

June & July 2019

The monthly publication for the Parish of
Capel & Ockley

Inspire Issue 28



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This issue is kindly sponsored by
Penny & Barry Dreghorn
*in celebration of the First Wedding Anniversary
of Catherine & Chris
married in our Parish last year!*
Congratulations!
Please see special message on page 31.

Inspire is available to download from the church website:-
www.capelandockleychurch.org.uk/inspire-magazine/
You can either sign up to receive Inspire as and when it comes out OR
download individual issues.

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Rev Liz writes

Dear all,

It's getting to that time of the year when some people's thoughts are turning to holidays and with that in mind I would like to draw your attention to a very special sort of holiday that our parish is planning for Autumn 2020. It is some years since there was a pilgrimage to any of the Holy sites in Israel or the Mediterranean and so we have invited someone who has been leading tour groups to the Holy Land or as he puts it 'The land of the Holy one' for over 30 years. His name is Haydon Wilcox and he is an ordained priest in the Church of England. The pilgrimage will be 12 days in all visiting Jerusalem, Bethlehem, the Judean Desert and the region of the Dead Sea, Samaria, The Galilee and Northern Israel. The trip will be very much focussed on listening to the many different voices in The Holy Land and experiencing the diverse culture in Jerusalem. We will be experiencing contrasts between the different districts in the city, Hasidic, Arab and secular plus meeting with the Palestinian community. We shall celebrate Shabbat and learn about the issues of the Palestinian Christian Church and its relationship with Muslims and Jews. We will learn about the views of orthodox Jews and meet a representative of the Samaritan community. This is an exciting opportunity to visit Israel and to hear different views about the extremely complex situation that the Holy Land finds itself in. We will be visiting lots of holy and historical sites but we would like to stress that this is not a trip just for Christian pilgrims. Anyone of any belief or none is very welcome to join us. Haydon will be coming to Capel to the Parish Hall (just behind the Capel Memorial Hall) on July 2nd to give us further information, show pictures and to discuss possible options for accommodation and the itinerary. By coming along to the information evening you are not committing or being expected to commit to travelling with us next year. Most I expect will wish to go away and think about it!! So do come and find out more on the 2nd July at 7.30pm next month.

It is also getting to that time of the year when we have like many of you been putting extra effort into our garden. Yes, it's Vicarage Fete time again! This year our very creative and efficient team are planning all sorts of exciting things for this traditional annual event. New attractions this year will be a carousel and interactive storytelling from The Cat's Grin Theatre Company. Loads of fun and interesting stalls along with entertainment from our local schools and of course the usual yummy cream teas and cakes. Terrific raffle prizes once again and as usual all profits go towards our schools, Scott Broadwood, The Weald and Capel Pre- School. So the grass is getting mown towards an inch of its life, the flowers are beginning to bloom and all we need now is you! Doug and I love this annual event when we can welcome you to our garden so don't miss it! Also on the following day we will be having an all age family worship service in church at 10.30 at St John's to celebrate the birth of our Patron Saint St John the Baptist. Bob Cranham and the band will be there playing and we would like as many families as possible to come and help us celebrate our patronal festival so all are welcome – we would love to fill the church!



With my love and prayers as ever

Revd Liz



When it was Mrs Wilson's turn to do the flower arrangements, she always kept the vicar's hay fever in mind

JUNE 2019

SUNDAY	2ND 8.00 9.30 10.30	SEVENTH SUNDAY OF EASTER Holy Communion BCP, St John the Baptist, Capel Matins at St Margaret's, Ockley Family Communion, St John the Baptist, Capel	
SATURDAY	8TH 9.30-1.30pm 8pm	'Imagining the future' Half day away to explore our work with children, families and young people at St John's North Holmwood Community Hall. Smith and Brewer Concert in St John the Baptist church, Capel	
SUNDAY	9TH 9.30 3-5pm	DAY OF PENTECOST Family Communion at St Margaret's Ockley Capel teas in St John the Baptist, Capel	
FRIDAY	14th 12.00 noon	MEMORIAL SERVICE FOR BRIONY THOMAS at St Margaret's Ockley * Please see tribute by Gill Christie on page 7.	
SUNDAY	16TH 8.00 9.30 10.30	TRINITY SUNDAY Holy Communion BCP, St John the Baptist, Capel Matins at St Margaret's, Ockley Family Communion, St John the Baptist, Capel	
MONDAY	17TH 10.15 am	Funeral and Service of Thanksgiving for the life of Julia Horrox Funeral service at St John the Baptist Capel followed by cremation at Randalls Park Leatherhead. Refreshments will be served in the Capel Cricket Club Pavilion following the service in church.	
TUESDAY	18TH 3—5pm	MESSY CHURCH Capel Memorial Hall	
SATURDAY	22ND 12 – 3pm	VICARAGE FETE 54 The Street Capel RH5 5LE	
SUNDAY	23TH 10.30 am 3-5pm	ST JOHN THE BAPTIST PATRONAL FESTIVAL Parish family service, St John the Baptist, Capel Capel teas in St John the Baptist, Capel	
SUNDAY	30TH 8.00 9.30 10.30 6pm	TRINITY 2 Holy Communion BCP, St John the Baptist, Capel Matins at St Margaret's, Ockley Family Communion, St John the Baptist, Capel Sung Evensong at St Margaret's, Ockley	

Could you sponsor a month of InSpire?

We have one month left this year! Can you help?

The average cost is approximately £60.00. *If* you can Gift Aid the donation, the cost to you is approximately £52.00.

If you can help, please let Debbie von Bergen know.
Thank you.

JULY 2019

TUESDAY	2ND 7.30pm	PARISH TRIP TO THE HOLY LAND Hayden Wilcox talk on our visit to the Holy Land in Autumn 2020, at the Capel Parish hall. All our welcome—no commitment needed at this point.	
THURSDAY	4th 12.30—2.00 pm	Capel Lunches , Memorial Hall, Capel	
SATURDAY	6th 9.30 am	PARISH HALF HOUR OF PRAYER , St Margaret's, Ockley	
SUNDAY	7th 8.00 am 9.30am 10.30 am 3-5pm	TRINITY 3 Communion BCP, St John the Baptist, Capel Matins at St Margaret's, Ockley Family communion, St John the Baptist, Capel Capel Teas at St John the Baptist, Capel	
SATURDAY	13th 8.45 am	Pavilion cafe - Women's breakfast talk on: 'Missionaries in China'	
SUNDAY	14th 9.30 am 10.30 am 12.00	TRINITY 4 Holy Communion (CW) at St Margaret's, Ockley Cafe church, St John the Baptist, Capel Baptism of Stanley Buckingham, St John the Baptist, Capel	
SATURDAY	20th 9.30 am 2.30 pm	PARISH HALF HOUR OF PRAYER at St John the Baptist, Capel Wedding Deeann Smith and Simon Light, St John the Baptist, Capel	
SUNDAY	21st 8.00 am 9.30 am 10.30am 3-5pm	TRINITY 5 Communion BCP Capel church Matins at St Margaret's, Ockley Family communion, St John the Baptist, Capel Capel Teas at St John the Baptist, Capel	
SUNDAY	28 July 9.30 am 3-5pm	TRINITY 6 St Margaret's Patronal Parish (Joint) service at St Margaret's, Ockley Capel Teas at St John the Baptist, Capel	

AUGUST 2019

THURSDAY	1st	Capel lunches, Memorial hall, Capel
SUNDAY	4th 8.00 am 9.30am 10.30 am	TRINITY 7 Holy Communion BCP at St John the Baptist, Capel Matins at St Margaret's, Ockley Family Communion at St John the Baptist, Capel

St Margaret's Bible Study Group

Held every fortnight on a Thursday at 2.00 pm at Gill Christie's house:

'Elderslie', Stane Street, Ockley, Surrey RH5 5TD
Phone: 01306 711917 for more details.

T.L.C. Teas @ Ockley Village Hall

TLC meets monthly for a friendly afternoon chat, scrumptious teas and lots of Tender Loving Care.

Normally held on the THIRD Monday of every month from 3.00—4.30 pm in Ockley Village Hall

Our aim is to provide a happy and relaxed atmosphere for those who just want to meet together.

For further details contact: **Judie on 01306 888456 OR emailthoroldfuters@aol.com**



Christian Aid collection May 2019

A big thankyou to all the collectors and every person who gave some money to Christian Aid week . This year we raised £ 794.27 pounds. It will help those in developing countries have better health care and so a big thankyou is in order to all who have donated. Next year , I think we may try fundraising in a different format . The suggestion of holding a big breakfast in the village hall, for people, in Christian Aid week, is one such idea which may come about.Thank you again to all whose efforts make this fundraising possible.

Sue Partridge

Ockley Mothers and Toddlers Group

are starting a *"Mum to Mum"* market during the usual weekly sessions on

Thursday mornings from 9th January 2019 at Ockley Village Hall 9.30am-11.30am.

Good quality clothes and toys available for exchange or a small donation to the Group's funds.

CAPEL & OCKLEY CHURCH RUNNERS

A few of us from Capel & Ockley churches and community have started an informal running group. We meet and join in with the Park Run at Denbies on Saturday mornings at 9am. If you are not familiar with Park Run you can find out more here: www.parkrun.org It is free to join, you register online [very quick & easy - go to register & our Home Run is the **Mole Valley Park Run**], print up your bar code and turn up at Denbies 8:45am on a **Saturday for a 9am start** and do a lovely 5km run (circa 3.1 miles) around the vineyard . Anyone can join in:- it is completely inclusive all ages, speeds, experience. It is great fun and a good way to start the weekend!



