

# InSpire

Issue 19 September 2018

The monthly publication for the Parish of Capel & Ockley

Many Congratulations

to

Annabel & James

and

Daniel & Hannah

who were married recently

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Make it a  
*september*  
TO REMEMBER

This issue is sponsored by



**Suzanne & Stuart Cole**  
*in celebration of their  
28th Wedding Anniversary  
on 29th September 2018*

*Also celebrating 28 happy years in Capel!*

**Front Cover:** Sorry that this edition is slightly later than usual but the advantage of being late with this month's edition is that we are able to feature the beautiful flowers that adorned our church for Annabel von Bergen and James Carter's wedding. Many congratulations to both of them, together with Hannah & Daniel Fryer who were married the following week. The Editor

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# Rev Liz writes

Dear all,

September is here again and autumn approaches along with new beginnings for many with school, colleges, and further education. I always think it is an exciting time of year – a time to begin something new perhaps. Do you remember when it used to be called ‘evening classes’ or ‘night school’?! Well there is much on offer in our village of course with plenty of events and activities to choose from but here is a taster of some of the things we are offering that are kind of church based.

Well, I’m not very good at science and maths and definitely should go back to school for those subjects but despite that one of the things I am looking forward to attending is a talk by our own Revd Dr Martin Gilpin from St Peter’s Newdigate who is going to give a talk on science and faith entitled ‘Belief in God: Is it rational?’. The talk is free and is to be held in Newdigate Village Hall on Friday 7<sup>th</sup> September at 7.30 and Martin who is a scientist by profession is going to discuss amongst other things: - the origin of the universe, the origin of life on earth and what the limits of science are.

Suitable for everyone, especially Martin says, teenagers with interest in science and or religion. In fact religion will only be lightly touched on. Well that’s a relief!!

On the music and arts front I am really looking forward to welcoming songwriter and performer Sally Cranham back to our church for an evening where she will be performing songs from her forthcoming album and talking about her role as Creative Director of the Fallout Urban Arts Centre, Minneapolis, as well as her work with an anti-trafficking charity. This will be in church on 23<sup>rd</sup> September at 6pm and promises to be an inspiring and moving occasion. If you enjoy music and singing how about joining our church choir? We welcome singers of all ages and have space in all parts. We shall be beginning rehearsals for our Christmas Carol Service and other special services throughout the autumn and winter and rehearse regularly on Thursday evenings. We will also be preparing to sing a service of sung Matins at St Margaret’s Ockley.

On the art and craft front our own Craft Group begins this month to meet on a Tuesday afternoon in church to work on different craft projects, have a chat and a cup of tea. They would love to have new members so do pop along and see what they are up to! Also if you have ever wanted to learn to draw or paint, there are great opportunities to make a start. Our very popular Wednesday morning art group continues to thrive at Capel Memorial Hall and now also at Ockley Cricket Pavilion on Thursday afternoon if you prefer a smaller group. Do contact Julia on 01306 711615 if you would like more information.

Service wise, we are offering Café Church at Capel, traditional Matins at Ockley, with contemporary and traditional services of Holy Communion at both churches. The church bells will be ringing quite a lot this month as we celebrate three weddings in September, and by the way you can also learn to ring the bells if you read the banner on the front wall of the church! As the month draws to a close we will be celebrating Harvest first at Ockley and the following week at Capel along with a ‘bring and share’ lunch and traditional Harvest Teas. So do check the service list of events for more details of all these and much more. Oh and Messy Church starts a new term later this month as well! So have a great September and don’t forget our doors are always open!

*With my love and prayers*

*Liz*

**PLEASE NOTE REV LIZ IS ON LEAVE FROM SATURDAY 8TH SEPTEMBER UNTIL SATURDAY 16TH SEPTEMBER.**

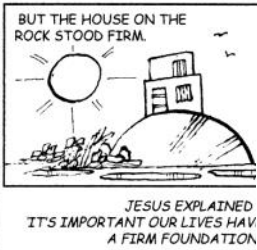
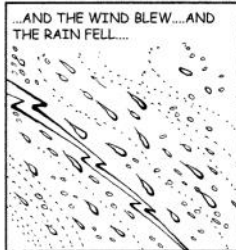
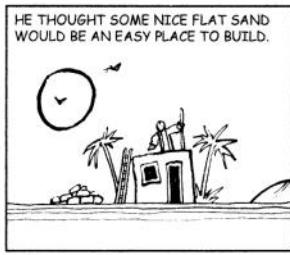
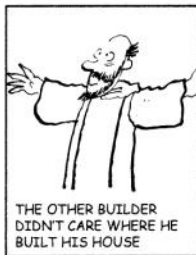
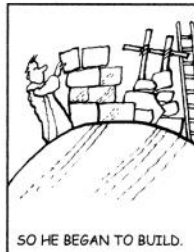
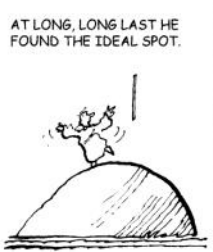


"I hope you don't mind me checking, but we've received an anonymous tip-off about your Harvest Festival offering."



As we get ready for Harvest time and going back to school, we thought you should have lots of lovely things to do this month in your Junior InSpire.

There are a couple of prayers especially for you including a Kid's version of The Lord's Prayer from <https://www.gatherandgrow.co>



*back2school*  
**prayer**

"Dear Lord, use my eyes to see new friends.  
Open my ears to hear my teacher.  
Open my mind to learn new things.  
Let my heart remember YOU are near when I'm afraid.  
Help me to love others like you do.  
I want to shine your light so bright in my school."  
Amen.

©Courtney DeFoa

### Junior InSpire Wordsearch

z	c	n	d	e	b	s	a	m	e	k	w
z	v	i	v	j	e	s	u	s	l	v	u
f	a	i	r	o	e	d	b	n	z	t	l
p	g	x	n	l	n	a	z	e	s	u	s
m	a	r	k	e	t	p	l	a	c	e	s
x	i	r	i	s	y	o	l	o	p	l	t
h	n	r	n	t	h	a	e	a	u	q	o
x	f	u	g	w	h	i	r	e	d	s	r
j	i	e	d	m	k	g	o	d	i	e	y
b	r	w	o	r	k	e	r	s	n	y	l
t	s	z	m	o	n	e	y	w	a	g	e
k	t	g	u	h	u	v	o	d	i	h	u

## The Lord's Prayer for Kids

*In Matthew 6:9, Jesus said, when you pray, pray like this*

Dear God our Father, who lives in heaven there is power in your name.

We trust your ways..from your kingdom in heaven all the way down to earth where we live.

Please provide all we need today.

Forgive our mistakes as we forgive those who make mistakes against us.

Help us to make good choices and protect us from all that is evil.

Everything we have and do is all for you so everyone we meet will see you in us.

Forever and ever, amen.

story

God

friend

same

marketplace

money

give

grapes

Jesus

kingdom

day

wage

fair

sunset

vineyard

again

whole

first

paid

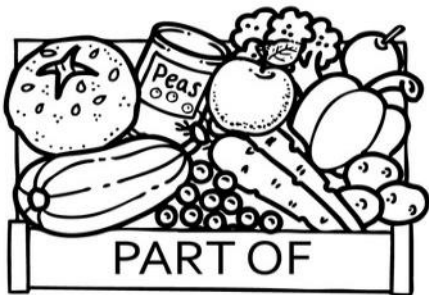
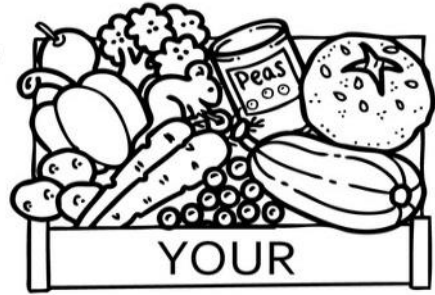
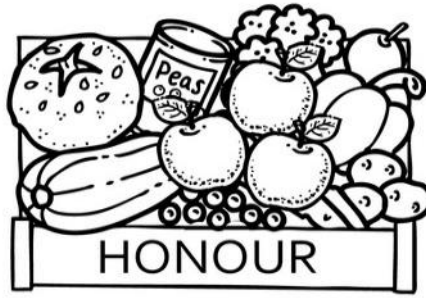
workers

jealous

last

owner

hired



Can you find the mouse?  
Which two boxes have the same harvest food in them?

