



# InSpire

Issue 20 October 2018

The monthly publication for  
the Parish of Capel & Ockley

*Your mercies are new every morning;  
great is your  
faithfulness*

*Lamentations 3:22-23*

**Contents:-**

- 2 Church contacts
- 3 Rev Liz Writes
- 4 Rev Liz writes contd.
- 5 Church diary for October
- 6 Junior InSpire
- 8 Prayers
- 9 News from the Pews
- 11 Letter from the Editor & News about Traidcraft
- 12 High Days & Holy Days
- 14 In the News
- 15 Halloween & In the Registers
- 16 Puzzle Pages
- 18 News from the Belfry
- 19 Diary of a Momentous Year - October 1918
- 20 In the Month of October and Eco Tip of the Month
- 21 Dorking Foodbank News and Paddington Bear at 60!
- 22 Sponsor a Hymn Book
- 23 Puzzle Solutions
- 24 Looking at You
- 25 God in the Arts
- 26 St James the Least (Humour)
- 27 Book Reviews
- 28 Spanish Fiesta News

*If we're going to be enthusiastic about life, we must be passionate about God.*

*Walk by faith* [www.dayspring.com](http://www.dayspring.com)

This issue is kindly sponsored by

**Pat White**  
*in memory of Colin*

*"Loved you yesterday,  
love you still,  
always have  
always will."*

**NEW HYMN BOOKS IN CHURCH FROM SUNDAY 7TH OCTOBER!**

Thank you for sponsoring our new hymn books. I thought you would like to know that they will be in use for the first time this coming Sunday at our Harvest Festival service, do come along and see them for yourself. The service starts at 10.30am and is followed by a bring and share lunch. I look forward to seeing you there!

**Debbie von Bergen, Treasurer PCC**

**Church Contacts:-****Vicar**

Rev Liz Richardson  
The Vicarage, High Lea, 54 The Street, Capel.  
[vicar@capel-church.org.uk](mailto:vicar@capel-church.org.uk)  
Tel: 01306 711260

**Churchwardens****Capel:**

Norman Ede 01306 713247 and Joy Harman 01306 711482  
[churchwardens@capel-church.org.uk](mailto:churchwardens@capel-church.org.uk)

**Ockley:**

Shirley Dean-Webster 01403 822967 & Gill Christie 01306 711917

**Treasurers:**

**Capel** Debbie von Bergen      [debbievonbergen@icloud.com](mailto:debbievonbergen@icloud.com)  
07774 784008

**Ockley** Helen Burt      [familleburt@gmail.com](mailto:familleburt@gmail.com)  
01306 711671

**Capel Organist & Choir**      Anthea Smallwood 01306 711883

**Weekly Sheets & InSpire Editor**

Suzanne Cole      [editor@capel-church.org.uk](mailto:editor@capel-church.org.uk)  
01306 711449

**Church website:**

**[www.capelandockleychurch.org.uk](http://www.capelandockleychurch.org.uk)**

Webmaster:      [webmaster@capel-church.org.uk](mailto:webmaster@capel-church.org.uk)



# Rev Liz writes

*Dear all,*

This month I will have been your vicar here for seven years which I can hardly believe. Where has all the time gone?! It certainly doesn't seem like seven years; the time has literally flown by, yet these seven years have shaped our parish of Capel from one where I was appointed as a self-supporting minister under an arrangement of 'House for Duty' to a new united Parish and a full time Stipendiary role. (A Stipend is the ecclesiastical word for regular payment to clergy). Basically it means I am now paid! I was extremely happy to come here under House for Duty arrangements as I had other family commitments to honour as well as serving the church and community here. Those of you who know me and the work of clergy also know that ministry is rarely part time, so it was with great thankfulness that a couple of years ago Capel PCC agreed that they could fund a half stipend for the ministry I do. Now with the opportunity to join with St Margaret's at Ockley, all agreed that this should be a full time stipendiary position which is wonderful. It is good for me of course, but also good for our parish as a whole. More and more clergy have to take on several churches, particularly in rural areas, which is exhausting. It is good that Capel and Ockley have a full time stipendiary vicar to share especially in future years. That said, in order to keep this we have to raise money to pay our Parish Share which is like a tax which goes to Guildford Diocese, in order for stipends to be paid, support staff to help us, new clergy to be trained and so on. It is a very large amount of money and if we don't pay it our position as a parish with a full time paid minister is threatened.

Does this sound a bit gloomy? Well don't be disheartened as this is something we can achieve if those who value having a church in the midst of their communities just consider giving a very small amount each month on a regular basis. One off donations are of course extremely welcome, especially this year, but regular giving helps us to budget and plan our activities so that our communities are best served. With this in mind, I and others who look after the stewardship and leadership in our two churches will be hosting a very informal information evening at Ockley Cricket Pavilion on Friday the 19<sup>th</sup> October between 6 and 9pm. We will be launching our new stewardship leaflet outlining the parish giving scheme etc. but we are also extremely anxious to meet and listen to those of you who are interested in what St Margaret's and St John's do in our villages. There has been a lot of disappointment and mistrust in some parts of our joint communities; in particular the closing of the Scott Broadwood Ockley School Base, along with other losses in Ockley and we are concerned to hear peoples' views and what they would like to see in the future and how we at each church can help shape that future too. So please do come along and meet us – I can assure you there will be lovely refreshments on offer.

Some of you may by now be thinking "well what about all the money that the Capel Show raises for the church? Doesn't this pay for parish share?" We are extremely grateful for the money raised from the Car Show which goes to The Friends of Capel Church. The Friends raise money for the fabric of the church building itself; not the churchyard or the boundary wall or any other expenses. It is a wonderful and invaluable resource for us but the money can only be spent on things like the latest rainwater goods project and various repairs on the roof which is about to take place. Without the Friends we would not have the well maintained church we have today. However, we are hoping to run the very popular barbeque stall at the show next year for which then any money raised will go into our general funds – i.e. parish share again – which allows us to provide all the services that the whole community uses – weddings, baptisms, funerals, Messy Church, Harvest Festival, Pet Service, Easter and Christmas – I'm sure you get the picture!!

***Rev Liz's letter is continued on page 4***

## ***Some quotes with Harvest in mind...***

A thankful heart is not only the greatest virtue, but the parent of all the other virtues. – *Cicero*

Thanksgiving is the vibration of the soul's heartstrings under the soft touch of God's benevolence.

## 'Rev Liz writes' continued

Finally, there is the question of the boundary wall project. Now I know that many of you think that the work in some areas is not necessary and is overpriced and yes, some quotes we received were astronomical. We have however been able to secure the services of an experienced stonemason who has given us a very reasonable estimate for the whole job which he is willing to do for us piecemeal as and when we have the funds to finance another section. He has experience in training others in this work and is willing to make this a local community project for any who would like to be involved and we hope this will be of interest to some locally. For those of you who may have walked through the churchyard into the Parish Burial Ground recently you will have met Shawn and seen the great job he is currently doing. Is it really necessary? It is! We are required to maintain the wall and any other boundaries and if you look closely you will see the wall is generally in disrepair all-round the church. We are looking at grants for this work, and are very grateful for those who have already made generous donations – without you we couldn't even begin to repair the back section which had fallen down. This is a separate fund raising project though and any money that is raised or given generally to the church will not be used for the restoration of the wall unless specified.



Thanks to digital technology, the vicar never got the name wrong again

This has been a wonderful seven years for Doug and me to share in village life, the joys and sorrows, the ups and downs of many of you over this time. We do feel truly blessed to be here amongst you all and I do hope you won't mind my clarifying the financial challenges we face as church and community. It's a bit of a seven year review! We couldn't do anything without your love and support and I hope you know that we try to always offer ours to you. Thanks be to God!

With my love and prayers as ever,

*Rev Liz*

**Manager wanted to run the charity Christmas card pop up shop within St Martins church, Dorking**



The role involves looking after and organising volunteers, setting up and closing down the shop with a team of volunteers; re-ordering stock as needed and checking deliveries; daily banking. This is a very rewarding, interesting and fun role. A modest payment is paid at the end of December.

**Dates required - From 15<sup>th</sup> October to 13<sup>th</sup> December**

Would suit someone retired or looking for work or someone needing a new challenge.