In addition we are going to meet at St. Margaret's Church on Coles Lane in Ockley on the following Wednesday evenings at 6:30pm over the Summer for a 5-8km / 3 — 5miles run starting simple and seeing how we go! 5th June, 3rd July, 7th August, 4th September, 2nd October.

We have set up a WhatsApp Group so please contact Tom who will add you to it and will confirm the runs on here as well.

Tom Chambré

0771 890 2345 or tom@chambrepm.com

The Pavilion Café at Ockley

This community cafe is held at the cricket pavilion in Ockley and opens each Wednesday from 9.00 am—12 noon.

Do pop in for delicious homemade cakes, freshly brewed coffee and a range of teas!

We hope to see you there!



Coffee Fellowship

**Entertainment
for
Harvest 2019**

**Friday 4th October
at 7pm in
Ockley Village Hall**

**Sunday 5th October at 7pm in
Capel Memorial Hall**

As you may know, the entertainment for the Harvest Supper in both Ockley and Capel this year will be another murder mystery play, **Barbecues "R" Murder by Claire Jones**, directed by Yvonne Featherstone assisted by Sylvie Beckett.

The read through will take place on Tuesday 9th July at 8pm in St John's Church and rehearsals will be on Tuesday evenings at 8pm in the church starting in early August.

If you would like to take part in the play, which will be performed with scripts so you don't have a lot to learn, please attend on 9th July or, if you can't make that date, please contact Yvonne on 01306 886241.

In Loving Memory

Briony Thomas' Memorial Service will be held on Friday 14th June at 12.00 noon at St Margaret's Ockley.

Julia Horrox's funeral is on Monday 17th June at 10.15am at St John the Baptist, Capel.

June saw the passing of a highly respected and much loved member of Ockley. Briony Thomas brought love, laughter, knowledge and good sense to our community for many decades. Her commitment to the village was reflected in many spheres; autumn will not be the same without her dedication to the British Legion as by her hard work our giving to the "Poppy Appeal" was made so much easier, she did her stint as Chair of Governors of Ockley School and continued to support the school actively until its closure, her knowledge of the village enabled practical help to be offered where and when it was needed and her love of history informed and entertained many of us in the former parish magazine with her accounts of life in the village from many years ago. Those of us who had the privilege of knowing her personally have lost a valued friend. May God keep her safe and comfort those who miss her so very much.

Gill Christie

**A new fun feature ...
Star of the month!**

This month's "Stars of the Month" goes to ...



Debbie von Bergen and Helen Burt

for all the work they both do on our behalves as Treasurers for both Capel and Ockley. They both give many hours dedication to our Parish and we are very grateful.

Thank you ladies for all you do!

The Editor

** Please help me by giving me your nominations from Capel & Ockley as to who needs a little thanks for everything they do!*

PARISH PRAYER DIARY JUNE 2019

'But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenward in Christ Jesus.' *Philippians 3:13-14*

'Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.'

Matthew 19:14

CHILDREN

SATURDAY 1st

Dear Heavenly Father, we rejoice in being called Your children and therefore heirs to all the gifts You offer us. We thank You for the gift of Your Son, Your precious child.

SUNDAY 2nd

Lord, You are the God of comfort and rest, be close to each child without parents or a home. Be near to those who are frightened or disorientated and may Your peace and hope fill their hearts.

PSALMS

MONDAY 3rd

5:3 'In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly.' *Hear our prayers in the morning, dear Lord, when our minds are more free from problems. May we then commit the rest of the day to You*

TUESDAY 4th

9:1 'I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.' *Thank You, Father, for the love You have for us. Through our praise, may we grow in our understanding of all You do for us.*

WEDNESDAY 5th

19:13 'Keep your servant also from wilful sins; may they not rule over me.' *Loving Father, may the guilt we sometimes feel for wrongdoings, not overwhelm us. May we always remember that You will forgive us completely, even for those sins we do unknowingly.*

THURSDAY 6th

23:4 'Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and staff they comfort me.' *God of Life, our Shepherd, fear is a dark shadow that envelops us. We thank You for Your offer of eternal comfort.*

FRIDAY 7th 40:4 'Blessed is the one who trusts in the Lord, who does not look to the proud, to those who turn aside to false gods.' *Merciful Father, may we not put possessions and wealth in the way of loving and obeying You.*

SATURDAY 8th 41:1 'Blessed are those who have regard for the weak; the Lord delivers them in times of trouble.' *Loving Father, may our generosity reflect Your own free giving. As You have blessed us, may we bless others.*

SUNDAY 9th 48:14 'For this God is our God for ever and ever; he will be our guide even to the end.' *Father, we pray for Your guidance as we struggle with decisions every day. We thank You for the Bible and the Holy Spirit, our constant companion and guide.*

FATHERS

MONDAY 10th

Dear God, the Father of us all, we thank You for our earthly fathers. May we be forever grateful that, through the marvel of Your creation, they gave us the gift of life itself. May all fathers be good teachers and mentors and a wonderful example of how to live a life of faith.

TUESDAY 11th *God of Love, we pray for fathers who have struggled with parenthood. You alone know how much they have suffered. Forgive and heal them and may that forgiveness touch the hearts of all those affected.*

WEDNESDAY 12th *Loving Lord, we pray for fathers who have many burdens to carry. We ask that You protect them from the pressures they face. May they be able to relax and stay close to those who love and support them.*

THURSDAY 13th *Loving Father, give all fathers grace and wisdom to nurture their children, to challenge them and to love them. When the children leave home, help fathers to discover new joys in life and new ways to love and grow.*

FRIDAY 14th *God of love and mercy, we bring to You fathers who are distant from their families. May all the family members involved be free from anger and assigning blame. Heal whatever caused theseparation and allow all parties to grow and to thrive again, in Your merciful love.*



SATURDAY 15th *Lord, we thank You for the gifts of all fathers and for their love for their families and especially for their children. May they be greatly loved in return.*

SUNDAY 16th *Dear Lord, bless every father today. Show him how much You delight in him on this special day.*

FARMING

'Then God said, 'Let the land produce vegetation, seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds.' ... And God saw that it was good.' Genesis 1:11-12

MONDAY 17th *God of the heavens and the earth, Hear our prayer for all who make their living on the land and make us grateful for the work of their hands and for the generosity of Your provision.*

TUESDAY 18th *Creator God, You made the goodness of the land, the riches of the sea and the rhythm of the seasons. As we thank You for the produce from the land, may we cherish and respect this planet and its peoples.*

WEDNESDAY 19th *God our Provider, we pray for the families of all farmers. Grant them patience and understanding during busy and fretful times and may they have the strength to help and to endure.*

THURSDAY 20th *Father, forgive us for food taken for granted or wasted, for work unappreciated, for self-centred blindness to other's needs and for deafness to the cries of the hungry. Forgive us and in Your mercy, renew us.*

FRIDAY 21st *Lord, we pray for the farmers whose crops are poor or whose animals are sick. We thank You for the work of relief agencies and aid workers giving help to those in need.*

SATURDAY 22nd *Heavenly Father, we ask You to bless the farmers, both in this country and overseas, who work with animals and crops often overcoming the extremes of weather and insect pests to get their produce to the marketplace.*

SUNDAY 23rd *Lord of all, we pray for farmers in hard times as well as good. Help us to create a society where farmers are respected, and compensated for their work fairly. Help us to be thankful for their work, that sustains us in the most basic way possible.*

PRAYERS TO MOVE MOUNTAINS

'Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, "Move from here to there," and it will move. Nothing will be impossible for you.'
Matthew 17:20-21

MONDAY 24th *Almighty God, You are the sovereign ruler, the mover of mountains, the victor of impossible victories; we pray for an end to violence, hatred and discord in our world. Steady the feet that rush into war and the finger poised on the trigger.*

TUESDAY 25th *Almighty Father, whose will is to restore all things in Your beloved Son, govern the hearts and minds of those in authority and bring Your peace to all nations, especially those divided and torn apart by greed and hatred.*

WEDNESDAY 26th *Heavenly Father, You are the source of all goodness, generosity and love. We thank You for opening the hearts of many to those who are fleeing from oppressive regimes. Help us all to open our arms in welcome and reach out our hands in support.*

THURSDAY 27th *God of compassion, You hear the cries of all who are in trouble or distress. We pray for those whose lives are affected by storms, flooding and earthquakes. Be to them a firm foundation on which to rebuild their lives.*

FRIDAY 28th *Loving Father, Your love for humanity was revealed in Jesus, we lift up to You those who are homeless. Draw near and comfort them in spirit and bless those who work to provide them with shelter, food and friendship.*

SATURDAY 29th *Merciful Father, we pray for boys and girls whose childhood has been stolen in the cause of war, prostitution, slavery and greed. Bring restoration, healing, family and love.*

SUNDAY 30th *Heavenly Father, May all who work for a world of peace and reason, be granted the gifts of strength and courage. May the good that dwells within every human heart be magnified. May the blessings of truth and understanding be ours. May the love of God abide within us all.*

A prayer for those known to us

We continue to pray for our friend Gill as she discerns God's call and that she will find peace and refreshment during a break from leading and preaching this summer. May God be with her.

We pray for our friends who are unwell:- Daphne Parkins, George Ede, Peter & Mary Ede, Ron Backhouse, Clare, Megan Gibbs, Douglas James, Jennifer Morshead, Jean Self and Pat Wombwell.

