowed to come home overnight to see how I could manage in my own surroundings. The stairs practice paid off and I was able to see the upstairs of our house for the first time in months. I spent the night in my own bed and was able to enjoy some family time (and a pile of ironing!).

My Occupational Therapy sessions were to include cooking and I was delighted to be able to arrange that I cooked and decorated Joseph's 20<sup>th</sup> birthday cake ready for his big day on 14<sup>th</sup> August which was also to be the day I finally came home! In order to bake the cake I was taken to the local Waitrose on a shopping trip which also required me to negotiate the shop with my crutches in the trolley whilst I pushed it around the store and found the items on my list. An everyday task which most of us probably loathe and / or take for granted but what a joy to be doing normal things again.

On 10<sup>th</sup> August I had my second overnight trip home which was again successful and rewarding. The therapy sessions of balancing, sitting, standing, kneeling, walking, exercising and tackling stairs were paying off.

On 14<sup>th</sup> August it was time to say my goodbyes to the staff at Ascot Rehab and head for home! When I was admitted to East Surrey Hospital in April in such extreme pain I thought I might be given some intravenous pain relief for a couple of days then be on my way again. How little any of us knew about the ordeal that was to come. I was to learn more about myself, the human body and hospitals than I had ever wished to. As I look back now I find it hard to believe that it is my journey and not someone else's I am reading about. I am grateful for all the prayers, thoughts and good wishes from the community and for the unfailing love and support of my family and friends. I will continue to receive physio for the foreseeable future. I hope to be able to drive and work again and to resume 'normal' duties at home and within the community. For now I am pleased to be able to share my story so far and I look forward to getting back into routine in Capel and my familiar local territory.

Love and best wishes to you all

**George Ede**

26/08/19

Editor: And now a nice new occasional feature ... **A Seasonal Recipe!**

Thanks to George Ede for this recipe and happy baking everyone!

It would appear to be a good year for apples this year if the trees I have seen are anything to go by. To me, there is nothing quite as satisfying as picking nature's harvest from the hedgerows at this time of year. It is a joy to watch the blackberries grow and ripen as the summer progresses towards autumn. Blackberries contain a wide array of important nutrients including potassium, magnesium and calcium, as well as vitamins A, C, E and most of our B vitamins. They are also a rich source of anthocyanins, powerful antioxidants that give blackberries their deep purple colour. Around 10 blackberries count towards one of your five-a-day. So why not get out and pick some and try this recipe as a change to the traditional crumble.



## **Blackberry and Apple Loaf**

### **Ingredients**

250g self-raising flour  
 175g butter  
 175g light muscovado sugar  
 ½ tsp cinnamon  
 2 rounded tbsp demerara sugar  
 1 small eating apple, such as Cox's, quartered (not cored or peeled)  
 2 large eggs, beaten  
 1 orange, finely grated zest  
 1 tsp baking powder  
 225g blackberries

### **Method**

Preheat the oven to 180C/gas 4/fan 160C. Butter and line the bottom of a 1.7 litre loaf tin (see tip below). In a large bowl, rub the flour, butter and muscovado sugar together with your fingers to make fine crumbs. Measure out 5 level tbsp of this mixture into a small bowl for the topping, and mix in to it the cinnamon and demerara sugar. Set aside.

Coarsely grate the apple down to the core and mix in with the eggs and the zest. Stir the baking powder into the rubbed-in mixture in the large bowl, then quickly and lightly stir in the egg mixture until it drops lightly from the spoon. Don't overmix.

Gently fold in three quarters of the berries with a metal spoon, trying not to break them up. Spoon into the tin and level. Scatter the rest of the berries on top. Sprinkle over the topping and bake for 1¼ -1 hour 20 minutes. Check after 50 minutes and cover loosely with foil if it is browning too much. When done the cake will feel firm, but test with a skewer.

Leave in the tin for 30 minutes before turning out, then cool on a wire rack. Peel off the paper before cutting. Will keep wrapped in foil or in a tin for up to 2 days.

## CAPEL & OCKLEY CHURCHES HARVEST SUPPERS – OCTOBER 2019

This year's "performance" is based on a combination of Cuisine and Cars – Barbecue and Autos.

A four act murder mystery titled **BARBECUES "R" MURDER** – written by Claire Jones – directed by Yvonne Featherstone and performed by **Capel & Ockley Players**.

The scene is set at the local village hall in the country where the all-encompassing committee are trying to combine a "marriage" of Barbecue with Treasure Hunt against the backdrop of local intrigue, varying relationships and volatile weather conditions – a recipe for anything and everything!

There are two performances in our local village halls:-

- ◇ **For both performances the doors open 7pm and start at 7.30pm**
- ◇ **Friday 4<sup>th</sup> October @ Ockley Village Hall RH5 5SY**
- ◇ **Saturday 5<sup>th</sup> October @ Capel Memorial Hall RH5 5LB**
- ◇ **Tickets only £12.50 - which includes a 2 course supper and coffee/tea.**

There will be a bar and raffle and all proceeds are for the Churches.

Tickets available from the Box Office 01306 712422 – [andrew.forsyth@talk21.com](mailto:andrew.forsyth@talk21.com)

A great evening of entertainment, culinary delights, discussion and deduction so come along and test your combined table sleuth skills and deduce who "dunnit"!