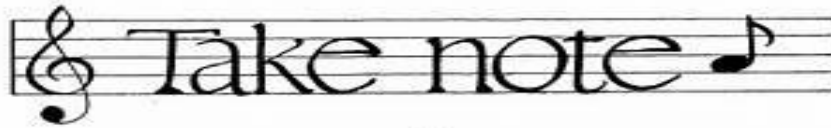
Wordsearch solution on page 25!

# CHURCH SERVICES & EVENTS

## for the Parish of Capel & Ockley

### SEPTEMBER

<b>SATURDAY</b>	<b>1st</b> 9.30 4pm	Parish Half hour of Prayer at St Margaret's Ockley Wedding of Annabel von Bergen and James Carter at Capel
<b>SUNDAY</b>	<b>2nd</b> 8.00 9.30 10.30	<b><u>Trinity 14</u></b> Holy Communion BCP (Capel) Matins at St Margaret's Ockley (please note slightly later time) Café Church at St John the Baptist Capel
<b>SATURDAY</b>	<b>8<sup>th</sup></b> 1pm	<b><u>Holy Matrimony</u></b> Wedding of Hannah Higgins and Daniel Fryer at Capel
<b>SUNDAY</b>	<b>9th</b> 10.30  3-5	<b><u>Trinity 15</u></b> Parish Communion - Joint service of Holy Communion at St John the Baptist Capel <i>led by Revd Martin Gilpin from St Peter's Newdigate</i> Capel Teas in church (Capel)
<b>SATURDAY</b>	<b>15<sup>th</sup></b>	<b>9.30am</b> Parish half hour of Prayer at Capel
<b>SUNDAY</b>	<b>16th</b> 8.00 9.30 10.30	<b><u>Trinity 16</u></b> Holy Communion BCP (Capel) Matins at St Margaret's Ockley Family Communion (Capel)
<b>TUESDAY</b>	<b>17<sup>th</sup></b>	<b>MESSY CHURCH</b>
<b>SATURDAY</b>	<b>22<sup>nd</sup></b>	Leading your church into growth (LYCiG) half day 10am – 2pm – venue tba
<b>SUNDAY</b>	<b>23<sup>rd</sup></b> 9.30am <b>3pm</b> 3pm <b>6pm</b>	<b><u>Trinity 17</u></b> Joint service of Family Communion at St Margaret's Ockley <b>Pet service at Ockley Cricket Pavilion</b> Capel teas in church <b>Sunday Session in Capel Church with Sally Cranham</b>
<b>SATURDAY</b>	<b>29<sup>th</sup></b> 9.30 2pm	Parish half hour of prayer at Ockley Wedding of Elizabeth Mulreedy and Andrew Cranham
<b>SUNDAY</b>	<b>30<sup>th</sup></b> <b>9.30</b> 10.30	<b><u>Trinity 18</u></b> <b>Harvest Festival at Ockley</b> Family Communion at Capel
<b><u>OCTOBER</u></b>		
<b>SUNDAY</b>	<b>7<sup>th</sup></b> 8.00 <b>10.30am</b>	<b><u>Trinity 19</u></b> Holy Communion BCP at Capel <b>Harvest Festival at Capel – Parade all age service for both churches followed by Harvest Bring and Share lunch 12pm and Harvest teas 3-5pm</b>



## Work to be carried out on St John the Baptist, Capel in November - Advance notice

During the month of November work will take place on the rainwater goods on the church. This will consist of clearing, repairing and repainting or replacing defective gutters and downpipes and ground level gulleys. Additional repair work may also take place on the roof itself where tiles and mortar fillets are damaged or broken. These additional roof repair works will be decided upon once ladders and in place and closer inspections can be made. All of this work is necessary in order to prohibit water ingress and therefore help protect the fabric of our beautiful church. The work will be inspected by our architect and has the approval of the diocese. Full scaffolding will not be required but ladders and small tower scaffolds will be in place and removed on a daily basis. Under no circumstances should anyone attempt to climb the ladders or scaffolding to have a closer look. This necessary work is being kindly funded by the Friends of Capel Church to whom we are all greatly indebted.

### Fortnightly Prayer Sessions

Rev Liz has started Fortnightly Prayer Sessions which take place on a Saturday morning from 9.30 am - 10.00 am. This is an opportunity to focus on prayer for the needs of our parish, its community and ongoing affairs. It is also for the help and intercession needed in the much wider community.

Our next session is on **Saturday 15th September in St John the Baptist, Capel** and will be led by Gill Christie as Rev Liz on leave that week. Do come along and join us!

### The Pavilion Café at Ockley

This community cafe is held at the cricket pavilion in Ockley and opens each Wednesday from 9.00 am—12 noon.

Do pop in for delicious homemade cakes, freshly brewed coffee and a range of teas!

We hope to see you there!

### T.L.C. Teas @ Ockley Village Hall

TLC meets monthly for a friendly afternoon chat, scrumptious teas and lots of Tender Loving Care.

**Normally held on the THIRD Monday of every month from 3.00—4.30 pm in Ockley Village Hall**

Our aim is to provide a happy and relaxed atmosphere for those who just want to meet together.

For further details contact: **Judie on 01306 888456 or email: thoroldfuters@aol.com**

### Leading your Church into Growth (LYCiG) Saturday 22nd September & 13th October

LYCiG is an opportunity to look at how we can grow our churches in our parish. We explore together with visual input and discussion and come up with a plan for the future.

We meet in Capel Parish Hall (behind the village hall) at 10 till 2pm. Bring something to share for a buffet lunch. Other refreshments provided.

There is now a Food Bank collection point at the back of St Margaret's as well as the existing one at St John's, Capel.

*Please keep this in mind when doing your shopping!*  
Thank you



### St Margaret's Bible Study Group

Held every fortnight on a Thursday at 2.00 pm at Gill Christie's house

'Elderslie', Stane Street, Ockley  
Surrey RH5 5TD

01306 711917 for more details.

**APPEAL FOR COFFEE ROTA VOLUNTEERS!**

If you think you could help on the  
Capel church coffee rota,  
please speak to George Ede at church  
or contact her on 01306 713247.



Our numbers are going down on the rota and we could do with more help!

Thank you!

***Would you be interested in sponsoring an issue of InSpire next year?***

*As we begin to look forward to 2019 we would be grateful for any sponsorship for an issue of InSpire.*

*The current cost of a 24 page issue x 50 copies is £58.00*

*Occasionally, it is 28 pages and this costs £67.00 for 50 copies.*

*We would like to keep this magazine free of charge and if possible not to open it up to advertisers. But in so doing, we need a way to fund it!*

*With many thanks to all the Sponsors of the 2018 issues!*

*If you think you could help, please speak to Debbie von Bergen or Suzanne Cole.*

*Thank you.*

***Children's Society News 2018***

The Annual Christmas coffee morning in aid of The Children's Society will be held  
on Saturday 10th November 2018 10.00 am - 12.00 noon.

Christmas cards and sundries will be on sale along with delicious refreshments.

We hope very much that you can join us there!



This year's figures so far are:-

Christingle collection	£139.70
Christingle candle boxes	£126.13
House Boxes	£374.26



The House box collection is quite a bit lower than last year so if anyone new would like to take a box and a form to fill in, please let Suzanne Cole know.  
Thank you!



*Dear Readers,*

It seems as if summer is drawing to a close despite some warm days. The children are getting ready to begin their new academic year, as are the older students who are going back to University or starting it for the first time. Several of our JFC (Jesus Fun Club) are starting for the first time and we wish them luck and happiness in their next venture— a new level of studying and the experience of living away from home for the first time. Our 'first-timers' this year are Ellie Glenn, Joseph Ede, Douglas Pusey and Rachel Partridge. My own son William is gearing up to start his second year at Bristol Uni and will be sharing a flat with Wilfrid Hoad. Some of you will remember the Hoad family that worshipped here for many years - Martin & Shona and their children Crispin, Kerensa, Wilfrid and Quentin. Wilfrid and our son William bumped into one another in Bristol last year and are about to discover if they like sharing a flat for the next three years!