We pray for those who have died recently, particularly remembering: Briony Thomas, Sheila von Bergen, Sue Weinberg, Christine Goatcher and Peter Gardner. We pray for their families and friends.

Capel Show – Barbecue on 17th August 2019

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Capel and Ockley churches are running the BBQ at the Capel Show this year for the first time. We want to raise money for our churches but also will be donating 10% of our profits to Cancer Research.

There are a couple of ways in which you can help ...



Help on the day

We need lots of volunteers to help on the day from flipping burgers, to taking cash, helping clear tables, washing up, tidying up at the end of the day, or sitting down cutting up burger buns. If you can give an hour or more, we would love to have you and will find a job to suit you. Please sign the schedules that will be in church from the beginning of June.

Help the day before

We need a few people to help do some of the preparation the day before (Friday 16 August). If you can spare a couple of hours, we would be most grateful.

Sponsorship

In order to keep our costs as low as possible we are looking for sponsorship.

£10 would buy 40 rolls or 11 burgers or 20 sausages – it all helps, particularly if you can gift aid your donation.

Please talk to Debbie, Helen or Dineke about this, our details are on the inside cover of InSpire.

Ockley Dramatic Society **Summer Production June 2019**

Comedy Nights 13th, 14th and 15th June
at Ockley Village Hall



An evening of three comedy plays. 'Confusions' by Alan Ayckbourn—a series of five short interlinked, but self contained plays and the Society are performing three of them ... 'Between Mouthfuls', 'A Talk in the Park' and 'Gosforth's Fete'. All deal with human loneliness and hypocrisy in styles ranging from comic to high farce.

Doors open at 7.30pm, curtain up at 8.00pm.

Tickets £10 a head, a bar will be available.

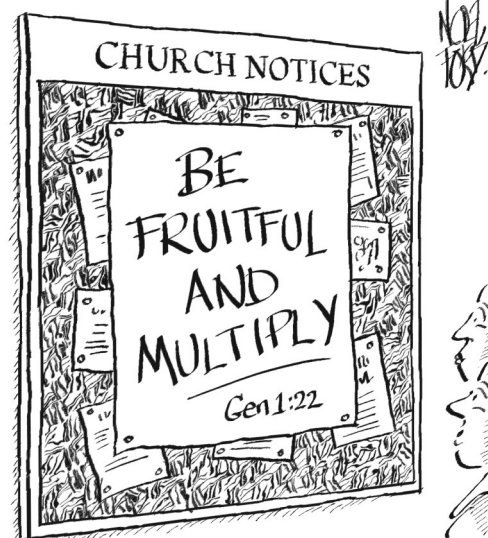
Optional food will be served between the first and second plays, with another course available between the 2nd and 3rd plays. This will be at extra cost.

Tickets available from the Box office on@ 01306 628255

Letter from the Editor

Dear Readers,

Well here we are in the month of the Fete! It's been a long time in the planning stages and we have worked hard as a committee to bring new fun items to the fete and some good quality stalls to purchase from. In all the years I have lived here, this event has always had a lovely feel to it—cosy and welcoming because it is hosted in our Vicar's garden. Do come and join us for all the fun of the fete if you can on 22nd. It's not just about raising the money for our local schools—this is a community based, outreach event where we as practising Christians get the chance to socialise and evangelise but in a friendly, welcoming environment in which many people will feel far more comfortable than venturing into church! However, we will be handing out invitations to all attendees at the Fete, inviting them to the Patronal festival at St John the Baptist the next day—Sunday 23rd June. It will be a service of celebration and our informal music band will be there.



The vicar's attempts to increase the number of children attending services were becoming less and less subtle...

As I write, we now have two of our dear friends in East Surrey Hospital. George Ede has now been there for about 8 weeks and is about to move to a Rehabilitation centre in Epsom and Daphne Parkins is now safely back in East Surrey hospital having had an operation at St George's. How we look forward to having them both back with us in church sometime soon. They are both pivotal people in our congregation and their loss in our midst cannot be underestimated. I wish God's blessing on their continued recoveries. I apologise to our friends in St Margaret's if I am not as aware of friends missing in your congregation. *As editor of both InSpire and the weekly pew sheets, I regularly type names in our prayer requests, but please do feel free to send me a piece you'd like included about any 'missing' friends who you would like a special mention for?*

By the time you read this we will have enjoyed both 'Imagining the Future' where we will be gathering to look at how we may explore our work with children, families and young people and 'Smith & Brewer's concert' in St John the Baptist. We also enjoyed a wonderful trip to Lancing College Chapel and there is an article about it on page 12. What a lucky community we are to have so many local opportunities open to us, both in our churches and in our communities. The Events list in both InSpire and our local magazines are packed full of invitations to attend new events and try new things! How lucky we are to be so blessed.

COUNT YOUR BLESSINGS.
NAME THEM ONE BY ONE.
COUNT YOUR
MANY BLESSINGS
SEE WHAT GOD HAS DONE.

Best wishes,

Suzanne

ps. For your info ... we are having a combined June/ July issue of InSpire due to the workload in organising the Vicarage Fete and a holiday at the end of June!

Our thanks to
Yvonne Featherstone for the
lovely handpainted Fete poster.

See it on the back page of this
issue and around the villages!

A Visit to Lancing College Chapel

by Stuart Cole

In mid May a number of us from Ockley and Capel visited the Chapel at Lancing College with Dr John Ashwood as the guide to his old school. Norman Ede kindly drove us all down there in a coach. The chapel dominates the skyline outside Shoreham off the A283, and is said to be the fourth highest in the country. The school was founded by Revd Nathaniel Woodard who was the curate at Shoreham.

Nathaniel Woodard was born on 21 March 1811 at Basildon Hall in Essex. He was educated by his mother and by 1834 had entered Magdalen Hall, Oxford where he married and eventually completed his degree in 1840. He had been brought up as an evangelical but at Oxford he became interested in the Tractarian movement and became an Anglo-Catholic and this can be seen in the architecture of the chapel. Soon after leaving Oxford he was ordained as a curate in Bethnal Green. He started a church school for the local poor children, but was moved to another parish in Clapton after preaching that The Book of Common Prayer should include separate provision for confession and absolution at St. James the Greater, Clapton near Stratford in London. It is hard to believe today the disruption that the Tractarians caused in the Church at the time and that a priest would be moved because of a sermon, but much of our worship today has its roots from that time including Hymns Ancient and Modern. By 1846, he had moved to St Mary de Haura at New Shoreham, where he was again hit by the poverty and the lack of education amongst middle class parishioners. He considered many to be less educated than many of those that they employed who had been educated in the parish school.



He started a school at the vicarage and in 1848 he opened the boarding school of St Nicolas'. These were merged a year later to form the College of St Mary and St Nicolas which eventually became Lancing College. Within two years he had left the full-time priesthood to work full time on educational projects. His educational work was recognised by the award of a Doctorate of Civil Law by Oxford, and by his appointment as a Canon of Manchester Cathedral. This appointment brought with it a large salary which he put towards funding his schools. In total he and his supporters raised half a million pounds (equivalent to nearly £65 million today) by the time of his death in 1891. Apparently he would invite potential donors for dinner and then not let them leave until they had made a donation to his schools.

He started building the college chapel in 1868, but he was not to see the chapel completed in his own lifetime. In fact, it is still not completed but the school did worship in the crypt from 1875 when that was completed. His aim for the school was the provide education to the middle classes based on "sound principle and sound knowledge, firmly grounded in the Christian faith". This Christian faith in his time was very much the "Catholic faith, as it is expressed in the Book of Common Prayer" as he had no time for non conformists or low church Anglicans. He started a total of 11 schools and took over many others. Today his legacy lives on in the Woodard Schools comprising 16 independent schools, 6 academies and 21 affiliated schools (independent, state and international). All run on his philosophy of providing education in an actively Christian environment.

Despite not being completed the chapel is magnificent. It is dedicated to Saints Mary and Nicolas, and the building reflects his belief in the educational value of "correct buildings". He employed RC Carpenter as the architect of the college and he was succeeded by his son and William Slater who completed the design of the chapel.

Lancing College Chapel is well worth a visit. It is open daily 10am to 4pm and on Sundays and Bank Holidays 12 noon to 4 pm.

The design is early French Gothic. It stands 330 feet high on foundations 70 feet deep and built from Sussex sandstone. It was originally intended to have a 350 foot tower, but this was never built due to the cost at the time. Although the crypt was used from 1875 it was not until 1911 that the main chapel was consecrated. Even then the building was not complete and the west end, when John was there, was still temporary corrugated iron. This was replaced in 1978 with a new west wall and rose window (the largest in England at 32 feet in diameter) funded by the Friends of Lancing Chapel. But still the west end is not finished with the sandstone abruptly finished with rough bricks. The Friends are determined to complete a porch to finally finish the chapel.



In the new entrance there is a stain glass window in honour of Archbishop Trevor Huddleston, a former pupil of Lancing who campaigned relentlessly against apartheid in South Africa. It was dedicated by his friend Archbishop Desmond Tutu. From there you enter the nave and the first impression is one of enormous height. It is like walking into a bright and airy Westminster Abbey. Light seems to come in from everywhere and is reflected off the light sandstone walls and the white chalk ceilings. The floor is Portland stone salvaged from a wreck off Shoreham. The canopies over stalls at the side of the nave were given to the chapel by Eton College and were designed by Gilbert Scott who led the gothic revival and was responsible for the Midland Hotel at St Pancras.