**N.B. any resemblance to the living is purely unintentional / accidental / incidental / coincidental!**

### Sit where you like

Whilst serving as church usher, I was carrying out our tradition of escorting parishioners to their seats before the service began. After I returned to the entrance of the sanctuary to escort the next party, I greeted two strangers and asked where they would like to sit. Looking confused, the young man smiled and said, "Non-smoking, please."

### Money

One day a small boy started pulling handfuls of money out of his pockets – several notes as well as many coins. Bewildered, his mother asked, "Where on earth did you get all that money?"

"At church, of course," the boy replied, surprised. "They have bowls of it there."

### The sound of music

Joe's wife liked to sing. She decided to join the church choir. From time to time she would practise while she was in the kitchen preparing dinner. Soon, whenever she would start in on a song, Joe would head outside to the back garden. His wife, with hurt feelings, said, "What's the matter, Joe? Don't you like my singing?"

Joe replied, "Well, put it this way, if I stay outside, the neighbours won't assume that I'm beating you."

Laughter  
is God's  
blessing.

- Joseph Prince

SermonQuotes



## New Director of Mission

Date: 07 July 2019

The Revd Peter Harwood has been appointed as the Diocese of Guildford's Director of Mission.

Peter has been Vicar of Christ Church Woking since 2002 and his ministry has included being a school governor, serving on Bishop's Council and as Area Dean of Woking, and speaking on Richmond holidays. Peter is also a medical doctor and used to specialise in palliative care for people with AIDS.



Commenting on his appointment, Peter said:

"Having served in this diocese for 16 years in a local church, I am thrilled and honoured to have been invited to take up this role. The potential to equip and align the main ministry teams at Church House to serve local churches better for mission, along the lines of *Transforming Churches, Transforming Lives*, is both daunting and challenging. It is however critical, as we seek to build healthy growing churches that bring the Good News to the last, the least and the lost. I look forward to working with all those who serve and lead in churches, chaplaincies and schools."

As Director of Mission, Peter will lead the new Mission Team with responsibility for ensuring parishes are supported in formulating Church Development Plans and for the diocese's ministry training plan. He will also oversee our vocations work and our community engagement.

Bishop Andrew commented:

"I am delighted that Peter has accepted my invitation to become our new Director of Mission, drawing together the Community Engagement Team, the Discipleship, Vocation and Ministry Team and the Parish Development and Evangelism Team under one overall leader, as recommended by our recent Church House Review.

"Peter has a deep commitment to the mission of the Church and its potential to make a transformative impact on the community, and has fostered a great number of vocations, ordained and lay, during his distinguished ministry at Christ Church Woking.

"Along with our [newly-appointed Archdeacon](#) he will make an excellent contribution to the senior team and the life of the wider diocese."

Peter will take up his new role in the Autumn.

<https://www.cofeguildford.org.uk/whats-on/news/detail/2019/07/07/new-director-of-mission>

## Spotted in the Isle of Wight by John Bailey, our Church Architect

In Newport Minster on the Isle of Wight, a monument to the son of a vicar of Capel

The words on the memorial plaque are as follows:-

**In Memory of**

**Theobald Bourke O'Fflahertie**

**Sacristan of this Church**

**Who died at sea**

**on his way to South Africa**

**December 5th 1907 . Aged 52 .**

**Son of the late**

**Rev T R O'Fflahertie MA**

**Vicar of Capel, Surrey**

This tablet is erected by

His friends, in appreciation of

His devotion to his duties.



Hopefully we can find out more about Rev O'Fflahertie and his family in a later edition of InSpire but our thanks to John Bailey for sending this to David Silliman. If you're visiting Newport Minster—look out for it!

Our Bible Q&A series explores the questions you've asked us about the Bible.

You've been asking questions about the Bible. We've asked Mark Woods to have a go at answering some of them!



**Question:**

***If we look at stories such as Daniel and Jonah, how sure are we that they are actually based upon historical events, rather than stories or parables to help us understand how God [acted] and hence how we should react today?***

**Answer:**

The Bible is full of different types or genres of literature, like history, law and poetry. Unsurprisingly, not everyone agrees on these, although there are often clues in the Bible itself. One way or another, it's important to allow the books in the Bible to speak on their own terms rather than impose our categories on them. So, there are stories in the Old Testament that some people think look as though they might be 'parables' in the sense that they're told to make a point or communicate something true rather than to be taken literally. One of these might be the story of Jonah, who's swallowed by a 'great fish' and spat up unharmed on dry ground. Another might be the story in Daniel of Shadrach, Meshach and Abednego, who survived the fiery furnace – or even Daniel in the lions' den. There are two issues here. One is whether God works miracles, and most Christians believe that he does. Another is what kind of story we are meant to be reading – is it history, or something else?

The problem comes when these issues get tangled up together. So if someone says they don't think Jonah is historical fact, they might be accused of thinking God doesn't work miracles, or that the Bible isn't true. In fact they're just making a judgement about what sort of story it is, while still believing it's inspired Scripture.

People will come to different conclusions about some stories, and it's not always possible to be certain one way or another. Perhaps a good question to bear in mind, though, is, 'What difference would it make to how I read the story if I think it's not historically true?' Sometimes the answer is, 'Quite a lot'; at other times it's, 'None at all.'