*Mrs O'Hara told the vicar  
all about her operation.*

It's worth remembering too that this is a big change for the parents and siblings of those leaving home for the first time as I found last year! Suddenly that part of your child's childhood is over and they are branching out and although you know it's the normal course of life, it is still a big adjustment for all involved!

This edition is sponsored by Stuart and myself to celebrate our 28th Wedding Anniversary, not a particularly 'special' one as far as the card shops are concerned, but each year is worth celebrating! It is also the wedding anniversary of my parents and none the less poignant even though my Dad is no longer with us. We chose to marry on their 28th anniversary even though we had other Saturdays to choose from in 1990 and we enjoyed sharing their special date each year. It still feels only right to raise a glass to them on 29th September and thank God for two happy and enduring marriages!

We have had a few weddings recently at church and one very personal one with Debbie and Hugh von Bergen's daughter Annabel marrying James on 1st September. Debbie has been busy preparing for the wedding festivities at home after the service for many months and I'm sure we all wish them a very happy and memorable day celebrating the wedding. Also, we wish Annabel and James a long and happy marriage and pray for God's blessing over them. I hope they will one day be celebrating their 28th wedding anniversary too, remembering fondly a wonderful wedding day and the many memories they make after that ...

*With my best wishes,  
Suzanne*

**Hear our prayer?** A five-year-old said grace at family dinner one night. 'Dear God, thank you for these pancakes...' When he concluded, his parents asked him why he thanked God for pancakes when they were eating chicken. 'I wanted to see if He was paying attention tonight.'

**Hearing is not believing** A wise schoolteacher sent this note to all parents on the first day of school: 'If you promise not to believe everything your child says happens at school, I'll promise not to believe everything he or she says happens at home.'

## Back to school blessing

Dear Heavenly Father,

For all the children returning to school, send your Holy Spirit as their guide and protector.

Keep them free from danger and unnecessary harm. Put our sons and daughters in the right place, at the right time, to receive your grace. Let them learn and grow strong. May the presence of your Spirit fill their hearts. Help us to mature as parents and caregivers.

Bless every family, oh Lord.

We entrust our children to you, dear God. Since from the beginning, they are yours to keep.

In the name of the greatest Son of all, Jesus Christ.

Amen.

[prayerforanxiety.com](http://prayerforanxiety.com)



Dear Lord,

We give thanks for our friends' safe return from their holidays over the summer and thank you for the gift of relaxation and time spent together.

We think of everyone going back to schools, colleges and universities, whether they be students or teachers. We pray particularly for any of them who are starting somewhere new, including young children beginning school for the first time. Bless and keep them in your care Lord.

We give thanks for those who have been married and those who have been baptised in our church recently, particularly James & Annabel and Daniel and Hannah. We wish them God's blessing on their marriages.

We remember those who are not able to join us in church currently, including Ron Backhouse recovering well from broken hips, Pat Wombwell who has been unwell again, for Peter & Mary Ede, Chris & Gwyneth Drummond, Wyn Wright and Joan who is in Nower Care home. We also pray for our friend Freda who has had to move away to her son's following her house fire. She will be much missed by us all.

We remember those who died recently, particularly Dino Adriano, Bobbie Thompson, Bill Turner, Dr Julian von Bergen, Elena Lloyd and Sir Anthony George Touche. We pray for all their families and friends who mourn their loss, that God's healing hand will be upon them to comfort them in their times of sorrow. We also remember those whose anniversaries fall at this time.

We bring before you Lord all those who are known to us personally and those who request our prayers in our two Parishes.

Amen

### BACK TO SCHOOL PRAYER

As you pack your child's lunch bag, PRAY!  
Pray he will hunger for God's Word daily.  
Matthew 5:6

As your child gets on to the bus and you wave good bye, PRAY!  
Ask God to keep his feet on the path of righteousness always.  
Proverbs 8:20

As the day goes on and you wonder what he's doing, PRAY!  
Ask your Heavenly Father to protect him.  
Psalm 91:14

As you look over the papers he brings home each day, PRAY!  
Pray that his mind will grow in the knowledge of the Lord.  
2 Peter 1:3

As you empty the backpack & find scraps of paper & broken pencils, PRAY!  
Pray that God will take any broken pieces from the day and bring healing.  
Psalm 147: 3

Author unknown

## The Sunday Session Takeover!

Sally Cranham will be performing songs from her forthcoming CD and talking about her work in Minneapolis, USA with Source Ministries.

**On Sunday 23rd September 2018 at 6.00 pm  
in St John the Baptist, Capel**



An evening of inspirational music and stories.

### From the Registers

We welcome into the family of the church

*Heidi Matilda Wisbey*  
*Oscar Rhys Quantrall*  
*19<sup>th</sup> August 2018*  
at St John the Baptist Capel

**We celebrate the marriage of**  
*Kelly Louise Anne Swallow and*  
*Thomas Robert Langley Heath*  
*11<sup>th</sup> August 2018*  
at St John the Baptist Capel

**We mourn the loss of**  
*Bobbie Thompson*  
*24<sup>th</sup> July 2018*

*Nellie Allnut (101)*  
*7<sup>th</sup> August 2018*

Confessing your sins  
is no substitute for  
forsaking them. –

Anon

You're not free until  
you've been made  
captive by supreme  
belief. –

Marianne Moore

PARISH  
PRAYER DIARY

SEPTEMBER 2018

*'Have faith in God,' Jesus answered. 'Truly I tell you, if anyone says to this mountain, "Go throw yourself into the sea," and does not doubt in their heart but believes that what they say will happen, it will be done for them.' Mark 11:22-23*

***Continue to pray every day this week  
for bus drivers  
BEING IN HOSPITAL cont..***

**SATURDAY 1st**

Dear Heavenly Father, we bring before You the many people who have been admitted into hospital today. Be with each one we pray and may Your love and peace strengthen and help them.

**SUNDAY 2nd**

Lord, You are the God of comfort and rest, be close to each patient in hospital tonight, especially those that are finding sleep and rest so difficult. Be near to those who are frightened or disorientated and may Your peace and hope fill many hearts tonight.

**Pray every day this week for taxi drivers**

**RETURNING....**

**MONDAY 3rd**

**To school;** Dear God, Thank You for the gift of children. Please watch over them as they go back to school. Keep them safe every day and help them to remember that You are with them in the halls and classrooms.

**TUESDAY 4th**

**Returning to God;** God of Wisdom, may seeking Your heart be the goal of our lives even in busy and stressful times. We recommit ourselves after Your heart. Teach us to enjoy life the way You desire.

**WEDNESDAY 5th**

**Returning to health;** Merciful Father, Comfort the sick and ease their suffering. Renew their strength and heal what ails them in Your loving name. Thank You, Lord.

**THURSDAY 6th**

**To university;** God of Truth, give new students faith and eager expectancy as they begin this fresh stage of their journey. Take away all fear of the unknown and teach them to find treasures in each new day. And when this year is ended may their best hopes be fulfilled.

**FRIDAY 7th**

**To work;** Dear Lord, you have brought us home safely, refreshed and recharged. As we seek to gently re-enter our ordinary lives, help us to remember the power of Your rest, Your presence and Your peace.

**SATURDAY 8th**

**To the workplace;** God, our Father, help those looking for suitable employment. Guide the footsteps of the unemployed along the right path and help them to say the right things in job interviews. May they have the opportunities to use the gifts given by You.

**SUNDAY 9th**

**To Church;** Lord, if we have been unable to attend church over the summer months, help us to return with joy as we search for Your presence. We know that You are always with us.

**Pray every day for people who have  
provided you with a service**

**PRAYERS TO MOVE MOUNTAINS**

**MONDAY 10th**

Almighty God, You are the sovereign ruler, the mover of mountains, the victor of impossible victories; we pray for an end to violence, hatred and discord in our world. Steady the feet that rush into war and the finger poised on the trigger.

**TUESDAY 11th**

Almighty Father, whose will is to restore all things in Your beloved Son, govern the hearts and minds of those in authority and bring Your peace to all nations, especially those divided and torn apart by greed and hatred.

**WEDNESDAY 12th**

Heavenly Father, You are the source of all goodness, generosity and love. We thank You for opening the hearts of many to those who are fleeing from oppressive regimes. Help us all to open our arms in welcome and reach out our hands in support.