Please contact the Area Manager Kathy Hill on 07802 851884 alternatively email [Kathy.hill@cfgc.org.uk](mailto:Kathy.hill@cfgc.org.uk)

# CHURCH SERVICES & EVENTS

## for the Parish of Capel & Ockley

### OCTOBER

#### SUNDAY

7<sup>th</sup>

8.00 am

10.30am

#### Trinity 19

Holy Communion BCP at Capel

**Harvest Festival at Capel – Parade all age service for both churches****followed by Harvest Bring and Share lunch 12pm and Harvest teas 3-5pm***Donations of non-perishable harvest goods welcomed which will be distributed to the Dorking Foodbank and Leatherhead Start*

#### SATURDAY

13<sup>th</sup>**(LYCiG) Part 2:** at Capel Parish Hall

Leading your church into growth half day 10am – 2pm

#### SUNDAY

14<sup>th</sup>

9.30 am

10.30 am

#### Trinity 20

Holy Communion at St Margaret's Ockley

Café Church at St John the Baptist Capel

#### TUESDAY

16<sup>th</sup>**MESSY CHURCH** For children of all ages accompanied by an adult

Fun, crafts, games and food in the Village Hall from 3.15 till 5.30pm

#### FRIDAY

19<sup>th</sup>

6-9 pm

**Informal community villages' event at Ockley Cricket Pavilion**

Come and have a drink with us and give us your views and thoughts on the future of the churches in our villages of Capel and Ockley and how we can best serve you!

#### SUNDAY

21<sup>st</sup>

8.00 am

9.30 am

10.30 am

3 - 5 pm

#### Trinity 21

Holy Communion BCP at Capel

Matins at St Margaret's Ockley

Family Communion at Capel

Capel Teas in church

#### SATURDAY

27<sup>th</sup>**9.30am** Parish half hour of Prayer at Capel

#### SUNDAY

28<sup>th</sup>

9.30

11 – 5pm

6pm

#### Last Sunday after Trinity

Joint service of family communion at St Margaret's Ockley

**Art Exhibition – NOW POSTPONED UNTIL SPRING 2019****Sunday Session** – informal worship and words at Bob and Judy Cranham's home: The Cottage, 97 The Street, Capel

### NOVEMBER

#### SATURDAY

3<sup>rd</sup>and Sunday 4<sup>th</sup>**SPANISH FIESTA** Pop up restaurant at Capel Memorial Hall*see advert for details on BACK PAGE of this edition of InSpire*

#### SUNDAY

4<sup>th</sup>

8.00

9.30

10.30

1pm

3pm

#### All Saints and All Souls

Holy Communion BCP at Capel

Matins at St Margaret's Ockley

All Saints Family Communion at Capel

SPANISH FIESTA – **POP UP RESTAURANT** – See back page for details

All Soul's Service for the Bereaved at Capel followed by Capel Teas



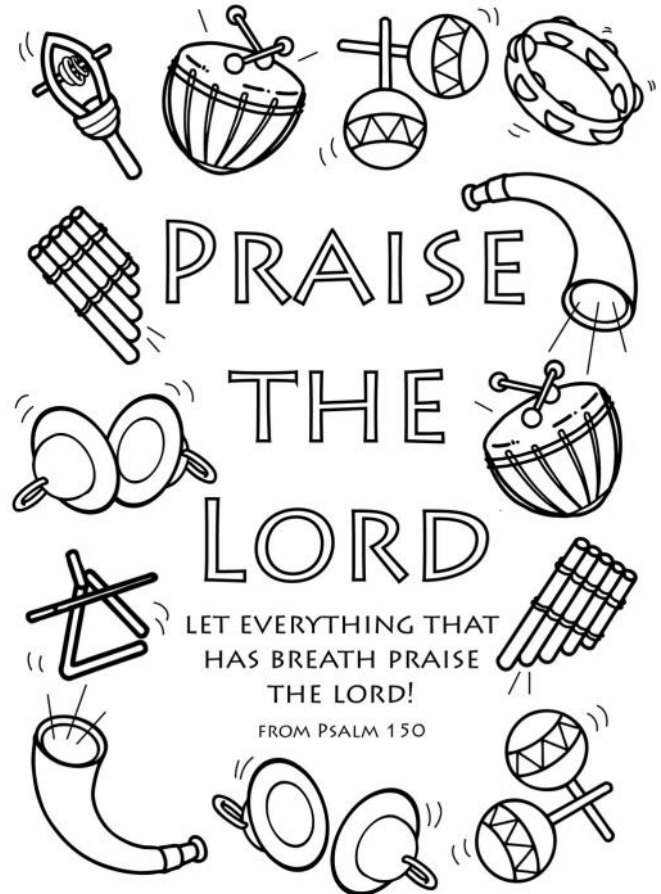
# Junior InSpire

## Junior InSpire Wordsearch

## WHY NOT COLOUR THIS IN?

c	h	a	i	n	s	c	l	i	f	f	y
j	e	s	u	s	t	e	w	c	e	l	z
m	a	n	y	c	l	o	t	h	e	s	d
y	q	g	e	r	a	s	a	h	o	m	e
t	e	r	r	i	f	i	e	d	e	p	m
s	t	a	m	p	e	d	e	d	v	i	o
w	r	v	b	i	c	o	m	e	e	g	n
a	b	e	g	g	e	d	v	m	r	h	s
n	m	y	z	s	d	a	a	r	y	e	t
t	h	a	p	p	e	n	e	d	o	r	e
k	w	r	n	l	e	g	i	o	n	d	l
m	h	d	i	s	c	i	p	l	e	s	l

- |           |           |           |
|-----------|-----------|-----------|
| home      | want      | come      |
| Legion    | man       | pigs      |
| cliff     | Jesus     | begged    |
| everyone  | graveyard | demons    |
| disciples | tell      | leave     |
| clothes   | stampeded | many      |
| name      | happened  | chains    |
| pigherds  | Gerasa    | terrified |



### Want to know more about Harvest Festival?

Harvest festivals are traditionally held on or near the Sunday of the Harvest Moon. This is the full Moon that occurs closest to the Autumn equinox (about September 23rd). In two years out of three, the Harvest Moon comes in September, but in some years it occurs in October.

### What are Harvest Festivals?

Harvest Festivals are celebrations of the food grown on the land.

Thanksgiving ceremonies and celebrations for a successful harvest are both worldwide and very ancient. In Britain, we have given thanks for successful harvests since pagan times. We celebrate this day by singing, praying and decorating our churches with baskets of fruit and food in a festival known as 'Harvest Festival', usually during the month of September.

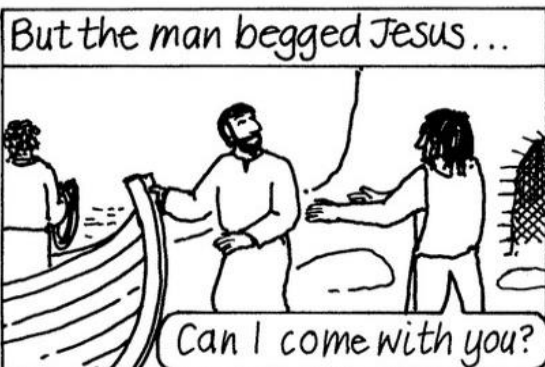
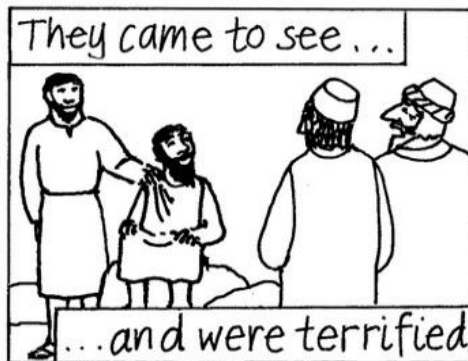
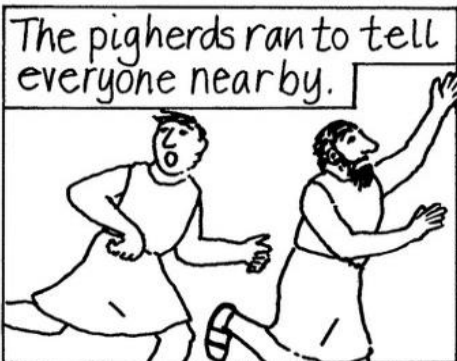
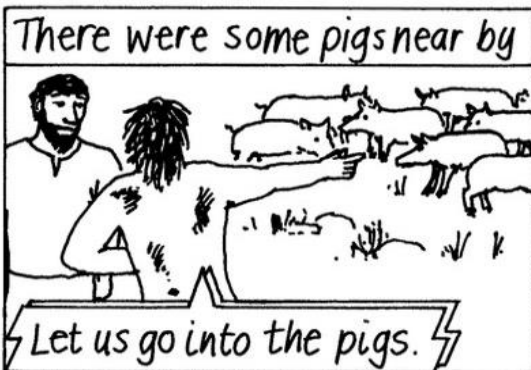
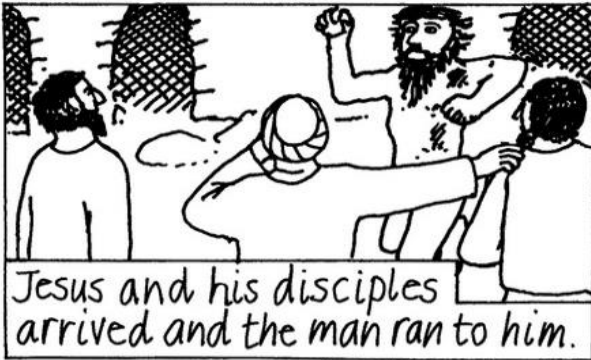
Wordsearch solution on page 23!