**Have you got a question about the Bible? [Let us know](#) and we'll do our best to answer it!**

*Mark Woods is Bible Society's Editor.*

**Author: Mark Woods, 19 August 2019**

<https://www.biblesociety.org.uk/explore-the-bible/bible-articles/bible-qa-daniel-and-jonah-history-or-story>



## After School 'Youth Café' starting soon!

Every Tuesday starting on September 3rd 4.30-6.30pm Ockley Cricket Pavilion will be open as a Youth Café. This is a donations (i.e. no fixed prices for refreshments) cafe with drinks and snacks available for youngsters aged 11-16 (school years 7-11) who are invited to come and chill with friends or by themselves - there are a few newspapers and board games but really this is just like any other cafe only exclusively for youngsters.

Any queries please telephone Gill on 01306 711917  
or email [gill@c21mediagroup.com](mailto:gill@c21mediagroup.com)

## News about Giving options

### Parish Giving Scheme

Many of you will remember we introduced the **Parish Giving Scheme** ('PGS') nearly two years ago in order to make giving to your churches easier and to take some of the admin of claiming gift aid off the treasurer's shoulders.

You will be pleased to hear we now have 26 people giving using this method across the two churches. Thank you, all of us on the PCC are really grateful as regular giving is the lifeblood of the church and helps us to pay not only for the services every Sunday but the upkeep of these wonderful ancient buildings that we are privileged to worship in.

If you haven't yet had a look at a **PGS pack** please do ask Helen Burt, Debbie von Bergen or Dineke van den Bogerd for one. Setting the payment up is easy, there is even a box to tick to increase your donation yearly in line with inflation. Your payment can be stopped or changed at any time by a quick phone call or email to the PGS team. Do talk to other members of the congregation who have signed up if you would like reassurance.

#### Debbie von Bergen

We are trialling a new way to give to our church for any collection. It is mainly for those who find themselves in church without cash or a cheque. It works via a mobile phone app called '**Givt**'. For more information, please see the posters in our churches or please ask Dineke, Debbie or Helen who will be pleased to help. *Please note that you do NOT have to change anything if you are happy with your current way of giving, either regularly through Standing Order or PGS or at collection (or both!).*

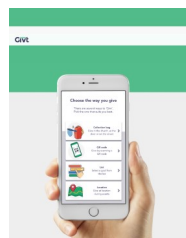
#### Givt for churches

Prepare your service  
for the future



[www.givtapp.net](http://www.givtapp.net)

<https://www.givtapp.net/en-gb/>



#### Thought for the day

Those who trust the Lord shall be given every blessing.

Psalm 37:9

Taken from:

Walk by Faith from DaySpring Cards, Inc.

[www.dayspring.com](http://www.dayspring.com)

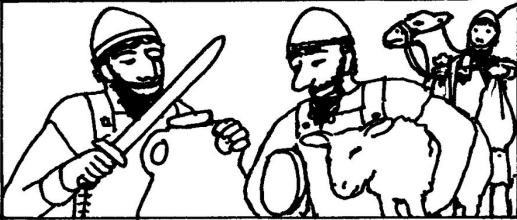
## Bible Bite

A short story from the Bible

It can be read in the Bible in Judges 6:1-7, 11-16, 25-35

Once the Israelites had moved into their promised land, they obeyed God, but not for long, so God let other countries invade.

The Midianites invaded every year, and stole all the food the Israelites had grown.

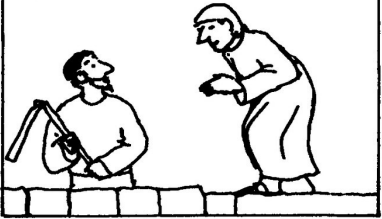


The Israelites had to hide in the hills.



After 7 years, the Israelites called out to God for help.

Gideon was secretly threshing wheat when an angel arrived.



The Lord is helping you, mighty warrior.



I don't mean to be rude, but it doesn't look like He is.

God said I will give you the power.



But my clan is the weakest in our tribe and I'm the weakest in my family.

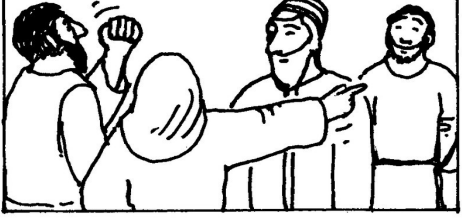
I'll be helping you. Start by pulling down the altar built for Baal and build one for Me.



Gideon did as he was told (but he waited and did it at night).



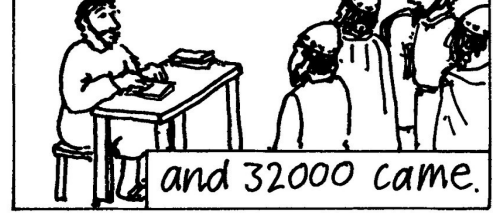
In the morning, people came to complain to Gideon's father



If Baal is upset, he can take his own revenge, can't he?



Gideon sent out messages to call men to fight the Midianites..



and 32000 came.

# Junior InSpire

A prayer for Going back to school



"Dear Lord, use my eyes to *see* new friends.

Open my ears to *hear* my teacher.

Open my mind to *learn* new things.

Let my heart *remember* YOU are near when I

Help me to *love* others like you do.

I want to *shine* your light so bright in my

© Courtney DeFoa

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Israelites

altar

complain

night

food

power

God

clan

hide

grown

angel

upset

secretly

warrior

Gideon

messages

## Trip to the Holy Land - Autumn 2020 or Spring 2021 led by Rev Haydon Wilcox

An exciting trip to Israel and Palestine is planned for either Autumn 2020 or Spring 2021 led by Rev Haydon Wilcox who has taken many groups there over the last 30 years.