**THURSDAY 13th**

God of compassion, You hear the cries of all who are in trouble or distress. We pray for those whose lives are affected by storms, flooding and earthquakes. Be to them a firm foundation on which to rebuild their lives.

**FRIDAY 14th**

Loving Father, Your love for humanity was revealed in Jesus, we lift up to You those who are homeless. Draw near and comfort them in spirit and bless those who work to provide them with shelter, food and friendship.

**SUNDAY 16th**

Heavenly Father, May all who work for a world of peace and reason, be granted the gifts of strength and courage. May the good that dwells within every human heart be magnified. May the blessings of truth and understanding be ours. May the love of God abide within us all.

**Pray every day this week for prison  
chaplains**

**HARVEST****MONDAY 17th**

God of the heavens and the earth, Hear our prayer for all who make their living on the land and make us grateful for the work of their hands and for the generosity of Your provision.

**TUESDAY 18th**

Creator God, You made the goodness of the land, the riches of the sea and the rhythm of the seasons. As we thank You for the harvest may we cherish and respect this planet and its peoples.

**WEDNESDAY 19th**

God our Provider, We thank You for the beauty of this world and the love that created it, and we pray that our gratitude might be expressed though our lives and be a blessing to others.

**THURSDAY 20th**

Father, forgive us for food taken for granted or wasted, for work unappreciated, for self-centred blindness to other's needs and for deafness to the cries of the hungry. Forgive us and in Your mercy, renew us.

**FRIDAY 21st**

Lord of the harvest, we pray for the hungry and for the farmers whose crops are poor or whose animals are sick. We thank You for those who endeavour to feed them and for the work of relief agencies and aid workers giving help to those in need.

**SATURDAY 22nd**

Heavenly Father, at this special thanksgiving time of the year we ask You to bless the farmers, both in this country and overseas, who work with animals and crops often overcoming the extremes of weather and insect pests to get their produce to the marketplace.

**SUNDAY 23rd**

Lord of all, we pray for the fishermen who fight wind and waves to land their catch safely. We pray for those in the transport, distribution and the retail sectors, for without them our shops and supermarket shelves would be empty. Lord, bless all who labour to satisfy our needs.

**Pray every day this week for prison  
wardens**

**FRUITS OF THE SPIRIT****MONDAY 24th**

Holy Spirit, grant us the **fruit of love**, sacrificial and centred on others, expecting nothing in return.

Fill us with tangible and contagious **joy** that doesn't disappear when trials come.

**TUESDAY 25th**

Holy Spirit, grant us **peace** that comforts beyond words. Settle in our hearts and actions enduring and hopeful **forbearance** that always leads to grace.

**WEDNESDAY 26th**

Holy Spirit, grow in us thoughtful, serving **kindness** that seeks to bless others. Stir in us generous and humble **goodness** that pursues harmony in all situations.

**THURSDAY 27th**

Holy Spirit, plant within us unbending and trusting **faithfulness** that isn't unsettled by storms.

**FRIDAY 28th**

Holy Spirit, clothe us with meek and contrite **gentleness** that considers others before ourselves.

**SATURDAY 29th**

Holy Spirit, develop in us wise and aware **selfcontrol** that thinks before it acts.

**SUNDAY 30th**

Father, we pray that the fruits of the Spirit will grow in us every day. May we join our lives to Jesus and remember His words, His actions and His love and we pray that by the power of the Holy Spirit, we will overcome our sins.

**FAITH and PRAYER  
both are invisible,  
but they make  
impossible things  
possible!!!**

## Pray as you go

Pray as you go is a daily prayer session, designed to go with you wherever you go, to help you pray whenever you find time, but particularly whilst travelling to and from work, study, etc.

A new prayer session is produced every day of the working week and one session for the weekend. It is not a 'Thought for the Day', a sermon or a bible-study, but rather a framework for your own prayer.

Lasting between ten and thirteen minutes, it combines music, scripture and some questions for reflection.

Our aim is to help you to:

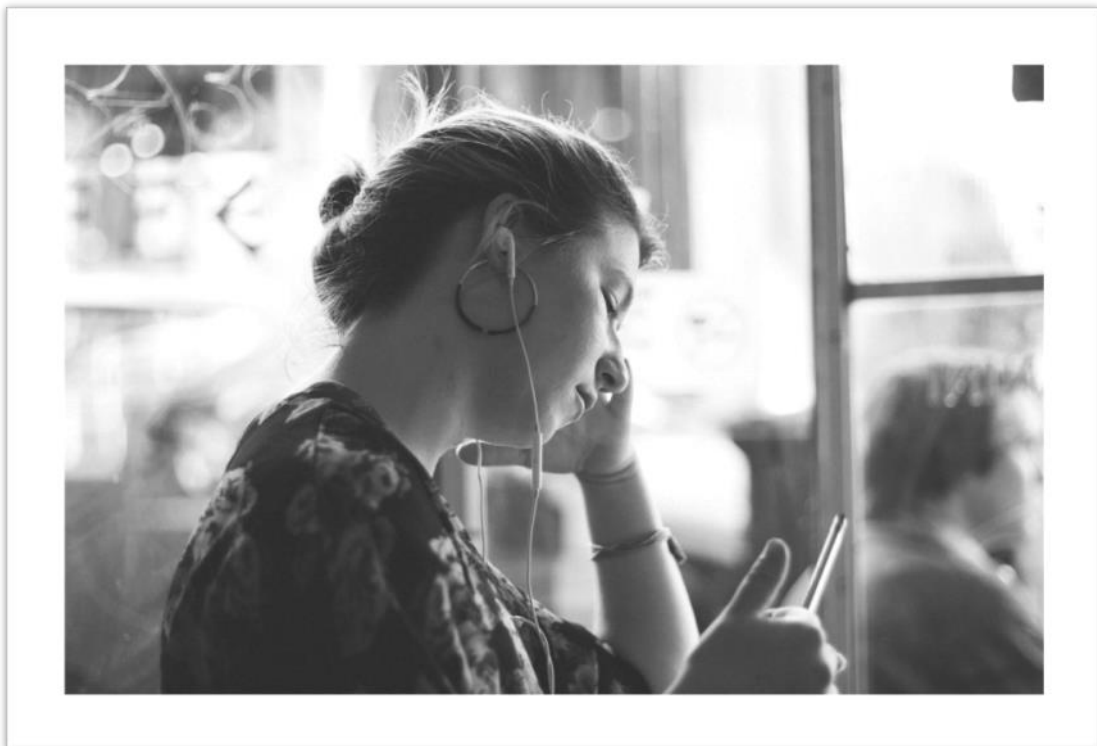
- become more aware of God's presence in your life
- listen to and reflect on God's word
- grow in your relationship with God

It is produced by Jesuit Media Initiatives, with material written by a number of Jesuits, both in Britain and further afield, and other experts in the spirituality of St Ignatius of Loyola. Although the content is different every day, it keeps to the same basic format.

If you enjoy our daily reflections and extra prayer resources, you can take these everywhere you go with our app! Available for both Android and iOS devices, you can follow the daily prayers, join in with our seasonal retreats and prepare for prayer with breathing exercises.



<https://pray-as-you-go.org>



### In memory of Bobbie Thompson

Many of you will have known Bobbie Thompson who lived in the centre of the village and died suddenly on 24th July. She was involved for many years with the National Trust's Leith Hill tower where she served refreshments. She also wrote poems one of which is included below. She will be much missed by many in our community and of course by her family.

#### Values

To be aware of the world around,  
Of the beauties there are to see,  
Means more to me than all the wealth,  
That there could ever be.

How many people notice a tree,  
The petals of a flower  
The glorious shades of a sunset,  
Diamond raindrops after a shower.