The high altar commemorated the second millennium with a silver cross made in 1490 in Toledo. Behind the altar are three tapestries which were a replacement for the planned reredos. They are based upon the patron saints of many of the Woodard Schools. These were woven at Merton Abbey on a loom built by William Morris who was a major contributor to the revival of traditional British textile arts and methods of production during the Arts and Crafts Movement.

There are also a Lady Chapel and the St Nicolas Chapel in the north and south aisles respectively. The height of both are accentuated by the length of the aisles which is the full length of the chapel. The aisle of St Nicolas Chapel has the White Ensign of HMS King Alfred which used the school as a training establishment during the Second World War.

The chapel has two organs, the original one at the west end in the gallery and a newer one next to the choir stalls which had an inaugural recital by Carlo Curley who also gave a concert on the Caple electronic organ.

On an interesting note—our friend Ron Backhouse was the Verger of the chapel before he retired and moved to Caple with his wife!



Thy Kingdom Come

Thy Kingdom Come is back at Guildford Cathedral!

From 4pm on 9th June, Christians of all denominations will gather in praise and prayer – come along and join your brothers and sisters in Christ from around the area at this special event.

From 4pm – 6 pm bring your picnics to enjoy some live music and entertainment outside the cathedral before we join together in a contemporary worship service with a message by Pete Greig until 7pm. There will then be a chance to join a prayer vigil led by the Bishops of Guildford and Dorking that will finish at 11pm.

No need to book – just show up for as much as you would like! Please note there will only be parking at the cathedral for blue badge holders. All others should park as directed on the University of Surrey campus (about a 10 min walk).

The Diocese of Guildford, Church of England

t: 01483 790300 | e: info@cofeguildford.org.uk

twitter: @CofEGuildford | facebook: /CofEGuildford | w: www.cofeguildford.org.uk

Church House Guildford, 20 Alan Turing Road, Guildford, Surrey, GU2 7YF

Resources available in Church now

Publications by 'Thy Kingdom Come' *



'Family Prayer Adventure The Map' plus stickers!

'Novena' Nine days of prayer ... A book of pocket prayers provided to help you pray daily, whenever and wherever you can, between Ascension and Pentecost.

'Prayer Journal' Eleven days of prayer

* *Thy Kingdom Come* is a global wave of prayer between Ascension and Pentecost. All Christians are encouraged to seek the fresh empowering of the Holy Spirit so that we may live out our calling to be witnesses to Jesus Christ.

Join the global wave of prayer: www.thykingdomcome.global

The Friends of St John the Baptist & The Friends of St Margaret's



Friends of St Margaret's

Formally the Trust Deed of the friends states that "The Charity is established to advance the Christian religion by the restoration, preservation, repair, maintenance, improvement and beautification of the Church of St Margaret's, Ockley in the Diocese of Guildford (hereinafter called "the Church") and of the monuments, fittings, fixtures, stained glass, furniture, ornaments and chattels in the Church and Churchyards belonging to the Church"

St Margaret's Church is one of two churches in the parish of Capel and Ockley, a relatively small parish in the south of Surrey near to the border with Sussex. The parish came into existence in January 2018 when the former parish of Ockley, Okewood and Forest Green was dissolved. Okewood and Forest Green have been amalgamated with the Parish of Ewhurst whilst Ockley has been merged with the Parish of Capel. The new Parish of Capel and Ockley has a total population of around 3100.

The Church of St Margaret's Ockley requires significant sums to maintain and although those who regularly worship there contribute huge sums to the maintenance of the churches as well as the ministry, the burden of maintaining our heritage should not fall only on those who go to church. We therefore aim to encourage others to give generously to help maintain the church for future generations.

Parts of the present building have been with us for some 700 years – let's make sure they are there for another 700 years.

Friends Of St. John The Baptist Church, Capel

The "Friends Of St. John The Baptist Church, Capel" were formed on March 12th 1991 to raise money in times of need to maintain and improve the fabric of our 12th century Church, which stands at the centre of the village. The Friends are a registered Charity (Reg No 1002376).

"Friends" represents not only church-goers but also members of the local community who take a keen interest in its history, up-keep of the village and maintenance of its buildings.

Over the years contributions have been made to roof repairs both to the west porch and the north aisle. Also the path was re-laid. Internal improvements to the toilet and kitchen brought the church up to modern standards. Income is predominantly derived from two sources. Firstly, the fantastic "tea ladies" produce and serve Sunday teas in the church throughout the summer and autumn and well into winter. Capel Teas have a reputation far and wide and have become part of the local scene and add greatly to village social life. Dates for this year are displayed on our website.

Secondly, every year there is the annual Capel Classic Car & Bike Show which attracts around 650 exhibits from all over the south of England – see full details on the hyperlink. This has now been "twinned" with the Capel Horticultural Annual Show. It's a great day out for all the family. Over the years these two combine have come to be largest village show in Surrey. A great display of community spirit.

If you would like to know more or be involved with any of the Friends' works, then please contact the chairman Andrew Forsyth – phone 01306 712422 – e-mail "andrew.forsyth@talk21.com" – all comments and contributions most welcome.

ALL the above information taken from our Parish website:-

<https://www.capelandockleychurch.org.uk/friends-of-st-margarets/>

<https://www.capelandockleychurch.org.uk/activities-and-groups/friends-capel-church/>



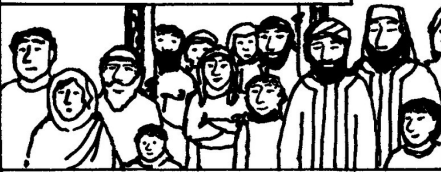
Bible Bite

A short story from the Bible

It can be read in the Bible in
Mt 2:1-12, Mk 9:1-8, Lk 5:17-26

The Pharisees had come to Jesus' home in Capernaum to make sure he wasn't breaking any of their religious rules...

So many came to hear Jesus speak that they filled his house...



and the streets outside.

Four men brought their paralysed friend to Jesus for healing



But the crowd wouldn't let them get close



so they climbed up to the roof and took off some tiles.

They lowered their friend down, right in front of Jesus

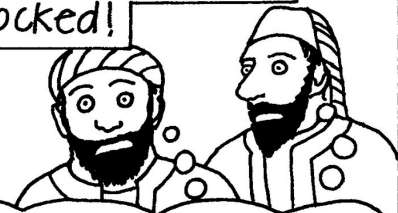


Jesus was so impressed by their faith, he said to the paralysed man



Your sins are forgiven.

The Pharisees were shocked!



Only God can forgive sins...so this fellow is insulting God!

But Jesus knew what they were thinking.



Why are you thinking such wrong thoughts?

Is it easier to say 'Your sins are forgiven' or 'Get up, take your mat, and walk'?

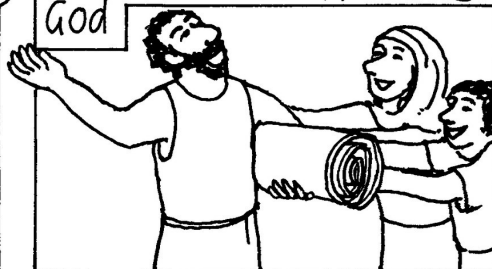


But I want you to know that I do have the authority to forgive sins...

Get up, take your mat and go home!



He got up, picked up his mat and walked home, praising God



The crowd was amazed...



We have never seen anything like this!

Junior InSpire

e	i	a	p	t	h	i	n	k	i	n	g	o
d	c	u	k	l	h	j	y	c	m	q	z	a
t	n	t	n	w	k	e	c	r	p	s	q	p
n	l	h	e	h	v	s	a	o	r	t	f	r
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p	a	r	a	l	y	s	e	d	s	e	i	i
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i	i	e	q	k	m	o	m	a	t	s	i	o
v	n	w	h	e	h	c	j	e	q	j	n	h
e	g	l	o	w	e	r	e	d	i	k	s	h

thinking

Capernaum

friends

streets

crowd

paralysed

walk

house

man

lowered

thoughts

Pharisees

sins

impressed

Jesus

authority

forgive

wrong

anything

praising

knew

never

mat

home

God in the Arts

The National Gallery at Trafalgar Square in London houses one of the finest collections of European paintings in the world, with some 2,300 works spanning the centuries. During this year we are journeying through the gallery to explore one of those treasures each month. Written by the Revd Michael Burgess.

'Beach scene' by Degas

'Mindfulness' seems to be the 'in' word. In a world where people are moving faster and faster, we are called to slow down, to attend to the present moment and enjoy it for its own sake, whatever the pressures of work and family around. For Christians it is a call to live a simple and sacramental life, and an invitation to attend to what is holy there in front of us: it might be a meal, the countryside, a piece of music, family and friends, a pet or a painting. They are all avenues for God's refreshing grace to touch us.

In this month of July we are probably planning our holidays. It may be in this country or abroad. Sometimes a holiday can be a frenetic rush of journeying and queues, or it can be a 'mindful' time, when we can relax and allow the days to refresh and renew us. Degas has captured that sense of rest and enjoyment in his painting of 1870 which is in the National Gallery: 'Beach Scene.'

He is famous for his studies of ballerinas and racehorses, but he was also fascinated by the advent of the snapshot camera. This painting is like a holiday photograph. We see a maid combing the hair of a young girl. Her hat and swimming costume are nearby, and we can see bathers in the distance where the shore meets the sea. Families and a dog, yachts and a steamer: they are all captured in this moment.