# Bible Bite

A short story from the Bible

It can be read in the Bible in  
Mk 5:1-17, Lk 8:26-39, Mt 8:28-34

In Gerasa was a man filled with demons  
He tore off any clothes or chains put  
on him, and he lived in the graveyard.





### Short Thanksgiving Prayer

Lord, thank you for walking with us through the seasons of our lives.  
 For the winter, when we are held safe in your arms through the darkness.  
 For the hope of spring, as we are filled with new promise and life.  
 For summer time, full of warmth and colour  
 And for autumn days as leaves fall to seed new growth.  
 You are always with us. Amen

Almighty and Everlasting God,  
 You are always more ready to  
 hear than we to pray  
 And to give more than either we  
 desire or deserve:  
 Pour down upon us the  
 abundance of your mercy,  
 Forgiving us those things of  
 which our conscience is afraid  
 And giving us those good things  
 Which we are not worthy to ask  
 But through the merits and mediation  
 Of Jesus Christ your Son our Lord,  
 Who is alive and reigns with you,  
 In the unity of the Holy Spirit,  
 One God now and for ever.  
 Amen

As a part of nature's wondrous cycle  
 Of new birth, growth, fruitfulness and death  
 We rejoice in the creation of new life,  
 For parenthood, the passing on of knowledge,  
 For understanding and the wisdom of years.  
 We are grateful for those who have gone before  
 Passing on to us our spiritual heritage.  
 May our lives blossom as the apple tree in Spring  
 May we become fruitful in thought and deed  
 And may the seed of love that falls to the ground  
 Linger beyond our time on this earth.

Make me a tree, Lord,  
 Sturdy,  
 Deep rooted,  
 Useful,  
 Support  
 to those in need,  
 Shelter  
 to those who are weary,  
 Fruit  
 for those who hunger.  
 Make me a tree, Lord,  
 Sturdy,  
 Deep rooted,  
 Useful.

Dear Lord,

We give thanks for those who have been married in our church recently; James & Annabel, Daniel and Hannah and Andrew and Elizabeth. We wish them God's blessing on their marriages.

We remember those who are lonely or unwell and we remember our friends who are not able to join us in church currently, including Ron Backhouse, Pat Wombwell, for Peter & Mary Ede, Chris & Gwyneth Drummond, Wyn Wright and Joan who is in Nower Care home. We also pray for our friend Freda who has had to move away to her son's following her house fire. She will be much missed by us all.

We remember those who have died recently, particularly the family and friends of Terence Woodruffe (Tich) whose funeral will be held on October 15th at 11.00 am in church. We also remember those whose anniversaries fall at this time including Colin White.

We bring before you Lord all those who are known to us personally and those who request our prayers in our Parish churches. Send us out as a light in the world to live and praise your name.

Amen





**APPEAL FOR COFFEE ROTA VOLUNTEERS!**

At St John's in Capel, we all appreciate our cup of freshly brewed coffee after the service. However, the number of volunteers on the rota to make and serve the coffee is dwindling meaning each pair has more dates to cover. If we could recruit a few more pairs of hands it would keep the job manageable for us all. If you think you could help or would like to find out more about what it entails please speak to George Ede, 01306 713247, [george@nightlesscopse.co.uk](mailto:george@nightlesscopse.co.uk). You could also shadow someone on the rota one week to see what is involved! Many thanks. George

**Work on the West boundary wall of the churchyard at St John the Baptist, Capel**

We have recently commenced work on the west boundary wall of the church yard. The appointed stonemason, Shawn Williamson was able to give us some time in September to make a very meaningful start on the wall. If you haven't seen the impressive work he has done, you should take a walk through the church yard to see for yourself. As Shawn had some free time we made a start on the wall to show our intent and what can be achieved to restore the lovely handcrafted wall. He has completed approximately 1/3 of the wall. Money for this month's work has come from the boundary wall fund. Shawn is proposing to return in November, weather and funds permitting. We have applied to the Capel Parish Council for partial funding and if that comes through we will be able to do a further section of the wall. Further donations from the parish and wider community are needed. *Shawn would like to teach local people the art of stonemasonry and we would welcome volunteers to come along in November to learn and assist. If you are able to do so please let Liz know.*

**Leading your Church into Growth (LYCIG) Saturday 13th October**

LYCiG Is an opportunity to look at how we can grow our churches in our parish. We explore together with visual input and discussion and come up with a plan for the future.

We meet in Capel Parish Hall (behind the village hall) at 10 till 2pm. Bring something to share for a buffet lunch. Other refreshments provided.

**T.L.C. Teas @ Ockley Village Hall**

TLC meets monthly for a friendly afternoon chat, scrumptious teas and lots of Tender Loving Care.

**Normally held on the THIRD Monday of every month from 3.00—4.30 pm in Ockley Village Hall**

Our aim is to provide a happy and relaxed atmosphere for those who just want to meet together.

For further details contact:  
**Judie on 01306 888456 OR**  
[emailthoroldfuters@aol.com](mailto:emailthoroldfuters@aol.com)

**St Margaret's Bible Study Group**

Held every fortnight on a Thursday at 2.00 pm at Gill Christie's house:

'Elderslie', Stane Street, Ockley, Surrey RH5 5TD

Phone: 01306 711917 for more details.

**SYLVIE BECKET'S AUTHORISATION SERVICE at Guildford Cathedral**

will be held on **Saturday 3rd November** at 10.30am

All are welcome to join Sylvie and the other pastoral assistants at this wonderful occasion.

**Fortnightly Prayer Sessions**

Rev Liz has started Fortnightly Prayer Sessions which take place on a Saturday morning from 9.30 am - 10.00 am. This is an opportunity to focus on prayer for the needs of our parish, its community and ongoing affairs. It is also for the help and intercession needed in the much wider community.

Our next session is on **Saturday 15th September in St John the Baptist, Chapel** and will be led by Gill Christie as Rev Liz on leave that week. Do come along and join us!

**The Pavilion Café at Ockley**

This community cafe is held at the cricket pavilion in Ockley and opens each Wednesday from 9.00 am—12 noon.

Do pop in for delicious homemade cakes, freshly brewed coffee and a range of teas!

We hope to see you there!



*Could you sponsor an issue of  
InSpire next year?*

*As we begin to look forward to 2019 we are  
looking for Sponsors for an  
issue of InSpire.*

*The current cost of a 24 page issue x 50 copies is £58.00  
Occasionally, it is 28 pages and this costs £67.00 for 50 copies.*

*We would like to keep this magazine free of charge and if possible not to open  
it up to advertisers. But in so doing, we need a way to fund it!*

*With many thanks to all the Sponsors of the 2018 issues!*

*If you think you could help, please speak to Debbie von Bergen or Suzanne Cole.*

*Thank you.*

***Children's Society Christmas Coffee Morning***

***Saturday 10th November 10 am - 12 noon***

The Annual Christmas coffee morning in aid of The Children's Society will be held on Saturday 10th November 2018 10.00 am - 12.00 noon.

Christmas cards and sundries will be on sale along with delicious refreshments.

We hope very much that you can join us there!



**Any donations of cakes & bakes would be very welcome, as would any Raffle Prizes. Thank you!**



*Dear Readers,*

As we enter the month of October and the days start drawing in, we have much to celebrate in both our churches with the two Harvest Festivals, Church teas continuing, Messy Church and the Spanish Fiesta in early November to look forward to.