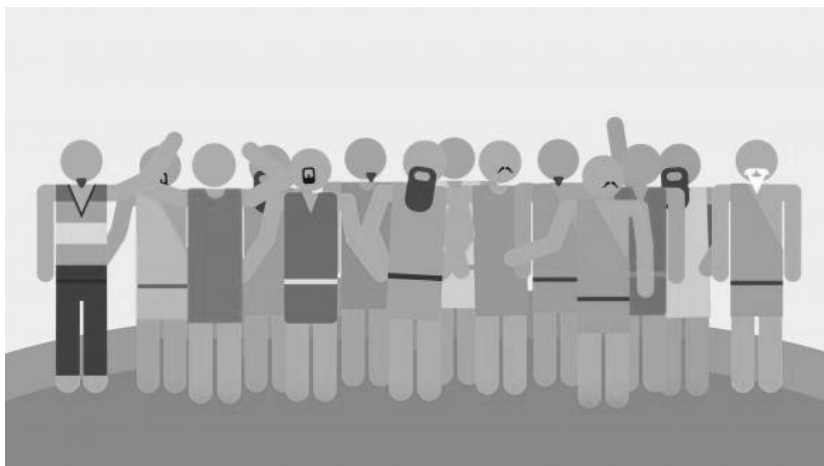
Source: *The Chapel & Beare Green Magazine, September 2018 issue.*

## The 'journey through the Bible in 3½ minutes' series



It's a big book – and as well as being a library, it's also its own story. We've broken that big tale down into three parts, all 3.5 minutes long. Explore the Journey of the Old Testament, The Journey of Jesus and the Early Church Journey – each in 3.5 minutes – and give yourself an overview.

<https://www.biblesociety.org.uk/explore-the-bible/bible-articles/3-minute-journeys/>



## In the News

*Editor: Canon David Winter considers what it is to be healthy.*

### **THE WAY I SEE IT: What is ‘health’?**

This summer we’ve been celebrating the 70<sup>th</sup> anniversary of the National Health Service. I can recall, years ago, my GP pointing out that it was the National *Health* Service, not the National *Illness* Service. This was when our local practice changed its name from ‘Medical Centre’ to ‘Health Centre’. It seems a pedantic point, but in fact it touches on a huge issue. What is ‘health’?

In the Gospels the healing miracles of Jesus are sometimes called ‘cures’ and sometimes ‘making well or whole’. These are attempts by the translators to convey a difference in the nature of what had happened. People who had ‘conditions’ (blind, lame, infirm) were ‘cured’. Those with serious illness were often said to be ‘made whole’. When Jesus was faced with ten people with leprosy, nine were described as ‘cured’ and one – the Samaritan who came back in gratitude, was ‘made whole’ (Luke 17:19). So was the woman with a long-term haemorrhage, who touched the hem of the Lord’s garment: ‘your faith has made you whole (well)’ (Luke 8:45).

This suggests that ‘health’ is more than being free of sickness. Indeed, it seems to imply that health relates to *our whole life experience* – to be truly healthy, we are ‘well’ mentally, physically and spiritually. I think I would go further: I have ministered to people who were desperately ill but in the deepest sense of the word radiantly ‘healthy’. That may sound odd, but just as ‘peace’ is not simply the absence of war, so ‘health’ is not just the absence of illness. I suspect many of those working in the NHS know the truth of that.

*Editor: The Rev Reuben Ezemadu of Nigeria recently spoke at the 2018 Lausanne Researcher’s Conference. He urged the pastors to encourage their congregations not to be discouraged by how little any single one of them could do...*

### **Start with what you have, and don’t worry about what you don’t have**

When Jesus fed the 5,000, He did not produce the food from thin air. Instead, He asked the disciples how many loaves of bread they *already had* (Mark 6:38).

When they produced the five loaves and two fish, it seemed laughable. Everyone knew that wasn’t enough. No one thought that what they had was, in the hands of God, more than sufficient.

Moses had the same problem. He was told to go to Pharaoh and ask him to release the Israelites out of Egypt. He asked a very natural question, “What if they do not believe me or listen to me?” God asked him, “What is that in your hand?” It was his staff which, to his utter amazement, became a snake in front of him. That staff in the hand of Moses became the staff of God. It parted the Red Sea, it made the waters close over again, when it was used to strike a rock out came water and when in time Aaron took it, it sprouted, budded, blossomed and produced almonds. In the hands of God, more than sufficient.

A desperate widow appealed to Elisha the prophet. Her two children were about to be taken as slaves to make good a debt. ‘What do you have?’ asked Elisha. ‘Nothing, but a flask of oil,’ she replied. ‘Go and borrow jars and containers from all your neighbours, as many as you can,’ he ordered, ‘then fill them from your flask.’ She went inside her house with her two sons and filled every jar. ‘Then the oil stopped flowing’ (2 Kings 4:6). ‘Sell the oil, pay off your creditor, and live on the remainder,’ said Elisha. In the hands of God, a flask of oil was more than sufficient.

What do *you have now*? A couple of spare hours a week? Some clothes that you no longer need? A willingness to visit someone who is lonely? An opportunity to help a neighbour or colleague? A talent for DIY? For sewing? For sharing your faith? What actually do you have? In the Bible, people who used what they had in the service of God found that, however seemingly insignificant, it was more than sufficient with God’s blessing on it.

What is the key that opens the divine grace? Obedience. It was *obedience* in using what they already had that engendered the miracle. May it be so for you also.



## High Days and Holy Days in September

### 2<sup>nd</sup> St William of Roskilde – standing up for social justice

Here is a saint for anyone who thinks Christian leaders should stand up for justice – even at the risk of angering secular powers.

It all began when William was an English priest serving as chaplain to Canute, king of England, (1016-35), who decided to visit Scandinavia. William went along, and was so shocked by the ignorance, idolatry and superstition that he stayed on to help preach the Gospel. Eventually he became bishop of Roskilde (Zeeland), working tirelessly among the people as a beloved pastor.

But William's main challenge came in his determination to improve the conduct of the king, Sweyn Estridsen. The king had had some criminals killed without trial and in a church, violating sanctuary. William then forbade him to enter the church next day until he was absolved from the guilt of shedding blood unjustly. Courtiers drew their swords, and William showed himself ready to die. Instead, Sweyn confessed his crime and donated land to Roskilde church as a peace-offering. Thenceforward until the king's death Sweyn and William worked together to foster Christianity in Scandinavia.

### 11th St Protus and St Hyacinth – victims of mindless violence

On this, the 17th anniversary of the Twin Towers, we remember two innocent people who also met their death in the flames of mindless violence. These were Roman martyrs mentioned in the 4th century list of martyrs. Hyacinth's tomb was discovered in the cemetery of Basilla, with his name and the date of his burial (11<sup>th</sup> September). Inside were charred bones, indicating death by fire. An inscription by Damasus says Protus Hyacinth were brothers, and another ancient source called them 'teachers of the Christian law'.

### 18<sup>th</sup> St Joseph of Copertino – the awkward saint

Joseph of Copertino (1603 – 63) should be the patron saint of all awkward people who mean well, but who drive those around them to distraction – especially their church leaders.

Joseph began life in a garden shed, because his father had sold the house to pay debts. Then he grew up wandering about open-mouthed – his mother despised him and called him 'The Gaper'.

Young Joseph's intense devotion to God led him to try and join the Capuchin monks – but he drove them crazy: forgetting to do what he was told, dropping piles of plates on the kitchen floor, and neglecting to tend the all-important kitchen fire. He was finally accepted by the Franciscans as a servant, and grew so religiously fervent that he was accepted as a novice in 1625, and ordained a priest in 1628.

As a priest he was devout, but apt to do anything – much to the irritation of his superiors. One problem was his repeated levitations, of which there were 70 reported instances. The most spectacular stories are of his flying to images placed high above the altars and helping workmen to erect a Calvary Cross 36 feet high by lifting it into place while he was hanging in mid-air himself. Such feats earned him the name of 'the Flying Friar' by admiring locals, but gave his superiors headaches. They were also disturbed by his habit of going into states of ecstasy, from which nothing could wake him.

Joseph's reputation for flying about and for occasional ecstasy drew the crowds: they were all eager to see what would happen next. What did happen next was that his superiors kept him in virtual isolation for many years, eager to contain this intensely emotional and erratic priest. In 1767 he was canonised, not for his levitations, but for his extreme patience and humility.