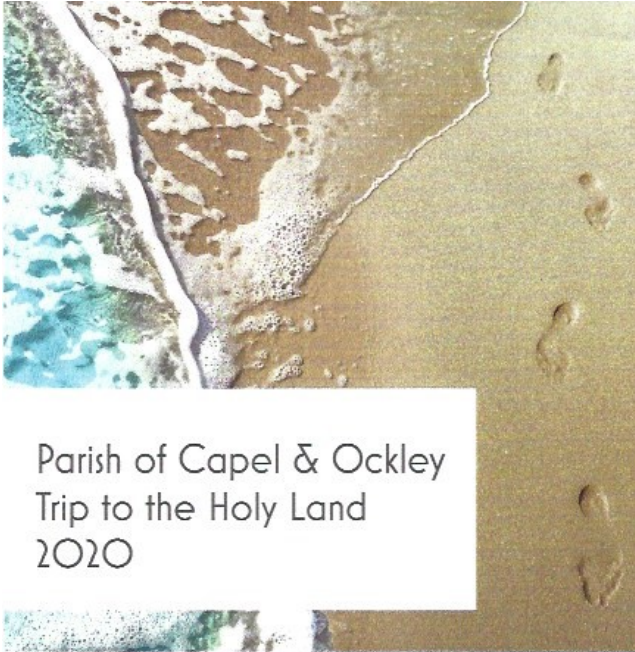
Rev Haydon visited us recently to give a talk on what the trip would include, if you weren't able to be there please do ask Gill Christie or Rev Liz for a copy of the itinerary titled 'Walking in the steps of Jesus'.

The tour will start in Jerusalem and Bethlehem with a chance to meet both Israelis and Palestinians and learn about their lives. Day trips out to both the Dead Sea and Jericho will also be included. We will then stay on the West Bank for a couple of nights to meet orthodox Jews and a representative of the Samaritan community, before finally journeying to Galilee to stay and visit the many sights there including Nazareth and Mount Tabor thought to be one of the possible sites of the transfiguration.

The trip will be 12 nights away staying in three different locations. All flights, accommodation, tours, breakfast and supper will be included. Lunches and drinks will be paid for separately and some money will be needed for extra tours and tips, which will be calculated by Rev Haydon.

If you are interested in this wonderful opportunity to see the Holy Land guided by a very knowledgeable and caring guide, please tell us that you are interested so that we can gauge numbers.

**Debbie von Bergen**



Parish of Capel & Ockley  
Trip to the Holy Land  
2020

A chance to see history first hand

Come and hear our exciting plans at  
Capel Parish Hall Tuesday 2nd July 7.30pm  
For further details contact Gill Christie

01306 711917

# CAPEL & OCKLEY CHURCH RUNNERS

A few of us from Capel & Ockley churches and community have started an informal running group. We meet and join in with the Park Run at Denbies on Saturday mornings at 9am. If you are not familiar with Park Run you can find out more here: [www.parkrun.org](http://www.parkrun.org) It is free to join, you register online [very quick & easy - go to register & our Home Run is the **Mole Valley Park Run**], print up your bar code and turn up at Denbies 8:45am on a **Saturday for a 9am start** and do a lovely 5km run (circa 3.1 miles) around the vineyard. Anyone can join in:- it is completely inclusive all ages, speeds, experience. It is great fun and a good way to start the weekend!

In addition we are going to meet at **St. Margaret's Church on Coles Lane in Ockley** on the following **Wednesday evenings at 6:30pm for a 5-8km / 3 — 5miles run starting simple and seeing how we go!**  
**4<sup>th</sup> September, 2<sup>nd</sup> October.**

We have set up a **WhatsApp Group** so please contact Tom who will add you to it and will confirm the runs on here as well.

Tom Chambre

Any queries, please contact [0771 890 2345](tel:07718902345) or [tom@chambrepm.com](mailto:tom@chambrepm.com)



## Surrey Bishops declare climate emergency and pledge 7 climate-care commitments

Date: 12 August 2019

The Bishops of Guildford and Dorking, Andrew Watson and Jo Bailey Wells, have joined forces with other organisations in declaring a climate emergency today and pledged to follow seven climate-care commitments.

Bishop Andrew encouraged all Christians to join in making these commitments, saying:

“Transformation is needed in all our lives, and in industries and establishments across the world, to keep the rise in temperature of the planet to less than two degrees Celsius. As Christians we need lift our voices to join with the growing environmental movement - to tell the truth about the climate catastrophe, to repent of the behaviours that has caused this emergency, and to prioritise this ministry as an act of sacrificial love to all people, including those yet to be born.”



Bishop Andrew and Bishop Jo's climate-care commitments are to:

- ◆ Switch to a clean energy provider
- ◆ Use cars less – committing to car-share, cycle or walk at least once every week
- ◆ Cut down on meat, especially red meat
- ◆ Grow as much fruit and veg as possible
- ◆ Reuse all plastic bags and avoid disposable products
- ◆ Use heating as sparingly as possible and never to use a tumble dryer
- ◆ Give regularly to charitable organisations that strive to safeguard God's creation

The Diocese of Guildford is working with its partners to raise awareness of current and emerging issues affecting the communities across the region. One of its key partners, Surrey County Council, has recently declared a climate emergency in the county and the diocese is joining them in making this a priority. As well as this partnership, the Diocese of Guildford is helping to facilitate a conference – *12 years to save the planet* – with the University of Surrey and the South East England Faith Forum on 16 September. It will be an opportunity to share perspectives about climate change from a number of different faiths, including Christian, Jewish, Muslim, Sikh and Buddhist and the role of people of faith in reducing climate change.