Work has begun on our churchyard wall and there is even an opportunity to get involved if you wish to! More details on page 9. There is sad news too with the demise of Traidcraft which has been part of our church life in Capel for many years with Sally Richardson, Jane Reeves and then Sue Partridge selling their products in church. You will see Sue's letter below. Let us hope that Traidcraft can exist once more at a future date and we give thanks for the many farmers and artisans that have been helped by Traidcraft over the years.



*Every week they gathered for Bible Study*

In early November, we will be hosting our annual Christmas coffee morning in aid of The Children's Society which we support as a church. Sue will also be selling Traidcraft products for the last time, so we hope you will come along and support us. ***We would also welcome any contributions of cakes and cookies etc, together with any Raffle Prizes as we found this was a very successful part of last year's coffee morning. Please can we ask that any food items donated are within their use by date—obviously this is also the case with our Harvest festival donations! Thank you.***

*Best wishes,  
Suzanne*

### **Some sad news**

Dear Friends,



Recently I received a letter to Traidcraft stall holders containing some sad news. It is that unfortunately they will be unable to continue trading in the current way from the end of December 2018. The company is running at a loss. When Brexit was announced they lost £ 338,000 pounds overnight because of the value of the pound. This is too large an amount for such a small company to recuperate. Also because Fair trade produce is more visible in shops and supermarkets, Traidcraft need to rethink how to market their produce.

For me, I have built up quite a rapport with the ladies in the north of England at the end of the phone. Over the years, I have a lovely working relationship with them when I put through an order, and they are all really pleasant. There are 68 ladies and as they say we are all one family. They most probably will lose their jobs, but are in a consultation process until the end of December.

The ripple effect of the probable closure of Traidcraft also effects my dear, faithful customers here in Capel. I will be holding a stall at the **Coffee morning in Capel church on Saturday November 10th** alongside goods sold in aid of the Children's Society. This will be the last chance to buy Traidcraft produce, as I will be hanging up my boots as a stall holder as I think after Christmas it will not be operating in the way it has for so many years. I thank my customers for their support over the years for buying produce and so helping farmers and artisan workers overseas.

Do come along on November 10th! I hope to see you there!

Best wishes,  
Sue Partridge

#### 4th St Francis of

##### Assisi - love for the Creation

St Francis (1181 - 1226) is surely one of the most attractive and best-loved of all the saints. But he began by being anything but a saint. Born the son of a wealthy cloth-merchant of Assisi, Francis' youth was spent in fast-living, parties and on fast horses as a leader of the young society of the town. Then he went to the war between Assisi and Perugia, and was taken prisoner for a year.

By the time of his release, Francis had changed. Perhaps his own suffering had awakened him to that of others. In any case, he abandoned warfare and carousing, and began to help the poor and the lepers of his area. Then one day a voice which seemed to come from the crucifix in the small, semi-derelict church of Damiano Assisi 'Go and repair my house, which you see is falling down'.

This religious experience was a vital turning point in Francis' life: Jesus Christ became very real and immediate to him. His first action was to begin repairing the church, having sold some of his father's cloth to pay for materials. His father was not amused, in fact he was furious - until Francis renounced his inheritance and even his clothes by his dramatic stripping off in the public square of the town. The Bishop of Assisi provided him with simple garments, and Francis began his new life.

His inspiration was always religious, not social, and the object of his quest was always the Crucified Christ, not Lady Poverty for her own sake. Francis rebuilt San Samiano, and then travelled as a pilgrim. His compassion for the poor and lepers became famous. Soon disciples joined him, and they set up a communal life in simple wattle and daub huts. They went on occasional preaching tours. (Not until later did they become an Order whose theologians won fame in the Universities.)

In 1219 Francis visited the Holy Land, and his illusions about the Crusaders were shattered. He went on to seek out the Sultan, and tried to convert him. Back home, he found his Order was now 5,000 strong, and growing. Francis stepped down as head, but continued to preach and was immensely popular. He died after a prolonged illness at the age of 45, and was canonised in 1228.

Francis' close rapport with the animal creation was well known. The story of his preaching to the birds has always been a favourite scene from his life. He also tamed the wolf of Gubbio. This affinity emphasises his consideration for, and sense of identity with, all elements of the physical universe, as seen in his Canticle of the Sun. This makes him an apt patron of nature conservation.

The 20th century witnessed a widespread revival of interest in Francis. Sadly, some films and books caricatured him as only a sentimental nature-lover or a hippie drop out from society. This ignores the real sternness of his character, and his all-pervasive love of God and identification with Christ's sufferings, which alone make sense of his life. Two ancient, and many modern English churches are dedicated to him.

#### 6th William Tyndale, Bible translator and Reformation martyr

This month is the 500<sup>th</sup> anniversary of the beginning of the Reformation, and so a good time to pay tribute to an outstanding English scholar, translator and martyr of the Reformation.

William Tyndale (c. 1494 - 6<sup>th</sup> October 1536) was born near Gloucester, and studied at Oxford and Cambridge. He could speak seven languages, and was proficient in ancient Hebrew and Greek. As a priest, his abilities would have taken him a long way, but by 1523 Tyndale's only desire was to translate the Bible, so that English men and women could read it for themselves. It became his life's passion.

For Tyndale had rediscovered a vital doctrine that the Church had been ignoring: that of justification by faith. He had found it when reading Erasmus's Greek edition of the New Testament. In fact, his life's work was well summed up in some words of his mentor, Erasmus: "Christ desires His mysteries to be published abroad as widely as possible. I would that [the Gospels and the epistles of Paul] were translated into all languages, of all Christian people, and that they might be read and known."

Tyndale's translation was the first Bible to be published in English, the first to draw directly from Hebrew and Greek texts, and the first English translation to take advantage of the printing press.



It was to cost him his life. For Tyndale's work was seen as a direct challenge to the power of both the Roman Catholic Church and the laws of England in maintaining the Church's position.

When the authorities had tried to stop his translation, Tyndale fled to Hamburg, Wittenberg, Cologne, and finally to the Lutheran city of Worms. It was there, in 1525, his New Testament emerged. It was quickly smuggled into England, and King Henry VIII, Cardinal Wolsey, and others, were furious.

Tyndale moved on to Antwerp, where for nine more years he continued his work. Then in May 1535 he was betrayed, arrested, and jailed in a castle near Brussels. Tied to the stake for strangulation and burning, his dying prayer was that the King of England's eyes would be opened. Sure enough, two years later King Henry authorised the Great Bible for the Church of England, which relied largely on Tyndale's work.

Not only that, but in 1611, the 54 scholars who produced the King James Bible drew very heavily from Tyndale. Even today we honour him: in 2002, Tyndale was placed at number 26 in the BBC's poll of 100 Greatest Britons.

### 10th Francis Borgia – 'the Jesuits' second founder'

Here is a saint for you if you have lost the person you love. Here is a saint for you if you would not let your wealth and security stop you from doing something daringly good with your life.

Francis Borgia (1510 – 72) certainly began with it 'all'. He was the son of a duke, the great-grandson of Pope Alexander VI, and also of King Ferdinand V of Aragon. He was a fast-tracker in his career: by 18 he was recognised at the Emperor's court, and by 19 he was Viceroy of all Catalonia. Soon he was made Duke of Gandia, and then discovered that his magistrates were corrupt. The first big crisis of his life had arrived.

Francis suppressed the corruption – and paid the price. He was scorned at court. So he retired to his estate, and instead of planning revenge, planned for more good: he began a Dominican foundation and restored a hospital for his grateful people.

Then in 1546 the second crisis of his life hit him: his wife died, leaving him and their eight children stricken with grief. Instead of remarrying, or turning to warfare,

Francis resigned his dukedom in favour of his son, and secretly joined the Society of Jesus.

Francis tried hard to conceal his rank, but his ability could not be hidden. After his ordination, his experience in governing all of Catalonia was put to good use – he was made Commissary for Spain and Portugal, where he founded many colleges and other houses. By 1561 he was called to Rome, and in 1565 he was elected General of the Jesuits.

For the remaining seven years of his life, Francis stirred up a whirlwind: reforming the lives of Christians throughout Europe by inspiring and supporting his clergy. He was so zealous that he has been called the Jesuits' second founder. He helped found what would become the Gregorian University in Rome, established a new province in Poland, began missionary work in the Americas, and organised relief for the plague-stricken of Rome. When he finally collapsed, worn out with hard work, he prayed for each of his children and grandchildren in turn, blessing them with a thankful heart before he died.