The sky looks misty but warm, and for those on the beach, it is a time to lie and relax, to bathe and swim – to live simply, enjoying the sun above and the sand beneath. The ordinariness of a restful day calls us to be patient and enjoy the good gifts of God's creation. Wherever we are on holiday this summer, I hope we find time to savour the delights of the world around, as we see young and old doing exactly that in this painting.



Summer's Music Festivals – time for the angels to come!



Editor: Angels will be heading for 12 separate events this summer...

Summer is here and for thousands of young people that means heading off to music festivals.

At several music festival events teams of Festival Angel volunteers will be on hand to offer welfare and support to ensure that those attending have a safe and fun festival experience.

Festival Angels started life as a Prayer Cafe, run by local church communities, at Leeds Festival in 2011. The Prayer Cafe at Leeds is now one of the most popular spaces at the festival with a £5 mug deal giving festival-goers a souvenir mug and free tea, coffee and hot water refills for the duration of the event. The Leeds team also run the Lost Property and Left Luggage tent, with a success rate of around 60% items returned to owners. Detached teams, very much like Street Angels in town and city centres, offer support and welfare across the massive festival site.

The success at Leeds has meant that other coordinators wanted Festival Angels at their own festivals. This year Festival Angels will be at over 12 music festival events including Boardmasters, Royal Ascot, Eastern Electrics and, for the first time this year, Kendal Calling where teams will run campsite safe hubs.

Festival Angels will also include the trendy 'Jesus Loves Festivals' banner design which is a great conversation starter and 'selfie with Jesus' opportunity! The teams are also promoting 'Jesus calls will you follow' banner plane flypast that will pass over all the festival sites.

To find out more about the work of Festival Angels or to sign up as a volunteer check out festivalangels.org.uk or search Festival Angels on Facebook and Twitter.

Don't forget our own Music this month ...

Come and see
'Smith & Brewer' - Folk Americana at it's best!

Saturday 8th June 8.00 pm

in St John the Baptist Church, Capel, RH5 5JZ

Tickets £12.00
www.capelboxoffice.co.uk
 Tickets available on the night too!

Our friends across the pond

Editor: Canon David Winter considers the Americans as Independence Day approaches.

July 4th is a special day in the USA and has been for 343 years. It is Independence Day, when they celebrate the Second Continental Council which declared the 13 American colonies were free of English rule. They were later joined by others, eventually forming the nation we now know as the 'United States of America.'

In those 343 years America has changed, of course, from a vast land sparsely inhabited, entirely dependent on agriculture for survival, to becoming the richest, most powerful nation in the world. Its economic enterprise and cultural dominance are universally recognised. The Americans kept the English language of their colonial founders and have used it to dominate the world-wide film industry, popular music and theatre.

Perhaps because of this British people tend to be ambivalent about the USA. Yes, they have been our closest allies, and comrades in arms in two world wars. But in that 'special' relationship there is often a touch of envy. We may sing 'Britannia Rules the waves' but it is actually America that calls the tune.

Perhaps on their national day we can be grateful for all the good and generous things that have come to us from the USA – the Marshall Plan that helped to rebuild Europe after World War II and all the pleasure we have had from great American films, singers and drama. Let's recognise too how warm and positive individual Americans tend to be. Of course, we shall disagree with them from time to time, as friends often do. But in so many ways we need each other, especially when times are difficult – 'God bless America!'

Source: Parish Pump

Editor: Rev Liz and I have been in contact with Pastor Michael Mullins in the USA recently. He made contact with us via the InSpire Facebook page (great to know outreach is getting as far as the other side of the Atlantic!) and is now arranging to visit us sometime in August. I'm sure our friends at St Margaret's will be particularly excited about this as I understand there was a visit from a group whose ancestors had left St Margaret's in the 1600's some years ago. We very much look forward to welcoming Pastor Mike in due course. In the meantime, this is an excerpt of his most recent email.

My name is Michael Mullins. I have pastored Triumph Centre of Albuquerque, New Mexico for the past thirty years and, in honour of our time here, our church plans to send us to visit three countries in Europe in August and September of this year.

For many years I have been researching my genealogy and have found that my 10th great-grandfather, Henry Whitfield, pastored St. Margaret's Church in Ockley in the mid 1600's. Under pressure from Charles I he accompanied 25 families in a move to the New World. He settled and established the town of Guilford, Connecticut and founded the First Congregational Church of that town. He returned to England several years later where eventually died and was buried at Winchester Cathedral.

My oldest son, Reverend Kevin Mullins, currently pastors Broad River Church in Norwalk, Connecticut, which is only 60 miles from Guilford! We have been so excited to learn about the pastors (of which there are many) that are our forefathers in both faith and natural heritage.

My wife, Shirley, and I plan on being in your area the end of August and we very much look forward to attending Sunday service with you and your church.

Many blessings to you and your work there in that area. I understand you oversee two churches. I do well to care for one!

Kindest regards,
Michael Mullins
Senior Pastor, Triumph Centre of Albuquerque, New Mexico



Pastor Mike and Shirley Mullins

Editor: We will feature one of these regular 'God in the Sciences' articles whenever possible. It is written by Dr. Ruth Bancewicz, who is based at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

God in the Sciences



© Ruth Bancewicz

Wonder and Worship: Reflections in a Scottish Rainforest

It can be easier to notice things away from home, when we are relaxed and surrounded by unfamiliar sights in an exotic location. But sometimes the same wonders are there in our own back yard. GK Chesterton was a great advocate of intensive observation, and he invited his readers to take a fresh look at things that might be taken for granted. The rewards for this mental adjustment are great, and can feed into our worship in new ways.

I first learned to appreciate old growth forests on the West coast of Canada: the centuries-old tangle of logs and underbrush, and thick layers of moss and lichen, that provide rich resources for countless organisms. Several years later, in Scotland, I stumbled over a few acres of birch and hazel, lush with moss and ferns, and humming with insect and bird life. Fallen logs lay everywhere, vegetation grew up the trees, creepers hung down, and sunlight slanted through clearings.

I later discovered that this patch of woodland is one of the few remaining areas of old growth Atlantic rainforest, so I visited one sunny morning when I had more time to linger. The wood is home to 140 species of lichen and 100 of moss, so I found myself looking very closely at tree trunks and boulders. Each lichen is a unique relationship between a fungus and a particular collection of single-celled algae – an example of the collaboration that is so essential to every ecosystem.

Places like this are worth preserving, respecting, and appreciating as much as a work of art or a historic city. I'm so grateful to the community that chose to preserve it, and the Creator who used such intricate and patient processes to create it. As the animals and plants around me did what comes to them naturally, I did what I was made for - thanking God for everything I saw. I found myself praising God alongside all those species of lichen, moss and trees. "Let everything that has breath praise the Lord" (Psalm 150).

There is a growing call to take both our personal devotions and our church services outside from time to time, and there are a growing number of resources to help us do this. As you go through your week, can you find one new way to appreciate your surroundings, and praise God alongside the rest of creation?

Source: Parish Pump

News

All news articles from Parish Pump

Are you using Alexa at home? If so, you may find this of interest. You might like to try some questions on her, and let our readers know how you get on?

Church of England Alexa skill asked 75,000 questions in first year

A year after its launch, the Church of England's award-winning Alexa skill has been asked more than 75,000 questions, according to recent data. The smart speaker skill was originally launched with prayers, explanations of the Christian faith and details of where to find the nearest church for local events and services based on location.

The data also reveals a trend of highest numbers of people using the skill in the evening. As a result of this, the Church's Digital and Church House Publishing teams added a wider range of mealtime, evening and night prayers during the year.

More family prayers have also been added, and integration improved with [A Church Near You](#), the national church finder tool, to show maps of where the nearest church is. A range of videos have also been added to bring the Christian faith to life and showcase the social action work of churches across the country.

In a typical week people ask the following questions by topic area:

Read today's daily 'EasterPilgrim' reflection – 16%

Say a prayer – 40%

Explore the Christian faith – 31%

Share a grace before a meal – 6%

Where is my local church? – 7%.

The skill is average 4.2 out of five stars on the Alexa store, with comments such as "Love it - great example to the kids on how to pray".

The Archbishop of York, Dr John Sentamu, said: "The aim of the Alexa skill is to help users to know more of the love of Jesus Christ, to enable regular churchgoers and those exploring faith to connect with God in another way and at a time that's right for them."

Adrian Harris, Head of Digital at the Church of England, said: "We are pleased with the levels of engagement in the first year of launching the skill, which was built in just three months in 2018." The skill has also been recognised at a number of leading digital industry awards.

To activate the Church of England skill "*Alexa, open the Church of England*". A full list of commands is available on the C of E's dedicated Alexa page at <https://www.churchofengland.org/our-faith/try-church-englands-alexa-skill>

Farewell to Prime Minister Theresa May

The Bishop of Birmingham, the Rt Rev David Urquhart, Convenor of the Lords Spiritual, has responded to Theresa May's departure. He said:

"Theresa May has given dedicated and committed public service to the country during very difficult times. I wish her and Philip well as they prepare for life beyond Downing Street. "I am especially grateful to the Prime Minister for the priority she has given during her time in Government to addressing the evils of modern slavery, and for a focus on global freedom of religion and belief.

"In her statement Theresa May reminded us of the importance of compromise. Now more than ever we need political leaders and Parliament to focus on what unites us, especially when it comes to a way forward with Brexit.

"That will be the biggest task facing our next Prime Minister. My hopes and prayers are for an orderly transition and for all those who continue to give themselves to public service in national and local life."