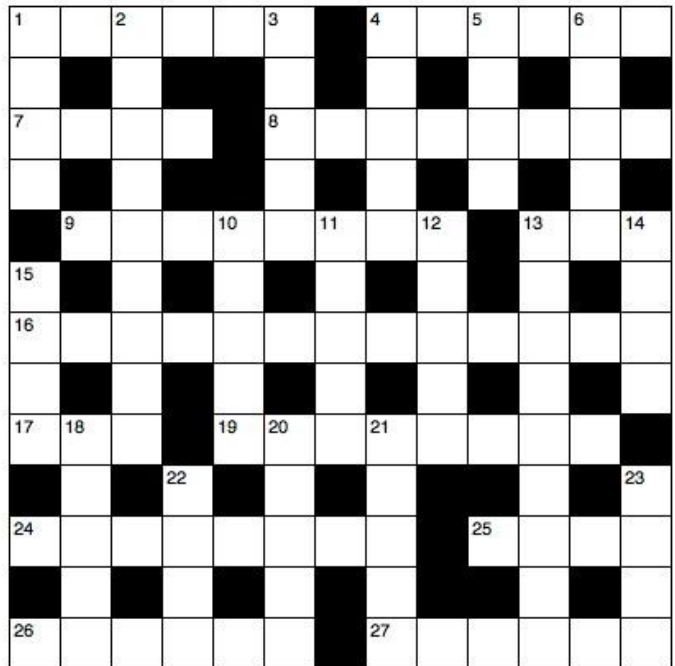
## CROSSWORD clues and solution

### Across

- 1 'Unless the Lord builds the house, its builders — in vain' (Psalm 127:1) (6)
- 4 Season of the year (Psalm 84:6) (6)
- 7 'My soul is overwhelmed with sorrow to the point of death. — here and keep watch with me' (Matthew 26:38) (4)
- 8 It came over the whole land from the sixth to the ninth hour on the first Good Friday (Luke 23:44) (8)
- 9 Paul invariably did this in the synagogues he visited on his missionary journeys (Acts 17:2) (8)
- 13 'It is God who works in you to will and to — according to his good purpose' (Philippians 2:13) (3)
- 16 Members of the Church of Scotland (13)
- 17 'Now when he saw the crowds, he went up on a mountain side and — down' (Matthew 5:1) (3)
- 19 Mock(Luke14:29)(8)
- 24 Disgrace(Psalm44:13)(8)
- 25 First month of the Hebrew calendar (Exodus13:4)(4)
- 26 Christianity of the Britons before Augustine arrived from Rome(6)
- 27 Mean (Numbers 35:23)(6)

### Down

- 1 'Whoever finds his life will — it' (Matthew 10:39) (4)
- 2 'My lord the king, let the — — on me and on my father's family, and let the king and his throne be without guilt' (2 Samuel 14:9) (5,4)
- 3 O raid (anag.) (5)
- 4 'If two of you on earth — about anything you ask for, it will be done for you by my Father in heaven' (Matthew 18:19) (5)
- 5 Take care of (1 Samuel 17:15) (4)
- 6 What the older son heard as he came near the house the day his prodigal brother came home (Luke 15:25) (5)
- 10 'Do not think of yourself more highly than you ought, but rather think of yourself with — judgment' (Romans 12:3) (5)
- 11 Do ten(anag.)(5)
- 12 Architectural style first used in Greek temples in the sixth century BC (5)
- 13 Capable of being used(1Kings7:36)(9)
- 14 'Each one should — his own actions'(Galatians6:4)(4)
- 15 Among the items imported by Solomon's fleet of trading ships (1 Kings 10:22) (4)
- 18 'But I am afraid that just — — was deceived by the serpent's cunning, your minds may somehow be led astray' (2 Corinthians 11:3) (2,3)
- 20 Outstanding 18th-century hymn writer, — Watts(5)
- 21 One of the four sons of Asher(Genesis46:17)(5)
- 22 Be distressed(Proverbs24:19)(4)
- 23 He was the father of Gaal, who threatened rebellion against Abimelech (Judges 9:28) (4)



ALL PUZZLE SOLUTIONS  
ON PAGE 25

# Remembrance Wordsearch

## Wordsearch for September 2018

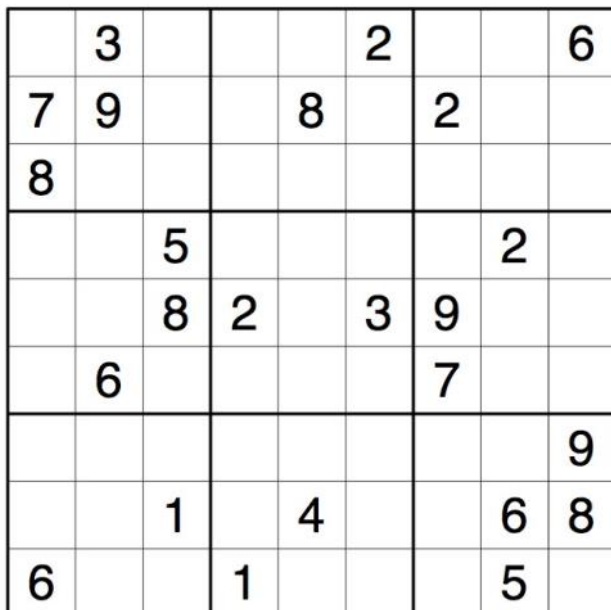
On 4<sup>th</sup> August 1918 King George V met to pray with members of the Houses of Parliament. One hundred days later, the war ended. Last month, 4<sup>th</sup> August 2018 was the first day of 100 days of prayer across the country, running until Armistice Day in November. Thousands of Christians across the country are using daily prayers, Bible readings and reflections from *100 Days of Peace and Hope*, which can be downloaded, a week at a time from <https://www.remembrance100.co.uk/100-days/>. HOPE has also published a beautifully illustrated booklet called *Silence* to give away at Remembrance events. *Silence* invites readers to look back with gratitude, and to reflect on eternal themes of faith, hope and love. Find out more at: [www.remembrance.co.uk](http://www.remembrance.co.uk).

august  
George  
Parliament  
prayer  
hundred

country  
armistice  
day  
November  
Thousands

Peace  
Hope  
Remembrance  
Silence  
Gratitude

Eternal  
Themes  
Faith  
love  
Look  
back



And for those who prefer numbers to words ... a medium level SUDOKU!



# NEWS FROM THE BELFRY

## Heritage Open Days

Heritage Open Days is a national event in which places of interest open their doors to the public for free and often to give access to an area not normally seen by the public. The themes this year are based on two events that occurred one hundred years ago; The Representation of People Act and Armistice Day.



As mentioned in earlier months, there is a national campaign to recruit 1400 new bell ringers to ring on the Armistice Centenary, to represent the number of ringers who were lost in World War One and so it seemed appropriate to open the tower to the public again this year as part of Heritage Open Days. In fact this year we have arranged to open three local towers on one day, **Saturday, 15<sup>th</sup> September**.

Each of the towers has something different to offer but they will all have demonstrations of ringing and a chance to have a go under supervision as well as serving refreshments.

St Peter's Church, Newdigate will be first, from 11am to 12.30pm with the added attraction of a live camera feed from the bell chamber to enable visitors to see them in action from the ground floor while being rung. In the afternoon St. Margaret's Ockley will be open from 1.30pm to 3pm with the offer of a tour up the stone tower staircase to the bell chamber to see the bells hanging in their frames, and to watch a bell being rung up. The day will finish at St John's Capel from 3.30pm to 5pm. Unlike the other two towers, Capel has a ringing room above the ground floor, accessed by a wooden spiral staircase within the church and the bells are just above the ceiling.

Interested? You can find out more at [www.heritageopendays.org.uk](http://www.heritageopendays.org.uk) or come along and see for yourself. We meet weekly for practice nights, alternating between St. Margaret's in Ockley, on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month from 7.45 to 9.15, and at St John's in Capel on the 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks.

**For more details call Sue on 01306 627168 or email [ockleybellringers@btinternet.com](mailto:ockleybellringers@btinternet.com)**

1,400 bell ringers hailing from across the UK died during the First World War. You can honour their memory by becoming one of 1,400 new bell ringers for Ringing Remembers.



When the bells rang out on 11 November 1918 they announced the end of the most catastrophic war the world had yet seen. All new ringers will ring together across the country on 11 November 2018 as part of the national commemorations to mark the centenary of the Armistice.