Francis Borgia was born to worldly greatness, but achieved personal greatness by his indifference to wealth and power: about all he loved God, and wanted to serve Jesus Christ in whatever way presented itself.



## In the News

### **Growing numbers of young people train as priests**

Growing numbers of young people are seeking ordination to the priesthood, as the Church of England makes progress towards achieving a key target of recruiting more candidates for ordained ministry.

The number of people aged under 32 years old recommended for training for ordination this year rose by nearly a third, or 32%, to 169, compared to 128 in 2016, a report on vocations from the Church of England shows. This means nearly one in three, or 29%, of those entering training for the priesthood this year are expected to be under 32 years old.

The overall number of people recommended for ordination training is up 7% on last year, from 541 to 580. This follows a 14% increase the year before, putting the Church on course to achieving a key target of recruiting 50% more candidates for ordination by 2020.

The figures have been published alongside Ministry Statistics for 2017 showing just over 20,000 active clergy in the Church of England, with women making up nearly a third, or 30% of the total. But the number of clergy in paid positions in 2017 fell by 50 from 7,790 to 7,740 compared to 2016.

Nearly a quarter, or 23% of paid clergy in senior posts, such as Bishops, Cathedral Deans or Archdeacons were women in 2017, compared to 12% in 2012.

Meanwhile, the vocations report shows that women are set to be the majority entering ordination training for the second year running, with 54% of this year's recommended candidates being female.

Director of the Church of England's Ministry Division, Julian Hubbard, said: "I am delighted that the Church of England has seen a rise in the number of vocations to the priesthood for the second year running. We are particularly pleased to see the increase in the number of young women and men entering training.

Catherine Nancekievill, Head of Discipleship and Vocation for the Church of England, said: "The Church of England is investing in worshipping communities across the country from coastal towns to rural areas and urban housing estates. This rise in vocations to ordained ministry is a welcome answer to our prayers and hard work across the country to ensure that we continue to bring the Good News of Jesus Christ to every community."

The Church of England is aiming to achieve an increase in the diversity of those entering ministry and a 50% increase in the total number of candidates for ordained ministry by 2020. This is part of its Renewal and Reform programme

### **Crime in the Countryside**

Following the publication of the NFU Mutual Rural Crime Report 2018, the Bishop of St Albans, Alan Smith, the Church of England's lead bishop on rural affairs, said: 'This is no surprise for those of us who are in touch with rural areas and highlights the scale of crime in the countryside. One important aspect is the increasing incidence of fly tipping, which is a problem I hear raised repeatedly in my diocese.

"The Government claims that it has given councils sufficient powers to deal with the problem. Yet Defra's own figures reveal that 51 per cent of local authorities have yet to have a single prosecution and there have been no fines imposed by 44 per cent of local authorities. If local authorities are not prepared to act, then surely central Government needs to take more drastic action to tackle this crime?"



## Halloween is on the way

It is that time of year again – when the pumpkins with scary faces appear in our shops, surrounded by skeleton costumes, zombie masks, witch’s hats and sweets with gruesome names.

How do Christian parents deal with this annual celebration of evil and death? For of course 31<sup>st</sup> October has pagan Celtic roots – it was the evening when the souls of the dead were meant to revisit their old homes on earth.

Most kids just want the fun of dressing up and scaring their friends half to death. They are oblivious to the darker forces behind it all, or at least do not take them seriously.

Many Christian families and churches have resolved the problem not by ignoring Halloween, but by taking it as only the starting point in a festival, not the end in itself. Hence, they allow their children to dress up, but then take them to a Lights Party, where the whole story is told, not just the pagan bit. Instead of discouraging any thoughts of evil and death, they encourage the children to consider the darkness – but through a Christian lens. Christians do not deny death and dying and evil, but they know that death has no real terrors for us at all, because it has been defeated through the cross and resurrection of Jesus. Halloween is only half the story: Christianity is the completion, because God in his love sent Jesus to save us from darkness.

So - Halloween is a time to remind our children that Jesus is with us in both the good and bad times of life.

### From the Registers

#### We celebrate the marriages of

*Annabel Laura von Bergen and James  
Ian Carter*  
1<sup>st</sup> September 2018

**and**

*Hannah Louise Higgins and  
Daniel Jonathan Fryer*

8<sup>th</sup> September 2018

**and**

*Elizabeth Mulreedy and  
Andrew Cranham*

29<sup>th</sup> September 2018

**at St John the Baptist Chapel**

If you’re not allowed to laugh in heaven, I don’t want to go there. – *Martin Luther*

Everyone says forgiveness is a lovely idea until he has something to forgive. – *CS Lewis*

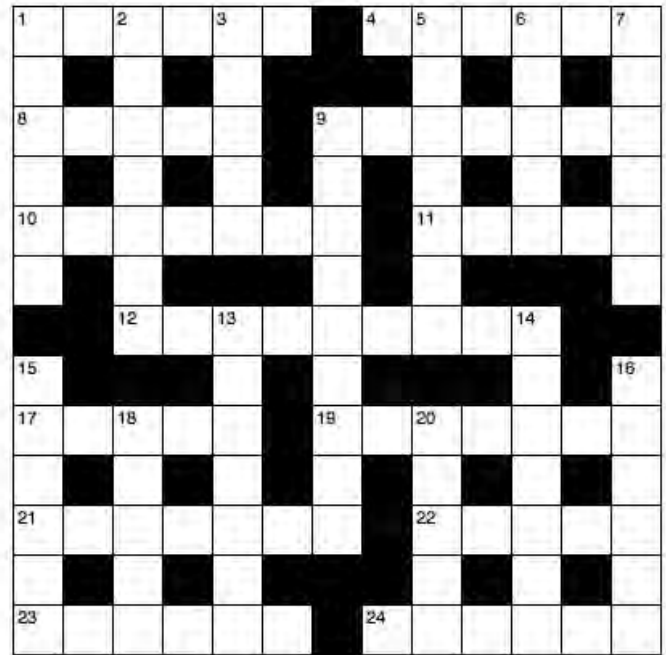
There are two kinds of friends: those who are around when you need them, and those who are around when they need you.

You can give without loving, but you cannot love without giving.

## CROSSWORD clues and solution

### Across

- 1 Tertullus, who presented the high priest's case against Paul in his trial before Felix, was one (Acts 24:1) (6)
- 4 As balm (anag.) (6)
- 8 Having explored Canaan, he and Joshua urged the Israelites to take possession of it (Numbers 13:30) (5)
- 9 On becoming king of Judah, he had all six of his brothers killed (2 Chronicles 21:4) (7)
- 10 'Even the — has found a home, and the swallow a nest for herself' (Psalm 84:3) (7)
- 11 Banishment(Jeremiah29:1)(5)
- 12 'And now I will show you the most — way'(1Corinthians12:31) (9)
- 17 'Titus did not exploit you, did he? Did we not — the same spirit and follow the same course?' (2 Corinthians 12:18) (3,2)
- 19 Mice den(anag.)(7)
- 21 How Egypt is often described in the Old Testament: 'the land of — ' (Exodus 13:3) (7)
- 22 One of the first Levites to resettle in Jerusalem after the exile in Babylon (1 Chronicles 9:15) (5)
- 23 'As a sheep before her shearers is —,so he did not open his mouth' (Isaiah 53:7) (6)
- 24 Paul's birthplace(Acts22:3)(6)

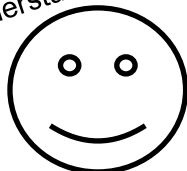


### Down

- 1 Ravenous insect inflicted on Egypt in vast numbers as the eighth plague (Exodus 10:14) (6)
- 2 Well-being (Philippians 2:20) (7)
- 3 Small piece of live coal or wood in a dying fire (Psalm 102:3) (5)
- 5 Sportsman or woman (2 Timothy 2:5) (7)
- 6 The original name of Abraham's wife (Genesis 17:15) (5)
- 7 'So in Christ we who are many form one body, and each — belongs to all the others' (Romans 12:5) (6)
- 9 According to Peter, a wife's beauty should not come from wearing this (1 Peter 3:3) (9)
- 13 'For God did not send his Son into the world to — the world' (John 3:17) (7)
- 14 'The Lord of heaven and earth...does not live in — built by hands' (Acts 17:24) (7)
- 15 'If your hand — you to sin,cut it off'(Mark9:43)(6)
- 16 Something like these fell from Saul's eyes as soon as Ananias placed his hands on him (Acts 9:18) (6)
- 18 Track(Job41:30)(5)
- 20 Religious doctrine(5)

Oh dear

Confidence is that feeling you have just before you fully understand the situation.