The Diocese of Guildford prides itself on being a steward of God's wonderful creation, having been only the second diocese to receive a [bronze Eco Diocese award](#) from A Rocha UK. This award is a demonstration of the diocese's commitment to caring for God's earth in five key areas of church life: worship and teaching, management of church buildings, management of church land, community/global engagement and lifestyle.

Bishop Andrew encourages all churches in the diocese to join the 48 churches currently registered to be Eco-Churches:

“In this diocese, we are committed to being part of the transformation of our world, recognising the urgency required to transition to a net zero-carbon way of life. We have worked with A Rocha to achieve the Bronze Eco-Diocese award, and I encourage all of our churches to become Eco-Churches. We will endeavour to achieve the Silver Eco-Diocese award as soon as we can, and hopefully in time for a visit by our Archbishop in March next year.”

Hannah Mayo from Holy Trinity Church in Westcott, has written a [blog](#) about her church's journey to becoming an Eco-Church – encouraging others to follow suit. More information can be found on the diocesan website [cofguildford.org.uk/eco-church](http://cofguildford.org.uk/eco-church).

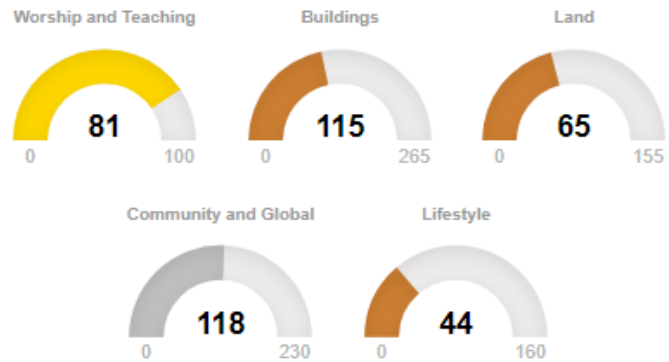


## Parish Eco team news

Several people have asked us to explain what we need to do to achieve silver award status as ECO churches.

We are one ECO team for the PCC but St Margaret's and St John each have their own ECO church registration and even though we do as much as we can together there are some areas (building and land notably) that are different. For the sake of reporting on award status it is therefore more helpful to keep them separate.

St John achieved bronze status in summer 2018. Shortly we hope to report on the notice board in church how we achieved the points we have now. Following are the 5 categories in which we can earn points and a short explanation what we can do to reach the next level. As you will see there are different ways to achieve the points required. The dials below show the most recent status.



### Worship and teaching

The maximum of points we can achieve here is 100.

We currently have 81 which is more than 50% so we

have achieved silver in this category. In fact we are already in the gold here with more than 75% of points achieved.

### Buildings

In this category we would have to score 135 out of our maximum 265. There would be several ways to get us the required additional 20 points. Measuring our energy use and calculating our carbon footprint would earn us 10. Offsetting our carbon footprint would give us the other 10 and setting targets for reducing our carbon footprint and reducing our energy would be 20 in one go.

Using recycled paper for all our printing and using environmentally friendly cleaning products only (we use hand wash and dish wash at the moment and are working on toilet cleaner) would give us 5 points each. The list goes on but this gives a good idea.

### Land

We are only 15 points away from the 80 point silver target in this category.

Introducing bat boxes and hedgehog hibernation opportunities would give us 5 points each. Establishing a mowing regime to encourage wildflowers would be 10. Having yearly wildlife surveys would be 10 points again.

### Community and global

We have 118 out of 230 here so we are just in silver but there is a lot more we can easily do: Commit as church to pray for an overseas environmental charity (eg [greatgreenwall.org](http://greatgreenwall.org)) for 5 points or be more committed to serving LOAF (local, organic, animal friendly, fairtrade) products at functions of our church for 2 points each. Each of these would bring us closer to the gold threshold of 175.

### Lifestyle

This is where we lag behind with only 44 out of 160. To gain silver we will have to collect another 36 points in this category. Lifestyle is all about encouraging our members to do things like recycle, invest ethically, reduce car use, buy locally etc. We find things like that hard in our part of the world and easily perceive them as patronising. As a team we haven't quite found a way to do this that we are comfortable with. Any ideas are most welcome!

If you have any advice to give or other feedback please email us on:

[ecoteam@capelandockleychurch.org.uk](mailto:ecoteam@capelandockleychurch.org.uk)

Kind regards,

Dineke, Donna, James, Judy, Margaret & Phil

Parish Eco Team

*Editor: Our thanks to Dineke and the team for leading us all in this initiative! At least we can all now see what is required of us to try and achieve 'Silver' status! Let's hope we can all pull together to achieve this!*

# Amazon fires 'destroy hope' says C of E bishop

by Paul Wilkinson  
23 August 2019

Page 26

Smoke rises from the forest in São Gabriel da Cachoeira, a region of the Amazon near the Colombian border. Roman Catholic bishops in Latin America have called on the international community to act to save the Amazon rainforest in Brazil, which is threatened by wildfires.