A recent report by Christians Against Poverty (CAP), called *Changing Perceptions* has revealed that the financial problems of parents can have a profound effect on their children’s future relationship with money. More than one in four of CAP’s current clients grew up in a household badly affected by debt.

It seems that money worries are an ‘intergenerational anxiety’. The report says that the "impact debt has on these children is far reaching, from taking a toll on their emotional wellbeing, to parents being unable to provide adequate food or clothing and feeling that their debt was affecting their children’s future life chances. Where parents are struggling to provide for their children, feelings of guilt and shame are particularly acute."

Chief Executive Matt Barlow said: "When you've grown up with debt as the backdrop, it takes a huge leap of imagination to believe that life can be different. There’s also no one to show you the right way to prioritise, plan ahead or even talk about finances."

Low income is the most common reason for personal debt. The average household annual income is £12,361 and a third of those being helped are living on less than £10,000 per household, per year.

Winchester Cathedral's Mortuary Chests Unlocked

The secrets hidden within Winchester Cathedral’s mortuary chests are gradually being unlocked as part of an on-going research project supported by the Dean and Chapter of Winchester Cathedral.

It has long been believed that the six mortuary chests contain the mortal remains of pre-Conquest kings and bishops, but for many years this has merely been the subject of speculation. A major development in 2015 revealed that the bones were from the late Anglo-Saxon and early Norman periods, thanks to radiocarbon (C14) dating on selected fragments by the Radiocarbon Accelerator Unit at the University of Oxford.

‘My wishes, My Way’

**11th September 7pm at Ockley Pavilion and
18th September 3pm at Capel Parish Rooms**

An opportunity to listen to Judith Dandy of Dandelion Farewells talk about funerals and the choices available to you in a free talk entitled:

Judith has developed this free workshop for anyone who would like to explore and understand the funeral planning decisions that need to be made on your behalf or those of others. It will give an insight into the choices around funerals and the elements that your family will need to know about your personal wishes. By learning what is possible, and maybe even planning ahead, not only can you save your family the worry of trying to discern what you would have wanted, you could also personalise your last celebration, ensuring that it reflects what is important to you.

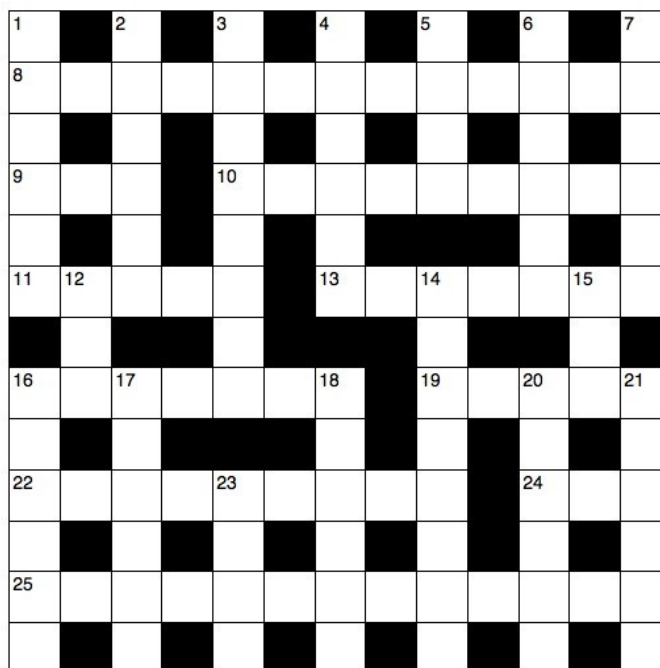


Puzzles Pages

Crossword Clues

Across

- 8 Laban complained he had not been allowed to kiss them when Jacob fled with his family (Genesis 31:28) (13)
- 9 In favour of (3)
- 10 'The child's father and mother — at what was said about him' (Luke 2:33) (9)
- 11 Swagger (Psalm 12:8) (5)
- 13 'Terrors — him on every side and dog his every step' (Job 18:11) (7)
- 16 Bay bits (anag.) (7)
- 19 Preach, address an audience, speak in public (5)
- 22 Holy Communion (9)
- 24 'On their way to — out the land, Joshua instructed them, "Go and make a survey of the land"' (Joshua 18:8) (3)
- 25 Joseph advised Pharaoh to appoint these to administer his grain storage plan (Genesis 41:34) (13)



Down

- 1 'Assyria's pride will be brought down and — sceptre will pass away' (Zechariah 10:11) (6)
- 2 'And Jesus grew in wisdom and stature, and in — with God and men' (Luke 2:52) (6)
- 3 The descendants of Esau (Genesis 36:9) (8)
- 4 The components of the crown that Jesus was made to wear before his crucifixion (John 19:2) (6)
- 5 Colour of cloth which was to cover holy objects in the tabernacle when moving camp (Numbers 4:6–12) (4)
- 6 One of the gold articles plundered from the Midianites offered to the Lord by the Israelite army 'to make atonement' (Numbers 31:50) (6)
- 7 'The fathers have eaten sour grapes, and the children's teeth are set — — ' (Jeremiah 31:29) (2,4)
- 12 Ate (anag.) (3)
- 14 'We ourselves... groan inwardly as we wait eagerly for our — as sons' (Romans 8:23) (8)
- 15 Abram's nephew (Genesis 14:12) (3)
- 16 Rupture (Job 30:14) (6)
- 17 'Yet to all who received him... he gave the right to — children of God' (John 1:12) (6)
- 18 'I... asked him the true meaning of all — . — he told me and gave me the interpretation of these things' (Daniel 7:16) (4,2)
- 20 Military units (Exodus 14:20) (6)
- 21 'Joseph her husband was a righteous man and did not want to — her to public disgrace' (Matthew 1:19) (6)
- 23 Diva (anag.) (4)

Wordsearch - St Columba - June 2019

This month the Church remembers the Irish monk who first brought Christianity to Britain in around 565. He was St Columba, and he left Ireland with 12 companions to settle on Iona, a tiny island off Mull, in the Western Highlands. Iona had been given to him for a monastery by the ruler of the Irish Dalriada.

Columba's biographer, Adomnan, portrays him as a tall, striking figure of powerful build and impressive presence, who combined the skills of scholar, poet and ruler with a fearless commitment to God's cause. For as well as building his monastery on Iona, Columba also converted Brude, king of the Picts.

A prayer of St Columba runs: My dearest Lord, Be Thou a bright flame before me, Be Thou a guiding star above me, Be Thou a smooth path beneath me, Be Thou a kindly shepherd behind me, Today and evermore. Amen

Church
Columba
First
Ireland
Companions

Settle
Iona
Tiny
island
mull

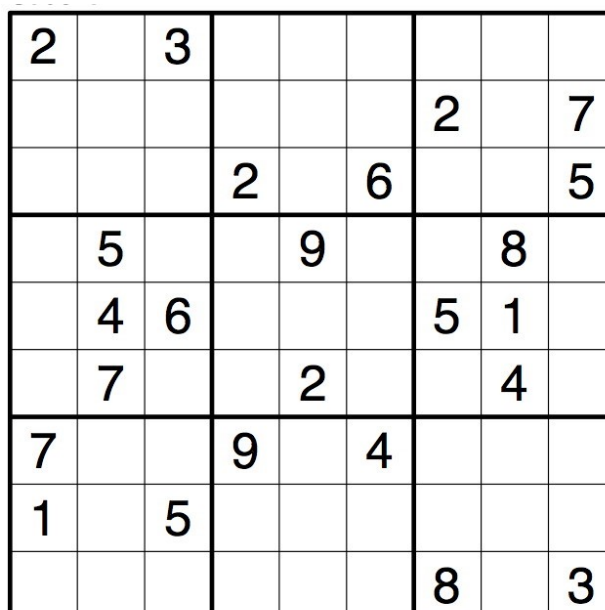
monastery
tall
striking
powerful
impressive

skills
scholar
poet
ruler
fearless

converted
dearest
bright
flame
guiding
star



Medium level
Sudoku



Book Reviews

Walking with Pain

By John Elliston, Kevin Mayhew, £2.99

Pain is inseparable from the human condition. For some it becomes a constant companion with whom an unequal battle is fought. The author explores the phenomenon of pain and places the whole into the context of belief in a loving God. Christian theologians have grappled with the existence of pain, and Christianity has at its centre the Cross. The prayers and Scripture readings concentrate on the rawness of pain and the emotions, rather than the intellectual side of it. Those who have to live with pain struggle more with disbelief, grief, doubt, anger, 'why me?' feelings, not the intellectual.

Neither Bomb Nor Bullet: Benjamin Kwashi, the Archbishop they just couldn't kill

By Andrew Boyd, Monarch, £9.99

In the warzone that Nigeria has become, Archbishop Ben Kwashi has survived three assassination attempts. A brutal assault on his wife, Gloria, drove him to his knees – to forgive and find the strength to press on. Islamist militants have Nigeria in their sights. These are the terrorists who kidnapped hundreds of Christian schoolgirls – who have vowed to turn Africa's most populous nation into a hard-line Islamic state. Their plan is to drive the Christian minority from the north by kidnapping, bombing and attacking churches. Plateau State is on the frontline.

But holding that line against Boko Haram, and standing firm for the Gospel, is Ben Kwashi, the Anglican Archbishop of Jos. In Jos, churches have been turned into fortresses and Archbishop Ben now conducts more funerals than weddings and baptisms put together. Yet his faith grows ever more vibrant. He has adopted scores of orphans who live in his home, including many who are HIV positive. And the challenge of his message – to live for the Gospel even in the face of terror – has never been so timely.