ALL PUZZLE SOLUTIONS  
ON PAGE 23





# Wordsearch

## Wordsearch for October 2018

### The Poor Man's Earl

Think of Piccadilly Circus, and that small statue of the angel poised with bow and arrow. Most people think it stands for Eros. It is in fact a memorial to the greatest Christian Victorian philanthropist, politician and social reformer of his generation – Lord Shaftesbury.

Anthony Ashley Cooper, the 7<sup>th</sup> Earl of Shaftesbury (1801 – 1885) was a devout Christian Member of Parliament who spent his life fighting to help ease the miserable conditions in lunatic asylums, to stop the practise of forcing young children to be chimney sweeps, to stop children working in factories below the age of 10, to stop women and children going in the mines at all, to stop opium addiction, and to provide Ragged Schools for children without any means of education. On the day of his funeral at Westminster Abbey, tens of thousands of poor Londoners thronged the streets to see his coffin go by. He was much loved as The Poor Man's Earl.

Piccadilly  
Circus  
Statue  
Angel  
Memorial

Victorian  
Philanthropist  
Politician  
Social  
Reformer

Lunatics  
Chimney  
Sweeps  
Shaftesbury  
Earl

Poor  
Man  
Factories  
Ragged  
Schools

Coffin  
London  
Streets  
Loved



C	R	S	U	C	R	I	C	S	Y	C	Y	D	S
I	A	L	T	N	R	E	F	O	R	M	E	R	W
Y	C	O	M	E	A	A	G	C	U	L	N	S	E
L	L	O	L	E	E	I	G	E	B	O	M	E	E
P	P	H	F	O	M	R	R	G	S	V	I	O	P
O	E	C	I	F	N	O	T	O	E	E	H	I	S
L	A	S	L	A	I	D	R	S	T	D	C	S	S
I	O	C	M	O	O	N	O	I	F	C	L	F	P
T	S	I	P	O	R	H	T	N	A	L	I	H	P
I	S	T	A	T	U	E	R	D	H	L	P	V	O
C	F	A	C	T	O	R	I	E	S	T	F	L	O
I	L	N	E	A	R	L	A	I	C	O	S	I	R
A	L	U	T	F	L	E	G	N	A	W	I	E	T
N	S	L	F	Y	I	S	A	C	O	E	C	O	L

And for those who prefer numbers to words ... a medium level SUDOKU!

		3		9	8			
5		2						6
						5		
9				3			2	
	7		9		6		1	
	6			7				4
		5						
7							1	3
			3	2		9		

© 2008 KrazyDad.com

**All Puzzle Solutions can be found on page 23!**

# NEWS FROM THE BELFRY

## Change Ringing

When ringing changes the bells strike in different orders to the rounds of 1-2-3-4-5-6 and this is achieved by altering the speed at which the bells swing. Bell mechanics limit the amount of variance, especially with a heavy bell. Movements are therefore restricted to one place at a time, where adjacent pairs of bells swap places; like people walking one behind the other, one speeds up and the other slows down in order to switch position.



The ringer still needs to strike the bell accurately each row but must also think about the position of the bell – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, etc., and what place to move to in the next row, as well as any change of speed required to get there. Moving a place forward requires you to ring quicker by catching the sally earlier or shortening the tail end of the rope and conversely, moving a place back will need a firmer preceding pull to hold the bell up to wait.

There are broadly two types of change ringing; call changes, where the order is changed periodically by a caller and methods, where the order changes continually according to an established pattern. Method ringing is much more dynamic because all of the bells involved change places most of the time 'Plain Hunt' is the first basic step in learning to ring methods and the treble is sometimes the only bell to plain hunt in more complicated methods. This basic method involves moving the bell continuously in one direction, for example, 'Hunting Up', the bell will strike one place later each time, moving, say, from 1<sup>st</sup> place to 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> place and then 'Hunting Down' again striking one place earlier each time until back in first place. Meanwhile all the other bells will carry out similar movements, the even placed bells hunting down and the odd placed hunting up, in order to continually swap places, until they have all 'Come Round' to their original position.

If you would like to find out more, please come and see for yourself. Practice nights are at St. Margaret's in Ockley, on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month from 7.45 to 9.15, and at St John's in Capel on the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks.



For more details call Sue on 01306 627168 or email [ockleybellringers@btinternet.com](mailto:ockleybellringers@btinternet.com)

### Say again?

Three elderly church ministers, all hard of hearing, were playing golf one sunny spring morning. The Methodist minister observed, 'Windy, isn't it?' 'No,' the Baptist pastor said, 'it's Thursday.' The Anglican vicar agreed: 'So am I! Let's go get a pint.'

*Editor: 1918 was the final year of the Great War. This year, Canon David Winter is looking back on highlights of those critical 12 months, when the very shape of modern world history was being hammered out on the battlefields.*

**October 1918** was the month when both sides, in their different ways, decided that they had had enough war. The Germans, following their defeat at Amiens, no longer had any hope of a strong negotiating position in peace talks, let alone victory. Their economy was struggling, and morale was low. The Allies, now sure of final victory, wanted it all over without further disastrous casualties. The politicians, fearful for their own futures, wanted time, but the generals were now calling the shots. The time had come for a ceasefire, then let the negotiating begin.

The military won this battle, at least. The word 'Armistice' was banded around: not a treaty, but simply (as the Latin word suggests) as a laying down of arms. The three most influential national leaders on the Allied side agreed, and the Germans and their dwindling band of associates had no choice but to go along with the solution. An Armistice was agreed for a memorable date: the eleventh hour of the eleventh day of the eleventh month of the year. Following preliminary discussions, a negotiated treaty would be finalised at Versailles in the following January. Compared to Brexit, that is express progress!

The Armistice was, in some ways, simple. The guns would go silent, killing would cease from that designated hour. The Versailles negotiations, on the other hand, would be complex, though somewhat simplified by the fact that the Germans came naked to the table. They were desperate to save their land from occupation, whatever the cost. In fact, it cost them £6.6 million in reparations (probably about six billion pounds today).



Each of the Allies had important items for the peace agenda. France wanted Alsace-Lorraine restored to French sovereignty, and the Rhineland demilitarised. Britain wanted German military power negated and problems in the Middle East solved. The Americans wanted democracy restored and the will of the people recognised throughout Europe. The three leaders – David Lloyd George and Presidents Clémenceau and Woodrow Wyatt agreed about most of the agenda, including the carving up of The German colonial empire in Africa.

Peace would come at last, but not, as one wise man observed, the 'kiss of peace'.

*Article source: Parish Pump*



## Remembering the war horses

The eight million horses, donkeys and mules which are thought to have died in service during World War One have recently been commemorated in an open-air War Horse Remembrance Service in Coverdale, North Yorkshire.

The event was jointly hosted by four churches in Coverdale. The churches invited local racing stables, pony clubs and hunts, with proceeds from the service going to the equine charity, Brooke.

Hannah Russell, of Brooke's Every Horse Remembered campaign, said:

'It's so important that we honour the contribution of

animals of the past in order to ensure a better future for the horses, donkeys and mules of today.'





## All in the month of October

It was:

**400 years ago**, on 29<sup>th</sup> Oct 1618 that Sir Walter Raleigh died. This famous English explorer, writer, poet and courtier was a favourite of Queen Elizabeth 1. Well known for popularising tobacco in England. Executed for treason by King James 1 (mainly to appease the Spanish).

**100 years ago**, on 1<sup>st</sup> Oct 1918 that British and Arab forces led by T. E. Lawrence (Lawrence of Arabia) captured the Syrian capital, Damascus, from the Turks.

**80 years ago**, on 30<sup>th</sup> Oct 1938 that Orson Welles' famous radio adaptation *War of the Worlds* by H. G. Wells' was broadcast in the USA. It allegedly caused nationwide outrage and panic as listeners thought the events described in the broadcast were real.

**75 years ago**, on 17<sup>th</sup> Oct 1943 that the Burma Railway (also known as the Death Railway of WW2) was completed. The Japanese built it using Asian labourers and Allied prisoners-of-war, thousands of whom died. (One of the railway bridges is the famous Bridge over the River Kwai.)