On the eve of the G7 meeting in Biarritz, in France, this weekend, the coordinating body of Latin American bishops' conferences issued a statement pressing governments and the UN to save what they describe as "the lung of the world". It emphasises the planetary significance of the Amazon and "the seriousness of this tragedy, whose impact is not merely local, or even regional, but planetary in scale".

The Bishops write: "To our brothers and sisters of the indigenous peoples who live in this beloved territory we express our closeness and unite our voices with theirs to cry out to the world for solidarity and prompt attention to halt this devastation.

"Amazonia is a region rich in biodiversity, it is multi-ethnic, multi-cultural and multi-religious, a mirror of humanity which, to defend life, calls for structural and personal changes from all human beings, states, and the Church. This situation goes beyond the sphere of the Church in the Amazon because it addresses the universal Church and the future of the whole planet. What happens in the Amazon is not a local matter, but has global reach. If the Amazon suffers, the world suffers."

Satellite data published by the Brazilian National Institute for Space Research indicates that 75,000 forest fires were recorded in Brazil in the first eight months of the year, an 85-per-cent increase on the same period last year. Most of them are in the Amazon region.

Blame for the fires have been widely ascribed to the recently elected Brazilian President, Jair Bolsonaro, who has encouraged loggers and farmers to clear the land. He has since dismissed the Institute's head and this week denounced the French President Emmanuel Macron's call for the G7 to discuss the fires as indicative of "a colonialist mentality".

President Bolsonaro has previously suggested that environmental NGOs might have started the fires to attract foreign funding, although he has since admitted that he had no evidence for that.

On Friday, the European Commission's chief spokeswoman, Mina Andreeva, backed President Macron. She said: "The Commission is deeply worried. The Amazon is the world's largest rainforest and contains one tenth of the world's species. The sense of urgency is, indeed, warranted."

She suggested that pressure could be brought on Brazil through the EU-Mercosur free-trade deal, which includes binding commitments to implement the Paris climate agreement. "It is a way of working with Brazil and others to push and encourage each other to live up to the commitments we have made together in the Paris Agreement and work together on other environmental issues."

A Downing Street spokeswoman said that the Prime Minister, Boris Johnson, was deeply concerned by the increase in fires and the loss of habitats: "The effect of these fires will be felt around the world, which is why we need international action to protect the world's rainforests. The Prime Minister will use the G7 to call for a renewed focus on protecting nature and tackling climate change together."

The Bishop of Salisbury, the Rt Revd Nicholas Holtam, the Church of England's lead bishop on the environment, spoke of "a climate emergency which does not know international boundaries. The Amazon is a global resource as well as a national one. In the last 36 hours, I have been asked to sign a variety of climate-related petitions and letters. People are concerned. So our politicians should be talking about it and finding ways to act collectively.

"The economy is a wholly owned subsidiary of the environment. At the moment, there are so many initiatives to plant trees to help carbon capture. It is appalling to see such large areas of rainforest burn. They destroy more than the trees. They destroy hope."

Aaron Kiely, a climate campaigner with Friends of the Earth, said that the deforestation of the Amazon was being accelerated under the Bolsonaro government, “which backs destructive industrial farming and logging. Bolsonaro has given the green light for the devastation of the Amazon by repeatedly weakening Brazil’s environmental protection policies.



“But there is hope as this weekend Brazilians are organising protests in defence of the Amazon in at least 40 cities. People and governments are right to express horror at the fires, and there should be strong diplomatic pressure put on Bolsonaro’s government to protect the lungs of our planet and the indigenous peoples who live there.”

The Global Warming Policy Foundation, which rejects the concept of man-made global warming, said that, according to NASA satellite observations, there was nothing unusual about this year’s Amazon fires. They appeared to be “slightly below average rates compared to fires in the last 15 years”, the Foundation’s director, Benny Peiser, said: “Whenever we experience extreme events such as the Amazon fires this year is important to look at the long-term trend of such events.”

Article taken from The Church Times

<https://www.churchtimes.co.uk/articles/2019/30-august/news/world/amazon-fires-destroy-hope-says-c-of-e-bishop>

### September means back to school time....

- ◇ Anyone who stops learning is old, whether at twenty or eighty.
- ◇ Education is what is left over when you subtract what you have forgotten from what you have learned.
- ◇ A mixture of misery and education is highly explosive. *Herbert Samuel*
- ◇ Human history becomes more and more a race between education and catastrophe. *HG Wells*
- ◇ Children are natural mimics – they act like us in spite of all our attempts to teach them good manners.

### Some spiritual encouragement

- ◇ When praying, don’t give God instructions – just report for duty.
- ◇ We don’t change God’s message – His message changes us.
- ◇ When God ordains, He sustains.
- ◇ Atheism is a non-prophet organization.