God Loves Me Always

By Make Believe Ideas, Authentic, £8.99

An inspirational collection of stories to teach children how God can help them handle their emotions. Each story explores a particular emotion: sadness, happiness, fear and anger. The stories are written in clear, simple text and are brought to life with beautiful illustrations. Included with each story is a page of information for parents which includes questions to ask children to engage them more deeply with each new emotion, as well as Bible quotes to prompt thought and discussion. A sticker sheet and reward chart are also included at the back of the book to reinforce lessons learnt.



Retired and Inspired: making the most of our latter years

By Wendy Billington, BRF, £8.99

This book is a Christian view of retirement. Attitudes to retirement vary, and in this book Wendy Billington draws on her pastoral skills and life experience to ask the question: what is a Christian view of retirement?

If we believe that life is a gift from God, should we not be viewing retirement as part of an integrated whole and see our latter years as part of God's plan? This book is intended for all to read: individuals preparing for retirement and in their retirement years as well as their families, friends, befrienders, carers and professionals. Written in two sections, 'Uprooting the weeds' and 'Sowing the seeds', it includes questions for group discussion at the end of each chapter, followed by a meditative thought for the day and a closing prayer.

More great music coming to St John's in Capel

Cottage Concerts & St. John's, Capel

JAZZ -NIGHT-



MIKE PIGGOTT'S HOT CLUB TRIO

Friday 13th September ~ 8pm
St. John the Baptist Church, The Street, Capel. RH5 5JZ

Mike Piggott, star of radio, TV, recording and concerts across the world brings his toe-tapping, good-time sound to Capel.

Not just for Jazz fans!

"One of the best swing jazz fiddle players anywhere...."(New York Jazz Times)

Tickets £12 ~ www.capelboxoffice.co.uk

PosterMyWall.com

Sky fright

An airliner flew into a violent thunderstorm and was soon bumping around in the sky. One very nervous lady happened to be sitting next to a clergyman and turned to him for comfort. "Can't you do something?" she demanded forcefully.

"I'm sorry ma'am," said the minister gently. "I'm in sales, not management."

Holy Days or Holidays?

Editor: The Rev Paul Hardingham considers the benefits of a holiday.

Some porters were hired to carry a group's possessions on a trip through the jungle. The pace quickly increased until the head porter called a halt: 'We've come so far, so fast we need to take a break and allow our souls to catch up with our bodies!'

How often do we feel like this? July is a month when many of us take a break. Jesus and His disciples often took time to withdraw from the crowds: 'because so many people were coming and going that they did not even have a chance to eat, He said to them, 'Come with Me by yourselves to a quiet place and get some rest.' (Mark 6: 31,32).

Jesus saw how tired and stressed His disciples were and wanted to give them a break from their busy lives. He loved them and cared about their wellbeing. He longs to do the same with us, so we can restore the balance of work, rest and play in our lives. Going on holiday or taking time off gives us an opportunity of letting go the burdens of everyday life and renewing our rest in Him. This enables us to entrust Jesus with our issues and concerns, as we take time aside declare a holy day or holiday!

The story is told of the aged Apostle John playing with doves. A passing hunter expressed surprise at what a man as pious as John was doing. John pointed to the bow in the hunter's hand and asked him why he carried it with a loosened string. The hunter replied, 'it loses its strength unless it is given the chance to unbend'. John replied, 'why are you surprised that a servant of Christ should not relax to keep himself stronger for his work?'

The Way I See It: warfare, yes, but also mercy

Editor: Canon David Winter considers two views.

75 years ago, as a choirboy, I remember thinking that lots of our hymns were about war. Not the one we were fighting in Europe, but a cosmic battle between good and evil. Christians were to put on their armour, pick up the sword of the spirit and fight with the 'God of battles' until 'every foe was conquered.'

This was, of course, the language of the Victorian hymns which filled our hymn books, and it was a spiritualised version of the 19th century scenario. Britannia ruled the waves. 'God who made thee mighty, Make thee mightier yet.' The conflict reflected in the hymns was not of armed warfare but of spiritual equivalent. But it was nevertheless all about winning and conquest.

It's true, of course, that in the eternal struggle between good and evil Christians are not neutral, but to me, the language of warfare seems inappropriate to follow the One who told us to love our enemies.

One Victorian hymn writer expressed a different view in the hymn 'There's a Wideness in God's Mercy.' It warns of our adopting a 'strictness' which God 'would not!' His love is broader than ours – judging human failures 'kindly' and urging us to make our love 'more simple.'

The author/poet in question was F.W. Faber and this hymn is worth a quiet read. Linked to a beautiful new tune, it has become popular on TV and radio. For me, its message is a helpful balance to those hymns of moral strife. Both are true, but in our present-day world I think Faber has the edge.

“The hardest work I have ever done and the most stressful.” That was how Archbishop Justin Welby described his time as a vicar. “It was isolated, insatiably demanding, and I was, on the whole, working without colleagues. That wears people down.”

Stress, anxiety and other mental health issues account for one-third of all clerical sickness, according to a study conducted for St Luke’s Healthcare for the Clergy. This was recognised by every one of the Bishops I consulted for this article. Bishop Robert Paterson told me that stress was frequently caused by the relentless pressure on the diary of conscientious clergy, saying: “If only they would discuss this pressure with their key laypeople, who are aware that we are all only human.”

Another retired Bishop looked critically at the advertisements for vacant parochial posts compiled by PCCs, saying they listed too many activities, paid insufficient attention to the core functions like pastoral care and Baptisms, Weddings and Funerals, and left little time for prayer and study. A common concern was the amalgamation of numerous parishes with just one priest, which has been common in rural areas and is now increasingly the practice in towns, so that clergy are often rushing from church to church, with little time to spend with the worshipping communities.

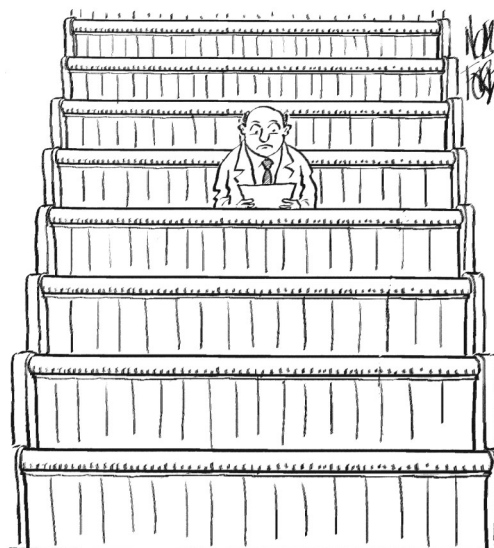
Sensitive laypeople who are familiar with this syndrome will take on as many of the administrative and pastoral responsibilities as they can. I know a couple in a multi-parish Benefice which has had no priest for some years, who organise a rota of retired clergy for Sunday services and visit parents who want their children Christened. In many parishes, it’s churchwardens, sacristans and other volunteers who keep churches going. And that’s how it should be.

With an increasing number of part-time and self-supporting clergy, most with families and some with a full-time job outside the parish itself, laypeople can come into their own. Visiting bereaved neighbours doesn’t require a degree in counselling, and you don’t need to be ordained to compile a parish magazine or newsheet if you have access to a computer and some enthusiastic amateur reporters. There are hidden talents in every parish, which means some of God’s gifts aren’t being used.

Finally, a heartfelt plea, please don’t phone the vicarage after 8 o’clock in the evening, unless it’s an extreme emergency.

To close with a quote from one Archdeacon, advising laypeople on how to treat clergy in danger of stress: “Remember your vicar is human, carrying burdens as well as joys - just like you. Make sure your priest has space and opportunity to keep faith and vision fresh and enlivened - again, just like you.”

All of the above articles sourced from Parish Pump



With the congregation depleted by the bug that was going around, it suddenly dawned on Roy that he wouldn't be able to get away with just miming to the hymns this week

A helpful way of learning about the Christian faith

Bible Society has launched a regular magazine called Lyfe Journal. It's stated aim is to provide 'inspirational articles and activities to help you deepen your faith'.



It is aimed at people who "love to engage with their faith in a more thoughtful way, but who don't have the time to read long books." And so the magazine provides "insights and reflections in manageable sizes from engaged Christians." Each edition draws on the Scriptures and invites the reader to explore different spiritual practices in more depth.

Here are details of the first two issues, which each costs £4.99:

Issue 1: PRAYER. Whether you consider your prayer life to be dynamic or deep, this issue will help you reflect on and discover new ways of praying. Includes interviews with Krish Kandiah and Pete Greig, founder of the 24/7 prayer movement.

Issue 2: HOLY SPIRIT. How do we relate to the Holy Spirit? Including features from Christy Wimber and Paul and Becky Harcourt, leaders of New Wine England, this issue will inspire you to pursue a deeper understanding of the Holy Spirit.

Details at: <https://www.biblesociety.org.uk/products/9780564046478/>

Editor: Some miscellaneous observations on life...