**60 years ago**, on 13<sup>th</sup> Oct 1958 that the book 'A Bear Called Paddington' by British children's writer Michael Bond, was published. It marked the debut appearance of Paddington Bear. (See article on opposite page).

**50 years ago**, on 5<sup>th</sup> Oct 1968 that a riot took place in Derry, Northern Ireland. A Northern Ireland Civil Rights Association march went ahead despite a government ban, as it took place at the same time as the loyalist Apprentice Boys. When the activists defied the ban, they were surrounded by Royal Ulster Constabulary and beaten. More than 100 people were injured, which sparked two days of rioting. The incident marked the beginning of the Troubles.

**40 years ago**, on 30<sup>th</sup> Oct 1978 that the Ugandan-Tanzanian war began which would see the downfall and ousting of Ugandan President Idi Amin (in April of the following year).

**30 years ago**, on 1<sup>st</sup> Oct 1988 that Mikhail Gorbachev became President of the Soviet Union.

**10 years ago**, on 7<sup>th</sup> Oct 2008 that the Financial Crisis began with an Icelandic bank that went into receivership. Within two days other banks began collapsing – and the crisis was underway.



***We are excited to share a new regular feature with you ... ECO tip of the Month from our Eco Church Team!***

### ECO tip for this month

The best way of making our oceans plastic-free is by not letting the rubbish get there in the first place. One source of plastic is milk containers. Even though these are recyclable, **evidence** suggests that this only happens with a small proportion. They are not easy to avoid but one way is to order from your local milk man. Glass bottles are used on average 25 times and then recycled into new glass bottles. Perhaps a little more expensive but surely we're worth it!

More tips and info on: <https://www.capelandockleychurch.org.uk/eco-church/ecoteam@capelandockleychurch.org.uk>



Please help local people in a crisis by buying items from our list and donating them to Dorking Area Foodbank.

The Foodbank is *unable* to accept items that are

- Out of Date
- Already Opened
- Homemade
- Fresh Produce
- From the Chiller Cabinet

*Thank you!*

ALL ITEMS MUST HAVE A  
BEST BEFORE DATE OF  
2019 OR BEYOND

Tinned Meat / Fish  
Tinned Vegetables / Potatoes  
Tinned Fruit  
Tinned Rice Pudding  
Tinned Custard  
Pasta Sauce  
Tinned Tomatoes  
Instant Mash Potato  
Cereal  
Biscuits  
Jam  
Snack Bars  
UHT full-fat Milk  
Dried Milk Powder  
Small jars of Instant Coffee  
Long-life Fruit Juice

Deodorant - male & female  
4-roll Toilet Roll pack  
Shampoo / Shower Gel

10p Bags for Life

Please help with Dorking Area Foodbank's appeal!

Please note our Harvest Festival services:  
**Ockley** - Sunday 30th September  
**Capel** - Sunday 7th October where we collect goods is on Sunday 7th October starting at 10.30am at St John the Baptist, Capel.

Please note that the Foodbank currently does not need any more feminine products. Thank you.

## Celebrating Paddington Bear's 60<sup>th</sup> anniversary

Paddington Bear made his first appearance 60 years ago, on 13th Oct 1958, when the book *A Bear Called Paddington*, by Michael Bond, was published.

Paddington is of course a fictional, anthropomorphised bear who has featured in more than 20 books that have been translated into 30 languages and have sold more than 30 million copies. He has also starred in two major films and has been described as a worthy successor to Winnie the Pooh.



Though he comes from darkest Peru, and not heaven, he possesses many of the characteristics of Jesus, though falling short in some areas: he has a tendency, for instance, to get the wrong end of the stick. Nevertheless, he is always polite, kind-hearted, hospitable, generous and loving. One can even imagine Jesus giving some people the Paddington "hard stare", though it does not appear to be mentioned in the New Testament.

Paddington Brown – to give him the name of his adopted family – also has the gift of transforming other people's lives through his own goodness.

A Paddington Bear soft toy was the first item passed through the Channel Tunnel by British tunnellers to their French counterparts when the link was made in 1994.

*Would you like to sponsor one of the  
new Hymn Books?*

If so please complete the form below and return it to Debbie von Bergen

**St John's and St Margaret's New Hymn Books  
Sponsorship form**

Thank you for agreeing to sponsor one of our new hymn books.

Sponsorship is **£10 per hymn book**. Please fill in the form below:

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Inscription you would like:

(this is what will appear on the book plate)

Please make all cheques payable to **Capel PCC**.

If you would like to gift aid your donation, please sign below:

I am a UK tax payer intending tax to be reclaimed on the enclosed donation made under the gift aid scheme.

Signature -----

Date -----

Please return form and payment to Debbie von Bergen, Capel Lodge, Horsham Road, Capel, Dorking RH5 4PQ.



**CROSSWORD SOLUTION**

**ACROSS:** 1, Lawyer. 4, Balsam. 8, Caleb. 9, Jehoram. 10, Sparrow. 11, Exile. 12, Excellent. 17, Act in. 19, Endemic. 21, Slavery. 22, Galal. 23, Silent. 24, Tarsus.

**DOWN:** 1, Locust. 2, Welfare. 3, Ember. 5, Athlete. 6, Sarai. 7, Member. 9, Jewellery. 13, Condemn. 14, Temples. 15, Causes. 16, Scales. 18, Trail. 20, Dogma.

L	A	W	Y	E	R		B	A	L	S	A	M
O		E		M				T		A		E
C	A	L	E	B		J	E	H	O	R	A	M
U		F		E		E		L		A		B
S	P	A	R	R	O	W		E	X	I	L	E
T		R				E		T				R
		E	X	C	E	L	L	E	N	T		
C				O		L				E		S
A	C	T	I	N		E	N	D	E	M	I	C
U		R				R		O		P		A
S	L	A	V	E	R	Y		G	A	L	A	L
E		I				M		M		E		E
S	I	L	E	N	T		T	A	R	S	U	S

**Wordsearch Solution**

C	R	S	U	C	R	I	C	S	Y	C	Y	D	S
I	A	L	T	N	R	E	F	O	R	M	E	R	W
Y	C	O	M	E	A	A	G	C	U	L	N	S	E
L	L	O	L	E	E	I	G	E	B	O	M	E	E
P	P	H	F	O	M	R	R	G	S	V	I	O	P
O	E	C	I	F	N	O	T	O	E	E	H	I	S
L	A	S	L	A	I	D	R	S	T	D	C	S	S
I	O	C	M	O	O	N	O	I	F	C	L	F	P
T	S	I	P	O	R	H	T	N	A	L	I	H	P
I	S	T	A	T	U	E	R	D	H	L	P	V	O
C	F	A	C	T	O	R	I	E	S	T	F	L	O
I	L	N	E	A	R	L	A	I	C	O	S	I	R
A	L	U	T	F	L	E	G	N	A	W	I	E	T
N	S	L	F	Y	I	S	A	C	O	E	C	O	L

**Junior Wordsearch solution**

c	h	a	i	n	s	c	l	i	f	f	y
j	e	s	u	s	t	e	w	c	e	l	z
m	a	n	y	c	l	o	t	h	e	s	d
y	g	e	r	a	s	a	h	o	m	e	
t	e	r	r	i	f	i	e	d	e	p	m
s	t	a	m	p	e	d	e	d	v	i	o
w	r	v	b	i	c	o	m	e	e	g	n
a	b	e	g	g	e	d	y	m	r	h	s
n	m	y	z	s	d	a	a	r	y	e	t
t	h	a	p	p	e	n	e	d	o	r	e
k	w	r	n	l	e	g	i	o	n	d	l
m	h	d	i	s	c	i	p	l	e	s	l

**Medium level Sudoku solution**

6	4	3	5	9	8	2	7	1
5	9	2	7	1	3	4	8	6
1	8	7	6	4	2	5	3	9
9	5	8	4	3	1	6	2	7
2	7	4	9	8	6	3	1	5
3	6	1	2	7	5	8	9	4
8	3	5	1	6	9	7	4	2
7	2	9	8	5	4	1	6	3
4	1	6	3	2	7	9	5	8

### Too tired to feel sociable?

When you are over-tired, do you feel like having people around? Most likely not. And that is a big problem. For what doctors are calling the loneliness epidemic in the UK may well be fuelled by so many people's trouble with getting enough sleep.

A recent study at the University of California has found that sleep-deprived people feel lonelier, yet still less inclined to engage with others. Yet we are social beings, and when we don't get enough company, we can get depressed. And depression disrupts your sleep... it becomes an unhealthy cycle!