# Puzzles Pages

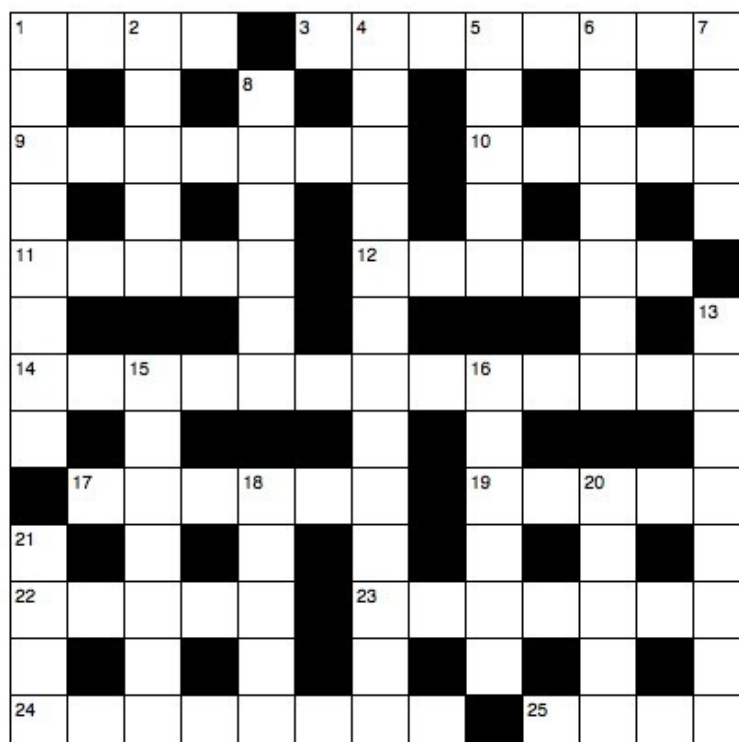
## Crossword Clues

### Across

- 1 'A little later someone else saw Peter and said, "You — are one of them"' (Luke 22:58) (4)  
 3 Giving (1 Peter 2:5) (8)  
 9 They came to Jerusalem seeking an infant king (Matthew 2:7) (3,4)  
 10 'An athlete... does not receive the victor's crown unless he competes according to the — ' (2 Timothy 2:5) (5)  
 11 Pacifist, temperance advocate, open-air preacher, leading 20th-century Methodist, Donald — (5)  
 12 'Come quickly to — — , O Lord my Saviour' (Psalm 38:22) (4,2)  
 14 'The God of Abraham, — — — , the God of our fathers, has glorified his servant Jesus' (Acts 3:13) (5,3,5)  
 17 Sear by intense heat (Revelation 16:8) (6)  
 19 'It is better to take refuge in the Lord than to trust — — ' (Psalm 118:8) (2,3)  
 22 Goods (Nehemiah 13:15) (5)  
 23 i.e. train (anag.) (7)  
 24 Surrounding area (Luke 24:50) (8)  
 25 'Righteousness will be his — and faithfulness the sash round his waist' (Isaiah 11:5) (4)

### Down

- 1 Elegant and creative (Exodus 31:4) (8)  
 2 'Listen, I tell you a mystery: We will not all — , but we will all be changed' (1 Corinthians 15:51) (5)  
 4 'I... delight to see how orderly you are and how firm your — — — is' (Colossians 2:5) (5,2,6)  
 5 Enlist (2 Samuel 24:2) (5)  
 6 Of the Muslim faith (7)  
 7 Sharp intake of breath (Job 11:20) (4)  
 8 Woven cloth (Ezekiel 16:13) (6)  
 13 Plentiful (Romans 5:17) (8)  
 15 CIA char (anag.) (7)  
 16 Paul and Silas stopped him committing suicide after an earthquake in Philippi (Acts 16:27–28) (6)  
 18 One of the ingredients in the making of incense for the Lord (Exodus 30:34) (5)  
 20 Episcopal headwear (5)  
 21 Inhabitant of, say, Russia, Ukraine, Poland, Slovakia or Bulgaria (4)



# Wordsearch Clues and Answers – Holy Cross Day

Holy Cross Day (14<sup>th</sup> September) is when the Church celebrates the Cross as a symbol of triumph, as the sign of Christ's victory over death. It began back in the fourth century, when Helena, mother of the Christian Roman Emperor Constantine, travelled from Rome to Israel to seek out places of special significance to Christians.

Much of Jerusalem had been destroyed by the Romans in 135 AD, but even so, Helena located what she believed to be the sites of the Crucifixion and of the Burial (and modern archaeologists think she may well be correct). The sites were so close together that she built one large church over them - the Church of the Holy Sepulchre. And that church, built in honour of the Cross, was dedicated on 14<sup>th</sup> September 335.

The sign of the Cross has been used by Christians since early times. Tertullian, writing about AD 211, noted that Christians seldom did anything significant without making the sign of the cross.

Holy  
Cross  
Day  
Celebrate  
Symbol

Triumph  
Victory  
Death  
Helena  
Roman

Emperor  
Constantine  
Rome  
Israel  
Site

Crucifixion  
Burial  
Sepulchre  
Church  
sign



		5				1		7
				1	3	8		
	3	1						
6				7				2
			8		4			
1				3				9
						6	5	
		9	1	5				
8		4				3		

Medium Level Sudoku

## How to become a local hero

Autumn is a time for new ventures, a time to take on new challenges. If you have any spare time on your hands, you could do so much good in your local community.

Here are just some ideas:

*Parish, town or community councillor:* Many councils have spare seats, and would welcome an enthusiastic, committed person. Visit [www.nalc.gov.uk](http://www.nalc.gov.uk) or [www.ascc.org.uk](http://www.ascc.org.uk)

*Charities:* Are you drawn to toddlers' playgroups, rescuing cats, or helping youngsters out of drug addiction? There will be any number of local charities who would welcome your help. Larger national charities with local branches would also welcome you – such as the RSPB or Friends of the Earth.