By joining the project you will

- Be part of a unique nationwide project to honour the 1,400 bell ringers lost during the First World War
- Learn a new skill that is both a sport and an art, a mental exercise and good for focus and fitness
- Be part of a friendly and sociable community, both locally and nationally, and connect with an ancient British tradition
- Have the opportunity to ring with others across the UK on 11 November, marking the centenary of the Armistice.

Ringing is open to adults and children alike, with the youngest learners normally around the age of 10.

***If you are interested in joining in, please pick up a leaflet in church or speak to Sue on the number above.***

*Editor: 1918 was the final year of the Great War. This year, Canon David Winter is looking back on highlights of those critical 12 months, when the very shape of modern world history was being hammered out on the battlefields.*

### Surviving - and singing - in the trenches

Modern people, distraught if deprived of 'all mod con', must be baffled how men survived year after year of living much of the time in the trenches of the Western Front. For month after month everything was ankle deep in mud. These were their living quarters, complete with primitive toilet arrangements, permanent damp, rats and trench foot – and that's before one mentions the enemy's constant shelling.

There were, of course, moments of respite at rest centres behind the lines – and there was always the coveted hope of a 'blighty', a wound that was not too serious but would mean treatment back in the UK. 'Blighty' was an Urdu word passed on by soldiers who had served in India – it means 'European', or in this case 'home'.

Some men, it's true, succumbed to what was called 'shell shock' - traumatic stress syndrome. But the amazing fact is that most not only survived the trench conditions and the ever-present danger, but even looked back on it as a significant experience to be proud of. How on earth did they do it?

My answer, largely based on things I heard from my father and his war-time colleagues, centred on two experiences: songs, and camaraderie. When they marched and sang 'Pack up your troubles in your old kit bag' and called on each other to 'smile, boys, smile', they were celebrating being part of a strange and exhilarating brotherhood. Humour was rife in the trenches, much of it about the sheer awfulness of their situation. The 'Wiper's Times', a newspaper produced by soldiers in Ypres, can still make us laugh, as its recent revival on stage has proved.

It was the camaraderie - the sense of belonging to an exclusive 'club' - which made the humour possible and authenticated the songs. It was a profound feeling of belonging which made the impossible bearable. There was, one must add, a third element in trench survival: the chaplains and the Salvation Army. I never heard a single veteran discount their value, right there in the heart of things, offering a prayer, yes, but also tea and cakes and understanding. Of course the soldiers hated the war, the loss of comrades, the relentless months of deadly danger. But their songs and memories also told another story, which we should not forget.

Article source: Parish Pump



### The Cross of Wood by Cyril Winterbotham

*God be with you and us who go our way  
And leave you dead upon the ground you won.  
For you at last the long fatigue is done,  
The hard march ended; you have rest to-day.*

*You were our friends; with you we watched the dawn  
Gleam through the rain of the long winter night,  
With you we laboured till the morning light  
Broke on the village, shell-destroyed and torn.*

*Not now for you the glorious return  
To steep Stroud valleys, to the Severn leas  
By Tewkesbury and Gloucester, or the trees  
Of Cheltenham under high Cotswold stern.*

*For you no medals such as others wear -  
A cross of bronze for those approved brave -  
To you is given, above a shallow grave,  
The Wooden Cross that marks you resting there.*

*Rest you content; more honourable far  
Than all the Orders is the Cross of Wood,  
The symbol of self-sacrifice that stood  
Bearing the God whose brethren you are.*

First published in London in November 1917 and reprinted in February 1918 *The Muse in Arms* comprised, in the words of editor E. B. Osborne:

"A collection of war poems, for the most part written in the field of action, by seamen, soldiers, and flying men who are serving, or have served, in the Great War".

Above is one of seven poems featured within The Christian Soldier section of the collection.

[http://www.firstworldwar.com/poetsandprose/mia\\_crossofwood.htm](http://www.firstworldwar.com/poetsandprose/mia_crossofwood.htm)

## All in the month of September

It was:

**100 years ago**, from 26<sup>th</sup> Sep to 11<sup>th</sup> Nov that the WW1 Meuse-Argonne Offensive took place in France. It was the last major battle of WW1, and the American Expeditionary Force's largest and bloodiest operation of the war. Allied victory.

**90 years ago**, on 28<sup>th</sup> Sep 1928 that the use of cannabis was made illegal in the UK. (Medical use of cannabis was made illegal in 1973.)

**80 years ago**, on 30<sup>th</sup> Sep 1938 that British Prime Minister Neville Chamberlain returned to England in triumph after signing the Munich Agreement, declaring there would be 'peace in our time'.

**40 years ago**, on 8<sup>th</sup> Sep 1978 that the 'Black Friday' of the Iranian Revolution took place. Thousands of protestors gathered in Jaleh Square, Tehran, and ignored calls to disperse. The Imperial Army opened fire and foreign journalists reckoned that up to 4,000 people were killed. This was the pivotal event in the Iranian Revolution, and marked the beginning of the end of the Shah's regime.

**Also 40 years ago**, on 17<sup>th</sup> Sep 1978 that the Camp David Accords were signed in Washington DC by Israel and Egypt. They led to the Egypt-Israel Peace Treaty in 1979.

**30 years ago**, on 6<sup>th</sup> Sep 1988 that 11-year-old British boy Thomas Gregory became the youngest person to swim the English Channel.

**20 years ago**, on 4<sup>th</sup> Sep 1998 that Google, the internet search company, was founded by Larry Page and Sergey Brin, both students at Stanford University in California. The company was initially based in a friend's garage in Menlo Park.

**10 years ago**, on 7<sup>th</sup> Sept 2008 that the 2008 Financial Crisis was underway. The troubled US mortgage-financing giants Fannie Mae and Freddie Mac were placed into government conservatorship, under the Federal Housing Finance Agency.

Lord  
I shall be  
very busy  
this day

I may  
Forget Thee  
But do not thou  
Forget me

Sir Jacob Astley



© www.parishpump.co.uk

...er Vicar, it's about that flower Mrs Brindle's brought back from her foreign holiday...

## Come back to church!

*To encourage you to attend, how about if we offered:*

- ◆ Beds - for those who say Sunday is their day to sleep-in.
- ◆ Safety helmets - for anyone who fears the roof would fall in if they entered a church door.
- ◆ Blankets and hot water bottles - for those who find our church too cold.
- ◆ Fans and ice cream - for those who find our church too hot.
- ◆ Cushions - for anyone who find our seats too hard.
- ◆ Bicycles - for those who exercise on Sunday mornings.
- ◆ Hearing aids - for those who find the minister speaks too softly.
- ◆ Cotton wool - for those who find the minister speaks too loudly.
- ◆ Score cards - for all who want to rate the hymns/sermons/coffee.
- ◆ Ready-meals - for anyone who can't come because they have to cook Sunday lunch.
- ◆ Some flowers - for those who prefer to seek God in nature.
- ◆ Christmas poinsettias and Easter palms - for all those who have never seen the church without them.

See you Sunday!!

**The early Celts were keenly aware of Christ's command to love our neighbours.  
This is from 'Celtic Fire'**



Remember the poor when you look out on fields you own,  
on your plump cows grazing.  
Remember the poor when you look into your barn  
at the abundance of your harvest.  
Remember the poor when the wind howls and the rain falls,  
as you sit warm in your dry house....

The poor have no food except what you feed them  
No shelter except your house when you welcome them,

No warmth except your glowing fire.

*Would you like to sponsor one of the  
new Hymn Books?*

If so please complete the form below and return it to Debbie von Bergen

## St John's and St Margaret's New Hymn Books Sponsorship form

Thank you for agreeing to sponsor one of our new hymn books.

Sponsorship is **£10 per hymn book**. Please fill in the form below:

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Inscription you would like:

(this is what will appear on the book plate)

Please make all cheques payable to **Capel PCC**.

If you would like to gift aid your donation, please sign below:

I am a UK tax payer intending tax to be reclaimed on the enclosed donation made under the gift aid scheme.

Signature -----

Date -----

Please return form and payment to Debbie von Bergen, Capel Lodge, Horsham Road, Capel, Dorking RH5 4PQ.



CROSSWORD SOLUTION

**ACROSS:** 1, Labour. 4, Autumn. 7, Stay. 8, Darkness. 9, Reasoned. 13, Act. 16, Presbyterians. 17, Sat. 19, Ridicule. 24, Reproach. 25, Abib. 26, Celtic. 27, Intend.