Most of our comforts grow up between our crosses. – *E Young*

The real test of golf and in life is not keeping out of the rough...but getting out after we are in. - *Anon*

A good scare is worth more to a man than good advice. – *E W Howe*

It is not by the grey of the hair that one knows the age of the heart. - *Sir Henry Bulwer*

We demand that big business give people a square deal; in return we must insist that when anyone engaged in big business honestly endeavours to do right, he shall himself be given a square deal. - *Theodore Roosevelt*

The true test of civilization is, not the census, nor the size of cities, nor the crops – no, but the kind of man the country turns out. – *Ralph Waldo Emerson*

A bone to the dog is not charity. Charity is the bone shared with the dog, when you are just as hungry as the dog. - *Jack London*

Selfishness is the greatest curse of the human race. - *W E Gladstone*

Stretch your purse to the utmost, and do all the good you can. - *Richard Baxter*

A friend is someone with whom you dare to be yourself. - *C Raymond Beran*

Torch Trust celebrates 60 years of ministry to those with sight loss

When Torch Trust was born 60 years ago, a vision burned to see God's Word in action, to enable all with sight loss to be fully able to play their part in a Christian community and to grow in faith.



From humble beginnings in 1959, and a family motivated by their love both for God and people living with sight loss, a community grew; extending God's love, providing support and employment for many with sight loss and those called into this ministry.

250 people daily in the UK receive a diagnosis of sight loss. The impact on their sight – and everything else - is life-changing and a challenge that deserves a kingdom response, ensuring that isolation and loneliness is not the reality in Christian communities, although so often this is the case.

Today's reality for Torch Trust is an established ministry. Chair of trustees, singer songwriter Marilyn Baker, who is without sight, champions the cause which sees Christian literature made available in accessible formats (large print, audio and braille); over 80 friendship groups established throughout the UK; holidays and retreats in our centre at Hurstpierpoint near Brighton, and partnerships with organisations across the globe from Malawi to Australia.

The humble heart remains, with a renewed and God-inspired vision for the future.

Torch's time of celebration will mark the official launch of their Sight Loss Friendly Church initiative. Torch wants to connect with 50,000 churches across the UK; equipping them with resources and free expert advice, ensuring that every person living with sight loss is provided with the opportunity to grow in faith. Torch's website and team of advisors offer online resources, training and workshops, to help churches include all with sight loss.

The recent initial launch had a positive response, with more than 40 churches signing up in two weeks.

Torch would invite churches and individuals to visit its website www.sightlossfriendlychurch.org.uk and consider how they would like to get involved.



First Wedding Anniversary

Catherine and Chris Harris would like to thank the Reverend Liz and the community of St. John the Baptist Church for their warm welcome and support throughout their wedding preparations and on the Day itself as they celebrate their first anniversary this June.

Congratulations!

Tips from our EcoChurch team ...



The Dirty Dozen

Want to buy organic but find it's too expensive? Consider buying organic for the fruits and veg below. When not grown organically, this 'dirty dozen' has some of the of the highest concentrations of chemicals.

Apples
 Strawberries
 Grapes
 Celery
 Peaches
 Spinach
 Sweet bell peppers
 Nectarines
 Cucumbers
 Cherry tomatoes

Snap peas
 Potatoes



The first R: Reduce

Reducing waste is the best way to minimise our impact on the environment.

- ◆ Avoid buying items you don't need.
 - See if you can repair damaged items, instead of throwing them away.
 - Avoid items with excessive packaging.
 - Don't buy single-use bottles of water. Instead, bring a reusable bottle; visit refill.org.uk to find places where you can refill your bottle for free, or download the 'Refill' app for when you're on the go.
 - Hang washing outside to dry rather than using a tumble dryer.

All these tips and more available from our Parish website:-

<https://www.capelandockleychurch.org.uk/eco-page/>

“Dear Vicar ...”

Editor: When children write to their minister:

“Dear Vicar...

I know God loves everybody but then He never met my sister. Yours sincerely, Arnold. Age 8.

Please say in your sermon that Peter Peterson has been a good boy all week. I am Peter Peterson. Sincerely, Pete. Age 9.

My mother should be a minister. Every day she gives me a sermon about something. Robert, aged 11.

I'm sorry I can't leave more money in the plate, but my father didn't give me a raise in my allowance. Could you have a sermon about a raise in my allowance? Love, Patty. Age 10.

My mother is very religious. She goes to play bingo at church every week even if she has a cold. Yours truly, Annette. Age 9.

I would like to go to heaven someday because I know my brother won't be there. Stephen. Age 8.

I think a lot more people would come to your church if you moved it to Disneyland. Loreen. Age 9.

I liked your sermon where you said that good health is more important than money, but I still want a raise in my allowance. Sincerely, Eleanor. Age 12.

Please pray for all the airline pilots on Sunday. I am flying to California on Monday. Laurie. Age 10.

I hope to go to heaven someday, but later than sooner. Love, Ellen. Age 9.

Please say a prayer for our school football team. We need God's help or a new goalkeeper. Thank you. Alexander. Age 10.

My father says I should learn the Ten Commandments. But I don't think I want to because we have enough rules already in my house. Joshua. Age 10.

I liked your sermon on Sunday. Especially when it was finished. Ralph. Age 11.

How does God know the good people from the bad people? Do you tell Him or does He read about it in the newspapers? Sincerely, Marie. Age 9.

Who does God pray to? Is there a God for God? Sincerely, Christopher. Age 9.

Are there any devils on earth? I think there may be one in my class. Carla. Age 10.

Laughter
is God's
blessing.

- Joseph Prince

Exciting opportunity A chance to visit the Holy Land in 2020!
Don't miss out!

Read more in Rev Liz' s
letter on page 3

Parish of Capel & Ockley Trip to the Holy Land 2020

A chance to see history first hand

Come and hear our exciting plans at
Capel Parish Hall Tuesday 2nd July 7.30pm
For further details contact Gill Christie

01306 711917

Various observations on our Christian faith

Practice is the incarnation of faith. – *John Donne*

Everybody wants to get to Heaven, but nobody wants to die.

True faith is ever connected with hope. – *John Calvin*

I do not seek to understand that I may believe, but I believe that I may understand: for this I also believe, that unless I believe, I will not understand. – *Anselm*

God does not wish us to remember what He is willing to forget. – *George A Buttrick*

If my heart is right with God, every human being is my neighbour. – *Oswald Chambers*

CROSSWORD solution

ACROSS: 8, Grandchildren. 9, Pro. 10, Marvelled. 11, Strut. 13, Startle. 16, Babysit. 19, Orate. 22, Eucharist. 24, Map. 25, Commissioners.

DOWN: 1, Egypt's. 2, Favour. 3, Edomites. 4, Thorns. 5, Blue. 6, Armet. 7, On edge. 12, Tea. 14, Adoption. 15, Lot. 16, Breach. 17, Become. 18, This So. 20, Armies. 21, Expose. 23, Avid.

Medium Sudoku solution

2	1	3	5	7	9	4	6	8
5	6	9	1	4	8	2	3	7
4	8	7	2	3	6	1	9	5
3	5	2	4	9	1	7	8	6
9	4	6	3	8	7	5	1	2
8	7	1	6	2	5	3	4	9
7	3	8	9	5	4	6	2	1
1	2	5	8	6	3	9	7	4
6	9	4	7	1	2	8	5	3

E		F		E		T		B		A		O
G	R	A	N	D	C	H	I	L	D	R	E	N
Y		V		O		O		U		M		E
P	R	O		M	A	R	V	E	L	L	E	D
T		U		I		N				E		G
S	T	R	U	T		S	T	A	R	T	L	E
	E			E				D		O		
B	A	B	Y	S	I	T		O	R	A	T	E
R		E				H		P		R		X
E	U	C	H	A	R	I	S	T		M	A	P
A		O		V		S		I		I		O
C	O	M	M	I	S	S	I	O	N	E	R	S
H		E		D		O		N		S		E

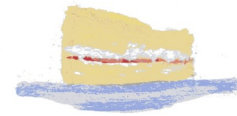
Wordsearch solution

I	C	M	P	N	I	F	I	L	I	E	L	R	D
S	O	S	O	A	S	K	I	L	L	S	S	E	S
T	L	D	W	N	N	E	Y	R	N	A	T	E	D
R	U	L	E	R	A	O	N	O	S	R	T	S	S
I	M	P	R	E	S	S	I	V	E	T	S	S	H
K	B	U	F	C	L	N	T	V	L	C	E	C	I
I	A	N	U	L	A	F	N	E	D	L	R	H	P
N	R	L	L	P	A	O	R	N	R	U	A	O	L
G	N	E	M	T	C	M	A	A	H	Y	E	L	I
S	S	O	L	O	K	L	E	C	E	T	D	A	T
I	C	L	T	A	S	F	R	T	H	G	I	R	B
G	U	I	D	I	N	G	I	V	W	I	Y	A	N
M	D	M	L	E	R	D	I	T	R	L	R	T	V
M	D	R	G	R	L	E	I	E	S	M	O	S	C

Junior InSpire Bible Bite's Wordsearch

e	i	a	p	t	h	i	n	k	i	n	g	o
d	c	u	k	l	h	j	y	c	m	q	z	a
t	n	t	n	w	k	e	c	r	p	s	q	p
n	l	h	e	h	v	s	a	o	r	t	f	r
l	m	o	w	u	l	u	p	w	e	r	r	a
p	a	r	a	l	y	s	e	d	s	e	i	i
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i	i	e	q	k	m	o	m	a	t	s	i	o
v	n	w	h	e	h	c	j	e	q	j	n	h
e	g	l	o	w	e	r	e	d	i	k	s	h

We hope to see you here on 22nd June!



Saturday
22nd JUNE 12pm - 3pm



FUN FOR ALL

including



DON'T MISS IT!

 @capelvicaragefete
www.capelandockleychurch.org.uk

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Your contributions would be most welcome and any copy for this publication should be sent to
Suzanne Cole editor@capelandockleychurch.org.uk By 25th of each month please.

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