We can remember with gratitude the words of St Paul: 'Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.' (Phil 4:6)

And if we do toss and turn at night, we can pray along with the Psalmist: 'In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety.' (Ps 4:8) Try that simple prayer next time you can't sleep.

### National Grandparents Day - 7<sup>th</sup> October

Parents may have to wait a few years to become grandparents, but it is definitely worth it. Spending time with your grandchildren nourishes both your body and soul: the physical energy you use to keep with them keeps you healthy, and your emotional bonds with them will reinforce your own emotional well-being.

Grandparents can do SO much for their grandchildren: giving them time and attention, as well as providing them with a strong sense of belonging to the family. This all helps build emotional security for their future.

Tell your grandchildren their family heritage – reminisce about your family's events and history. Where did your parents and grandparents come from? What did they do? Did they fight in the World Wars? Do you have old photos to show them?

Tell your grandchildren about what it was like going to school when you were young. Tell them stories about raising *their* mum or dad. Show them pix from the family album, sing the same songs to them that you sang to their mum or dad; read them the same favourite stories. Tell them of your family traditions, from everything about the best way to make tea to how you always decorate the Christmas tree. By doing so, you link your past to their future, and greatly enrich them.

*Grandparents can really be God's special gift to children.*

*Grandparents.*

*When God created grandparents, the world was truly blessed with all the special joys that make a family happiest.*

*For grandparents know how to do the little things that warm our heart... they touch our lives with love and care right from the very start...*

*They show that they believe in us and all we're dreaming of... When God created grandparents, he blessed our lives with love...*

# God in the Arts

## God in the Arts

*Editor: For 2018, the Rev Michael Burgess is exploring symbols of the Christian faith as found in works of art.*

### **‘He gave us eyes to see them’ – Duccio’s Wedding at Cana**

‘The conscious water saw its God and blushed’ – in those words, the poet Richard Crashaw describes the first miracle of Jesus at the wedding feast in Cana.

This sign at the beginning of our Lord’s ministry points ahead to that other meal when a cup of wine will be poured out for many. The cup is a rich image of life in scripture: from the cup found in Benjamin’s sack in Genesis to the cup of blessing in Paul’s letters. The cup may be filled with bitter wine to reflect life’s sorrow, while the cup of Psalm 23 overflows with goodness. It is as rich an image as the bunch of grapes we often see in a church window or carved on a screen – a sign of the goodness of Creation that brings us the gift of wine.

The wedding at Cana speaks to us of the generosity and gift of our Lord who transforms the feast. Duccio di Buoninsegna portrayed it in the panel he provided for the Maesta, the glorious altarpiece for Siena Cathedral in 1311. We see the table lavishly spread, while Jesus, sat by the side of His mother, blesses the water pots. The servants are busy pouring what is now wine into the jugs and cups. It is the new wine of the kingdom.

Everywhere that Jesus went, the old was made new. For the widow of Nain he changed tears into joy, for Zacchaeus selfishness into love, for the thief on the cross despair into hope, for Mary Magdalene the end of the road into a new journey. What our Lord did at Cana, He went on doing in His ministry, changing not just water, but transforming human lives. And we share in that transforming love at every eucharist as we drink of the cup of blessing. These are some words of the poet Elizabeth Jennings:

‘Those grapes, ready for picking, are the sign  
Of harvest and of Sacrament.’

**Please note that the Art Exhibition due to have taken place on 28th October 2018 has now been postponed until Spring 2019.**





# St James the Least of All

*Editor: The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...*

## On the perils of the Harvest Supper

The Rectory,  
St James the Least of All

My dear Nephew Darren,

Plans for our Harvest Supper always start several months in advance, with the annual argument about whether we dare increase the price of tickets by 20p to £1.50. After endless wrangling we compromise on 15p, with several warning that this will sound the death knell of Harvest. That every member of the committee cheerfully pays £50 a head to dine out elsewhere seems irrelevant.



Hotpots are provided by the ladies of the parish. It is always interesting to speculate on who has made which: some are robust and meaty, while others are wan and watery. Having sampled these dishes for the past 30 years, I can match each offering with the personalities of their creators. It is also amusing to watch how the cooks manoeuvre to make sure the correct people receive their own dishes. Mrs Ffrench positively chases Lady Masterson with her hotpot.

After the meal, we proceed to what parishioners optimistically call the entertainment. I settle myself on the back row, smile, applaud - and think of the large gin awaiting me back at the Rectory.

Colonel Hetherington imagines that the consumption of a bottle of claret over the meal improves his intonation as he gives his annual rendition of "The Lost Chord". I can only assume the lost chords he refers to are the vocal ones he once possessed. Miss Simpson's jokes have been repeated so often that the audience enthusiastically joins in with every punch line. Miss Sprocker makes her annual (failed) attempt to hand around paper and pencils and hold 'a nice little quiz' – she was a primary teacher.

Meanwhile the ladies in the kitchen provide a musical accompaniment of crashing crockery and cutlery, which sadly drowns out all but the most tantalising snippets of their gossip about the rest of us.

The evening always ends with the Major's recitation of "The boy stood on the burning deck". Before he can commence an un-requested encore, I surge up to the stage, thank all the performers, and wish everyone a safe journey home. The Major is left looking like a boy who had just had his lollipop stolen by the school bully. On reflection, that is quite an accurate analogy.

Your loving uncle,

Eustace

*Source: Parish Pump*

**All Things Anglican – who we are and what we believe**  
**By Marcus Throup, Canterbury Press, £12.99**

Here is a lively and accessible introduction to Anglicanism, for anyone wanting to know what makes it distinctive.

Whether you are training for Anglican orders, are curious about another denomination or would like to join an Anglican Church, this guide will introduce you to the basics of Anglican identity and the ways of the Church of England. Sections include:

- \* Why do they do things differently down the road? The breadth of Anglican church traditions;
- \* Holy, Holy, Holy - understanding Anglican liturgy
- \* Reformed and Catholic? - a potted history
- \* We Believe - a guide to the Creeds
- \* An Anglican A-Z - a glossary of essential terms



**Where We Are - the State of Britain Now**  
**By Roger Scruton, Continuum, £15.29**

Addressing one of the most politically turbulent periods in modern British history, philosopher Roger Scruton asks how, in these circumstances, we can come to define our identity, and what in the coming years will hold us together.

To what are our duties owed and why? How do we respond to the pull of globalisation and mass migration, to the rise of Islam and to the decline of Christian belief? Do we accept these as inevitable or do we resist them? If we resist them on what basis do we build? This book sets out to answer these questions, and to understand the volatile moment in which we live.

Roger Scruton slices characteristically through the fog of debate with this sensible and profound account of our collective identity; essential reading for anyone interested in what it means to be British, what that might come to mean in future, and who wonders how we can define our place in a rapidly changing world.

**The Burden is Light: liberating your life from the tyranny of performance and success**  
**By Jon Tyson, Authentic Books, £12.99**

A NYC pastor inspires readers to find their most meaningful and purposeful life. Surprising to many, this life is not measured by success, comparison, or accolades. Rather, free and joyful living stems from a God-centred celebration of our union with Christ and the lives of those around us.

Life is not meant to be a series of competitions or a survival of the fittest rat race. Yet so many of the messages around us, so many of the voices bombarding our hearts and minds tie up our value and package it with our accolades.

This book gives another way forward. It shows readers how to value their individual lives based on what God says about them, rather than how they measure themselves against the world. This is a must read for each and every person trying to find their voice and purpose in a loud and frenetic world.

# SPANISH FIESTA

Sat 3/11 @ 19:00 and Sun 4/11 @ 13:00

Capel Memorial Hall, RH5 5LD

## 3-course meal Live music

£30 inc welcome drink.

3-course meal, coffee

Live music from:

Andrew Scott - Classical Guitar

<http://www.capelboxoffice.co.uk>  
or contact Dineke on 07905 208345

All proceeds shared between Capel Memorial Hall and St John the Baptist Church

Your contributions would be most welcome and any copy for this publication should be sent to Suzanne Cole  
[editor@stjohnthebaptistcapel.org.uk](mailto:editor@stjohnthebaptistcapel.org.uk) By 20<sup>th</sup> of each month please.

If you would like to receive *InSpire* by email, you can subscribe to InSpire via the church website:-  
[www.capelandockleychurch.org.uk](http://www.capelandockleychurch.org.uk)