**DOWN:** 1, Lose. 2, Blamerest. 3, Radio. 4, Agree. 5, Tend. 6, Music. 10, Sober. 11, Noted. 12, Doric. 13, Available. 14, Test. 15, Apes. 18, As Eve. 20, Isaac. 21, Ishvi. 22, Fret. 23, Ebed.

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R	E	P	R	O	A	C	H			A	B	I
	V		E		A		V			L		E
C	E	L	T	I	C			I	N	T	E	N

Wordsearch Solution

R	E	V	O	L	E	L	H	G	C	M	K
B	E	C	I	T	S	I	M	R	A	C	T
B	C	M	A	K	H	O	P	E	A	G	U
G	N	V	E	E	O	H	A	B	Y	R	O
B	E	H	T	M	P	O	R	M	R	A	T
E	L	O	U	T	B	C	L	E	T	T	D
B	I	A	R	N	H	R	I	V	N	I	R
V	S	A	A	G	D	E	A	O	U	T	F
E	P	R	A	Y	E	R	M	N	O	U	A
C	L	A	N	R	E	T	E	E	C	D	I
S	T	H	O	U	S	A	N	D	S	E	T
T	E	A	A	U	G	U	S	T	N	R	A

5	3	4	7	1	2	8	9	6
7	9	6	3	8	5	2	1	4
8	1	2	6	9	4	5	3	7
3	4	5	9	7	8	6	2	1
1	7	8	2	6	3	9	4	5
2	6	9	4	5	1	7	8	3
4	5	3	8	2	6	1	7	9
9	2	1	5	4	7	3	6	8
6	8	7	1	3	9	4	5	2

Medium level Soduku solution

z	c	n	d	e	b	s	a	m	e	k	w
z	v	i	v	j	e	s	u	s	l	v	u
f	a	i	r	o	e	d	b	n	z	t	l
p	g	x	n	l	n	a	z	e	s	u	s
m	a	r	k	e	t	p	l	a	c	e	s
x	i	r	i	s	y	o	l	o	p	l	t
h	n	r	n	t	h	a	e	a	u	g	o
x	f	u	g	w	h	i	r	e	d	s	r
j	i	e	d	m	k	g	o	d	i	e	y
b	r	w	o	r	k	e	r	s	n	y	l
t	s	z	m	o	n	e	y	w	a	g	e
k	t	g	u	h	u	v	o	d	i	h	u

Junior Wordsearch solution

# St James the Least of All

Editor: *The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...*

## On how to make the most of that diocesan 'residential course'

The Rectory  
St James the Least



My dear Nephew Darren,

Your enthusiasm for attending training courses has, until now, baffled me. Why should you want to become a better preacher, when congregations only use the sermon for catching up on lost sleep? What more do you need to learn about time management than being able to recognise those fixed points of 12.30pm for the pre-luncheon sherry and 6pm for a stiff gin? And what is the point of learning about how to lead Bible study groups when all you will end up discussing is who failed to provide flowers for the altar last Sunday?

But after this last week, dear boy, I take it all back. The bishop sent me on a week's pre-retirement course. Of course, he was dropping hints, but until I reach my century, I have little intention of relinquishing a vocation to annoying parishioners and frustrating the plans of bishops. What else, after all, is parish ministry about?

The first move is to arrive early, receive your room allocation and then discard it. Tour the whole establishment, find the best room and then unpack and make sure your dog is nicely settled in the centre of the bed, just in time for the arrival of the intended occupant. I naturally apologise effusively for my innocent mistake, begin to remove possessions and dog while hoping that he will excuse all the hairs on his bed. This ensures that he magnanimously offers to take your original room. At the first session, you need to establish the ground rules – and with a course leader, who in my opinion, should still have been wearing short trousers, it was all too easy. You make it clear that you are extremely deaf and so all the lectures will, sadly, be wasted on you. You also add that you will need some time alone to prepare for a surfeit of funerals which inexplicably all came in the day before you left and that you also will need time out to exercise your dog.

By the end of that first session, you will have accounted for your absence for the rest of the week. In my case, it passed delightfully with gentle strolls in the grounds, visits to the local second-hand bookshops and much silent meditation in one's room. I attended the final session in order to congratulate the leader for his magnificent course, was effusive in my comments on those wretched evaluation forms and on my return wrote a letter of thanks to the bishop for having thought I was worthy of receiving pre-retirement training – while also noting that I was sure it would be of use when I begin to make plans for that happy event in a few decades time.

Your loving uncle,  
Eustace

Free glass of wine or soft drink

## Belief in God: Is it Rational?

A talk by Revd Dr Martin L Gilpin  
in Newdigate Village Hall  
Friday 7<sup>th</sup> September 2018 at 7.30pm

- ◆ The talk is free (*approx. 1 hour*) and will be fully illustrated with slides
  - ◆ No scientific knowledge necessary
  - ◆ Religion will only be lightly touched upon
- ◆ Teenagers with an interest in the science/religion debate are especially welcome
  - ◆ Will discuss current scientific thinking on the following:
    - ◆ The origin of the universe
    - ◆ The origin of life on earth
    - ◆ What are the limits of science?
    - ◆ There will be time for questions

### BOOK REVIEWS

**The One Hour Bible – From Adam to Apocalypse in Sixty Minutes** By Phil Law, SPCK, £4.99

According to a recent Bible Society survey, around 30% of parents in the UK don't know that Adam and Eve, David and Goliath, or the Good Samaritan are in the Bible, and 27% think Superman is or might be a biblical story! Over 33% believe the same about Harry Potter and over 50% even reckon *The Hunger Games* is or might be a story from the Bible.

The one-hour Bible is a taster (rather than a replacement!) for anyone wanting to explore well-known parts of the Bible on the go. Maybe a good book to loan to someone interested in knowing more about Christianity.

**Mad or God? - Jesus: The Healthiest Mind of All** By Pablo Martinez, Andrew Sims, IVP, £8.49

Jesus had greater influence than any other person who ever lived. Yet atheistic detractors often portray Him as insane or deranged. Claims gather momentum. Too often they are left unchallenged.

Is there any basis for such claims? The authors, both respected psychiatrists, consider Jesus's words, actions and teaching, and use fascinating insights from psychiatry to make an assessment.

The authors enable us to articulate a strong defence of Jesus' mental health. They help us dispel doubts, affirm our faith and present a captivating portrait of Jesus.

*All book reviews from Parish Pump*



*The Christian believes that he was created to know, love, and serve God in this world and to be happy with Him in the next. - Evelyn Waugh*



Please help local people in a crisis by buying items from our list and donating them to Dorking Area Foodbank.

The Foodbank is unable to accept items that are

- Out of Date
- Already Opened
- Homemade
- Fresh Produce
- From the Chiller Cabinet

*Thank you!*

ALL ITEMS MUST HAVE A BEST BEFORE DATE OF 2019 OR BEYOND

- Tinned Meat / Fish
- Tinned Vegetables / Potatoes
- Tinned Fruit
- Tinned Rice Pudding
- Tinned Custard
- Pasta Sauce
- Tinned Tomatoes
- Instant Mash Potato
- Cereal
- Biscuits
- Jam
- Snack Bars
- UHT full-fat Milk
- Dried Milk Powder
- Small jars of Instant Coffee
- Long-life Fruit Juice
- Deodorant - male & female
- 4-roll Toilet Roll pack
- Shampoo / Shower Gel
- 10p Bags for Life

Please help with Dorking Area Foodbank's appeal!

Please note our Harvest Festival service where we collect goods is on Sunday 7th October starting at 10.30am at St John the Baptist, Capel.

Just a couple of pictures of the wonderful flowers for Annabel von Bergen and James Carter's wedding on 1st September 2018.



Your contributions would be most welcome and any copy for this publication should be sent to Suzanne Cole [editor@stjohnthebaptistcapel.org.uk](mailto:editor@stjohnthebaptistcapel.org.uk) By 20<sup>th</sup> of each month please.

If you would like to receive **InSpire** by email, you can subscribe to InSpire via the church website:- [www.capel-church.org.uk](http://www.capel-church.org.uk)

Any queries, please do contact me either by email or phone: 01306 711449. Thank you The Editor