*Volunteer:* Think Linda Snell, the do-gooder of R4's The Archers. She may be interfering, but she is indefatigable – and with great energy she directs Christmas plays, saves historic buildings, and befriends homeless animals. She is an exemplary volunteer in excellent causes, and you could be one, as well.

*Administer justice:* Think about becoming a magistrate. You need clear thinking and humanity, but no legal expertise. Visit <https://www.gov.uk/become-magistrate/can-you-be-a-magistrate>

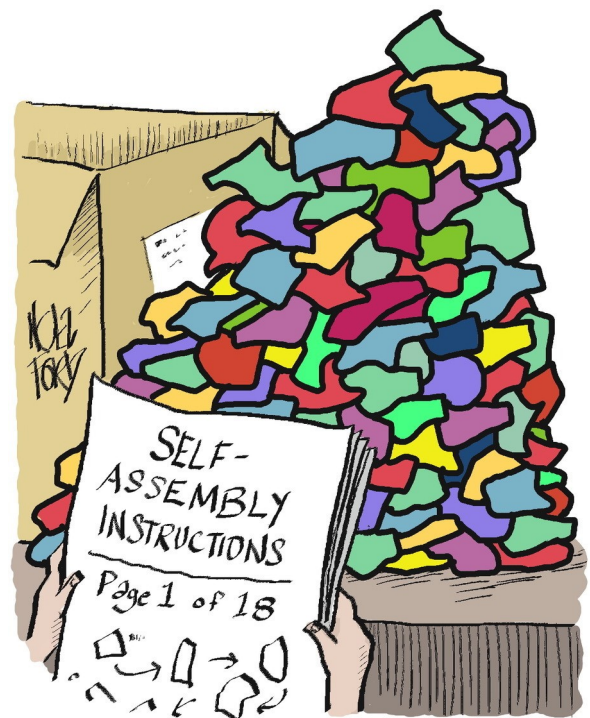
*Local club or society:* How about cricket or amateur dramatics? Can you help your local enthusiasts by perhaps becoming club secretary?

*Neighbourhood Watch:* Could you join the local scheme or even offer to help run it? You'll earn instant gratitude from the police, fire-fighters, and social services. Visit <https://www.ourwatch.org.uk/knowledge/joining-a-scheme/>

©Parish Pump



*The Churchyard working party  
was never seen again*



The vicar was already regretting ordering the new stained-glass window from IKEA

# Puzzle Solutions

## CROSSWORD solution

**ACROSS:** 1, Also. 3, Offering. 9, The Magi. 10, Rules. 11, Soper. 12, Help me. 14, Isaac and Jacob. 17, Scorch. 19, In man. 22, Loads. 23, Inertia. 24, Vicinity. 25, Belt.

**DOWN:** 1, Artistic. 2, Sleep. 4, Faith in Christ. 5, Enrol. 6, Islamic. 7, Gasp. 8, Fabric. 13, Abundant. 15, Archaic. 16, Jailer. 18, Resin. 20, Mitre. 21, Slav.

## Wordsearch solution

D	A	N	E	L	E	H	L	R	N	E
N	R	O	R	E	P	M	E	O	T	M
E	C	I	L	M	T	S	A	M	M	O
D	M	X	U	D	Y	I	R	A	L	R
E	N	I	T	N	A	T	S	N	O	C
A	R	F	G	R	C	Y	I	E	B	H
T	V	I	C	T	O	R	Y	E	M	U
H	S	C	I	P	R	H	O	L	Y	R
S	B	U	R	I	A	L	M	S	S	C
Y	E	R	H	C	L	U	P	E	S	H
S	S	C	E	L	E	B	R	A	T	E

A	L	S	O		O	F	F	E	R	I	N	G
R		L		F		A		N		S		A
T	H	E	M	A	G	I		R	U	L	E	S
I		E		B		T		O		A		P
S	O	P	E	R		H	E	L	P	M	E	
T				I		I				I		A
I	S	A	A	C	A	N	D	J	A	C	O	B
C		R				C		A				U
	S	C	O	R	C	H		I	N	M	A	N
S		H		E		R		L		I		D
L	O	A	D	S		I	N	E	R	T	I	A
A		I		I		S		R		R		N
V	I	C	I	N	I	T	Y		B	E	L	T

## Medium Soduku solution

4	8	5	2	9	6	1	3	7
9	2	6	7	1	3	8	4	5
7	3	1	4	8	5	9	2	6
6	4	3	9	7	1	5	8	2
5	9	2	8	6	4	7	1	3
1	7	8	5	3	2	4	6	9
2	1	7	3	4	9	6	5	8
3	6	9	1	5	8	2	7	4
8	5	4	6	2	7	3	9	1

## Junior InSpire Bible Bite's Wordsearch

f	o	o	d	g	o	d	e	c	f	s	h
t	y	h	e	l	p	i	n	g	e	m	e
c	n	i	g	h	t	i	r	t	s	s	g
l	m	i	d	i	a	n	i	t	e	s	r
a	n	g	e	l	d	s	g	c	t	o	
n	g	d	p	t	e	e	a	v	r	o	w
q	u	m	e	a	k	s	o	e	l	n	
r	o	s	r	a	s	t	i	n	t	e	a
c	p	s	e	e	h	r	n	a	l	h	l
u	i	w	m	g	r	i	d	a	y	i	t
k	r	a	i	a	g	b	a	a	l	d	a
l	t	f	w	p	p	e	p	o	w	e	r

# Coming soon to Capel!

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